

## 2016 NE-LMSC &amp; Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016

## Results

## Event 1 Women 18-24 800 SC Meter Freestyle

NATL: 8:58.71 N 12/9/2001 DAWN HECKMAN

Name	Age	Team	Seed Time	Finals Time
1 Kent, Sonja	24	Uc02-2	10:30.00	10:03.61
	34.46	1:11.45 (36.99)	1:49.12 (37.67)	2:26.83 (37.71)
	3:04.72 (37.89)	3:42.55 (37.83)	4:20.60 (38.05)	4:58.80 (38.20)
	5:37.16 (38.36)	6:15.31 (38.15)	6:53.44 (38.13)	7:31.62 (38.18)
	8:09.93 (38.31)	8:48.09 (38.16)	9:26.33 (38.24)	10:03.61 (37.28)
2 Swalec, Caitlin M	22	Greenwood Masters-2	12:00.00	11:36.70
	36.51	1:16.36 (39.85)	1:58.86 (42.50)	2:41.53 (42.67)
	3:24.93 (43.40)	4:08.54 (43.61)	4:52.53 (43.99)	5:36.86 (44.33)
	6:20.86 (44.00)	7:06.05 (45.19)	7:50.91 (44.86)	8:36.71 (45.80)
	9:22.45 (45.74)	10:08.63 (46.18)	10:52.75 (44.12)	11:36.70 (43.95)

## Event 1 Women 25-29 800 SC Meter Freestyle

WORLD: 8:51.18 W 3/31/1996 SHEILA TAORMINA USA

NATL: 8:51.18 N 3/31/1996 SHEILA TAORMINA

1 Caron, Danielle M	25	Worcester Area Masters-2	12:30.00	11:26.06
	38.76	1:21.64 (42.88)	2:05.19 (43.55)	2:48.92 (43.73)
	3:32.47 (43.55)	4:15.58 (43.11)	4:59.13 (43.55)	5:42.45 (43.32)
	6:25.99 (43.54)	7:09.45 (43.46)	7:52.93 (43.48)	8:36.08 (43.15)
	9:19.62 (43.54)	10:02.80 (43.18)	10:45.53 (42.73)	11:26.06 (40.53)
2 Amico, Victoria	27	Minuteman Masters Swim Club-2	16:12.83	15:37.65
		1:46.75 ( )	2:44.01 (57.26)	3:42.46 (58.45)
	4:41.10 (58.64)	5:40.65 (59.55)	6:40.31 (59.66)	7:40.18 (59.87)
	8:40.12 (59.94)	9:41.15 (1:01.03)	10:40.85 (59.70)	11:40.14 (59.29)
	12:40.18 (1:00.04)	13:39.87 (59.69)	14:39.77 (59.90)	15:37.65 (57.88)

## Event 1 Women 30-34 800 SC Meter Freestyle

WORLD: 8:38.58 W 12/4/2011 DAWN HECKMAN USA

NATL: 8:38.58 N 12/4/2011 DAWN HECKMAN

1 McGrail, Crystie	32	Great Bay Masters Swimming, In-	11:17.08	11:30.69
	36.70	1:17.32 (40.62)	1:59.31 (41.99)	2:41.83 (42.52)
	3:24.58 (42.75)	4:51.62 (1:27.04)	5:35.47 (43.85)	6:19.59 (44.12)
	7:04.30 (44.71)	7:49.04 (44.74)	8:33.79 (44.75)	9:18.70 (44.91)
	10:03.16 (44.46)	10:46.87 (43.71)	11:30.69 (43.82)	11:30.69 ( )
2 Afanasewicz, Elizabeth A	33	Minuteman Masters Swim Club-2	13:30.00	13:15.64
	43.68	1:33.29 (49.61)	2:23.82 (50.53)	3:15.23 (51.41)
	4:06.11 (50.88)	4:56.62 (50.51)	5:46.93 (50.31)	6:37.60 (50.67)
	7:28.59 (50.99)	8:19.13 (50.54)	9:08.55 (49.42)	9:58.01 (49.46)
	10:48.04 (50.03)	11:38.47 (50.43)	12:28.42 (49.95)	13:15.64 (47.22)
3 Bey, Madeline	30	Connecticut Masters-5	15:00.00	13:35.84
4 King, Sarah C	33	Adirondack Masters-3	20:00.00	20:25.40
	58.54	2:06.37 (1:07.83)	3:20.70 (1:14.33)	4:37.19 (1:16.49)
	5:54.12 (1:16.93)	7:11.58 (1:17.46)	8:30.10 (1:18.52)	9:49.90 (1:19.80)
	11:09.63 (1:19.73)	12:30.53 (1:20.90)	13:52.46 (1:21.93)	15:13.00 (1:20.54)
	16:33.45 (1:20.45)	17:51.72 (1:18.27)	19:09.60 (1:17.88)	20:25.40 (1:15.80)

## Event 1 Women 35-39 800 SC Meter Freestyle

WORLD: 8:57.28 W 10/8/2010 KIRSTEN CAMERON NZL

NATL: 8:57.60 N 9/27/2015 HEIDI GEORGE

1 Williams, Melinda B	35	Granite State Penguins (Nh)-2	9:50.07	9:44.56
	1:07.84		1:44.58 ( )	2:20.98 (36.40)
	2:42.23 (21.25)	3:34.59 (52.36)	4:48.82 (1:14.23)	6:01.94 (1:13.12)
	6:38.47 (36.53)	7:15.90 (37.43)	7:52.51 (36.61)	
		8:29.93 ( )	9:07.78 (37.85)	9:44.56 (36.78)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 1 Women 35-39 800 SC Meter Freestyle)**

2	Hunnewell, Becky	36	Charles River Masters-2	9:50.00	9:52.29
	33.57	1:09.92 (36.35)	1:46.86 (36.94)	2:24.11 (37.25)	
	3:01.51 (37.40)	3:38.73 (37.22)	4:16.30 (37.57)	4:53.86 (37.56)	
	5:31.26 (37.40)	6:08.64 (37.38)	6:45.90 (37.26)	7:23.33 (37.43)	
	8:00.71 (37.38)	8:38.16 (37.45)	9:15.51 (37.35)	9:52.29 (36.78)	
3	Lorang, Janet R	35	Minuteman Masters Swim Club-2	12:00.00	11:41.91
	38.72	1:21.05 (42.33)	2:05.62 (44.57)	2:50.57 (44.95)	
	3:37.58 (47.01)	4:22.55 (44.97)	5:08.13 (45.58)	5:53.74 (45.61)	
	6:39.12 (45.38)	7:23.92 (44.80)	8:07.94 (44.02)	8:52.48 (44.54)	
	9:36.59 (44.11)	10:20.05 (43.46)	11:02.33 (42.28)	11:41.91 (39.58)	
4	Winslow, Stephanie J	35	SwimRI-2	11:40.00	13:05.35
	17.50	40.74 (23.24)	1:22.98 (42.24)	3:04.42 (1:41.44)	
	3:24.04 (19.62)	3:53.62 (29.58)		10:39.22 ( )	
	10:55.59 (16.37)	11:30.02 (34.43)	11:47.37 (17.35)	13:05.35 (1:17.98)	
5	Scott, Elizabeth A	35	Minuteman Masters Swim Club-2	16:59.07	14:50.19
	49.79	1:44.19 (54.40)	2:39.24 (55.05)	3:35.57 (56.33)	
	4:32.16 (56.59)	5:29.55 (57.39)	6:25.87 (56.32)	7:23.43 (57.56)	
	8:21.67 (58.24)	9:17.60 (55.93)	10:13.18 (55.58)	11:09.73 (56.55)	
	12:06.13 (56.40)	13:02.13 (56.00)	13:57.88 (55.75)	14:50.19 (52.31)	
6	Bader, Rebecca A	39	North Suburban YMCA Masters-2	14:50.00	15:46.32
	53.53	1:52.24 (58.71)	2:53.29 (1:01.05)	3:52.88 (59.59)	
	4:52.00 (59.12)	5:50.81 (58.81)	6:49.85 (59.04)	7:49.03 (59.18)	
	8:48.20 (59.17)	9:48.15 (59.95)	10:48.09 (59.94)	11:48.22 (1:00.13)	
	12:48.48 (1:00.26)	13:48.53 (1:00.05)	14:48.51 (59.98)	15:46.32 (57.81)	

**Event 1 Women 40-44 800 SC Meter Freestyle****WORLD: 8:55.34 W 1/24/2016 KIRSTEN CAMERON GBR****NATL: 9:07.73 N 1/30/2016 HEIDI GEORGE**

1	Parent, Amy B	41	Uc02-2	10:22.50	9:57.40
	33.48	1:09.65 (36.17)	1:46.70 (37.05)	2:24.06 (37.36)	
	3:01.40 (37.34)	3:38.86 (37.46)	4:16.59 (37.73)	4:54.37 (37.78)	
	5:32.10 (37.73)	6:10.01 (37.91)	6:47.88 (37.87)	7:25.94 (38.06)	
	8:04.16 (38.22)	8:42.63 (38.47)	9:20.82 (38.19)	9:57.40 (36.58)	
2	Crusco, Kysa M	40	Granite State Penguins (Nh)-2	10:29.89	10:29.54
	1:40.41	10:29.54 (8:49.13)			
3	Hindle, Lori D	41	Weymouth Club Masters Swimmii	10:45.86	10:40.16
	1:44.30		7:20.38 ( )		
	10:40.16 (3:19.78)				
4	Biskovich, Karin W	42	SweetWater Swim Studio-2	13:29.86	11:13.83
	36.39	1:16.08 (39.69)	1:57.73 (41.65)	2:39.92 (42.19)	
	3:23.00 (43.08)	4:05.79 (42.79)	4:48.81 (43.02)	5:31.56 (42.75)	
	6:14.59 (43.03)	6:57.40 (42.81)	7:40.39 (42.99)	8:22.86 (42.47)	
	9:05.62 (42.76)	9:48.88 (43.26)	10:31.65 (42.77)	11:13.83 (42.18)	
5	O'Connor, Brooke M	42	North Suburban YMCA Masters-2	11:40.00	11:28.14
	37.41	1:18.88 (41.47)	2:01.19 (42.31)	2:43.81 (42.62)	
	3:27.11 (43.30)	4:10.25 (43.14)	4:52.94 (42.69)	5:36.24 (43.30)	
	6:19.80 (43.56)	7:03.14 (43.34)	7:47.04 (43.90)	8:31.04 (44.00)	
	9:15.55 (44.51)	10:00.88 (45.33)	10:45.14 (44.26)	11:28.14 (43.00)	
6	Madonia, Jennifer R	44	Connecticut Masters-5	11:30.35	11:35.33
	39.20	1:22.11 (42.91)	2:06.22 (44.11)	2:50.06 (43.84)	
	3:33.98 (43.92)	4:18.09 (44.11)	5:02.29 (44.20)	5:46.23 (43.94)	
	6:29.89 (43.66)	7:14.09 (44.20)	7:57.96 (43.87)	8:42.52 (44.56)	
	9:26.47 (43.95)	10:10.39 (43.92)	10:53.62 (43.23)	11:35.33 (41.71)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 1 Women 40-44 800 SC Meter Freestyle)**

7	Kavanagh, Hillary	43	Abc Masters - Gray Sharks-2	11:33.36	11:44.44
	37.22	1:17.88 (40.66)	2:00.78 (42.90)	2:44.73 (43.95)	
	3:29.32 (44.59)	4:58.69 (1:29.37)	5:43.28 (44.59)	6:27.94 (44.66)	
	7:13.14 (45.20)	7:58.61 (45.47)	8:43.63 (45.02)	9:29.12 (45.49)	
	10:14.97 (45.85)	11:00.46 (45.49)	11:44.44 (43.98)	11:44.44 ( )	
8	Sega, Ally	43	Connecticut Masters-5	15:01.40	14:27.74
		1:44.46 ( )	2:38.35 (53.89)	3:32.06 (53.71)	
	4:26.54 (54.48)	5:20.73 (54.19)	6:15.24 (54.51)	7:10.45 (55.21)	
	8:05.98 (55.53)	9:02.22 (56.24)	9:58.35 (56.13)	10:54.39 (56.04)	
	11:49.55 (55.16)	12:43.83 (54.28)	13:36.95 (53.12)	14:27.74 (50.79)	

**Event 1 Women 45-49 800 SC Meter Freestyle****WORLD: 9:11.37 W 5/15/2009 K.PIPES-NEILSEN USA****NATL: 9:11.37 N 5/15/2009 K PIPES-NEILSEN**

1	Olsen, Jennifer	45	Wayland Masters-2	10:50.77	10:40.00
	35.85	1:14.51 (38.66)	1:54.26 (39.75)	2:34.39 (40.13)	
	3:14.52 (40.13)	3:54.99 (40.47)	4:35.58 (40.59)	5:16.22 (40.64)	
	5:56.79 (40.57)	6:37.54 (40.75)	7:17.94 (40.40)	7:58.62 (40.68)	
	8:39.12 (40.50)	9:20.21 (41.09)	10:00.84 (40.63)	10:40.00 (39.16)	
2	Garland, Sue C	47	Charles River Masters-2	11:59.99	11:53.76
	39.60	1:22.60 (43.00)	2:06.80 (44.20)	2:52.63 (45.83)	
	5:10.94 (2:18.31)	5:56.93 (45.99)			
		7:46.35 ( )	8:12.30 (25.95)		
	9:42.36 ( )	10:26.87 (44.51)	11:11.10 (44.23)	11:53.76 (42.66)	

**Event 1 Women 50-54 800 SC Meter Freestyle****WORLD: 9:23.45 W 1/9/2011 LYNN MARSHALL CAN****NATL: 9:29.62 N 12/4/2009 S HEIM-BOWEN**

1	Brynn, Charlotte J	50	Stowe Masters-2	10:55.00	10:36.70
	35.76	1:14.37 (38.61)	1:54.32 (39.95)	2:34.39 (40.07)	
	3:14.50 (40.11)	3:54.74 (40.24)	4:35.30 (40.56)	5:18.68 (43.38)	
	5:56.36 (37.68)	6:36.54 (40.18)	6:52.92 (16.38)	7:16.41 (23.49)	
	7:56.64 (40.23)	8:38.29 (41.65)	9:18.93 (40.64)	10:36.70 (1:17.77)	
2	Pearl, Carol L	51	Charles River Masters-2	11:20.00	10:44.19
3	Weideman, Jennifer	50	Conejo Valley Masters-33	10:49.90	10:49.38
	1:22.06				
	7:13.40 ( )	10:49.38 (3:35.98)			
4	Delorey, Laura E	54	Greenwood Masters-2	11:08.50	10:50.64
5	Emblidge, Cecilia V	52	Nutmeg Masters Swim Club-2	11:00.50	11:10.54
	36.77	1:17.11 (40.34)	1:58.62 (41.51)	2:40.54 (41.92)	
	3:23.11 (42.57)	4:48.57 (1:25.46)	5:31.50 (42.93)	6:14.28 (42.78)	
	6:57.38 (43.10)	7:40.51 (43.13)	8:23.70 (43.19)	9:06.06 (42.36)	
		9:47.94 ( )	10:30.22 (42.28)	11:10.54 (40.32)	
6	Crans, Mara	50	Maine Masters Swim Club-2	12:51.27	12:00.84
	37.32	1:19.82 (42.50)	2:04.09 (44.27)	2:49.07 (44.98)	
	3:34.19 (45.12)	4:20.05 (45.86)	5:06.41 (46.36)	5:53.12 (46.71)	
	6:39.79 (46.67)	7:26.60 (46.81)	8:12.84 (46.24)	8:59.32 (46.48)	
	9:45.81 (46.49)	10:32.68 (46.87)	11:18.07 (45.39)	12:00.84 (42.77)	
7	Dickson, CJ	53	Worcester Area Masters-2	13:00.13	13:16.02
8	Kripke, Liz	54	Abc Masters - Gray Sharks-2	12:00.00	13:19.09
	9:34.71	10:49.78 (1:15.07)	11:40.51 (50.73)	12:30.28 (49.77)	
	13:19.09 (48.81)				

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9	Harvey, Lori	51	Kingsbury Club Masters-2	14:15.00	13:19.98
	43.70	1:32.60 (48.90)	2:22.21 (49.61)	3:12.58 (50.37)	
	4:03.80 (51.22)	4:54.68 (50.88)	5:46.17 (51.49)	6:37.19 (51.02)	
	7:28.28 (51.09)	8:19.07 (50.79)	9:09.40 (50.33)	9:58.93 (49.53)	
	10:49.68 (50.75)	11:40.30 (50.62)	12:31.04 (50.74)	13:19.98 (48.94)	
10	Thomas, Kay K	50	Kingsbury Club Masters-2	14:00.00	14:05.06
	43.78	1:34.66 (50.88)	2:28.84 (54.18)	3:23.30 (54.46)	
	4:17.49 (54.19)	5:11.28 (53.79)	6:05.52 (54.24)	6:59.82 (54.30)	
	7:53.28 (53.46)	8:47.02 (53.74)	9:40.11 (53.09)	10:33.91 (53.80)	
	11:27.75 (53.84)	12:21.47 (53.72)	13:14.59 (53.12)	14:05.06 (50.47)	
11	Flynn, Sandra P	51	Greenwood Masters-2	15:30.00	14:52.68
	46.74	1:40.39 (53.65)	2:36.36 (55.97)	3:32.50 (56.14)	
	4:28.93 (56.43)	5:25.23 (56.30)	6:22.36 (57.13)	7:19.30 (56.94)	
	8:16.96 (57.66)	9:14.15 (57.19)	10:11.40 (57.25)	11:08.19 (56.79)	
	12:06.30 (58.11)	13:03.68 (57.38)	13:59.48 (55.80)	14:52.68 (53.20)	
12	Beconi, Maria G	53	Minuteman Masters Swim Club-2	18:00.00	15:31.57
	2:40.97				
	4:47.25 ( )	5:46.37 (59.12)	6:45.57 (59.20)	7:44.13 (58.56)	
	8:42.55 (58.42)	9:41.38 (58.83)	10:39.98 (58.60)	11:39.27 (59.29)	
	12:36.95 (57.68)	13:36.70 (59.75)	14:35.30 (58.60)	15:31.57 (56.27)	

**Event 1 Women 55-59 800 SC Meter Freestyle****WORLD: 9:33.78 W 4/1/2016 LYNN MARSHALL****CAN****NATL: 9:51.35 N 10/17/2009 LAURA VAL**

1	Nievergelt, Juli	56	King Fins Aquatic Club-2	10:55.00	10:46.46
	35.41	1:13.75 (38.34)	1:53.17 (39.42)	2:33.23 (40.06)	
	3:13.93 (40.70)	3:54.62 (40.69)	4:35.89 (41.27)	5:17.19 (41.30)	
	5:58.72 (41.53)	6:40.12 (41.40)	7:21.62 (41.50)	8:02.97 (41.35)	
	8:44.41 (41.44)	9:25.61 (41.20)	10:06.70 (41.09)	10:46.46 (39.76)	
2	Grilli, Tracy L	59	Granite State Penguins (Nh)-2	10:57.02	11:02.51
	36.50	1:16.65 (40.15)	1:57.73 (41.08)	2:38.95 (41.22)	
	3:20.31 (41.36)	4:43.37 (1:23.06)	5:25.05 (41.68)		
		6:49.00 ( )	7:31.69 (42.69)	8:14.22 (42.53)	
	8:56.67 (42.45)	9:39.15 (42.48)	10:21.53 (42.38)	11:02.51 (40.98)	
3	Carow, Amy S	55	Granite State Penguins (Nh)-2	11:18.00	11:15.38
4	Stokes, Karin E	55	Granite State Penguins (Nh)-2	12:10.00	11:40.54
	46.70	1:31.33 (44.63)	2:17.00 (45.67)	3:00.65 (43.65)	
	3:45.69 (45.04)	4:28.50 (42.81)	5:12.73 (44.23)	5:56.03 (43.30)	
	6:40.05 (44.02)	7:23.99 (43.94)	8:07.73 (43.74)	8:53.51 (45.78)	
	9:34.09 (40.58)	10:21.16 (47.07)	11:01.14 (39.98)	11:40.54 (39.40)	
5	Gallagher, Sally L	55	Great Bay Masters Swimming, In-	12:30.00	12:30.60
	41.02	1:29.27 (48.25)	2:16.21 (46.94)	3:04.49 (48.28)	
	3:52.54 (48.05)	4:40.14 (47.60)	5:27.88 (47.74)	6:16.11 (48.23)	
	7:04.40 (48.29)	7:52.26 (47.86)	8:39.09 (46.83)	9:26.77 (47.68)	
	10:12.99 (46.22)	10:59.06 (46.07)	11:44.86 (45.80)	12:30.60 (45.74)	
6	Florio-Jefferys, Joanna M	58	Pittsfield YMCA Polar Bear Mas-	13:41.78	14:56.94
	44.91	1:37.59 (52.68)	2:31.47 (53.88)	3:29.77 (58.30)	
	4:28.76 (58.99)	5:25.43 (56.67)	6:25.01 (59.58)	7:22.90 (57.89)	
	8:20.75 (57.85)	9:18.24 (57.49)	10:16.04 (57.80)	11:12.69 (56.65)	
	12:10.48 (57.79)	13:07.36 (56.88)	14:04.51 (57.15)	14:56.94 (52.43)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 1 Women 60-64 800 SC Meter Freestyle****WORLD: 10:21.68 W 1/15/2011 LAURA VAL USA****NATL: 10:21.68 N 1/15/2011 LAURA VAL**

1	Estel, Beth A	60	Granite State Penguins (Nh)-2	10:57.02	10:57.15
	21.13	1:16.75 (55.62)	1:57.61 (40.86)	2:38.74 (41.13)	
	2:54.10 (15.36)	3:20.57 (26.47)	4:28.39 (1:07.82)		
		6:48.27 ( )	7:36.49 (48.22)	8:11.28 (34.79)	
	8:54.05 (42.77)	9:35.67 (41.62)	10:57.15 (1:21.48)		
2	Twomey, Maura	60	Charles River Masters-2	14:36.54	14:37.48
	49.24	1:42.16 (52.92)	2:36.52 (54.36)	3:30.72 (54.20)	
	4:25.45 (54.73)	5:20.32 (54.87)	6:14.84 (54.52)	7:09.82 (54.98)	
	8:05.43 (55.61)	9:03.71 (58.28)	9:58.92 (55.21)	10:56.60 (57.68)	
	11:53.38 (56.78)	12:48.56 (55.18)	13:43.42 (54.86)	14:37.48 (54.06)	
3	Penniman, Mary Crain	63	Abc Masters - Gray Sharks-2	18:30.00	15:44.00
	51.34	1:49.77 (58.43)	2:51.20 (1:01.43)	3:53.58 (1:02.38)	
	4:54.81 (1:01.23)	5:56.14 (1:01.33)	6:57.04 (1:00.90)	7:57.28 (1:00.24)	
	8:57.19 (59.91)	9:57.47 (1:00.28)	10:56.93 (59.46)	11:56.99 (1:00.06)	
	12:55.74 (58.75)	13:54.19 (58.45)	14:51.94 (57.75)	15:44.00 (52.06)	

**Event 1 Women 65-69 800 SC Meter Freestyle****WORLD: 10:34.67 W 1/30/2016 LAURA VAL USA****NATL: 10:34.67 N 1/30/2016 LAURA VAL**

1	Hayes, Christie M	68	Nutmeg Masters Swim Club-2	12:42.41	11:56.44
	40.07		1:23.62 ( )		
	2:05.86 ( )		2:53.52 ( )	3:38.42 (44.90)	
		5:08.72 ( )	11:56.44 (6:47.72)		
2	Mitchell, Carol	67	Sarasota Y Sharks-14	14:27.19	14:32.88
	49.73	1:43.51 (53.78)	2:38.14 (54.63)	3:32.78 (54.64)	
	4:27.38 (54.60)	5:22.69 (55.31)	6:18.22 (55.53)	7:13.87 (55.65)	
	8:08.92 (55.05)	9:03.77 (54.85)	9:58.98 (55.21)	10:54.00 (55.02)	
	11:48.85 (54.85)	12:44.27 (55.42)	13:38.95 (54.68)	14:32.88 (53.93)	
3	Needham, Cynthia	68	Stowe Masters-2	19:05.01	17:37.67
	1:00.61	2:08.63 (1:08.02)	3:15.55 (1:06.92)	4:21.35 (1:05.80)	
	5:27.43 (1:06.08)	6:33.86 (1:06.43)	7:40.45 (1:06.59)	8:47.09 (1:06.64)	
	9:53.08 (1:05.99)	11:00.00 (1:06.92)	12:06.73 (1:06.73)	13:13.15 (1:06.42)	
	14:19.32 (1:06.17)	15:25.88 (1:06.56)	16:32.83 (1:06.95)	17:37.67 (1:04.84)	
4	Safran, Marjorie	67	Pittsfield YMCA Polar Bear Mas-	20:24.10	19:14.79
	1:02.93	2:12.65 (1:09.72)	3:25.62 (1:12.97)	4:38.07 (1:12.45)	
	5:51.99 (1:13.92)	7:05.22 (1:13.23)	8:20.55 (1:15.33)	9:33.80 (1:13.25)	
	10:46.10 (1:12.30)	11:58.69 (1:12.59)	13:12.90 (1:14.21)	14:25.81 (1:12.91)	
	15:38.17 (1:12.36)	16:54.44 (1:16.27)	19:14.79 (2:20.35)		
5	Shenouda, Baheya	68	Charles River Masters-2	26:30.00	31:00.70
	1:46.50	3:42.94 (1:56.44)	5:39.44 (1:56.50)	7:35.48 (1:56.04)	
	9:29.39 (1:53.91)	11:25.60 (1:56.21)	13:22.72 (1:57.12)	15:20.03 (1:57.31)	
	17:20.05 (2:00.02)	19:15.04 (1:54.99)	21:12.00 (1:56.96)	23:11.20 (1:59.20)	
	25:08.03 (1:56.83)	27:09.25 (2:01.22)	29:07.58 (1:58.33)	31:00.70 (1:53.12)	

**Event 1 Women 70-74 800 SC Meter Freestyle****WORLD: 12:32.86 W 2/23/2001 JANE ASHER GBR****NATL: 12:11.34 N 11/13/2016 CAROLYN BOAK**

1	Slifer, Kathy M	71	YMCA of the North Shore SwimF	14:00.00	12:42.21
	42.72	1:29.95 (47.23)	2:18.29 (48.34)	3:06.77 (48.48)	
	3:54.78 (48.01)	4:43.17 (48.39)	5:31.16 (47.99)	6:19.03 (47.87)	
	7:07.38 (48.35)	7:55.45 (48.07)	8:43.78 (48.33)	9:32.42 (48.64)	
	10:20.67 (48.25)	11:08.72 (48.05)	11:56.21 (47.49)	12:42.21 (46.00)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 1 Women 70-74 800 SC Meter Freestyle)**

2	Onton, Ann Louise	73	Connecticut Masters-5	18:00.00	20:35.42
	1:06.21	2:18.13 (1:11.92)	3:31.95 (1:13.82)	4:46.03 (1:14.08)	
	6:01.32 (1:15.29)	7:17.60 (1:16.28)	8:33.97 (1:16.37)	9:50.39 (1:16.42)	
	11:08.86 (1:18.47)	12:28.78 (1:19.92)	13:50.53 (1:21.75)	15:12.96 (1:22.43)	
	16:34.86 (1:21.90)	17:56.16 (1:21.30)	19:17.57 (1:21.41)	20:35.42 (1:17.85)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 2 Men 18-24 800 SC Meter Freestyle****NATL: 8:16.50 N 12/9/2011 ERIC NILSSON**

1	Tracy, Mark	23	Minuteman Masters Swim Club-2	9:50.00	9:18.40
	17.60		1:37.05 ( )	2:11.00 (33.95)	
	2:45.44 (34.44)	3:03.01 (17.57)	3:19.96 (16.95)	3:54.74 (34.78)	
		5:40.72 ( )	6:16.33 (35.61)	6:53.40 (37.07)	
	7:30.17 (36.77)	8:06.60 (36.43)	8:43.24 (36.64)	9:18.40 (35.16)	
2	Morris, Justin	22	King Fins Aquatic Club-2	10:00.00	9:20.32
	30.98	1:04.66 (33.68)	1:39.26 (34.60)	2:14.22 (34.96)	
	2:49.08 (34.86)	3:24.19 (35.11)	4:00.01 (35.82)	4:36.27 (36.26)	
	5:12.32 (36.05)	5:48.85 (36.53)	6:25.14 (36.29)	7:00.94 (35.80)	
	7:37.14 (36.20)	8:13.22 (36.08)	8:48.58 (35.36)	9:20.32 (31.74)	
3	Chen, George S	23	Charles River Masters-2	9:59.99	9:46.84
	5:24.24 ( )				
		5:50.37 ( )	9:46.84 (3:56.47)		
4	Gerard, William H	24	Connecticut Masters-5	10:10.60	10:12.63
	24.30	1:09.55 (45.25)	1:41.38 (31.83)	2:16.26 (34.88)	
	2:34.41 (18.15)	2:51.01 (16.60)			
			6:59.41 ( )	7:15.52 (16.11)	
	7:39.24 (23.72)		9:37.23 ( )	10:12.63 (35.40)	
5	Rifai, Sami A	24	Charles River Masters-2	10:40.00	11:20.82
	36.10	1:16.47 (40.37)	1:57.58 (41.11)	2:39.56 (41.98)	
	3:22.63 (43.07)	4:06.69 (44.06)	4:49.83 (43.14)	5:05.54 (15.71)	
	5:33.74 (28.20)	6:17.62 (43.88)	7:01.29 (43.67)	7:44.74 (43.45)	
	8:28.74 (44.00)	9:12.28 (43.54)	9:55.92 (43.64)	11:20.82 (1:24.90)	

**Event 2 Men 25-29 800 SC Meter Freestyle****WORLD: 8:07.91 W 4/12/2001 A.ANGELOTTI****BRA****NATL: 8:14.75 N 12/14/1997 ALEX KOSTICH**

1	Stiles, David E	26	St Pete Masters Inc-14	10:15.00	9:43.38
	1:10.26	1:46.20 (35.94)	2:40.33 (54.13)	2:57.00 (16.67)	
	3:33.93 (36.93)	4:11.67 (37.74)		4:47.54 ( )	
	5:24.38 (36.84)	6:01.91 (37.53)		7:54.58 ( )	
	8:59.10 (1:04.52)	9:43.38 (44.28)			
2	Jaraszewicz, Matthew J	26	SwimRI-2	10:00.00	9:58.45
3	Schuster, Kevin	29	Great Bay Masters Swimming, In-	9:57.58	10:23.67
	32.16	1:08.03 (35.87)	1:44.97 (36.94)	2:22.43 (37.46)	
	3:00.25 (37.82)	3:38.48 (38.23)	4:17.75 (39.27)	4:57.81 (40.06)	
	5:38.35 (40.54)	6:18.97 (40.62)		7:41.11 ( )	
	8:22.10 (40.99)	9:02.71 (40.61)	9:43.17 (40.46)	10:23.67 (40.50)	
4	Mitchell, Craig	26	Worcester Area Masters-2	11:01.99	10:35.64
	34.86	1:13.75 (38.89)	1:53.94 (40.19)	2:34.47 (40.53)	
	3:14.61 (40.14)	3:54.90 (40.29)	4:35.14 (40.24)	5:15.34 (40.20)	
	5:54.97 (39.63)	6:34.71 (39.74)	7:14.46 (39.75)	7:54.61 (40.15)	
	8:35.10 (40.49)	9:15.43 (40.33)	9:56.23 (40.80)	10:35.64 (39.41)	
5	Pope, Ryan	27	Uc02-2	11:36.14	10:58.87
	32.33	1:11.30 (38.97)	1:51.37 (40.07)	2:30.93 (39.56)	
	3:12.31 (41.38)	3:53.94 (41.63)	4:35.66 (41.72)	5:18.25 (42.59)	
	6:01.66 (43.41)	6:45.02 (43.36)	7:28.94 (43.92)	8:12.47 (43.53)	
	8:55.97 (43.50)	9:38.84 (42.87)	10:20.89 (42.05)	10:58.87 (37.98)	
6	Dillon, Sean	26	Worcester Area Masters-2	14:50.00	14:28.38
	43.52	1:32.82 (49.30)	2:29.39 (56.57)	3:23.53 (54.14)	
	4:19.56 (56.03)	5:17.90 (58.34)	6:13.38 (55.48)	7:09.20 (55.82)	
	8:06.66 (57.46)	9:02.43 (55.77)	9:56.67 (54.24)	10:51.82 (55.15)	
	11:47.15 (55.33)	12:41.33 (54.18)	13:34.54 (53.21)	14:28.38 (53.84)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 2 Men 30-34 800 SC Meter Freestyle****WORLD: 8:17.06 W 12/10/2000 ALEX KOSTICH USA****NATL: 8:17.06 N 12/10/2000 ALEX KOSTICH**

1	Schaefer, Andrew F	33	Binghamton Univ Masters-4	9:45.00	9:56.48
	33.83	1:11.96 (38.13)	1:49.60 (37.64)	2:26.52 (36.92)	
	3:00.81 (34.29)	3:41.53 (40.72)	4:00.05 (18.52)	4:56.91 (56.86)	
	5:35.04 (38.13)	6:13.22 (38.18)	6:51.07 (37.85)		
	8:06.33 ( )	8:45.14 (38.81)	9:23.15 (38.01)	9:56.48 (33.33)	
2	Duguay, Robert E	31	Connecticut Masters-5	10:35.91	10:21.14
	34.98	1:12.80 (37.82)	1:51.36 (38.56)	2:30.26 (38.90)	
	3:09.28 (39.02)	3:48.60 (39.32)	4:27.58 (38.98)	5:07.20 (39.62)	
	5:46.76 (39.56)	6:26.19 (39.43)	6:44.42 (18.23)	7:05.33 (20.91)	
			9:44.63 ( )	10:21.14 (36.51)	
3	Walton, Austin R	33	Connecticut Masters-5	13:00.00	13:39.34
	39.31	1:24.63 (45.32)	2:14.64 (50.01)	3:03.62 (48.98)	
	3:54.89 (51.27)	4:45.70 (50.81)	5:38.11 (52.41)	6:29.67 (51.56)	
	7:21.33 (51.66)	8:14.30 (52.97)	9:06.73 (52.43)	9:39.26 (32.53)	
	10:00.26 (21.00)	10:53.31 (53.05)	11:45.80 (52.49)	13:39.34 (1:53.54)	

**Event 2 Men 35-39 800 SC Meter Freestyle****WORLD: 8:16.19 W 12/6/2009 ALEX KOSTICH USA****NATL: 8:16.19 N 12/6/2009 ALEX KOSTICH**

1	Emmons, Michael J	35	Charles River Masters-2	8:59.98	9:07.26
	30.06	1:04.14 (34.08)	1:38.21 (34.07)	2:12.39 (34.18)	
	2:46.46 (34.07)	3:20.67 (34.21)	3:55.48 (34.81)	4:31.10 (35.62)	
	5:05.47 (34.37)	5:39.60 (34.13)	6:14.08 (34.48)	6:48.35 (34.27)	
	7:23.19 (34.84)	7:58.05 (34.86)	8:32.82 (34.77)	9:07.26 (34.44)	

**Event 2 Men 40-44 800 SC Meter Freestyle****WORLD: 8:18.18 W 2/6/2016 SAMUELE PAMPANA ITA****NATL: 8:21.78 N 12/4/2011 ALEX KOSTICH**

1	Dornaus, David R	42	University Club of Boston-2	10:07.76	9:56.01
	31.29	1:07.02 (35.73)	1:43.55 (36.53)	2:20.36 (36.81)	
	2:57.54 (37.18)	3:34.57 (37.03)	4:11.88 (37.31)	4:49.36 (37.48)	
	5:26.92 (37.56)	6:05.08 (38.16)	6:43.72 (38.64)	7:22.34 (38.62)	
	8:00.73 (38.39)	8:39.64 (38.91)	9:18.25 (38.61)	9:56.01 (37.76)	
2	Sharon, Gil	42	Worcester Area Masters-2	10:30.00	10:30.46
	34.64	1:12.81 (38.17)	1:52.23 (39.42)	2:31.94 (39.71)	
	3:11.00 (39.06)	3:50.57 (39.57)	4:30.74 (40.17)	5:11.49 (40.75)	
	5:50.10 (38.61)	6:29.51 (39.41)	7:09.04 (39.53)	7:48.88 (39.84)	
	8:30.18 (41.30)	9:10.95 (40.77)	9:50.54 (39.59)	10:30.46 (39.92)	
3	Hammond, Ben W	41	Worcester Area Masters-2	10:50.00	10:47.45
	35.34	54.48 (19.14)	1:14.14 (19.66)		
		3:50.47 ( )	4:29.47 (39.00)	5:02.96 (33.49)	
	5:54.18 (51.22)	6:37.70 (43.52)			
	9:27.07 ( )	10:08.56 (41.49)	10:47.45 (38.89)		
4	Kwa, Ken K	43	Charles River Masters-2	12:40.00	11:49.48
	41.46	1:26.19 (44.73)	2:11.45 (45.26)	2:56.93 (45.48)	
	3:42.28 (45.35)	4:27.45 (45.17)	5:12.97 (45.52)	5:57.43 (44.46)	
	6:41.59 (44.16)	7:26.25 (44.66)	8:10.48 (44.23)	8:55.52 (45.04)	
	9:39.59 (44.07)	10:23.03 (43.44)	11:06.14 (43.11)	11:49.48 (43.34)	
5	Graham, David C	42	Greenwood Masters-2	12:01.01	12:46.69
	43.13	1:28.79 (45.66)	2:15.35 (46.56)	3:02.84 (47.49)	
	3:52.11 (49.27)	4:41.06 (48.95)	5:29.45 (48.39)	6:18.37 (48.92)	
	7:07.32 (48.95)	7:56.33 (49.01)	8:46.44 (50.11)		
	10:21.74 ( )	11:10.20 (48.46)	11:58.82 (48.62)	12:46.69 (47.87)	



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 2 Men 45-49 800 SC Meter Freestyle****WORLD: 8:24.75 W 3/29/2015 FABIO CALMASINI ITA****NATL: 8:41.60 N 12/14/2013 RICARDO VALDIVIA**

1	Sayles, Douglas	49	SwimRI-2	11:15.68	11:00.73
	35.85	1:16.09 (40.24)	1:57.22 (41.13)	2:38.88 (41.66)	
	3:20.86 (41.98)	4:03.33 (42.47)	4:46.31 (42.98)	5:28.95 (42.64)	
	6:10.90 (41.95)	6:53.32 (42.42)	7:35.40 (42.08)	8:17.92 (42.52)	
	9:00.17 (42.25)	9:41.52 (41.35)	10:22.43 (40.91)	11:00.73 (38.30)	
2	Prescott, Al	48	Minuteman Masters Swim Club-2	12:35.69	12:21.12
	39.91	1:25.37 (45.46)	2:12.16 (46.79)	2:59.76 (47.60)	
	3:47.42 (47.66)	4:34.77 (47.35)	5:21.76 (46.99)	6:09.24 (47.48)	
	6:56.51 (47.27)	7:44.03 (47.52)	8:31.10 (47.07)	9:17.25 (46.15)	
	10:03.45 (46.20)	10:50.00 (46.55)	11:37.17 (47.17)	12:21.12 (43.95)	

**Event 2 Men 50-54 800 SC Meter Freestyle****WORLD: 8:44.51 W 12/10/2000 JIM MCCONICA USA****NATL: 8:44.51 N 12/10/2000 JIM MCCONICA**

1	Blood, Jonathan K	51	Weymouth Club Masters Swimmii	9:55.00	10:10.18
				3:46.83 ( )	
	10:10.18 (6:23.35)				
2	McMorrow, Rob	50	Abc Masters - Gray Sharks-2	10:30.00	10:14.62
3	French, Chris A	54	Granite State Penguins (Nh)-2	10:15.00	10:22.29
	33.34	1:09.74 (36.40)	1:47.20 (37.46)	2:25.47 (38.27)	
	3:04.01 (38.54)	3:42.56 (38.55)	4:20.77 (38.21)	4:59.14 (38.37)	
	5:37.50 (38.36)	6:15.56 (38.06)	6:54.44 (38.88)	7:33.77 (39.33)	
	8:14.31 (40.54)	8:56.49 (42.18)	9:39.91 (43.42)	10:22.29 (42.38)	
4	Wyckoff, Benjamin W	52	Connecticut Masters-5	11:08.10	10:44.87
	35.75	1:14.97 (39.22)	1:54.41 (39.44)	2:34.93 (40.52)	
	3:15.85 (40.92)	3:56.98 (41.13)	4:37.76 (40.78)	5:19.14 (41.38)	
	6:01.22 (42.08)	6:43.20 (41.98)	7:25.03 (41.83)	8:06.47 (41.44)	
	8:47.16 (40.69)	9:27.46 (40.30)	10:07.87 (40.41)	10:44.87 (37.00)	
5	Kimble, Kip	53	Minuteman Masters Swim Club-2	11:30.00	10:58.24
	35.97	1:15.73 (39.76)	1:56.85 (41.12)	2:38.72 (41.87)	
	3:20.76 (42.04)	4:02.94 (42.18)	4:45.13 (42.19)	5:26.70 (41.57)	
	6:08.47 (41.77)	6:50.88 (42.41)	7:33.05 (42.17)	8:15.61 (42.56)	
	8:57.26 (41.65)	9:38.73 (41.47)	10:19.08 (40.35)	10:58.24 (39.16)	
6	Schmuhl, Frederick C	52	Great Bay Masters Swimming, In-	13:20.00	11:39.27
	35.53	1:17.39 (41.86)	2:01.20 (43.81)	2:44.68 (43.48)	
	3:28.56 (43.88)	4:12.76 (44.20)	4:57.47 (44.71)	5:42.68 (45.21)	
	6:27.73 (45.05)	7:12.89 (45.16)	7:57.95 (45.06)	8:42.98 (45.03)	
	9:28.36 (45.38)	10:13.51 (45.15)	10:57.91 (44.40)	11:39.27 (41.36)	
7	Carll, Stephen J	51	SwimRI-2	15:30.00	12:12.70
8	Kobs, Ray	52	Minuteman Masters Swim Club-2	14:20.00	12:33.91
	41.58	1:27.18 (45.60)	2:14.93 (47.75)	3:03.02 (48.09)	
	3:50.83 (47.81)	4:38.32 (47.49)	5:26.35 (48.03)	6:14.06 (47.71)	
	7:01.31 (47.25)	7:48.43 (47.12)	8:36.18 (47.75)	9:24.17 (47.99)	
	10:12.02 (47.85)	11:00.04 (48.02)	11:47.91 (47.87)	12:33.91 (46.00)	
9	Mackin, Robert W	53	The Thoreau Club-2	13:50.00	13:57.74
	47.50	1:38.88 (51.38)	2:31.32 (52.44)	3:23.91 (52.59)	
	4:16.79 (52.88)	5:10.83 (54.04)	6:04.79 (53.96)	6:58.49 (53.70)	
	7:52.94 (54.45)	8:45.47 (52.53)	9:38.47 (53.00)	10:31.54 (53.07)	
	11:23.38 (51.84)	12:15.75 (52.37)	13:07.89 (52.14)	13:57.74 (49.85)	
10	Fernandes, Thomas	53	Minuteman Masters Swim Club-2	17:00.00	16:12.27
	49.29	7:00.95 (6:11.66)	12:12.73 (5:11.78)	13:13.85 (1:01.12)	
	14:14.61 (1:00.76)	15:17.23 (1:02.62)	16:12.27 (55.04)		

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 2 Men 55-59 800 SC Meter Freestyle****WORLD: 8:51.34 W 11/21/2009 MICHAEL MANN****USA****NATL: 8:51.34 N 11/21/2009 MICHAEL MANN**

1	Stuart, Jeffrey S	56	Connecticut Masters-5	10:59.90	10:20.94
2	Mack, Tom	58	Great Bay Masters Swimming, In-	10:30.00	10:41.90
	35.25	1:13.98 (38.73)	1:53.18 (39.20)	2:33.02 (39.84)	
	3:13.30 (40.28)	3:53.60 (40.30)	4:34.09 (40.49)	5:15.08 (40.99)	
	5:56.30 (41.22)	6:37.60 (41.30)	7:18.57 (40.97)	7:59.41 (40.84)	
	8:40.46 (41.05)	9:21.51 (41.05)	10:02.01 (40.50)	10:41.90 (39.89)	
3	McClellan, John	55	Abc Masters - Gray Sharks-2	10:35.00	10:45.36
				4:36.30 ( )	
	10:45.36 (6:09.06)				
4	Roth, Douglas M	55	Maine Masters Swim Club-2	11:49.56	11:42.81
	2:06.05	2:50.09 (44.04)	3:34.33 (44.24)	4:18.51 (44.18)	
	5:02.77 (44.26)	5:47.62 (44.85)			
	6:32.33 ( )	7:16.60 (44.27)	8:01.17 (44.57)	8:45.53 (44.36)	
	9:29.98 (44.45)	10:15.06 (45.08)	10:59.49 (44.43)	11:42.81 (43.32)	
5	Grant, Charles R	57	University Club of Boston-2	12:30.00	12:27.51
	39.43	1:23.23 (43.80)	2:09.85 (46.62)	2:58.03 (48.18)	
	3:45.73 (47.70)	4:33.61 (47.88)	5:21.97 (48.36)	6:10.65 (48.68)	
	6:57.90 (47.25)	7:46.63 (48.73)	8:34.62 (47.99)	9:23.29 (48.67)	
	10:11.42 (48.13)	10:58.25 (46.83)	11:45.07 (46.82)	12:27.51 (42.44)	
6	Arsenault, Paul	55	Worcester Area Masters-2	12:47.04	12:36.52
	41.84	1:27.33 (45.49)	2:13.81 (46.48)	3:01.28 (47.47)	
	3:50.10 (48.82)	4:10.36 (20.26)	4:38.38 (28.02)	5:26.37 (47.99)	
	6:14.43 (48.06)	7:02.43 (48.00)	7:50.49 (48.06)	8:39.10 (48.61)	
	9:28.18 (49.08)	10:17.35 (49.17)	11:06.38 (49.03)	12:36.52 (1:30.14)	
7	Totten, Mark A	55	Minuteman Masters Swim Club-2	12:30.00	12:40.24
	37.84	1:21.83 (43.99)	2:07.73 (45.90)	2:55.41 (47.68)	
	3:43.41 (48.00)	4:32.07 (48.66)	5:19.72 (47.65)	6:07.46 (47.74)	
	6:41.63 (34.17)	7:44.91 (1:03.28)	8:34.39 (49.48)	9:23.16 (48.77)	
	10:13.45 (50.29)	11:03.23 (49.78)	11:54.55 (51.32)	12:40.24 (45.69)	
8	Savuto, Paul	58	Uc02-2	14:00.00	12:42.43
	42.26	1:28.73 (46.47)	2:16.09 (47.36)	3:04.77 (48.68)	
	3:52.76 (47.99)	4:41.41 (48.65)	5:29.36 (47.95)	6:17.67 (48.31)	
	7:06.11 (48.44)	7:54.85 (48.74)	8:43.44 (48.59)	9:32.35 (48.91)	
	10:21.60 (49.25)	11:10.01 (48.41)	11:57.35 (47.34)	12:42.43 (45.08)	

**Event 2 Men 60-64 800 SC Meter Freestyle****WORLD: 9:28.32 W 12/2/2012 JIM MCCONICA****USA****NATL: 9:28.32 N 12/2/2012 JIM MC CONICA**

1	Miller, Steve J	62	Great Bay Masters Swimming, In-	10:50.00	11:07.68
	37.50	1:18.11 (40.61)	1:59.74 (41.63)	2:41.52 (41.78)	
	3:23.82 (42.30)	4:06.05 (42.23)	4:48.29 (42.24)	5:30.48 (42.19)	
	6:12.30 (41.82)	6:54.20 (41.90)	7:36.59 (42.39)	8:19.15 (42.56)	
	9:01.88 (42.73)	9:44.38 (42.50)	10:26.63 (42.25)	11:07.68 (41.05)	
2	McLaughlin, Brian J	61	Abc Masters - Gray Sharks-2	11:23.72	11:27.46
	38.23	1:20.10 (41.87)	2:03.14 (43.04)	2:46.14 (43.00)	
	3:29.28 (43.14)	4:12.61 (43.33)	4:56.35 (43.74)	5:40.16 (43.81)	
	6:23.59 (43.43)	7:07.05 (43.46)	7:50.87 (43.82)	8:34.67 (43.80)	
	9:18.77 (44.10)	10:02.69 (43.92)	10:46.44 (43.75)	11:27.46 (41.02)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 2 Men 60-64 800 SC Meter Freestyle)**

3	Keil, Mark A	63	Minuteman Masters Swim Club-2	12:27.37	12:16.78
	17.02	1:24.11 (1:07.09)	2:10.54 (46.43)	2:57.35 (46.81)	
	3:44.23 (46.88)	4:30.86 (46.63)	5:17.05 (46.19)	6:04.32 (47.27)	
	6:50.97 (46.65)	7:38.46 (47.49)	8:25.48 (47.02)	9:12.13 (46.65)	
	9:59.14 (47.01)	10:46.48 (47.34)	11:32.67 (46.19)	12:16.78 (44.11)	
4	Renwick, John C	63	Greenwood Masters-2	12:50.00	13:18.88
	45.25	1:34.05 (48.80)	2:24.02 (49.97)	3:14.00 (49.98)	
	4:03.52 (49.52)	4:53.25 (49.73)	5:43.48 (50.23)	6:33.98 (50.50)	
	7:24.72 (50.74)	8:15.40 (50.68)	9:06.19 (50.79)	9:56.86 (50.67)	
	10:49.05 (52.19)	11:39.91 (50.86)	12:30.88 (50.97)	13:18.88 (48.00)	

**Event 2 Men 65-69 800 SC Meter Freestyle****WORLD: 9:53.06 W 4/4/2015 JIM MCCONICA USA****NATL: 9:53.06 N 4/4/2015 JIM MC CONICA**

1	Rogacki, Daniel J	69	Pittsfield YMCA Polar Bear Mas-	12:16.00	11:59.40
	37.94	1:21.89 (43.95)	2:07.85 (45.96)	2:53.62 (45.77)	
	3:39.37 (45.75)	4:25.16 (45.79)	5:11.24 (46.08)	5:57.37 (46.13)	
	6:43.43 (46.06)	7:29.65 (46.22)	8:16.22 (46.57)	9:02.57 (46.35)	
	9:49.11 (46.54)	10:34.55 (45.44)	11:19.04 (44.49)	11:59.40 (40.36)	
2	Olander, John R	66	Simon's Rock PaceMakers-2	12:29.92	12:37.06
	38.58	1:22.68 (44.10)	2:10.11 (47.43)	2:57.43 (47.32)	
	3:45.42 (47.99)	4:32.84 (47.42)	5:21.26 (48.42)	6:01.21 (39.95)	
	6:25.28 (24.07)	6:44.16 (18.88)	7:00.62 (16.46)	7:29.59 (28.97)	
			11:51.11 ( )	12:37.06 (45.95)	

**Event 2 Men 70-74 800 SC Meter Freestyle****WORLD: 10:52.68 W 10/12/2001 GRAHAM JOHNSTON USA****NATL: 10:52.68 N 10/12/2001 GRAHAM JOHNSTON**

1	Bernstein, Rich	70	Asphalt Green Masters-6	11:45.00	12:13.84
	41.05	1:26.69 (45.64)	2:12.82 (46.13)	2:58.92 (46.10)	
	3:45.48 (46.56)	4:31.89 (46.41)	5:17.75 (45.86)	6:03.77 (46.02)	
	6:50.20 (46.43)	7:36.99 (46.79)	8:23.05 (46.06)	9:09.23 (46.18)	
	9:55.65 (46.42)	10:42.35 (46.70)	11:28.70 (46.35)	12:13.84 (45.14)	
2	Pope, James A	74	Lowell YMCA Flippers Masters S	14:10.00	14:18.35
	45.74	1:35.89 (50.15)	2:28.74 (52.85)	3:22.36 (53.62)	
	4:16.63 (54.27)	5:11.41 (54.78)	6:05.47 (54.06)	6:59.64 (54.17)	
	7:53.79 (54.15)	8:47.42 (53.63)	9:42.20 (54.78)	10:36.66 (54.46)	
	11:31.90 (55.24)	12:27.62 (55.72)	13:23.91 (56.29)	14:18.35 (54.44)	

**Event 2 Men 75-79 800 SC Meter Freestyle****WORLD: 10:59.10 W 4/17/2009 DAVID RADCLIFF USA****NATL: 10:59.10 N 4/17/2009 DAVID RADCLIFF**

1	Hutchings, Dick	75	Greenwood Masters-2	12:34.47	13:24.37
	45.10	1:34.30 (49.20)		2:24.89 ( )	
	3:16.04 (51.15)		4:07.32 ( )	4:58.58 (51.26)	
		5:27.29 ( )	5:43.37 (16.08)		
	5:59.38 ( )	13:24.37 (7:24.99)			
2	Jones, William I	79	Maine Masters Swim Club-2	17:36.00	17:07.14
	58.53	2:05.45 (1:06.92)	3:14.98 (1:09.53)	4:23.97 (1:08.99)	
	5:33.00 (1:09.03)	6:39.75 (1:06.75)	7:46.06 (1:06.31)	8:53.23 (1:07.17)	
	9:58.12 (1:04.89)	11:04.39 (1:06.27)	12:06.57 (1:02.18)	13:12.48 (1:05.91)	
	14:15.28 (1:02.80)	15:17.50 (1:02.22)	16:17.37 (59.87)	17:07.14 (49.77)	
3	Mitchell, Jack	77	Sarasota Y Sharks-14	22:16.71	21:49.61
4	Boynton, Robert F	76	University Club of Boston-2	26:00.00	22:09.09

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 3 Women 18-24 200 SC Meter IM****NATL: 2:19.73 N 12/4/2009 KARA DENBY**

1	Kent, Sonja	24	Uc02-2	2:40.00	2:45.50
	36.35	1:17.11 (40.76)	2:07.11 (50.00)	2:45.50 (38.39)	
2	Chen, Tiffany	22	Worcester Area Masters-2	2:45.00	2:46.97
	36.13	1:17.06 (40.93)	2:07.66 (50.60)	2:46.97 (39.31)	
3	Swalec, Caitlin M	22	Greenwood Masters-2	3:08.33	3:00.05
	36.51	1:22.25 (45.74)	2:17.67 (55.42)	3:00.05 (42.38)	
4	Ondeck, Olivia A	22	Charles River Masters-2	3:00.00	3:18.29
	39.87	1:29.34 (49.47)	2:30.01 (1:00.67)	3:18.29 (48.28)	

**Event 3 Women 25-29 200 SC Meter IM****WORLD: 2:17.17 W 4/23/2006 HITOMI MATSUDA****JPN****NATL: 2:21.79 N 12/12/1998 WENKE HANSEN**

1	Randolph, Courtney M	25	Umac-Terrapin Masters-10	2:35.00	2:24.80
	32.42	1:09.16 (36.74)	1:51.36 (42.20)	2:24.80 (33.44)	
2	Aubin, Alana M	26	Charles River Masters-2	2:37.94	2:34.87
	31.66	1:11.68 (40.02)	1:58.38 (46.70)	2:34.87 (36.49)	
3	Lee, Alexandra K	29	Charles River Masters-2	2:35.99	2:35.31
	34.64	1:13.87 (39.23)	1:59.58 (45.71)	2:35.31 (35.73)	
4	Trumbull, Meredith	28	Nutmeg Masters Swim Club-2	2:41.00	2:38.66
	32.80	1:12.86 (40.06)	2:00.23 (47.37)	2:38.66 (38.43)	
5	Sullivan, Elizabeth	26	Charles River Masters-2	2:50.16	2:39.76
	33.45	1:17.24 (43.79)	2:00.63 (43.39)	2:39.76 (39.13)	
6	Trutor, Kristine	28	Great Bay Masters Swimming, In-	2:36.15	2:43.11
	32.38	1:12.38 (40.00)	2:01.69 (49.31)	2:43.11 (41.42)	
7	Dombrowski, Sarah B	28	Nutmeg Masters Swim Club-2	2:55.00	2:50.32
	36.40	1:25.10 (48.70)	2:10.93 (45.83)	2:50.32 (39.39)	
8	Courbron, Yanghee	28	Greenwood Masters-2	2:58.57	2:54.59
	40.07	1:22.97 (42.90)	2:12.81 (49.84)	2:54.59 (41.78)	
9	Amico, Victoria	27	Minuteman Masters Swim Club-2	4:43.05	4:17.72
	56.98	2:02.05 (1:05.07)	3:17.25 (1:15.20)	4:17.72 (1:00.47)	

**Event 3 Women 30-34 200 SC Meter IM****WORLD: 2:13.41 W 11/14/2009 HITOMI MATSUDA****JPN****NATL: 2:18.79 N 12/7/1996 K PIPES-NEILSEN**

1	Mancuso, Elizabeth	31	Boston University Masters	2:32.00	2:23.44
	31.22	1:08.43 (37.21)	1:50.31 (41.88)	2:23.44 (33.13)	
2	Braniecki, Ashley L	31	Ohio Masters Swim Club-18	2:52.00	2:43.82
	34.25	1:17.07 (42.82)	2:06.80 (49.73)	2:43.82 (37.02)	
3	McGrail, Crystie	32	Great Bay Masters Swimming, In-	2:47.17	2:44.67
	34.88	1:16.08 (41.20)	2:05.00 (48.92)	2:44.67 (39.67)	
4	Howell, Ginger B	31	Waltham Masters Swimmers-2	2:53.92	2:54.97
	36.20	1:22.40 (46.20)	2:15.95 (53.55)	2:54.97 (39.02)	
5	Bonin, Angelina	31	SwimRI-2	3:10.00	3:04.78
	37.99	1:27.41 (49.42)	2:19.92 (52.51)	3:04.78 (44.86)	
6	Sarvia, Tricia	33	Minuteman Masters Swim Club-2	3:14.00	3:08.97
	41.13	1:28.36 (47.23)	2:25.59 (57.23)	3:08.97 (43.38)	
7	Afanasewicz, Elizabeth A	33	Minuteman Masters Swim Club-2	3:33.00	3:32.70
	46.43	1:40.57 (54.14)	2:42.84 (1:02.27)	3:32.70 (49.86)	
8	Bey, Madeline	30	Connecticut Masters-5	3:44.43	3:42.99
	48.03	1:46.59 (58.56)	2:53.54 (1:06.95)	3:42.99 (49.45)	
9	King, Sarah C	33	Adirondack Masters-3	5:40.00	5:22.24
	1:11.02	2:38.07 (1:27.05)	4:14.31 (1:36.24)	5:22.24 (1:07.93)	

## 2016 NE-LMSC &amp; Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016

## Results

## Event 3 Women 35-39 200 SC Meter IM

WORLD: 2:17.69 W 11/18/2012 HITOMI MATSUDA JPN

NATL: 2:19.08 N 12/10/2000 K PIPES-NEILSEN

1	Williams, Melinda B	35	Granite State Penguins (Nh)-2	2:37.19	2:36.14
	33.98	1:14.37 (40.39)	2:01.43 (47.06)	2:36.14 (34.71)	
2	Downing, Jennifer	38	Charles River Masters-2	2:44.37	2:42.28
	34.91	1:17.16 (42.25)	2:04.54 (47.38)	2:42.28 (37.74)	
3	DeRoche, Erika	36	Charles River Masters-2	3:11.43	3:03.13
	37.68	1:25.78 (48.10)	2:20.07 (54.29)	3:03.13 (43.06)	
4	Toner, Michelle A	36	Greater Holyoke YMCA Masters-	3:08.50	3:11.37
	46.76	1:36.00 (49.24)	2:30.27 (54.27)	3:11.37 (41.10)	
5	Winslow, Stephanie J	35	SwimRI-2	3:20.00	3:17.79
	45.58	1:35.15 (49.57)	2:32.92 (57.77)	3:17.79 (44.87)	
---	Horton, Kali	37	Uc02-2	2:52.95	NS

## Event 3 Women 40-44 200 SC Meter IM

WORLD: 2:19.21 W 12/2/2007 S.VON DER LIPPE USA

NATL: 2:19.21 N 12/2/2007 S VON DER LIPPE

1	Herold, Larissa V	42	Maine Masters Swim Club-2	2:35.00	2:43.75
	35.21	1:15.73 (40.52)	2:04.18 (48.45)	2:43.75 (39.57)	
2	Baudis, Christina	40	Granite State Penguins (Nh)-2	3:00.84	2:58.03
	39.28	1:25.42 (46.14)	2:17.80 (52.38)	2:58.03 (40.23)	
3	Matarese, Christine A	41	Connecticut Masters-5	3:30.00	3:16.12
	47.10	1:40.01 (52.91)	2:31.74 (51.73)	3:16.12 (44.38)	
4	O'Connor, Brooke M	42	North Suburban YMCA Masters-2	3:22.21	3:16.30
	47.14	1:39.04 (51.90)	2:33.58 (54.54)	3:16.30 (42.72)	
5	Sega, Ally	43	Connecticut Masters-5	3:50.14	3:43.63
	52.62	1:49.94 (57.32)	2:55.12 (1:05.18)	3:43.63 (48.51)	
6	Krangle, Jennifer B	43	Charles River Masters-2	3:55.00	4:00.67
	50.80	1:53.54 (1:02.74)	3:04.38 (1:10.84)	4:00.67 (56.29)	

## Event 3 Women 45-49 200 SC Meter IM

WORLD: 2:21.55 W 5/17/2009 K.PIPES-NEILSEN USA

NATL: 2:21.55 N 5/17/2009 K PIPES-NEILSEN

1	FitzGerald, Mary P	49	Greater Holyoke YMCA Masters-	3:06.00	3:04.34
	37.69	1:25.01 (47.32)	2:20.35 (55.34)	3:04.34 (43.99)	
2	Killoran, Katherine A	48	Maine Masters Swim Club-2	3:15.75	3:08.64
	40.50	1:31.30 (50.80)	2:24.86 (53.56)	3:08.64 (43.78)	
3	Garland, Sue C	47	Charles River Masters-2	3:18.34	3:12.82
	45.20	1:33.18 (47.98)	2:29.62 (56.44)	3:12.82 (43.20)	
---	Pohl, Jessica L	49	Waltham Masters Swimmers-2	3:40.00	NS

## Event 3 Women 50-54 200 SC Meter IM

WORLD: 2:28.64 W 9/28/2014 ELLEN REYNOLDS USA

NATL: 2:28.64 N 9/28/2014 ELLEN REYNOLDS

1	Delorey, Laura E	54	Greenwood Masters-2	2:59.30	2:57.47
	37.36	1:22.99 (45.63)	2:15.73 (52.74)	2:57.47 (41.74)	
2	Brynn, Charlotte J	50	Stowe Masters-2	3:10.00	3:04.05
	39.69	1:28.05 (48.36)	2:23.91 (55.86)	3:04.05 (40.14)	
3	O'Donnell, Sonja K	50	Uc02-2	3:45.00	3:08.36
	42.41	1:28.50 (46.09)	2:24.84 (56.34)	3:08.36 (43.52)	
4	Grant, Karen M	53	Great Bay Masters Swimming, In-	3:10.00	3:08.49
	42.01	1:31.73 (49.72)	2:25.91 (54.18)	3:08.49 (42.58)	
5	Crans, Mara	50	Maine Masters Swim Club-2	3:10.10	3:14.27
	44.23	1:33.39 (49.16)	2:31.28 (57.89)	3:14.27 (42.99)	

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6	Dickson, CJ	53	Worcester Area Masters-2	3:20.70	3:16.32
	44.88	1:30.22 (45.34)	2:31.92 (1:01.70)	3:16.32 (44.40)	
7	Meyers, Kimberly A	52	Simon's Rock PaceMakers-2	3:25.00	3:20.60
	42.17	1:34.88 (52.71)	2:34.32 (59.44)	3:20.60 (46.28)	
8	Edison, Cheryl S	54	Connecticut Masters-5	3:30.00	3:31.35
	47.70	1:41.50 (53.80)	2:45.38 (1:03.88)	3:31.35 (45.97)	
9	Harvey, Lori	51	Kingsbury Club Masters-2	3:40.00	3:34.66
	47.19	1:41.50 (54.31)	2:45.84 (1:04.34)	3:34.66 (48.82)	
10	Barlow, Jennifer	50	Abc Masters - Gray Sharks-2	3:33.57	3:41.18
	52.98	1:48.49 (55.51)	2:51.67 (1:03.18)	3:41.18 (49.51)	
11	Barker, Joanne L	52	Charles River Masters-2	3:52.38	3:50.67
	53.12	1:47.76 (54.64)	2:57.00 (1:09.24)	3:50.67 (53.67)	
---	Bernhard, Anne E	51	Uc02-2	3:15.00	NS

**Event 3 Women 55-59 200 SC Meter IM****WORLD: 2:34.01 W 1/23/2016 LYNN MARSHALL CAN****NATL: 2:36.98 N 12/4/2009 LAURA VAL**

1	Holland, Gail M	58	Worcester Area Masters-2	3:11.99	3:10.68
	42.68	1:29.54 (46.86)	2:26.26 (56.72)	3:10.68 (44.42)	
2	Renwick, Jacque A	55	Greenwood Masters-2	3:53.00	3:50.31
	51.79	1:48.90 (57.11)	2:56.15 (1:07.25)	3:50.31 (54.16)	

**Event 3 Women 60-64 200 SC Meter IM****WORLD: 2:41.53 W 12/6/2013 LAURA VAL USA****NATL: 2:41.53 N 12/6/2013 LAURA VAL**

1	Estel, Beth A	60	Granite State Penguins (Nh)-2	2:55.00	2:54.83
	38.53	1:24.35 (45.82)	2:13.85 (49.50)	2:54.83 (40.98)	
2	Bierwert, Karen	64	New England Masters Swim Club	3:14.89	3:06.03
	40.95	1:27.16 (46.21)	2:21.80 (54.64)	3:06.03 (44.23)	
3	Holbrook, Nikki J	63	Connecticut Masters-5	3:13.89	3:19.56
	42.66	1:36.89 (54.23)	2:32.99 (56.10)	3:19.56 (46.57)	
4	Twomey, Maura	60	Charles River Masters-2	4:06.16	3:51.90
	54.66	1:55.20 (1:00.54)	3:01.78 (1:06.58)	3:51.90 (50.12)	

**Event 3 Women 65-69 200 SC Meter IM****WORLD: 2:53.33 W 2/15/2015 CHARLOTTE DAVIS USA****NATL: 2:48.15 N 9/18/2016 LAURA VAL**

1	McCloskey, Cecilia D	66	Colonials 1776-8	3:00.00	2:55.88
	36.54	1:19.48 (42.94)	2:14.04 (54.56)	2:55.88 (41.84)	
2	Hayes, Christie M	68	Nutmeg Masters Swim Club-2	3:36.16	3:20.93
	48.21	1:41.26 (53.05)	2:37.38 (56.12)	3:20.93 (43.55)	
3	West, Barbara A	68	Pittsfield YMCA Polar Bear Mas-	4:20.00	3:53.43
	55.24	1:55.89 (1:00.65)	3:02.74 (1:06.85)	3:53.43 (50.69)	
4	Mitchell, Carol	67	Sarasota Y Sharks-14	4:20.00	4:11.22
	1:03.52	2:11.40 (1:07.88)	3:17.15 (1:05.75)	4:11.22 (54.07)	
5	Needham, Cynthia	68	Stowe Masters-2	4:40.00	4:41.05
	1:02.99	2:10.99 (1:08.00)	3:27.26 (1:16.27)	4:41.05 (1:13.79)	
6	Shenouda, Baheya	68	Charles River Masters-2	9:09.00	9:25.07
	2:27.13	4:52.29 (2:25.16)	9:25.07 (4:32.78)		
---	Goulder, Alison	65	Charles River Masters-2	4:40.00	DQ
	58.86	2:03.10 (1:04.24)	3:17.09 (1:13.99)	DQ (1:02.74)	

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**Results**

**Event 3 Women 75-79 200 SC Meter IM**

**WORLD: 3:22.23 W 5/26/2013 YOSHIKO OSAKI JPN**

**NATL: 3:37.24 N 12/11/2005 GAIL ROPER**

--- Olson, Jeannine E 77 Rinconada Masters-38 5:09.45 NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 4 Men 18-24 200 SC Meter IM****NATL: 2:00.32 N 12/11/2005 NICK BRUNELLI**

1	Morris, Justin	27.83	1:03.88 (36.05)	22	King Fins Aquatic Club-2	2:20.00	2:18.72
						2:18.72 (32.32)	
2	Tracy, Mark	29.20	1:05.24 (36.04)	23	Minuteman Masters Swim Club-2	2:30.00	2:20.18
						2:20.18 (33.18)	
3	Chen, George S	31.23	1:09.23 (38.00)	23	Charles River Masters-2	2:30.41	2:27.59
						2:27.59 (34.55)	
4	Polsi, Christopher	30.10	1:07.26 (37.16)	24	Minuteman Masters Swim Club-2	2:45.00	2:31.57
						2:31.57 (36.25)	
5	Chen, Roy F	30.46	1:10.75 (40.29)	21	Charles River Masters-2	2:30.37	2:31.68
						2:31.68 (36.52)	

**Event 4 Men 25-29 200 SC Meter IM****WORLD: 1:59.70 W 1/31/2010 K.GILCHRIST****FRA****NATL: 1:59.79 N 10/13/2013 ADAM RITTER**

1	Stiles, David E	30.50	1:09.93 (39.43)	26	St Pete Masters Inc-14	2:30.72	2:27.40
						2:27.40 (34.10)	
2	Card, Mathew C	29.75	1:06.99 (37.24)	29	SwimRI-2	2:10.45	2:28.73
						2:28.73 (35.96)	
3	Jaroszewicz, Matthew J	33.51	1:12.80 (39.29)	26	SwimRI-2	2:29.99	2:35.96
						2:35.96 (36.45)	
4	Jelaska, Duje	34.30	1:15.63 (41.33)	25	SwimRI-2	2:39.71	2:44.88
						2:44.88 (36.54)	
5	Wild, Mark	40.63	1:30.07 (49.44)	25	Worcester Area Masters-2	3:02.27	3:09.71
						3:09.71 (47.34)	

**Event 4 Men 30-34 200 SC Meter IM****WORLD: 1:57.68 W 12/4/2009 TAMAS KEREKJARTO****USA****NATL: 1:56.96 N 11/13/2016 DARIAN TOWNSEND**

1	Hui, Christopher D	35.71	1:18.88 (43.17)	32	Greenwood Masters-2	2:40.00	2:46.40
						2:46.40 (36.18)	
2	Duguay, Robert E	37.67	1:25.09 (47.42)	31	Connecticut Masters-5	3:01.49	2:51.05
						2:51.05 (37.90)	
3	Moynihan, Brian P	41.25	1:32.08 (50.83)	34	Boston Lanes (Liquid Assets Ne-2	3:05.00	3:09.70
						3:09.70 (45.73)	
---	Jonas, Tzvi			32	Worcester Area Masters-2	3:30.00	NS

**Event 4 Men 35-39 200 SC Meter IM****WORLD: 2:03.29 W 12/8/2002 RON KARNAUGH****USA****NATL: 2:03.29 N 12/8/2002 RONALD KARNAUGH**

1	Emmons, Michael J	28.70	1:03.88 (35.18)	35	Charles River Masters-2	2:14.53	2:15.69
						2:15.69 (33.22)	
2	Strahota, Jeffrey R	29.66	1:08.09 (38.43)	36	Umac-Terrapin Masters-10	2:28.22	2:25.10
						2:25.10 (34.72)	
3	Delgado, Alejandro A	33.80	1:14.11 (40.31)	39	Boston University Masters	2:40.00	2:36.50
						2:36.50 (37.08)	
4	Boynton, Adam B	31.88	1:13.93 (42.05)	37	Maine Masters Swim Club-2	2:35.00	2:40.12
						2:40.12 (37.77)	
5	Parsons, Steve E	43.00	1:32.31 (49.31)	36	Great Bay Masters Swimming, In-	3:16.50	3:18.83
						3:18.83 (44.73)	
---	Wright, Brendan C			38	Granite State Penguins (Nh)-2	2:31.63	NS
---	Shepherd, Jeremy			37	Rockwall Aquatics Masters-26	2:24.00	NS



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## Results

## Event 4 Men 40-44 200 SC Meter IM

WORLD: 2:05.46 W 12/4/2009		ROQUE SANTOS		USA	
NATL: 2:05.46 N 12/4/2009		ROQUE SANTOS			
1	Harker, Travis	43	Great Bay Masters Swimming, In-	2:24.18	2:24.85
	29.97	1:06.57 (36.60)	1:51.02 (44.45)	2:24.85 (33.83)	
2	Goodison, Michael R	44	Umac-Terrapin Masters-10	2:30.49	2:34.00
	31.66	1:14.78 (43.12)	1:57.60 (42.82)	2:34.00 (36.40)	
3	Sharon, Gil	42	Worcester Area Masters-2	2:35.00	2:37.98
	33.01	1:16.18 (43.17)	2:01.33 (45.15)	2:37.98 (36.65)	
4	Madonia, Marc P	42	Nyc Hydras-6	2:47.00	2:38.04
	31.77	1:12.82 (41.05)	1:59.93 (47.11)	2:38.04 (38.11)	
5	Morse, Benjamin M	44	Maine Masters Swim Club-2	2:45.00	2:42.64
	33.98	1:18.34 (44.36)	2:06.25 (47.91)	2:42.64 (36.39)	
6	Chicoski, James	43	West Suburban YMCA Masters-2	3:08.00	2:58.83
		1:25.57 ( )	2:20.83 (55.26)	2:58.83 (38.00)	
7	Higgins, Erik	41	Connecticut Masters-5	2:55.00	3:04.51
	35.37	1:19.12 (43.75)	2:16.70 (57.58)	3:04.51 (47.81)	
8	Kwa, Ken K	43	Charles River Masters-2	3:12.11	3:08.80
	44.07	1:36.08 (52.01)	2:23.86 (47.78)	3:08.80 (44.94)	
9	Sluter, Steven D	42	SwimRI-2	3:14.00	3:13.29
	44.62	1:33.76 (49.14)	2:27.70 (53.94)	3:13.29 (45.59)	
10	Trainor, Brendan F	40	Maine Masters Swim Club-2	3:25.00	3:28.93
	44.81	1:41.44 (56.63)	2:41.53 (1:00.09)	3:28.93 (47.40)	

## Event 4 Men 45-49 200 SC Meter IM

WORLD: 2:04.64 W 3/8/2012		NICOLAS GRANGER		FRA	
NATL: 2:09.71 N 3/20/2010		JEROME FRENTSOS			
1	O'Leary, Shawn B	46	Maine Masters Swim Club-2	2:40.24	2:30.90
	29.36	1:07.92 (38.56)	1:53.70 (45.78)	2:30.90 (37.20)	
2	Ellis, Andrew F	48	Umac-Terrapin Masters-10	2:40.00	2:32.78
	32.39	1:15.08 (42.69)	1:58.58 (43.50)	2:32.78 (34.20)	
3	Hurd, Michael R	48	Maine Masters Swim Club-2	2:36.53	2:37.52
	34.41	1:17.18 (42.77)	2:01.16 (43.98)	2:37.52 (36.36)	
4	Sayles, Douglas	49	SwimRI-2	2:48.12	2:42.20
	34.16	1:15.77 (41.61)	2:06.01 (50.24)	2:42.20 (36.19)	
---	Duru, Kaan	46	SwimRI-2	2:35.00	NS
---	Gerber, Robert	49	Nutmeg Masters Swim Club-2	2:45.00	NS
---	Elizondo, Bill	49	Rockwall Aquatics Masters-26	2:37.67	NS

## Event 4 Men 50-54 200 SC Meter IM

WORLD: 2:12.85 W 5/17/2015		JEROME FRENTSOS		USA	
NATL: 2:12.85 N 5/17/2015		JEROME FRENTSOS			
1	Heber, Scott	50	Rockwall Aquatics Masters-26	2:17.47	2:14.50
	28.11	1:03.12 (35.01)	1:41.15 (38.03)	2:14.50 (33.35)	
2	Wyckoff, Benjamin W	52	Connecticut Masters-5	2:43.71	2:44.68
	32.28	1:14.94 (42.66)	2:03.64 (48.70)	2:44.68 (41.04)	
3	Schmuhl, Frederick C	52	Great Bay Masters Swimming, In-	3:02.76	2:58.23
	36.65	1:23.08 (46.43)	2:19.14 (56.06)	2:58.23 (39.09)	
4	Hiltabiddle, Steve	50	Colonials 1776-8	3:00.00	3:00.44
	26.61	1:20.73 (54.12)	2:17.10 (56.37)	3:00.44 (43.34)	
5	Devlin, Mark A	53	Minuteman Masters Swim Club-2	2:59.86	3:02.77
	37.33		2:22.61 ( )	3:02.77 (40.16)	
6	Stundtner, Matthew R	53	Greenwood Masters-2	3:24.00	3:16.70
	42.36	1:31.60 (49.24)	2:33.81 (1:02.21)	3:16.70 (42.89)	

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7	Mackin, Robert W	53	The Thoreau Club-2	3:44.00	3:50.96
	53.38	1:58.68 (1:05.30)	3:02.34 (1:03.66)	3:50.96 (48.62)	
---	Games, Brett C	50	Great Bay Masters Swimming, In-	2:48.99	NS
---	Sargent, Jeff	52	Connecticut Masters-5	2:32.00	NS

**Event 4 Men 55-59 200 SC Meter IM****WORLD: 2:16.44 W 11/22/2009 MICHAEL MANN USA****NATL: 2:16.44 N 11/22/2009 MICHAEL MANN**

1	Shipp, Bill	56	Umac-Terrapin Masters-10	2:39.00	2:47.45
	34.98	1:19.86 (44.88)	2:09.64 (49.78)	2:47.45 (37.81)	
2	Scannell, Dennis J	56	Charles River Masters-2	2:50.33	2:48.41
	35.67	1:17.95 (42.28)	2:08.26 (50.31)	2:48.41 (40.15)	
3	Burks, Vincent P	56	SwimRI-2	3:00.00	2:49.69
	35.42	1:19.40 (43.98)	2:09.98 (50.58)	2:49.69 (39.71)	
4	Palmer, Ray	57	New England Masters Swim Club	2:46.64	2:49.74
	35.85	1:21.29 (45.44)	2:11.39 (50.10)	2:49.74 (38.35)	
5	Purdy, Neil D	56	Simon's Rock PaceMakers-2	3:00.00	2:56.67
	36.12	1:21.31 (45.19)	2:14.03 (52.72)	2:56.67 (42.64)	
6	Kim, Robert Y	56	Waltham Masters Swimmers-2	3:20.00	3:02.96
	41.12	1:28.78 (47.66)	2:20.23 (51.45)	3:02.96 (42.73)	
7	Gilbert, Rick	55	Minuteman Masters Swim Club-2	3:07.48	3:06.19
	37.27	1:28.24 (50.97)	2:21.75 (53.51)	3:06.19 (44.44)	
8	Foster, Walter M	55	Minuteman Masters Swim Club-2	3:10.00	3:06.58
	38.24	1:28.87 (50.63)	2:24.83 (55.96)	3:06.58 (41.75)	
9	Arsenault, Paul	55	Worcester Area Masters-2	3:20.00	3:30.91
	48.49	1:43.87 (55.38)	2:47.86 (1:03.99)	3:30.91 (43.05)	
10	Canning, Peter	58	Connecticut Masters-5	4:04.00	3:49.22
	50.55	1:58.06 (1:07.51)	3:01.49 (1:03.43)	3:49.22 (47.73)	
11	Frackleton, John J	57	Minuteman Masters Swim Club-2	3:40.00	3:49.32
	52.45	1:54.67 (1:02.22)	2:56.65 (1:01.98)	3:49.32 (52.67)	
12	Goran, Steven Z	58	Team New York Aquatics-6	5:29.00	5:58.81
	1:14.62	2:56.74 (1:42.12)	4:38.69 (1:41.95)	5:58.81 (1:20.12)	
---	Naylor, Jeff G	58	Granite State Penguins (Nh)-2	2:35.00	NS

**Event 4 Men 60-64 200 SC Meter IM****WORLD: 2:19.96 W 3/21/2015 RICK COLELLA USA****NATL: 2:19.96 N 3/21/2015 RICK COLELLA**

1	Bright, David	63	New England Masters Swim Club	2:55.00	2:56.27
	37.21	1:20.90 (43.69)	2:15.34 (54.44)	2:56.27 (40.93)	
2	Miller, Steve J	62	Great Bay Masters Swimming, In-	3:02.91	3:07.16
	42.34	1:32.38 (50.04)	2:27.19 (54.81)	3:07.16 (39.97)	
3	Mockler, Frank C	61	Boston Lanes (Liquid Assets Ne-2	3:00.00	3:10.44
	38.62	1:22.23 (43.61)	2:24.54 (1:02.31)	3:10.44 (45.90)	
4	Keil, Mark A	63	Minuteman Masters Swim Club-2	3:11.89	3:17.29
	41.13	1:30.64 (49.51)	2:29.97 (59.33)	3:17.29 (47.32)	
5	Ceckler, Jack	60	Great Bay Masters Swimming, In-	3:50.00	3:18.86
	41.89	1:32.87 (50.98)	2:32.03 (59.16)	3:18.86 (46.83)	
6	Fuerman, Ross	63	Waltham Masters Swimmers-2	3:17.27	3:20.41
	42.44	1:38.48 (56.04)	2:35.26 (56.78)	3:20.41 (45.15)	
7	Kolis, Steve	61	Pittsfield YMCA Polar Bear Mas-	3:45.00	3:20.52
	40.13	1:34.96 (54.83)	2:32.82 (57.86)	3:20.52 (47.70)	
8	Elturkmani, Majed	62	SwimRI-2	3:35.00	3:28.87
	41.15	1:40.58 (59.43)	2:43.60 (1:03.02)	3:28.87 (45.27)	

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9	Garr, Michael T	63	SwimRI-2	3:37.72	3:38.35
	49.95		2:47.53 ( )	3:38.35 (50.82)	
10	Skolnick, Stewart R	62	New England Masters Swim Club	4:05.89	4:08.28
	52.38		2:05.37 (1:12.99)	4:08.28 (2:02.91)	

**Event 4 Men 65-69 200 SC Meter IM****WORLD: 2:34.15 W 5/16/2014 HUBIE KERNS USA****NATL: 2:30.96 N 7/24/2016 LAWRENCE DAY**

1	Shaw, Greg J	65	Keene Swim Masters-2	2:43.40	2:41.82
	32.29		1:15.65 (43.36)	2:03.38 (47.73)	2:41.82 (38.44)
2	Rogacki, Daniel J	69	Pittsfield YMCA Polar Bear Mas-	3:01.87	2:56.14
	37.40		1:23.13 (45.73)	2:15.46 (52.33)	2:56.14 (40.68)
3	Geoghegan, William J	66	Connecticut Masters-5	3:16.00	3:13.02
	44.84		1:34.26 (49.42)	2:29.51 (55.25)	3:13.02 (43.51)
4	Olander, John R	66	Simon's Rock PaceMakers-2	3:18.00	3:23.51
	43.30		1:37.06 (53.76)	2:35.88 (58.82)	3:23.51 (47.63)
5	Zelehoski, Raymond J	68	Simon's Rock PaceMakers-2	3:30.39	3:30.60
	44.91		1:41.06 (56.15)	2:40.89 (59.83)	3:30.60 (49.71)
6	Henderson, Harold A	66	Charles River Masters-2	3:45.00	3:42.58
	47.61		1:49.40 (1:01.79)	2:54.94 (1:05.54)	3:42.58 (47.64)
7	Nelson, Robert H	69	SwimRI-2	3:25.99	3:47.97
	49.49		1:49.67 (1:00.18)	2:55.53 (1:05.86)	3:47.97 (52.44)

**Event 4 Men 70-74 200 SC Meter IM****WORLD: 2:42.44 W 5/16/2009 BARRY YOUNG NZL****NATL: 2:44.81 N 12/6/2013 RICHARD BURNS**

1	Pope, James A	74	Lowell YMCA Flippers Masters S	3:41.00	3:43.68
	51.30		1:46.44 (55.14)	2:53.53 (1:07.09)	3:43.68 (50.15)
2	Read, Philip E	74	Great Bay Masters Swimming, In-	4:40.12	4:23.31
	1:02.54		2:10.96 (1:08.42)	3:28.76 (1:17.80)	4:23.31 (54.55)

**Event 4 Men 75-79 200 SC Meter IM****WORLD: 2:57.34 W 3/6/2016 MIKE FRESHLEY USA****NATL: 2:55.45 N 7/24/2016 MIKE FRESHLEY**

1	Jones, William I	79	Maine Masters Swim Club-2	4:00.00	4:04.87
	58.89		2:10.99 (1:12.10)	3:17.93 (1:06.94)	4:04.87 (46.94)

**Event 4 Men 80-84 200 SC Meter IM****WORLD: 3:22.25 W 1/25/2014 JIM ZURCHER USA****NATL: 3:17.29 N 11/12/2016 DAVID COSTILL**

1	Arnold, Richard	84	Great Bay Masters Swimming, In-	6:40.45	7:02.53
			3:26.08 ( )	5:43.25 (2:17.17)	7:02.53 (1:19.28)
---	Head, Brian F	83	Adirondack Masters-3	6:03.01	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 5 Women 72-99 200 SC Meter Freestyle Relay****NATL: 1:54.83 N 12/12/1999 NEW ENGLAND MASTERS****C MURPHY, L ALLEN, M HACKMER, S STRINGFELLOW**

1 Worcester Area Masters-2	A	2:38.99	2:30.40
1) Fairbanks, Christine W25	2) White, Jessica L W25	3) Caron, Danielle M W25	4) Chen, Tiffany W22
37.50	1:28.88 (51.38)	1:59.67 (30.79)	2:30.40 (30.73)

**Event 5 Women 100-119 200 SC Meter Freestyle Relay****WORLD: 1:45.93 W 3/31/1996 MICHIGAN -USA****D BURRELL, S DEVLIN, M MUETING, S TAORMINA****NATL: 1:45.93 N 3/31/1996 MICHIGAN MASTERS****D BURRELL, S DEVLIN, M MUETING, S TAORMINA**

1 Charles River Masters-2	A	2:05.00	1:58.90
1) Aubin, Alana M W26	2) Downing, Jennifer W38	3) Lee, Alexandra K W29	4) Sullivan, Elizabeth W26
29.45	59.84 (30.39)	1:29.30 (29.46)	1:58.90 (29.60)

**Event 5 Women 120-159 200 SC Meter Freestyle Relay****WORLD: 1:44.88 W 11/30/2014 TSUNAMI -RUS****I SHLEMOVA, L YUDINA, E YUDINA, S KNIAGININA****NATL: 1:51.99 N 11/13/2011 RED TIDE OF NYC****K MOUGHTY, N JO, K GARY, S WAGER**

1 Charles River Masters-2	B	2:15.00	2:08.88
1) Levenstein, Katherine E W22	2) Byron, Caroline W29	3) Byron, Liz V W32	4) Greulick-Byron, Joan E W66
34.75	1:02.26 (27.51)	1:30.59 (28.33)	2:08.88 (38.29)
2 Great Bay Masters Swimming	A	2:20.00	2:18.73
1) Larsen, Alicia J W35	2) Trutor, Kristine W28	3) McGrail, Crystie W32	4) McKenna Gray, Lindsay W3
49.39	1:18.62 (29.23)	1:49.06 (30.44)	2:18.73 (29.67)
3 Minuteman Masters Swim Cl	A	2:16.99	2:23.84
1) Lorang, Janet R W35	2) Scott, Elizabeth A W35	3) Afanasewicz, Elizabeth A W4	4) Sarvia, Tricia W33
32.58	1:13.46 (40.88)	1:49.28 (35.82)	2:23.84 (34.56)
4 Connecticut Masters-5	B	2:30.51	2:31.32
1) Bey, Madeline W30	2) Edison, Cheryl S W54	3) Matarese, Christine A W41	4) Guglielmo, Nicole W33
40.41	1:15.40 (34.99)	1:54.04 (38.64)	2:31.32 (37.28)

**Event 5 Women 160-199 200 SC Meter Freestyle Relay****WORLD: 1:48.08 W 11/10/2013 NORTH CAROLINA MASTERS -USA****SUE WALSH, JEN STRINGER, ALICIA UHL, ERIKA BRAUN****NATL: 1:48.08 N 11/10/2013 NORTH CAROLINA MASTERS****S WALSH, J STRINGER, A UHL, E BRAUN**

1 SwimRI-2	C	2:11.78	2:04.86
1) Neuendorf, Donna M W48	2) Winslow, Stephanie J W35	3) Nappi, Keri W38	4) Lancaster, Jill W43
30.78	1:04.58 (33.80)	1:35.40 (30.82)	2:04.86 (29.46)
2 Waltham Masters Swimmers-	A	2:16.00	2:16.67
1) Howell, Ginger B W31	2) Dinsmore, Sharon M W43	3) Kim, Elizabeth S W53	4) Jakubowski, Beth F W52
31.68	1:05.34 (33.66)	1:40.70 (35.36)	2:16.67 (35.97)
3 Worcester Area Masters-2	B	2:45.99	2:25.44
1) Schaal, Shlomit W46	2) Holland, Gail M W58	3) Dickson, CJ W53	4) Ryder, Heather W40
38.72	1:14.98 (36.26)	1:51.28 (36.30)	2:25.44 (34.16)
4 Charles River Masters-2	C	2:30.00	2:39.96
1) Garland, Sue C W47	2) Krangle, Jennifer B W43	3) Barker, Joanne L W52	4) Ondeck, Olivia A W22
34.89	1:20.67 (45.78)	1:36.35 (15.68)	2:39.96 (1:03.61)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 5 Women 200-239 200 SC Meter Freestyle Relay**

**WORLD: 1:55.60 W 11/7/2015 NORTH TEXAS MASTERS -USA  
M REA, S STONE, L MORRISON, K HENDERSON**

**NATL: 1:55.60 N 11/7/2015 North Texas Lonestars  
M REA, S STONE, L MORRISON, K HENDERSON**

- |   |                               |                          |                        |                              |         |
|---|-------------------------------|--------------------------|------------------------|------------------------------|---------|
| 1 | Granite State Penguins (Nh)-2 | A                        |                        | 2:05.40                      | 2:00.82 |
|   | 1) Mareb, Karen M W58         | 2) Carow, Amy S W55      | 3) Stokes, Karin E W55 | 4) Dowgiert, Angela W37      |         |
|   | 30.63                         | 1:01.79 (31.16)          | 1:33.19 (31.40)        | 2:00.82 (27.63)              |         |
| 2 | Minuteman Masters Swim Clt    | B                        |                        | 2:17.00                      | 2:34.71 |
|   | 1) Veenstra, Denise L W47     | 2) Magovern, Kathy E W48 | 3) Beconi, Maria G W53 | 4) Cady-Fernandes, Louise W5 |         |
|   | 38.39                         | 1:17.59 (39.20)          | 2:04.37 (46.78)        | 2:34.71 (30.34)              |         |

**Event 5 Women 240-279 200 SC Meter Freestyle Relay**

**WORLD: 2:02.15 W 3/5/2016 UCLA -USA  
J HIRSTY, C CIRAULO, J COOK, V HIBBEN**

**NATL: 2:02.15 N 3/5/2016 UCLA  
J HIRSTY, C CIRAULO, J COOK, V HIBBEN**

- |   |                            |                      |                          |                            |         |
|---|----------------------------|----------------------|--------------------------|----------------------------|---------|
| 1 | Nutmeg Masters Swim Club-2 | A                    |                          | 2:19.00                    | 2:16.40 |
|   | 1) Galliher, Anne L W59    | 2) Magna, Holly W61  | 3) Hayes, Christie M W68 | 4) Emblidge, Cecilia V W52 |         |
|   | 35.15                      | 1:08.57 (33.42)      | 1:43.49 (34.92)          | 2:16.40 (32.91)            |         |
| 2 | Charles River Masters-2    | D                    |                          | 3:30.00                    | 4:21.07 |
|   | 1) Delacruz, Rosie S W56   | 2) Twomey, Maura W60 | 3) Dennison, Laura M W32 | 4) Shenouda, Baheya W68    |         |
|   | 45.08                      | 1:30.07 (44.99)      | 4:21.07 (2:51.00)        |                            |         |

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 6 Men 72-99 200 SC Meter Freestyle Relay****NATL: 1:37.95 N 12/6/2009 SOUTH BAY SWIM TEAM****P JACOBSON, J ECKSTEIN, J HART, D BRADY**

1	Charles River Masters-2	A	1:50.00	1:42.42
	1) Chance, Joseph C M25	2) Wiens, Matthew R M24	3) Eaton, William K M29	4) Chen, Roy F M21
	26.51	52.94 (26.43)	1:18.57 (25.63)	1:42.42 (23.85)

**Event 6 Men 100-119 200 SC Meter Freestyle Relay****WORLD: 1:30.73 W 12/12/2009 OKUDINHAS -BRA****R WASSALL, L OKUDA, D BELINI, A REHDER****NATL: 1:31.58 N 12/6/2015 GOLDEN ROAD AQUATICS****M MARSHALL, N KORTH, A ACEINO, I SERRANO**

1	Great Bay Masters Swimming	A	2:00.00	1:52.50
	1) Schuster, Kevin M29	2) Seaman, Arthur E M25	3) Hurley, Brian M M25	4) Vanier, Jason F M29
	26.16	54.07 (27.91)	1:25.59 (31.52)	1:52.50 (26.91)
2	Boston University Masters	A	1:58.98	1:54.37
	1) Hsieh, Alan M23	2) Hsieh, Adam M24	3) Poirot, Cedric M29	4) Delgado, Alejandro A M39
	28.98	59.13 (30.15)	1:26.79 (27.66)	1:54.37 (27.58)
3	Worcester Area Masters-2	C	NT	2:00.18
	1) Morette, Kyle M26	2) Dillon, Sean M26	3) Vanacore, Mark M27	4) Mitchell, Craig M26
	29.10	1:01.93 (32.83)	1:31.96 (30.03)	2:00.18 (28.22)

**Event 6 Men 120-159 200 SC Meter Freestyle Relay****WORLD: 1:32.39 W 10/23/2015 EAST LEEDS -GBR****P CLEMENCE, J SPENCER, C KNEE, A CRAWFORD****NATL: 1:32.97 N 10/24/2009 SOUTHERN CALAQUATIC MASTER****M CORNUE, M MCGINNIS, P FORD, D WEGNER**

1	SwimRI-2	B	1:58.15	1:54.54
	1) Jelaska, Duje M25	2) Mulcahy, Seann P M34	3) Johnson, Stephen C M37	4) Wallace, Connor M30
	29.35	1:00.20 (30.85)	1:28.24 (28.04)	1:54.54 (26.30)
2	Worcester Area Masters-2	F	2:03.99	1:57.31
	1) Schaal, Maor M48	2) Richardson, Paul R M19	3) Sharon, Gil M42	4) Hammond, Ben W M41
	34.27	1:01.38 (27.11)	1:30.51 (29.13)	1:57.31 (26.80)
3	Charles River Masters-2	B	2:10.00	2:01.89
	1) Rifai, Sami A M24	2) Kwa, Ken K M43	3) Freve, Daniel B M31	4) Sampat, Anuj M39
	29.94	1:03.54 (33.60)	1:30.52 (26.98)	2:01.89 (31.37)
4	Great Bay Masters Swimming	C	2:10.00	2:02.79
	1) Westgeest, Bart J M37	2) Parsons, Steve E M36	3) Wraight, Thomas E M29	4) Danielson, Kurt R M41
	28.90	1:02.63 (33.73)	1:31.29 (28.66)	2:02.79 (31.50)
5	Boston Lanes (Liquid Assets I	B	2:20.00	2:12.37
	1) Marquez, Cristobal M34	2) White, Alan G M45	3) Lawson, William J M36	4) Moynihan, Brian P M34
	37.08	1:09.86 (32.78)	1:39.95 (30.09)	2:12.37 (32.42)

**Event 6 Men 160-199 200 SC Meter Freestyle Relay****WORLD: 1:33.91 W 3/28/2009 LAHDEN KALEVA -FIN****J VIRTANEN, T MATKANIEMI, A AILIO, T RUNDGREN****NATL: 1:35.44 N 11/16/2008 LONGHORN AQUATICS****T BLESSING, M VAROZZA, A RASMUSSEN, M STINCHCOMBE**

1	Great Bay Masters Swimming	D	1:54.00	1:49.04
	1) Harker, Travis M43	2) Cloitre, Christophe M41	3) Whitford, Matthew T M41	4) Larsen, Kirk K M39
	27.41	56.85 (29.44)	1:22.57 (25.72)	1:49.04 (26.47)
2	Umac-Terrapin Masters-10	A	1:51.51	1:53.53
	1) Goodison, Michael R M44	2) Shipp, Bill M56	3) Ellis, Andrew F M48	4) Strahota, Jeffrey R M36
	28.59	58.96 (30.37)	1:26.64 (27.68)	1:53.53 (26.89)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 6 Men 160-199 200 SC Meter Freestyle Relay)**

---	Boston Lanes (Liquid Assets I	A	2:15.00	DQ
1)	Mesirow, Benjamin S M24	2) Robinson, Allan M52	3) Seligman, James R M57	4) O'Brien, David P M60
	35.89 1:13.12 (37.23)	1:45.28 (32.16)	DQ (31.13)	

**Event 6 Men 200-239 200 SC Meter Freestyle Relay****WORLD: 1:38.79 W 10/16/2010 BLU FROG -USA****A GAINES, K SWITZER, M MIDDLETON, S WEISS****NATL: 1:38.79 N 10/16/2010 BLU FROG TEAM****A GAINES, K SWITZER, M MIDDLETON, S WEISS**

1	Granite State Penguins (Nh)-2	A	1:51.40	1:51.27
1)	Carroll, Stephen R M47	2) French, Chris A M54	3) Plencner, Bob R M64	4) Ohman, Niclas K M42
	26.64 54.81 (28.17)	1:28.05 (33.24)	1:51.27 (23.22)	
2	Charles River Masters-2	C	1:56.00	1:54.93
1)	Emmons, Michael J M35	2) Alexander, Mark E M58	3) Scannell, Dennis J M56	4) Wallace, Thomas F M57
	26.02 55.26 (29.24)	1:25.44 (30.18)	1:54.93 (29.49)	
3	SwimRI-2	D	2:07.64	1:58.29
1)	Theroux, Trent M49	2) Sayles, Douglas M49	3) Carll, Stephen J M51	4) Burks, Vincent P M56
	28.20 57.74 (29.54)	1:27.72 (29.98)	1:58.29 (30.57)	
4	Great Bay Masters Swimming	E	2:00.00	2:00.72
1)	Schultz, Richard J M50	2) Gallagher, Glenn R M58	3) Mack, Tom M58	4) Schmuhl, Frederick C M52
	29.80 1:00.83 (31.03)	1:31.83 (31.00)	2:00.72 (28.89)	
5	Minuteman Masters Swim Cl	C	2:06.99	2:02.90
1)	Kobs, Ray M52	2) Devlin, Mark A M53	3) Kimble, Kip M53	4) Gilbert, Rick M55
	28.15 1:01.48 (33.33)	1:34.65 (33.17)	2:02.90 (28.25)	
6	Worcester Area Masters-2	D	2:04.99	2:04.82
1)	Arsenault, Paul M55	2) Wild, Mark M25	3) McCombs, Michael P M60	4) Oates, David R M66
	33.11 1:06.21 (33.10)	1:34.90 (28.69)	2:04.82 (29.92)	
7	Minuteman Masters Swim Cl	D	2:08.99	2:09.11
1)	Foster, Walter M M55	2) Carroll, Marcus R M56	3) Keil, Mark A M63	4) Totten, Mark A M55
	30.90 1:05.74 (34.84)	1:39.92 (34.18)	2:09.11 (29.19)	

**Event 6 Men 240-279 200 SC Meter Freestyle Relay****WORLD: 1:43.21 W 10/14/2012 BLU FROG TEAM -USA****R ABRAHAMS, M MIDDLETON, L MEISENHEIMER, R BOGLKEN****NATL: 1:43.21 N 10/14/2012 BLU FROG TEAM****R ABRAHAMS, M MIDDLETON, L MEISENHEIMER, R BOHLKEN**

1	Connecticut Masters-5	C	3:20.51	2:12.56
1)	Canning, Peter M58	2) Wyckoff, Benjamin W M52	3) Geoghegan, William J M66	4) Laux, Michael A M75
	32.01 1:02.47 (30.46)	1:34.30 (31.83)	2:12.56 (38.26)	
2	SwimRI-2	E	2:24.55	2:16.37
1)	Sluter, Steven D M42	2) Elturkmani, Majed M62	3) Garr, Michael T M63	4) Manfredi, Thomas G M73
	32.14 1:04.42 (32.28)	1:41.26 (36.84)	2:16.37 (35.11)	
3	Charles River Masters-2	A	2:35.00	2:51.67
1)	Henderson, Harold A M66	2) Van Greuning, Len M49	3) Walker, David E M56	4) Martin, Charles A M80
	33.85 1:00.99 (27.14)	1:39.97 (38.98)	2:51.67 (1:11.70)	
8	Great Bay Masters Swimming	G	2:20.00	2:53.63
1)	Arnold, Richard M84	2) Ceckler, Jack M60	3) Miller, Steve J M62	4) Kerkhove, Johan C M64
	1:09.17 1:43.76 (34.59)	2:18.13 (34.37)	2:53.63 (35.50)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 6 Men 280-319 200 SC Meter Freestyle Relay**

**WORLD: 1:54.44 W 10/11/2015 GOLD COAST MASTERS -USA  
K LODWIG, J SODERSTROM, L CHILDS, D QUIGGIN**

**NATL: 1:54.44 N 10/11/2015 GOLD COAST MASTERS  
K LODWIG, J SODERSTROM, L CHILDS, D QUIGGIN**

1 Simon's Rock PaceMakers-2 B NT 3:00.51  
1) Kraus, Gerald J M85 2) Zelehoski, Raymond J M68 3) Smith, Starbuck M73 4) Ramirez, Francisco A M54  
59.76 1:38.69 (38.93) 2:26.17 (47.48) 3:00.51 (34.34)



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 7 Mixed 100-119 200 SC Meter Freestyle Relay****WORLD: 1:39.37 W 11/29/2014 POSEIDON -RUS****O KLIUCHNIKOVA, A TESLIK, A MARKOVA, A ZATCEPIN****NATL: 1:40.78 N 11/24/2013 PHOENIX SWIM CLUB****H BEHM, J KONARZEWSKI, E CAMPBELL, N INADA**

1	SwimRI-2	A	1:59.01	1:57.20
	1) Jaroszewicz, Matthew J M26	2) Finati, Sara K W24	3) Bonin, Angelina W31	4) Card, Mathew C M29
	29.03	59.52 (30.49)	1:31.50 (31.98)	1:57.20 (25.70)
2	Connecticut Masters-5	A	NT	2:00.21
	1) Gryglewska, Anna C W26	2) Duguay, Robert E M31	3) Bernstein, Heather M W31	4) Gerard, William H M24
	28.02	58.81 (30.79)	1:32.53 (33.72)	2:00.21 (27.68)
3	Minuteman Masters Swim Cl	E	2:04.99	2:15.21
	1) Palsi, Christopher M24	2) Amico, Victoria W27	3) Wellman, Meghan A W30	4) Tracy, Mark M23
	28.17	1:12.05 (43.88)	1:49.53 (37.48)	2:15.21 (25.68)

**Event 7 Mixed 120-159 200 SC Meter Freestyle Relay****WORLD: 1:37.54 W 11/29/2014 TSUNAMI -RUS****V CHERNYI, I SHLEMOVA, L YUDINA, S MUKHIN****NATL: 1:41.37 N 12/10/2000 EL SEGUNDO MASTERS****B BERGEN, P FRANCIS, D GRANER-GALLAS, D ROBINSON**

1	Umac-Terrapin Masters-10	A	1:52.51	1:52.98
	1) Randolph, Courtney M W25	2) Grover, Mollie K W35	3) Oloughlin, Jonathan M33	4) Shaw, Chris M34
	28.61	57.60 (28.99)	1:24.30 (26.70)	1:52.98 (28.68)
2	Nutmeg Masters Swim Club-2	A	2:02.00	1:59.86
	1) Trumbull, Meredith W28	2) Gerber, Robert M49	3) Dombrowski, Sarah B W28	4) Beahn, Brian A M29
	29.44	1:00.09 (30.65)	1:32.14 (32.05)	1:59.86 (27.72)
3	Granite State Penguins (Nh)-2	A	1:58.00	2:00.56
	1) Williams, Melinda B W35	2) DeLew, Christopher D M54	3) Crusco, Kysa M W40	4) Getchell, Jackson H M24
	30.53	1:00.22 (29.69)	1:30.79 (30.57)	2:00.56 (29.77)
4	Greenwood Masters-2	A	2:04.89	2:03.82
	1) Graham, David C M42	2) Hui, Christopher D M32	3) Courbron, Yanghee W28	4) Swalec, Caitlin M W22
	29.49	58.94 (29.45)	1:31.82 (32.88)	2:03.82 (32.00)

**Event 7 Mixed 160-199 200 SC Meter Freestyle Relay****WORLD: 1:40.86 W 11/28/2015 NEVA STARS -RUS****P LEBEDEV, A POLIAKOVA, O POZNIKOVA, V PREDKIN****NATL: 1:42.03 N 11/22/2009 COLORADO MASTERS SWIMMING****R ABRAHAMS, S VON DER LIPPE, S HART, C O'SULLIVAN**

1	Maine Masters Swim Club-2	A	NT	1:56.14
	1) Terrio, Sergey M23	2) Ryan, Jodi W46	3) Lecrone, Timothy J M44	4) Crans, Mara W50
	26.20	56.21 (30.01)	1:22.44 (26.23)	1:56.14 (33.70)
2	Minuteman Masters Swim Cl	F	2:11.99	2:15.36
	1) Oppenheim, Justine W41	2) Spitz, Lisa W40	3) Prescott, Al M48	4) Nikander, Robert C M39
	37.03	1:15.89 (38.86)	1:31.06 (15.17)	2:15.36 (44.30)
3	University Club of Boston-2	A	2:25.00	2:23.52
	1) Dornaus, David R M42	2) Ehram, Fred M61	3) Holland Sparages, Margaret	4) Day, Lindsay T W26
	27.69	1:04.65 (36.96)	1:48.35 (43.70)	2:23.52 (35.17)
4	Greater Holyoke YMCA Mast	A	2:48.00	2:37.81
	1) Cochrane, Scott M64	2) Gottsegen, David N M62	3) Roberts, Bethany A W28	4) Deady, Kathleen R W29
	35.18	1:23.61 (48.43)	2:04.94 (41.33)	2:37.81 (32.87)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 7 Mixed 200-239 200 SC Meter Freestyle Relay****WORLD: 1:46.08 W 3/15/2014 NORTH CAROLINA MASTERS -USA****ERIKA BRAUN, SUE WALSH, JON BLANK, JONATHAN KLEIN****NATL: 1:46.08 N 3/15/2014****N CAROLINA MASTERS SWIMMING****ERIKA BRAUN, SUE WALSH, JON BLANK, JONATHAN KLEIN**

1	North Suburban YMCA Mast	A	2:20.00	2:08.28
	1) Wettach, Gayle M W59	2) Teague, Neal M38	3) Marshall, Jenny S W59	4) Judelson, David S M60
	31.48 1:00.58 (29.10)	1:39.30 (38.72)	2:08.28 (28.98)	
2	Abc Masters - Gray Sharks-2	A	2:14.00	2:11.66
	1) McClellan, John M55	2) Kavanagh, Hillary W43	3) Kripke, Liz W54	4) McMorrow, Rob M50
	29.96 1:04.95 (34.99)	1:43.40 (38.45)	2:11.66 (28.26)	
3	Simon's Rock PaceMakers-2	C	2:33.00	2:13.50
	1) Purdy, Neil D M56	2) Meyers, Kimberly A W52	3) Johnson, Eric M53	4) Goldsmith, Louise E W53
	31.33 1:07.32 (35.99)	1:36.72 (29.40)	2:13.50 (36.78)	
4	Uc02-2	A	2:22.00	2:21.37
	1) Lane, Tom M57	2) Hamel, Maureen M W53	3) Terry, Roz W53	4) Schonholz, Steven M60
	30.72 1:10.38 (39.66)	1:49.24 (38.86)	2:21.37 (32.13)	
5	Greenwood Masters-2	B	2:20.89	2:22.00
	1) Delorey, Laura E W54	2) Flynn, Sandra P W51	3) Stundtner, Matthew R M53	4) Dymek, Timothy J M53
	33.56 1:15.59 (42.03)	1:49.64 (34.05)	2:22.00 (32.36)	

**Event 7 Mixed 240-279 200 SC Meter Freestyle Relay****WORLD: 1:52.68 W 11/14/2015 NORTH TEXAS LONESTARS -USA****D MARTIN, T BARTON, C MCKELVEY, L MORRISON****NATL: 1:52.68 N 11/14/2015****NORTH TEXAS LONESTARS****DOUG MARTIN, TOM BARTON, C MCKELVEY, LYNN MORRISON**

1	Great Bay Masters Swimming	F	2:30.00	2:23.09
	1) Grant, Karen M W53	2) Read, Philip E M74	3) Gallagher, Sally L W55	4) Newkirk, Thomas R M68
	33.02 1:15.52 (42.50)	1:31.14 (15.62)	2:23.09 (51.95)	
2	Simon's Rock PaceMakers-2	D	2:50.00	2:26.61
	1) St.Pierre-Sleboda, Cheryl M2	2) Rudman, Frederic C M52	3) Kraus, Rozann W66	4) Meier, Bill R M55
	36.36 1:18.33 (41.97)	1:57.09 (38.76)	2:26.61 (29.52)	
3	Pittsfield YMCA Polar Bear N	A	NT	2:43.95
	1) Kolis, Steve M61	2) West, Barbara A W68	3) Safran, Marjorie W67	4) Moore, Jack F M53
	33.91 1:15.34 (41.43)	2:10.63 (55.29)	2:43.95 (33.32)	

**Event 7 Mixed 280-319 200 SC Meter Freestyle Relay****WORLD: 2:08.53 W 10/11/2015 TAMALPAIS AQUATIC MASTERS-US****R BURNS, L VAL, K FROST, N RIDOUT****NATL: 2:08.53 N 10/11/2015****TAMALPAIS AQUATIC MASTERS****R BURNS, L VAL, K FROST, N RIDOUT**

1	Simon's Rock PaceMakers-2	A	NT	2:52.19
	1) Olander, John R M66	2) Birch, Beryl B W74	3) Stephen, Mary W74	4) Epstein, Daniel M66
	33.35 1:30.19 (56.84)	2:52.19 (1:22.00)		

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 8 Men 18-24 400 SC Meter Freestyle****NATL: 3:55.20 N 10/26/2014 DION DREESENS**

1	Morris, Justin	22	King Fins Aquatic Club-2	4:30.00	4:28.49
	28.40	1:00.13 (31.73)	1:33.56 (33.43)	2:07.89 (34.33)	
	2:42.99 (35.10)	3:18.86 (35.87)	3:54.34 (35.48)	4:28.49 (34.15)	
2	Wiens, Matthew R	24	Charles River Masters-2	4:43.73	4:39.01
	30.48	1:04.45 (33.97)	1:39.07 (34.62)	2:15.24 (36.17)	
	2:51.08 (35.84)	3:27.20 (36.12)	4:03.25 (36.05)	4:39.01 (35.76)	
3	Chen, George S	23	Charles River Masters-2	4:45.00	4:42.33
	32.10	1:07.43 (35.33)	1:43.11 (35.68)	2:19.01 (35.90)	
	2:55.02 (36.01)	3:13.82 (18.80)	4:07.39 (53.57)	4:42.33 (34.94)	
4	Gerard, William H	24	Connecticut Masters-5	5:03.75	4:48.25
	32.11	1:08.10 (35.99)	1:44.37 (36.27)	2:21.57 (37.20)	
	2:58.77 (37.20)	3:36.28 (37.51)	4:13.12 (36.84)	4:48.25 (35.13)	
5	Rifai, Sami A	24	Charles River Masters-2	5:20.00	5:25.95
	35.65	1:16.54 (40.89)	1:58.68 (42.14)	2:40.35 (41.67)	
	3:23.34 (42.99)	4:04.63 (41.29)	4:46.93 (42.30)	5:25.95 (39.02)	

**Event 8 Men 25-29 400 SC Meter Freestyle****WORLD: 3:53.60 W 3/16/2007 SYLVAIN CROS****FRA****NATL: 3:57.03 N 12/14/2013 ERIC NILSSON**

1	Chance, Joseph C	25	Charles River Masters-2	4:20.00	4:08.09
	28.27	59.35 (31.08)	1:31.37 (32.02)	2:03.59 (32.22)	
	2:35.57 (31.98)	3:07.59 (32.02)	3:38.29 (30.70)	4:08.09 (29.80)	
2	Stiles, David E	26	St Pete Masters Inc-14	4:49.87	4:41.44
	31.67	1:07.05 (35.38)	1:42.69 (35.64)		
	3:09.79 ( )		4:06.64 ( )	4:41.44 (34.80)	
3	Jaroszewicz, Matthew J	26	SwimRI-2	4:44.49	4:47.29
	31.98	1:07.27 (35.29)	1:43.35 (36.08)	2:19.88 (36.53)	
	2:56.73 (36.85)	3:34.01 (37.28)	4:10.93 (36.92)	4:47.29 (36.36)	
4	Seaman, Arthur E	25	Great Bay Masters Swimming, In-	4:59.00	4:59.35
	33.74	1:10.92 (37.18)	1:49.40 (38.48)	2:28.36 (38.96)	
	3:06.74 (38.38)	3:46.41 (39.67)	4:24.01 (37.60)	4:59.35 (35.34)	
5	Mitchell, Craig	26	Worcester Area Masters-2	5:03.95	5:05.04
	33.66	1:11.07 (37.41)	1:49.12 (38.05)	2:28.96 (39.84)	
	3:07.81 (38.85)	3:47.87 (40.06)	4:28.25 (40.38)	5:05.04 (36.79)	
6	Mather, Wesley A	25	OakSquare YMCA-2	5:00.00	5:13.82
		1:10.82 ( )	1:49.80 (38.98)	2:30.83 (41.03)	
	3:12.17 (41.34)	3:54.34 (42.17)	4:35.96 (41.62)	5:13.82 (37.86)	
7	Jelaska, Duje	25	SwimRI-2	4:58.96	5:16.06
	33.77	1:11.15 (37.38)	1:50.23 (39.08)	2:30.42 (40.19)	
	3:11.87 (41.45)	3:53.80 (41.93)	4:36.32 (42.52)	5:16.06 (39.74)	
8	Morette, Kyle	26	Worcester Area Masters-2	6:00.00	5:45.80
	36.89	1:19.65 (42.76)	2:04.98 (45.33)	2:49.67 (44.69)	
	3:34.81 (45.14)	4:20.02 (45.21)	5:03.10 (43.08)	5:45.80 (42.70)	
9	Vanacore, Mark	27	Worcester Area Masters-2	6:00.00	5:47.88
	37.54	1:18.67 (41.13)	2:01.78 (43.11)	2:46.37 (44.59)	
	3:32.20 (45.83)	4:18.08 (45.88)	5:04.68 (46.60)	5:47.88 (43.20)	
10	Wild, Mark	25	Worcester Area Masters-2	5:48.53	6:15.53
	40.49	1:24.78 (44.29)	2:10.81 (46.03)	2:59.71 (48.90)	
	3:48.96 (49.25)	4:37.74 (48.78)	5:26.71 (48.97)	6:15.53 (48.82)	
11	Dillon, Sean	26	Worcester Area Masters-2	6:18.64	6:34.98
	42.24	1:33.28 (51.04)	2:24.93 (51.65)	3:16.07 (51.14)	
	4:05.77 (49.70)	4:56.44 (50.67)	5:47.21 (50.77)	6:34.98 (47.77)	
---	Beahn, Brian A	29	Nutmeg Masters Swim Club-2	5:45.00	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 8 Men 30-34 400 SC Meter Freestyle****WORLD: 3:51.97 W 11/29/2014 YURY UFIMTSEV****RUS****NATL: 3:57.47 N 10/4/2009 TAMAS KEREKJARTO**

1	Oloughlin, Jonathan	33	Umac-Terrapin Masters-10	4:50.00	4:41.52
	31.63	1:06.34 (34.71)	1:41.99 (35.65)	2:18.35 (36.36)	
	2:54.98 (36.63)	3:31.48 (36.50)	4:07.67 (36.19)	4:41.52 (33.85)	
2	Musiak, Matthew	34	Greater Holyoke YMCA Masters-	5:00.00	4:54.55
	32.08	1:07.63 (35.55)	1:44.53 (36.90)	2:21.94 (37.41)	
	3:00.27 (38.33)	3:38.85 (38.58)	4:17.18 (38.33)	4:54.55 (37.37)	
3	Duguay, Robert E	31	Connecticut Masters-5	5:11.82	5:03.00
	34.73	1:12.35 (37.62)	1:50.92 (38.57)	2:29.70 (38.78)	
	3:08.54 (38.84)	3:47.37 (38.83)	4:25.99 (38.62)	5:03.00 (37.01)	
4	Mulcahy, Seann P	34	SwimRI-2	5:50.00	5:47.47
	38.21	1:20.69 (42.48)	2:05.03 (44.34)	2:50.10 (45.07)	
	3:35.26 (45.16)	4:19.94 (44.68)	5:04.23 (44.29)	5:47.47 (43.24)	
5	Walton, Austin R	33	Connecticut Masters-5	6:00.00	6:12.48
	38.20	1:22.43 (44.23)	2:08.03 (45.60)	2:55.43 (47.40)	
	3:44.05 (48.62)	4:33.33 (49.28)	5:23.47 (50.14)	6:12.48 (49.01)	

**Event 8 Men 35-39 400 SC Meter Freestyle****WORLD: 3:57.77 W 12/14/2003 ERIK HOCHSTEIN****USA****NATL: 3:57.77 N 12/14/2003 ERIK HOCHSTEIN**

1	Emmons, Michael J	35	Charles River Masters-2	4:17.21	4:24.03
	28.85	1:00.93 (32.08)	1:33.92 (32.99)	2:07.47 (33.55)	
	2:40.50 (33.03)	3:14.46 (33.96)	3:49.48 (35.02)	4:24.03 (34.55)	
2	Delgado, Alejandro A	39	Boston University Masters	5:10.00	5:08.97
	34.76	1:12.44 (37.68)	1:51.89 (39.45)	2:31.40 (39.51)	
	3:11.17 (39.77)	3:51.52 (40.35)	4:31.10 (39.58)	5:08.97 (37.87)	
3	Parsons, Steve E	36	Great Bay Masters Swimming, In-	5:56.26	6:09.27
	38.38	1:22.13 (43.75)	2:08.21 (46.08)	2:55.47 (47.26)	
	3:44.42 (48.95)	4:33.51 (49.09)	5:22.06 (48.55)	6:09.27 (47.21)	
---	Giddens, Lance	38	University Club of Boston-2	6:00.00	NS

**Event 8 Men 40-44 400 SC Meter Freestyle****WORLD: 4:00.67 W 11/7/2004 KAI DITZEL****GER****NATL: 4:01.32 N 10/4/2009 ERIK HOCHSTEIN**

1	Harker, Travis	43	Great Bay Masters Swimming, In-	4:40.99	4:37.77
	30.49	1:03.84 (33.35)	1:38.64 (34.80)	2:14.30 (35.66)	
	2:50.33 (36.03)	3:26.52 (36.19)	4:02.82 (36.30)	4:37.77 (34.95)	
2	Dornaus, David R	42	University Club of Boston-2	4:45.08	4:47.39
	30.96	1:05.65 (34.69)	1:41.43 (35.78)	2:18.02 (36.59)	
	2:54.94 (36.92)	3:32.43 (37.49)	4:09.88 (37.45)	4:47.39 (37.51)	
3	Morse, Benjamin M	44	Maine Masters Swim Club-2	4:55.00	4:48.30
	32.68	1:07.82 (35.14)	1:44.50 (36.68)	2:20.85 (36.35)	
	2:57.36 (36.51)	3:34.07 (36.71)	4:11.24 (37.17)	4:48.30 (37.06)	
4	Sharon, Gil	42	Worcester Area Masters-2	5:00.00	5:01.79
	32.79	1:08.08 (35.29)	1:44.38 (36.30)	2:22.77 (38.39)	
	3:01.64 (38.87)	3:41.84 (40.20)	4:22.45 (40.61)	5:01.79 (39.34)	
5	Banovic, Brendan	42	Newburyport Breakers-2	5:27.87	5:28.30
	36.28	1:16.13 (39.85)	1:57.73 (41.60)	2:39.63 (41.90)	
	3:21.95 (42.32)	4:04.41 (42.46)	4:46.78 (42.37)	5:28.30 (41.52)	
6	Lebro, Ryan J	42	Team New York Aquatics-6	5:12.12	5:35.88
	36.74	1:16.75 (40.01)	1:57.64 (40.89)	2:39.55 (41.91)	
	3:23.23 (43.68)	4:08.36 (45.13)	4:53.76 (45.40)	5:35.88 (42.12)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 8 Men 40-44 400 SC Meter Freestyle)**

7	Cloitre, Christophe	41	Great Bay Masters Swimming, In-	6:05.85	5:39.20
			2:06.08 ( )	2:51.42 (45.34)	
	3:35.85 (44.43)	4:18.26 (42.41)	5:00.22 (41.96)	5:39.20 (38.98)	
8	Danielson, Kurt R	41	Great Bay Masters Swimming, In-	5:28.76	5:45.49
	37.81	1:19.53 (41.72)	2:02.75 (43.22)	2:46.70 (43.95)	
	3:30.88 (44.18)	4:15.73 (44.85)	5:00.98 (45.25)	5:45.49 (44.51)	
9	Kwa, Ken K	43	Charles River Masters-2	5:50.40	5:46.52
	39.39	1:22.11 (42.72)	2:05.73 (43.62)	2:49.80 (44.07)	
	3:33.67 (43.87)	4:17.79 (44.12)	5:01.91 (44.12)	5:46.52 (44.61)	
10	Chicoski, James	43	West Suburban YMCA Masters-2	5:20.00	5:50.90
	36.20	1:18.98 (42.78)	2:04.37 (45.39)	2:49.96 (45.59)	
	3:35.64 (45.68)	4:22.04 (46.40)	5:07.00 (44.96)	5:50.90 (43.90)	

**Event 8 Men 45-49 400 SC Meter Freestyle****WORLD: 4:03.10 W 4/18/2015 FABIO CALMASINI ITA****NATL: 4:09.19 N 11/1/2009 KEITH SWITZER**

1	Hurd, Michael R	48	Maine Masters Swim Club-2	4:54.90	5:00.35
	33.54	1:10.84 (37.30)	1:49.32 (38.48)	2:28.37 (39.05)	
	3:06.29 (37.92)	3:44.78 (38.49)	4:22.31 (37.53)	5:00.35 (38.04)	
2	Lacey, John S	49	Tech Masters-2	4:50.00	5:33.39
	34.55	1:14.45 (39.90)	1:56.77 (42.32)	2:39.38 (42.61)	
	3:22.33 (42.95)	4:05.89 (43.56)	4:50.20 (44.31)	5:33.39 (43.19)	
---	White, Alan G	45	Boston Lanes (Liquid Assets Ne-2	7:24.35	NS

**Event 8 Men 50-54 400 SC Meter Freestyle****WORLD: 4:07.99 W 12/10/2000 JIM MCCONICA USA****NATL: 4:07.99 N 12/10/2000 JIM MCCONICA**

1	Blood, Jonathan K	51	Weymouth Club Masters Swimmi	4:44.93	4:49.33
	31.05	1:05.34 (34.29)	1:40.91 (35.57)	2:17.74 (36.83)	
	2:55.40 (37.66)	3:33.25 (37.85)	4:11.78 (38.53)	4:49.33 (37.55)	
2	McMorrow, Rob	50	Abc Masters - Gray Sharks-2	5:09.71	4:58.55
	33.94	1:10.20 (36.26)	1:47.50 (37.30)	2:25.53 (38.03)	
	3:04.08 (38.55)	3:42.58 (38.50)	4:20.79 (38.21)	4:58.55 (37.76)	
3	French, Chris A	54	Granite State Penguins (Nh)-2	4:52.00	5:12.12
	31.79	1:07.75 (35.96)	1:45.53 (37.78)	2:25.09 (39.56)	
	3:06.22 (41.13)	3:47.95 (41.73)	4:30.15 (42.20)	5:12.12 (41.97)	
4	Wyckoff, Benjamin W	52	Connecticut Masters-5	5:16.90	5:12.35
	34.10	1:12.78 (38.68)	1:53.07 (40.29)	2:34.56 (41.49)	
	3:16.51 (41.95)	3:57.70 (41.19)	4:37.35 (39.65)	5:12.35 (35.00)	
5	Kimble, Kip	53	Minuteman Masters Swim Club-2	5:35.00	5:22.13
	35.74	1:14.18 (38.44)	1:54.39 (40.21)	2:35.13 (40.74)	
	3:16.91 (41.78)	3:59.04 (42.13)	4:40.80 (41.76)	5:22.13 (41.33)	
6	Devlin, Mark A	53	Minuteman Masters Swim Club-2	5:40.00	5:40.09
	36.88	1:19.56 (42.68)	2:02.90 (43.34)	2:48.55 (45.65)	
	3:31.61 (43.06)	4:14.97 (43.36)	4:58.74 (43.77)	5:40.09 (41.35)	
7	Kobs, Ray	52	Minuteman Masters Swim Club-2	7:10.00	6:01.77
	40.02	1:24.13 (44.11)	2:09.93 (45.80)	2:56.29 (46.36)	
	3:43.53 (47.24)	4:29.86 (46.33)	5:16.44 (46.58)	6:01.77 (45.33)	
8	Fast, Robert	54	Maine Masters Swim Club-2	6:20.00	6:22.74
	43.02	1:30.59 (47.57)	2:20.01 (49.42)	3:10.56 (50.55)	
	4:00.40 (49.84)	4:49.42 (49.02)	5:38.04 (48.62)	6:22.74 (44.70)	
9	Mackin, Robert W	53	The Thoreau Club-2	6:45.00	6:47.39
	46.18	1:37.58 (51.40)	2:29.45 (51.87)	3:22.49 (53.04)	
	4:15.69 (53.20)	5:08.28 (52.59)	5:59.41 (51.13)	6:47.39 (47.98)	

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10	Robinson, Allan	52	Boston Lanes (Liquid Assets Ne-2	6:45.00	6:49.16
	22.56	1:36.54 (1:13.98)	2:30.72 (54.18)	3:24.06 (53.34)	
	4:17.55 (53.49)	5:09.78 (52.23)	6:01.31 (51.53)	6:49.16 (47.85)	
11	Fernandes, Thomas	53	Minuteman Masters Swim Club-2	8:00.00	7:35.18
	47.18	1:41.86 (54.68)			
	4:37.64 ( )	5:37.39 (59.75)	6:37.55 (1:00.16)	7:35.18 (57.63)	
---	Gisseman, Carl S	50	Maine Masters Swim Club-2	5:40.00	DQ
---	Games, Brett C	50	Great Bay Masters Swimming, In-	5:35.99	NS
---	Coombs, John J	54	Boston Lanes (Liquid Assets Ne-2	6:00.00	NS

**Event 8 Men 55-59 400 SC Meter Freestyle****WORLD: 4:16.03 W 11/22/2009 MICHAEL MANN USA****NATL: 4:16.03 N 11/22/2009 MICHAEL MANN**

1	Shipp, Bill	56	Umac-Terrapin Masters-10	5:05.00	5:07.41
	34.60	1:12.82 (38.22)	1:52.70 (39.88)	2:32.52 (39.82)	
	3:11.90 (39.38)	3:51.17 (39.27)	4:29.59 (38.42)	5:07.41 (37.82)	
2	McClellan, John	55	Abc Masters - Gray Sharks-2	5:08.00	5:09.41
	34.77	1:12.63 (37.86)	1:51.80 (39.17)	2:31.54 (39.74)	
	3:11.53 (39.99)	3:51.71 (40.18)	4:31.76 (40.05)	5:09.41 (37.65)	
3	Palmer, Ray	57	New England Masters Swim Club-	5:25.55	5:12.40
	35.47	1:14.23 (38.76)	1:53.28 (39.05)	2:32.31 (39.03)	
	3:11.73 (39.42)	3:52.25 (40.52)	4:32.98 (40.73)	5:12.40 (39.42)	
4	Mack, Tom	58	Great Bay Masters Swimming, In-	5:10.00	5:13.00
	34.89	1:12.76 (37.87)	1:51.90 (39.14)	2:32.08 (40.18)	
	3:12.00 (39.92)	3:52.42 (40.42)	4:33.07 (40.65)	5:13.00 (39.93)	
5	Scannell, Dennis J	56	Charles River Masters-2	5:15.01	5:13.71
	37.11	1:17.13 (40.02)	1:57.65 (40.52)	2:38.08 (40.43)	
	3:18.28 (40.20)	3:58.12 (39.84)	4:36.77 (38.65)	5:13.71 (36.94)	
6	Alexander, Mark E	58	Charles River Masters-2	5:22.23	5:16.70
	36.93	1:16.79 (39.86)	1:58.01 (41.22)	2:39.74 (41.73)	
	3:20.43 (40.69)	4:00.43 (40.00)	4:39.53 (39.10)	5:16.70 (37.17)	
7	Roth, Douglas M	55	Maine Masters Swim Club-2	5:55.50	5:32.99
	38.13	1:20.01 (41.88)	2:02.50 (42.49)	2:44.96 (42.46)	
	3:27.80 (42.84)	4:10.61 (42.81)	4:52.39 (41.78)	5:32.99 (40.60)	
8	Taylor, Giles	57	OakSquare YMCA-2	6:05.00	5:39.70
	37.21	1:18.45 (41.24)	2:01.89 (43.44)	2:45.39 (43.50)	
	3:30.22 (44.83)	4:15.02 (44.80)	4:58.14 (43.12)	5:39.70 (41.56)	
9	Foster, Walter M	55	Minuteman Masters Swim Club-2	5:16.00	5:45.57
	36.96	1:19.08 (42.12)	2:03.17 (44.09)	2:47.48 (44.31)	
	3:32.12 (44.64)	4:17.16 (45.04)	5:02.16 (45.00)	5:45.57 (43.41)	
10	Arsenault, Paul	55	Worcester Area Masters-2	5:59.50	5:55.95
	39.06	1:22.64 (43.58)	2:07.02 (44.38)	2:52.18 (45.16)	
	3:39.11 (46.93)	4:25.56 (46.45)	5:12.26 (46.70)	5:55.95 (43.69)	
11	Savuto, Paul	58	Uc02-2	6:30.00	6:19.85
	40.86	1:25.56 (44.70)	2:12.12 (46.56)	3:00.70 (48.58)	
	3:49.65 (48.95)	4:39.23 (49.58)	5:28.23 (49.00)	6:19.85 (51.62)	
12	Carroll, Marcus R	56	Minuteman Masters Swim Club-2	6:50.00	6:37.32
	41.02	1:27.54 (46.52)	2:17.53 (49.99)	3:09.82 (52.29)	
	4:03.27 (53.45)	4:55.33 (52.06)	5:47.71 (52.38)	6:37.32 (49.61)	
13	Goran, Steven Z	58	Team New York Aquatics-6	9:03.64	13:16.66
	1:13.69	2:43.49 (1:29.80)	4:15.34 (1:31.85)	5:52.42 (1:37.08)	
	7:22.97 (1:30.55)	8:54.86 (1:31.89)	10:25.43 (1:30.57)	13:16.66 (2:51.23)	
---	Sandt, Mark	56	YMCA of the North Shore SwimF	5:50.00	NS

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1	McCombs, Michael P	60	Worcester Area Masters-2	5:03.49	5:04.51
	34.33	1:12.20 (37.87)	1:50.48 (38.28)	2:29.78 (39.30)	
	3:09.27 (39.49)	3:48.66 (39.39)	4:28.14 (39.48)	5:04.51 (36.37)	
2	Miller, Steve J	62	Great Bay Masters Swimming, In-	5:22.00	5:25.21
	37.16	1:18.10 (40.94)	2:00.07 (41.97)	2:41.62 (41.55)	
	3:22.70 (41.08)	4:04.05 (41.35)	4:45.38 (41.33)	5:25.21 (39.83)	
3	O'Brien, David P	60	Boston Lanes (Liquid Assets Ne-2	5:32.00	5:33.08
	38.85	1:21.61 (42.76)	2:04.65 (43.04)	2:47.51 (42.86)	
	3:29.60 (42.09)	4:11.13 (41.53)	4:52.73 (41.60)	5:33.08 (40.35)	
4	McLaughlin, Brian J	61	Abc Masters - Gray Sharks-2	5:39.33	5:33.49
	37.27	1:18.48 (41.21)	2:01.26 (42.78)	2:44.13 (42.87)	
	3:27.57 (43.44)	4:10.76 (43.19)	4:53.74 (42.98)	5:33.49 (39.75)	
5	Renwick, John C	63	Greenwood Masters-2	6:15.00	6:22.00
	45.60	1:33.33 (47.73)	2:23.30 (49.97)	3:12.80 (49.50)	
	4:00.60 (47.80)	4:48.70 (48.10)	5:37.01 (48.31)	6:22.00 (44.99)	
6	Ehrsam, Fred	61	University Club of Boston-2	6:45.00	6:44.18
	43.30	1:33.53 (50.23)	2:25.58 (52.05)	3:18.49 (52.91)	
	4:10.42 (51.93)	5:02.30 (51.88)	5:54.27 (51.97)	6:44.18 (49.91)	
7	Garr, Michael T	63	SwimRI-2	6:37.72	7:00.78
	44.64	1:34.89 (50.25)	2:27.43 (52.54)	3:23.07 (55.64)	
	4:17.57 (54.50)	5:12.46 (54.89)	6:08.05 (55.59)	7:00.78 (52.73)	
8	Skolnick, Stewart R	62	New England Masters Swim Club	9:00.00	7:10.39
	47.99	1:43.38 (55.39)	2:39.67 (56.29)	3:37.82 (58.15)	
	4:35.01 (57.19)	5:32.58 (57.57)	6:29.24 (56.66)	7:10.39 (41.15)	
9	Gottsegen, David N	62	Greater Holyoke YMCA Masters-	8:50.00	8:26.45
	54.42	1:56.88 (1:02.46)	8:26.45 (6:29.57)		

**Event 8 Men 65-69 400 SC Meter Freestyle****WORLD: 4:45.88 W 4/3/2015 JIM MCCONICA USA****NATL: 4:45.88 N 4/3/2015 JIM MC CONICA**

1	Ryan, Bill	66	Pinehills Masters-2	5:22.00	5:24.75
	37.45	1:18.40 (40.95)	2:00.29 (41.89)	2:42.00 (41.71)	
	3:23.47 (41.47)	4:04.89 (41.42)	4:45.74 (40.85)	5:24.75 (39.01)	
2	McQuiggan, Frank	68	SwimRI-2	6:10.00	5:59.00
	42.64	1:28.63 (45.99)	2:14.26 (45.63)	3:00.97 (46.71)	
	3:46.90 (45.93)	4:33.10 (46.20)	5:17.96 (44.86)	5:59.00 (41.04)	
3	Olander, John R	66	Simon's Rock PaceMakers-2	6:05.12	5:59.11
	39.04	1:23.43 (44.39)	2:09.50 (46.07)	2:56.26 (46.76)	
	3:42.93 (46.67)	4:29.65 (46.72)	5:16.57 (46.92)	5:59.11 (42.54)	
---	Oates, David R	66	Worcester Area Masters-2	6:00.00	NS

**Event 8 Men 70-74 400 SC Meter Freestyle****WORLD: 5:05.47 W 12/14/2014 DAVID QUIGGIN USA****NATL: 5:05.47 N 12/14/2014 DAVID QUIGGIN**

1	Bernstein, Rich	70	Asphalt Green Masters-6	6:05.00	6:01.68
	41.17	1:26.40 (45.23)	2:12.58 (46.18)	2:59.35 (46.77)	
	3:44.76 (45.41)	4:30.77 (46.01)	5:16.96 (46.19)	6:01.68 (44.72)	
2	Pope, James A	74	Lowell YMCA Flippers Masters S	6:25.00	6:51.32
	43.98	1:32.10 (48.12)	2:23.24 (51.14)	3:14.98 (51.74)	
	4:09.24 (54.26)	5:03.89 (54.65)	5:58.54 (54.65)	6:51.32 (52.78)	
3	Epstein, Paul M	70	Connecticut Masters-5	7:00.00	6:52.70
	45.00	1:36.93 (51.93)	2:30.35 (53.42)	3:25.12 (54.77)	
	4:18.07 (52.95)	5:11.14 (53.07)	6:01.65 (50.51)	6:52.70 (51.05)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 8 Men 70-74 400 SC Meter Freestyle)**

4	Roccabello, John J	73	SwimRI-2	12:36.58	13:37.20
	1:20.07	2:53.47 (1:33.40)	4:26.39 (1:32.92)	5:57.37 (1:30.98)	
	7:30.34 (1:32.97)	9:05.02 (1:34.68)	13:37.20 (4:32.18)		

**Event 8 Men 75-79 400 SC Meter Freestyle****WORLD: 5:15.10 W 4/18/2009 DAVID RADCLIFF USA****NATL: 5:15.10 N 4/18/2009 DAVID RADCLIFF**

1	Laux, Michael A	75	Connecticut Masters-5	7:30.00	6:26.66
	46.45		2:28.64 ( )	3:19.07 (50.43)	
	4:10.14 (51.07)	5:00.36 (50.22)	5:45.42 (45.06)	6:26.66 (41.24)	
2	Hutchings, Dick	75	Greenwood Masters-2	6:14.68	6:30.56
	42.18	1:28.82 (46.64)	2:17.56 (48.74)	3:06.38 (48.82)	
	3:56.32 (49.94)	4:48.02 (51.70)	5:40.08 (52.06)	6:30.56 (50.48)	
3	Tapia-Perez, Santiago	77	Uc02-2	7:31.04	7:16.21
	50.37	1:43.92 (53.55)	2:40.39 (56.47)	3:37.33 (56.94)	
	4:33.81 (56.48)	5:28.74 (54.93)	6:24.00 (55.26)	7:16.21 (52.21)	
4	Jones, William I	79	Maine Masters Swim Club-2	8:48.00	8:06.71
	56.79	2:00.67 (1:03.88)	3:03.68 (1:03.01)	4:08.33 (1:04.65)	
	5:12.10 (1:03.77)	6:15.58 (1:03.48)	7:14.08 (58.50)	8:06.71 (52.63)	
5	Coupe, George J	76	Granite State Penguins (Nh)-2	7:36.00	8:29.92
	47.95	1:42.05 (54.10)	2:41.36 (59.31)	3:46.95 (1:05.59)	
	4:56.81 (1:09.86)	6:08.61 (1:11.80)	7:20.12 (1:11.51)	8:29.92 (1:09.80)	
6	Mitchell, Jack	77	Sarasota Y Sharks-14	10:27.72	10:36.87
	1:14.22	2:38.36 (1:24.14)	4:01.17 (1:22.81)	5:20.59 (1:19.42)	
	6:43.05 (1:22.46)	8:01.70 (1:18.65)	9:21.02 (1:19.32)	10:36.87 (1:15.85)	

**Event 8 Men 80-84 400 SC Meter Freestyle****WORLD: 5:39.27 W 3/9/2014 DAVID RADCLIFF USA****NATL: 5:39.27 N 3/9/2014 DAVID RADCLIFF**

1	Alkoff, Howard	83	Connecticut Masters-5	8:35.00	9:02.77
	54.08	1:56.97 (1:02.89)	3:04.52 (1:07.55)	4:14.75 (1:10.23)	
	5:27.12 (1:12.37)	6:39.98 (1:12.86)	7:53.11 (1:13.13)	9:02.77 (1:09.66)	



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 9 Women 18-24 50 SC Meter Butterfly****NATL: 28.37 N 12/5/2009 MEG GILL**

1	Swalec, Caitlin M	22	Greenwood Masters-2	36.00	36.01
2	Ondeck, Olivia A	22	Charles River Masters-2	35.00	39.63

**Event 9 Women 25-29 50 SC Meter Butterfly****WORLD: 27.08 W 8/31/2014 NADINE JONES AUS****NATL: 26.31 N 10/11/2015 CLAIRE DONAHUE**

1	Trutor, Kristine	28	Great Bay Masters Swimming, In-	32.15	29.82
2	Aubin, Alana M	26	Charles River Masters-2	31.35	30.89
3	Byron, Caroline	29	Charles River Masters-2	33.45	31.75
4	Sullivan, Elizabeth	26	Charles River Masters-2	36.16	32.32
5	Fairbanks, Christine	25	Worcester Area Masters-2	42.00	41.25
6	Amico, Victoria	27	Minuteman Masters Swim Club-2	1:00.86	59.58

**Event 9 Women 30-34 50 SC Meter Butterfly****WORLD: 27.08 W 1/10/2016 YUKA KATO JPN****NATL: 27.89 N 12/10/2011 NORIKO INADA**

1	Mancuso, Elizabeth	31	Boston University Masters	30.00	29.27
2	Byron, Liz V	32	Charles River Masters-2	31.43	31.48
3	Braniecki, Ashley L	31	Ohio Masters Swim Club-18	33.10	32.25
4	Howell, Ginger B	31	Waltham Masters Swimmers-2	34.92	34.68
5	Bernstein, Heather M	31	Connecticut Masters-5	34.00	35.61
6	Bonin, Angelina	31	SwimRI-2	37.15	36.71
7	Sarvia, Tricia	33	Minuteman Masters Swim Club-2	42.00	38.49
8	Afanasewicz, Elizabeth A	33	Minuteman Masters Swim Club-2	43.00	43.49
9	Bey, Madeline	30	Connecticut Masters-5	48.18	43.86
10	Guglielmo, Nicole	33	Connecticut Masters-5	44.00	44.55

**Event 9 Women 35-39 50 SC Meter Butterfly****WORLD: 27.45 W 11/1/2015 NORIKO INADA USA****NATL: 27.45 N 11/1/2015 NORIKO INADA**

1	Alcaide, Katrine	35	Maine Masters Swim Club-2	29.03	29.52
2	Williams, Melinda B	35	Granite State Penguins (Nh)-2	32.31	32.51
3	Nappi, Keri	38	SwimRI-2	32.00	32.60
4	Downing, Jennifer	38	Charles River Masters-2	34.20	34.13
5	Winslow, Stephanie J	35	SwimRI-2	47.00	40.75
6	Toner, Michelle A	36	Greater Holyoke YMCA Masters-	42.45	41.44
7	Scott, Elizabeth A	35	Minuteman Masters Swim Club-2	47.05	45.97

**Event 9 Women 40-44 50 SC Meter Butterfly****WORLD: 28.19 W 3/16/2013 ERIKA BRAUN USA****NATL: 28.19 N 3/16/2013 ERIKA BRAUN**

1	Lancaster, Jill	43	SwimRI-2	35.00	34.45
2	Hindle, Lori D	41	Weymouth Club Masters Swimmir	34.50	34.61
3	Crusco, Kysa M	40	Granite State Penguins (Nh)-2	35.37	36.07
4	Dinsmore, Sharon M	43	Waltham Masters Swimmers-2	38.90	39.03
5	Madonia, Jennifer R	44	Connecticut Masters-5	38.24	39.05
6	Ryder, Heather	40	Worcester Area Masters-2	39.96	41.37
7	Sega, Ally	43	Connecticut Masters-5	43.05	45.43
8	Spitz, Lisa	40	Minuteman Masters Swim Club-2	50.00	47.10
9	Krangle, Jennifer B	43	Charles River Masters-2	47.00	50.77
---	Herold, Larissa V	42	Maine Masters Swim Club-2	31.50	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 9 Women 45-49 50 SC Meter Butterfly**

<b>WORLD: 28.84 W 10/10/2010</b>		<b>S.VON DER LIPPE</b>		<b>USA</b>	
<b>NATL: 28.84 N 10/10/2010</b>		<b>S VON DER LIPPE</b>			
1	Goodale, Rainy M	46	Martha's Vineyard Masters-2	33.64	33.60
2	Leveroni, Amy S	46	YMCA of the North Shore SwimF	34.28	33.89
3	Ryan, Jodi	46	Maine Masters Swim Club-2	35.00	34.81
4	Neuendorf, Donna M	48	SwimRI-2	34.96	34.96
5	FitzGerald, Mary P	49	Greater Holyoke YMCA Masters-2	36.05	36.86
6	Killoran, Katherine A	48	Maine Masters Swim Club-2	39.93	37.33
7	McTaggart, Laura J	46	West Suburban YMCA Masters-2	42.00	40.64
8	Garland, Sue C	47	Charles River Masters-2	41.64	43.71
9	Schaal, Shlomit	46	Worcester Area Masters-2	48.00	43.76
10	Veenstra, Denise L	47	Minuteman Masters Swim Club-2	44.49	46.63
11	Magovern, Kathy E	48	Minuteman Masters Swim Club-2	52.00	48.54
12	Acevedo, Kristine	45	Boston Lanes (Liquid Assets Ne-2	52.00	50.04
13	Orender, Kirsten F	48	Newburyport Breakers-2	1:01.10	54.72
---	Pohl, Jessica L	49	Waltham Masters Swimmers-2	40.00	NS

**Event 9 Women 50-54 50 SC Meter Butterfly**

<b>WORLD: 29.25 W 3/16/2013</b>		<b>LESLIE LIVINGSTON</b>		<b>USA</b>	
<b>NATL: 29.25 N 3/16/2013</b>		<b>LESLIE LIVINGSTON</b>			
1	Delorey, Laura E	54	Greenwood Masters-2	35.78	35.97
2	Emblidge, Cecilia V	52	Nutmeg Masters Swim Club-2	36.50	37.20
3	O'Donnell, Sonja K	50	Uc02-2	45.20	38.41
4	Meyers, Kimberly A	52	Simon's Rock PaceMakers-2	43.00	39.88
5	KielyKilpatrick, Carolyn	52	SwimRI-2	40.05	41.09
6	Crans, Mara	50	Maine Masters Swim Club-2	42.00	41.77
7	Barlow, Jennifer	50	Abc Masters - Gray Sharks-2	45.17	44.92
8	Harvey, Lori	51	Kingsbury Club Masters-2	49.20	45.09
9	Barker, Joanne L	52	Charles River Masters-2	46.56	48.02
10	Holland Sparages, Margaret M	53	University Club of Boston-2	49.46	55.77
11	Quinan, Sharon B	53	Minuteman Masters Swim Club-2	1:40.00	1:06.51
---	Hamel, Maureen M	53	Uc02-2	48.61	NS
---	Bernhard, Anne E	51	Uc02-2	38.00	NS

**Event 9 Women 55-59 50 SC Meter Butterfly**

<b>WORLD: 29.39 W 3/5/2016</b>		<b>LESLIE LIVINGSTON</b>		<b>USA</b>	
<b>NATL: 29.39 N 3/5/2016</b>		<b>LESLIE LIVINGSTON</b>			
1	Wettach, Gayle M	59	North Suburban YMCA Masters-2	38.00	34.22
2	Jensen, Sue	56	Charles River Masters-2	38.63	35.38
3	Stokes, Karin E	55	Granite State Penguins (Nh)-2	37.92	37.11
4	Grilli, Tracy L	59	Granite State Penguins (Nh)-2	36.35	38.14
5	Galliher, Anne L	59	Nutmeg Masters Swim Club-2	39.50	38.83
6	Uecker, Anne	56	Maine Masters Swim Club-2	38.97	40.07
7	St.Pierre-Sleboda, Cheryl M	57	Simon's Rock PaceMakers-2	41.79	41.13
8	Holland, Gail M	58	Worcester Area Masters-2	42.19	41.55
9	Gallagher, Sally L	55	Great Bay Masters Swimming, In-	43.00	42.56
10	Marshall, Jenny S	59	North Suburban YMCA Masters-2	42.00	43.17
11	Florio-Jefferys, Joanna M	58	Pittsfield YMCA Polar Bear Mas-	56.09	49.01
---	Hallett, Connie	57	Maine Masters Swim Club-2	38.22	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 9 Women 60-64 50 SC Meter Butterfly****WORLD: 32.42 W 10/6/2013 LAURA VAL USA****NATL: 32.42 N 10/6/2013 LAURA VAL**

1	Hibben, Veronica	60	UCLA Bruin Masters-33	32.53	32.54
2	Johnston, Nancy	61	Keene Swim Masters-2	38.10	37.53
3	Holbrook, Nikki J	63	Connecticut Masters-5	39.87	41.00
4	McGavin, Jean P	63	Connecticut Masters-5	1:00.00	49.33
5	Twomey, Maura	60	Charles River Masters-2	54.35	52.48

**Event 9 Women 65-69 50 SC Meter Butterfly****WORLD: 33.82 W 2/15/2015 CHARLOTTE DAVIS USA****NATL: 33.53 N 10/2/2016 LAURA VAL**

1	Feldmann, Joel T	65	Keene Swim Masters-2	36.67	36.38
2	Greulick-Byron, Joan E	66	Charles River Masters-2	43.15	44.27
3	Shenouda, Baheya	68	Charles River Masters-2	2:19.00	2:28.89

**Event 9 Women 70-74 50 SC Meter Butterfly****WORLD: 35.12 W 3/5/2016 DIANN UUSTAL USA****NATL: 35.12 N 3/5/2016 DIANN UUSTAL**

1	Onton, Ann Louise	73	Connecticut Masters-5	1:03.00	1:36.66
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**Event 9 Women 75-79 50 SC Meter Butterfly****WORLD: 40.71 W 3/24/2006 JANE ASHER GBR****NATL: 44.18 N 12/12/2004 GAIL ROPER**

---	Olson, Jeannine E	77	Rinconada Masters-38	1:22.29	NS
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 10 Men 18-24 50 SC Meter Butterfly****NATL: 24.33 N 12/6/2014 TONY COX**

1	Tracy, Mark	23	Minuteman Masters Swim Club-2	28.00	26.88
2	Terrio, Sergey	23	Maine Masters Swim Club-2	26.80	27.74
3	Polsi, Christopher	24	Minuteman Masters Swim Club-2	29.00	28.86
4	Richardson, Paul R	19	Worcester Area Masters-2	29.00	29.10
5	Gerard, William H	24	Connecticut Masters-5	31.47	32.13
6	Hsieh, Adam	24	Boston University Masters	38.00	33.18
7	Mesirow, Benjamin S	24	Boston Lanes (Liquid Assets Ne-2)	42.87	44.15
---	Wiens, Matthew R	24	Charles River Masters-2	28.55	NS
---	Chen, Roy F	21	Charles River Masters-2	28.86	NS
---	Garcia, Mike	24	Long Island Masters Swimming-6	28.60	NS

**Event 10 Men 25-29 50 SC Meter Butterfly****WORLD: 23.38 W 4/19/2015 RYO ISHII JPN****NATL: 23.53 N 11/24/2013 DARIAN TOWNSEND**

1	Card, Mathew C	29	SwimRI-2	27.00	27.71
2	Schuster, Kevin	29	Great Bay Masters Swimming, In-	27.66	27.76
3	Pope, Ryan	27	Uc02-2	29.43	29.15
4	Seaman, Arthur E	25	Great Bay Masters Swimming, In-	30.20	31.66
5	Beahn, Brian A	29	Nutmeg Masters Swim Club-2	32.00	32.29
6	Vanier, Jason F	29	Great Bay Masters Swimming, In-	32.89	32.61
7	Mitchell, Craig	26	Worcester Area Masters-2	34.01	33.22
8	Poirot, Cedric	29	Boston University Masters	37.00	34.35
9	Hyland, David J	28	Nutmeg Masters Swim Club-2	36.00	34.94
10	Hurley, Brian M	25	Great Bay Masters Swimming, In-	38.80	36.63
11	Vanacore, Mark	27	Worcester Area Masters-2	42.00	37.60
12	Wild, Mark	25	Worcester Area Masters-2	37.56	38.04
13	Morette, Kyle	26	Worcester Area Masters-2	42.00	38.42
---	Reed, Matthew D	25	Maine Masters Swim Club-2	30.09	NS

**Event 10 Men 30-34 50 SC Meter Butterfly****WORLD: 22.87 W 5/16/2009 THOMAS RUPPRATH GER****NATL: 24.37 N 12/5/2015 MILORAD CAVIC**

1	Sarwat, Ahmed S	33	Weymouth Club Masters Swimmii	27.97	28.58
2	Wallace, Connor	30	SwimRI-2	29.50	28.95
3	Mueller, Joshua M	34	Tech Masters-2	31.21	31.43
4	Krill, Andrew D	34	Uc02-2	35.00	33.65
5	Hui, Christopher D	32	Greenwood Masters-2	34.00	34.78

**Event 10 Men 35-39 50 SC Meter Butterfly****WORLD: 23.72 W 3/20/2011 LARS FROLANDER SWE****NATL: 24.87 N 12/1/2012 GLENN COUNTS**

1	Walker, Joshua S	37	Charles River Masters-2	24.75	27.08
2	Larsen, Kirk K	39	Great Bay Masters Swimming, In-	28.15	27.42
3	Emmons, Michael J	35	Charles River Masters-2	26.99	28.19
4	Nikander, Robert C	39	Minuteman Masters Swim Club-2	31.00	31.04
5	Westgeest, Bart J	37	Great Bay Masters Swimming, In-	31.00	31.21
6	Boynton, Adam B	37	Maine Masters Swim Club-2	31.50	31.29
7	Gillis, John R	35	Maine Masters Swim Club-2	33.00	31.37
8	Johnson, Stephen C	37	SwimRI-2	32.00	31.48
9	Lawson, William J	36	Boston Lanes (Liquid Assets Ne-2)	32.54	32.55
10	Teague, Neal	38	North Suburban YMCA Masters-2	45.00	33.06
11	Sampat, Anuj	39	Charles River Masters-2	41.73	41.28

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 10 Men 35-39 50 SC Meter Butterfly)**

---	Shepherd, Jeremy	37	Rockwall Aquatics Masters-26	30.00	NS
---	Wright, Brendan C	38	Granite State Penguins (Nh)-2	30.25	NS

**Event 10 Men 40-44 50 SC Meter Butterfly**

**WORLD: 24.14 W 3/16/2014 LARS FROLANDER SWE**  
**NATL: 24.91 N 12/6/2008 MICHAEL ROSS**

1	Ohman, Niclas K	42	Granite State Penguins (Nh)-2	26.96	26.89
2	Lecrone, Timothy J	44	Maine Masters Swim Club-2	27.50	27.25
3	Phillips, Tom	42	Michigan Masters-19	35.00	28.58
4	Madonia, Marc P	42	Nyc Hydras-6	30.13	29.25
5	Hammond, Ben W	41	Worcester Area Masters-2	29.00	29.31
6	Whitford, Matthew T	41	Great Bay Masters Swimming, In-	29.67	29.61
7	Goodison, Michael R	44	Umac-Terrapin Masters-10	28.49	29.80
8	Dornaus, David R	42	University Club of Boston-2	30.04	30.37
9	Morse, Benjamin M	44	Maine Masters Swim Club-2	32.00	32.64
10	Graham, David C	42	Greenwood Masters-2	33.00	33.00
11	Kishchenko, Roman	43	Uc02-2	32.00	33.35
12	Danielson, Kurt R	41	Great Bay Masters Swimming, In-	35.25	35.89
13	Lebro, Ryan J	42	Team New York Aquatics-6	33.48	36.19
14	Cloitre, Christophe	41	Great Bay Masters Swimming, In-	35.50	36.72

**Event 10 Men 45-49 50 SC Meter Butterfly**

**WORLD: 25.58 W 3/17/2013 JAN KARLSSON SWE**  
**NATL: 25.74 N 12/13/2009 FRITZ BEDFORD**

1	O'Leary, Shawn B	46	Maine Masters Swim Club-2	28.49	28.16
2	Theroux, Trent	49	SwimRI-2	30.53	31.45
3	Van Greuning, Len	49	Charles River Masters-2	32.02	32.05
4	Sayles, Douglas	49	SwimRI-2	32.82	32.30
5	Carter, Seanbaker	48	Abc Masters - Gray Sharks-2	33.58	33.60
6	White, Alan G	45	Boston Lanes (Liquid Assets Ne-2	51.35	55.79
---	Schaal, Maor	48	Worcester Area Masters-2	40.00	DQ
---	Mugford, Stephen A	49	Charles River Masters-2	30.00	NS
---	Elizondo, Bill	49	Rockwall Aquatics Masters-26	31.60	NS

**Event 10 Men 50-54 50 SC Meter Butterfly**

**WORLD: 25.49 W 5/16/2009 DAN THOMPSON CAN**  
**NATL: 25.98 N 3/5/2016 STEVE HILTABIDDLE**

1	Heber, Scott	50	Rockwall Aquatics Masters-26	26.23	26.00
2	Hiltabiddle, Steve	50	Colonials 1776-8	25.98	26.60
3	Pride, Douglas M	53	Maine Masters Swim Club-2	28.00	29.35
4	Wyckoff, Benjamin W	52	Connecticut Masters-5	30.08	29.87
5	Plate, Bruce T	50	Greater Holyoke YMCA Masters-4	32.25	31.74
6	Krafian, Ara	53	Uc02-2	32.60	31.90
7	Blood, Jonathan K	51	Weymouth Club Masters Swimming	30.73	32.09
8	Levy, Dan	51	Westchester Masters-6	32.75	32.88
9	Johnson, Eric	53	Simon's Rock PaceMakers-2	33.50	33.15
10	Schmuhl, Frederick C	52	Great Bay Masters Swimming, In-	33.23	33.32
11	DeLew, Christopher D	54	Granite State Penguins (Nh)-2	33.86	33.45
12	Dymek, Timothy J	53	Greenwood Masters-2	40.30	36.85
13	Kobs, Ray	52	Minuteman Masters Swim Club-2	1:00.00	37.96
14	Moore, Jack F	53	Pittsfield YMCA Polar Bear Mas-4	46.50	40.32
---	Games, Brett C	50	Great Bay Masters Swimming, In-	33.45	NS
---	Rudman, Frederic C	52	Simon's Rock PaceMakers-2	35.00	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 10 Men 55-59 50 SC Meter Butterfly**

<b>WORLD:</b>		<b>26.45</b>	<b>W</b>	<b>5/18/2013</b>	<b>DAN THOMPSON</b>		<b>CAN</b>
<b>NATL:</b>		<b>26.67</b>	<b>N</b>	<b>10/11/2015</b>	<b>STEVE WOOD</b>		
1	Brown, Phil	55	Weymouth Club Masters Swimmii	32.59		32.60	
2	Sullivan, Kevin S	56	Lowell YMCA Flippers Masters S	35.00		32.99	
3	Lane, Tom	57	Uc02-2	33.03		33.11	
4	Olson, Bob	56	Newburyport Breakers-2	34.14		33.85	
5	Shapiro, Charles	57	Connecticut Masters-5	36.00		34.18	
6	Totten, Mark A	55	Minuteman Masters Swim Club-2	34.13		34.33	
7	Purdy, Neil D	56	Simon's Rock PaceMakers-2	36.00		34.57	
8	Wallace, Thomas F	57	Charles River Masters-2	34.58		35.45	
9	Gilbert, Rick	55	Minuteman Masters Swim Club-2	35.77		35.94	
10	Seligman, James R	57	Boston Lanes (Liquid Assets Ne-2	36.00		36.02	
11	Roth, Douglas M	55	Maine Masters Swim Club-2	41.65		40.33	
12	Mcdonald, Dave	56	Uc02-2	50.00		42.55	
13	Geist, Dan	59	Abc Masters - Gray Sharks-2	47.00		45.42	
14	Arsenault, Paul	55	Worcester Area Masters-2	50.00		47.18	
15	Goran, Steven Z	58	Team New York Aquatics-6	1:09.66		1:15.44	
---	Sandt, Mark	56	YMCA of the North Shore SwimF	38.74		NS	
---	Estabrook, Todd H	57	University Club of Boston-2	36.50		NS	

**Event 10 Men 60-64 50 SC Meter Butterfly**

<b>WORLD:</b>		<b>26.96</b>	<b>W</b>	<b>5/20/2016</b>	<b>DAN THOMPSON</b>		<b>CAN</b>
<b>NATL:</b>		<b>27.53</b>	<b>N</b>	<b>10/25/2014</b>	<b>DONALD GRAHAM</b>		
1	McCombs, Michael P	60	Worcester Area Masters-2	31.04		31.25	
2	Judelson, David S	60	North Suburban YMCA Masters-2	34.80		32.62	
3	Ceckler, Jack	60	Great Bay Masters Swimming, In-	34.00		32.88	
4	Fisher, J Kevin	61	New England Masters Swim Club	34.81		34.73	
5	Plencner, Bob R	64	Granite State Penguins (Nh)-2	33.49		35.88	
6	Elturkmani, Majed	62	SwimRI-2	39.00		37.13	
7	Cochrane, Scott	64	Greater Holyoke YMCA Masters-	35.00		37.87	
8	Kolis, Steve	61	Pittsfield YMCA Polar Bear Mas-	38.84		38.13	
9	Fuerman, Ross	63	Waltham Masters Swimmers-2	38.95		39.32	

**Event 10 Men 65-69 50 SC Meter Butterfly**

<b>WORLD:</b>		<b>28.91</b>	<b>W</b>	<b>5/30/2009</b>	<b>JOSEP CLARET</b>		<b>ESP</b>
<b>NATL:</b>		<b>28.99</b>	<b>N</b>	<b>12/4/2010</b>	<b>RICHARD ABRAHAMS</b>		
1	Shaw, Greg J	65	Keene Swim Masters-2	31.03		30.53	
2	Oates, David R	66	Worcester Area Masters-2	32.56		34.15	
3	Rogacki, Daniel J	69	Pittsfield YMCA Polar Bear Mas-	33.43		35.41	
4	Newkirk, Thomas R	68	Great Bay Masters Swimming, In-	40.00		39.25	
5	Olander, John R	66	Simon's Rock PaceMakers-2	39.65		40.17	
6	McQuiggan, Frank	68	SwimRI-2	40.00		41.81	
7	Zelehoski, Raymond J	68	Simon's Rock PaceMakers-2	43.07		43.50	
---	Henderson, Harold A	66	Charles River Masters-2	40.00		NS	

**Event 10 Men 70-74 50 SC Meter Butterfly**

<b>WORLD:</b>		<b>29.52</b>	<b>W</b>	<b>10/11/2015</b>	<b>RICHARD ABRAHAMS</b>		<b>USA</b>
<b>NATL:</b>		<b>29.52</b>	<b>N</b>	<b>10/11/2015</b>	<b>RICHARD ABRAHAMS</b>		
1	Manfredi, Thomas G	73	SwimRI-2	40.88		41.38	
2	Epstein, Paul M	70	Connecticut Masters-5	50.00		55.04	
3	Read, Philip E	74	Great Bay Masters Swimming, In-	57.75		58.04	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 10 Men 75-79 50 SC Meter Butterfly****WORLD: 32.93 W 3/11/2012 HIROSHI MATSUMOTO JPN****NATL: 33.03 N 7/24/2016 MIKE FRESHLEY**

1	Hutchings, Dick	75	Greenwood Masters-2	49.90	54.00
2	Coupe, George J	76	Granite State Penguins (Nh)-2	58.00	1:01.51

**Event 10 Men 80-84 50 SC Meter Butterfly****WORLD: 35.34 W 3/20/2016 HIROSHI MATSUMOTO JPN****NATL: 38.92 N 11/9/2013 CLARKE MITCHELL**

1	Arnold, Richard	84	Great Bay Masters Swimming, In-	1:36.60	1:50.80
---	Head, Brian F	83	Adirondack Masters-3	1:31.03	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 11 Women 18-24 200 SC Meter Backstroke****NATL: 2:18.11 N 10/25/2014 MARINA NASCIMENTO**

1	Chen, Tiffany	22	Worcester Area Masters-2	2:40.00	2:41.43
	37.91	1:19.28 (41.37)	2:01.27 (41.99)	2:41.43 (40.16)	

**Event 11 Women 25-29 200 SC Meter Backstroke****WORLD: 2:12.84 W 11/20/2005 KANA OHASHI****JPN****NATL: 2:14.77 N 11/17/2001 LIA OBERSTAR**

1	Gryglewska, Anna C	26	Connecticut Masters-5	2:35.50	2:32.20
	36.04	1:13.54 (37.50)	1:52.38 (38.84)	2:32.20 (39.82)	
2	Lee, Alexandra K	29	Charles River Masters-2	2:31.00	2:33.18
	36.55	1:15.25 (38.70)	1:54.52 (39.27)	2:33.18 (38.66)	
3	Trutor, Kristine	28	Great Bay Masters Swimming, In-	2:34.15	2:34.60
	35.45	1:14.14 (38.69)	1:54.59 (40.45)	2:34.60 (40.01)	
4	Caron, Danielle M	25	Worcester Area Masters-2	3:15.00	2:54.92
	40.38	1:24.76 (44.38)	2:10.79 (46.03)	2:54.92 (44.13)	
5	Courbron, Yanghee	28	Greenwood Masters-2	2:52.68	2:55.26
	41.60	1:25.58 (43.98)	2:11.12 (45.54)	2:55.26 (44.14)	
6	Deady, Kathleen R	29	Greater Holyoke YMCA Masters-	3:08.00	2:59.47
	40.05	1:24.59 (44.54)	2:12.32 (47.73)	2:59.47 (47.15)	
7	White, Jessica L	25	Worcester Area Masters-2	4:50.00	4:49.69
	1:05.04	2:21.67 (1:16.63)	3:35.82 (1:14.15)	4:49.69 (1:13.87)	

**Event 11 Women 30-34 200 SC Meter Backstroke****WORLD: 2:11.86 W 4/21/2012 KANA YAMAGUCHI****JPN****NATL: 2:12.47 N 11/22/2008 L OBERSTAR-BROWN**

1	McGrail, Crystie	32	Great Bay Masters Swimming, In-	2:46.28	2:42.83
	38.07	1:19.03 (40.96)	2:00.78 (41.75)	2:42.83 (42.05)	
2	Braniecki, Ashley L	31	Ohio Masters Swim Club-18	2:49.00	2:43.56
	39.94	1:21.54 (41.60)	2:03.38 (41.84)	2:43.56 (40.18)	
3	McKenna Gray, Lindsay	31	Great Bay Masters Swimming, In-	2:40.00	2:44.47
	38.43	1:19.22 (40.79)	2:01.63 (42.41)	2:44.47 (42.84)	
4	Sarvia, Tricia	33	Minuteman Masters Swim Club-2	3:09.00	3:07.66
	43.45	1:31.48 (48.03)	2:20.26 (48.78)	3:07.66 (47.40)	
5	Howell, Ginger B	31	Waltham Masters Swimmers-2	3:20.00	3:07.98
	42.60	1:29.96 (47.36)	2:18.70 (48.74)	3:07.98 (49.28)	
6	Antolik, Carrie	30	Tech Masters-2	3:29.73	3:25.07
	48.40	1:39.89 (51.49)	2:33.04 (53.15)	3:25.07 (52.03)	
7	Dennison, Laura M	32	Charles River Masters-2	6:00.00	5:19.93
	1:12.91	2:34.17 (1:21.26)	3:57.09 (1:22.92)	5:19.93 (1:22.84)	
8	King, Sarah C	33	Adirondack Masters-3	5:45.00	5:48.61
	1:21.02	2:51.29 (1:30.27)	5:48.61 (2:57.32)		

**Event 11 Women 35-39 200 SC Meter Backstroke****WORLD: 2:13.37 W 11/16/2013 KANA OHASHI****JPN****NATL: 2:14.10 N 12/14/1997 K PIPES-NEILSEN**

1	Grover, Mollie K	35	Umac-Terrapin Masters-10	2:30.11	2:27.60
	35.90	1:12.77 (36.87)	1:50.14 (37.37)	2:27.60 (37.46)	
2	Carroll, Erica M	36	Boston University Masters	2:33.00	2:30.61
	35.70	1:13.02 (37.32)	1:51.79 (38.77)	2:30.61 (38.82)	
3	Williams, Melinda B	35	Granite State Penguins (Nh)-2	2:40.00	2:34.17
	38.39	1:18.00 (39.61)	1:56.99 (38.99)	2:34.17 (37.18)	
4	DeRoche, Erika	36	Charles River Masters-2	3:05.27	2:59.70
	41.40	1:26.86 (45.46)	2:13.83 (46.97)	2:59.70 (45.87)	
5	Winslow, Stephanie J	35	SwimRI-2	3:17.00	3:14.41
	45.84	1:36.14 (50.30)	2:26.79 (50.65)	3:14.41 (47.62)	



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 11 Women 40-44 200 SC Meter Backstroke****WORLD: 2:19.06 W 12/4/2009 JODY SMITH USA****NATL: 2:19.06 N 12/4/2009 JODY SMITH**

1	Herold, Larissa V	42	Maine Masters Swim Club-2	2:35.00	2:34.69
	37.35	1:16.52 (39.17)	1:55.62 (39.10)	2:34.69 (39.07)	
2	Lancaster, Jill	43	SwimRI-2	2:54.00	2:47.27
	39.93	1:22.12 (42.19)	2:05.44 (43.32)	2:47.27 (41.83)	
3	Baudis, Christina	40	Granite State Penguins (Nh)-2	3:05.00	3:10.92
	45.02	1:33.50 (48.48)	2:22.50 (49.00)	3:10.92 (48.42)	
4	Matarese, Christine A	41	Connecticut Masters-5	3:40.00	3:25.09
	3:26.54	3:58.31 (31.77)	4:23.08 (24.77)	3:25.09 ( )	
---	Krier, Kira J	42	Stowe Masters-2	3:54.07	NS

**Event 11 Women 45-49 200 SC Meter Backstroke****WORLD: 2:18.15 W 2/26/2009 K.PIPES-NEILSEN FRA****NATL: 2:18.95 N 5/15/2009 K PIPES-NEILSEN**

1	Neuendorf, Donna M	48	SwimRI-2	2:52.98	2:51.90
	39.96	1:23.33 (43.37)	2:07.57 (44.24)	2:51.90 (44.33)	
2	Garland, Sue C	47	Charles River Masters-2	3:18.14	3:17.48
	45.89	1:35.81 (49.92)	2:27.22 (51.41)	3:17.48 (50.26)	

**Event 11 Women 50-54 200 SC Meter Backstroke****WORLD: 2:22.37 W 3/8/2014 ELLEN REYNOLDS USA****NATL: 2:22.37 N 3/8/2014 ELLEN REYNOLDS**

1	O'Donnell, Sonja K	50	Uc02-2	3:40.00	3:03.09
	41.28	1:26.65 (45.37)	2:15.29 (48.64)	3:03.09 (47.80)	
2	Dickson, CJ	53	Worcester Area Masters-2	3:20.13	3:04.83
	43.80	1:29.49 (45.69)	2:17.17 (47.68)	3:04.83 (47.66)	
3	Brynn, Charlotte J	50	Stowe Masters-2	3:10.00	3:10.22
	44.89	1:33.00 (48.11)	2:21.62 (48.62)	3:10.22 (48.60)	
4	Jakubowski, Beth F	52	Waltham Masters Swimmers-2	3:40.00	3:24.30
	49.61	1:40.53 (50.92)	2:32.48 (51.95)	3:24.30 (51.82)	
5	Kim, Elizabeth S	53	Waltham Masters Swimmers-2	3:50.00	3:28.57
	49.65	1:42.93 (53.28)	2:36.78 (53.85)	3:28.57 (51.79)	
6	Barlow, Jennifer	50	Abc Masters - Gray Sharks-2	3:40.81	3:40.87
	52.09	1:47.48 (55.39)	2:45.16 (57.68)	3:40.87 (55.71)	
7	Barker, Joanne L	52	Charles River Masters-2	3:30.00	3:41.88
	53.91	1:51.72 (57.81)	2:48.77 (57.05)	3:41.88 (53.11)	
8	Beconi, Maria G	53	Minuteman Masters Swim Club-2	4:15.00	4:17.53
	59.96	2:07.39 (1:07.43)	3:12.88 (1:05.49)	4:17.53 (1:04.65)	
9	Quinan, Sharon B	53	Minuteman Masters Swim Club-2	5:45.00	4:48.27
	1:10.27		3:39.11 ( )	4:48.27 (1:09.16)	
---	Delorey, Laura E	54	Greenwood Masters-2	3:02.50	NS
---	Pasterczyk, Christine	50	Charles River Masters-2	3:07.07	NS
---	Bernhard, Anne E	51	Uc02-2	3:15.00	NS

**Event 11 Women 55-59 200 SC Meter Backstroke****WORLD: 2:33.67 W 2/7/2016 LYNN MARSHALL CAN****NATL: 2:39.94 N 10/9/2016 BONNIE BILICH**

1	Torrey, Pamela P	55	Maine Masters Swim Club-2	2:43.21	2:47.01
	40.22	1:22.48 (42.26)	2:04.74 (42.26)	2:47.01 (42.27)	
2	Uecker, Anne	56	Maine Masters Swim Club-2	3:11.14	3:06.07
	43.93	1:30.28 (46.35)	2:17.90 (47.62)	3:06.07 (48.17)	
3	Holland, Gail M	58	Worcester Area Masters-2	3:10.97	3:08.13
	45.90	1:33.09 (47.19)	2:21.14 (48.05)	3:08.13 (46.99)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 11 Women 55-59 200 SC Meter Backstroke)**

4	Marshall, Jenny S	59	North Suburban YMCA Masters-2	3:32.00	3:34.18
	52.07	1:47.00 (54.93)	2:41.97 (54.97)	3:34.18 (52.21)	
5	Renwick, Jacque A	55	Greenwood Masters-2	3:40.00	3:44.78
	54.89	1:51.83 (56.94)	2:50.64 (58.81)	3:44.78 (54.14)	
6	Halliday, Renee Z	56	OakSquare YMCA-2	5:50.10	3:47.06
	51.25	1:50.17 (58.92)	2:50.15 (59.98)	3:47.06 (56.91)	

**Event 11 Women 60-64 200 SC Meter Backstroke****WORLD: 2:40.04 W 11/21/2015 LAURA VAL USA****NATL: 2:40.04 N 11/21/2015 LAURA VAL**

1	Estel, Beth A	60	Granite State Penguins (Nh)-2	2:58.00	2:59.13
	41.81	1:27.91 (46.10)	2:14.48 (46.57)	2:59.13 (44.65)	
2	Bierwert, Karen	64	New England Masters Swim Club	3:13.03	3:03.32
	42.71	1:28.22 (45.51)	2:16.00 (47.78)	3:03.32 (47.32)	
3	Nisley-Black, Karla	61	Granite State Penguins (Nh)-2	3:05.00	3:09.43
	43.35	1:31.52 (48.17)	2:20.44 (48.92)	3:09.43 (48.99)	
4	Twomey, Maura	60	Charles River Masters-2	3:48.91	3:39.47
	53.28	1:50.48 (57.20)	2:46.58 (56.10)	3:39.47 (52.89)	

**Event 11 Women 65-69 200 SC Meter Backstroke****WORLD: 2:50.10 W 12/12/2015 CECILIA MCCLOSKEY USA****NATL: 2:44.59 N 10/9/2016 LAURA VAL**

1	McCloskey, Cecilia D	66	Colonials 1776-8	2:53.00	2:52.56
	40.84	1:24.33 (43.49)	2:08.50 (44.17)	2:52.56 (44.06)	
2	Needham, Cynthia	68	Stowe Masters-2	4:30.15	4:19.73
	59.90	2:04.63 (1:04.73)	3:12.34 (1:07.71)	4:19.73 (1:07.39)	

**Event 11 Women 70-74 200 SC Meter Backstroke****WORLD: 3:05.23 W 10/17/2015 CLARY MUNNS AUS****NATL: 3:12.67 N 4/1/2012 JOY WARD**

1	Onton, Ann Louise	73	Connecticut Masters-5	5:00.00	6:01.19
	1:25.76	2:56.22 (1:30.46)	4:30.53 (1:34.31)	6:01.19 (1:30.66)	
---	Uustal, Diann	70	SwimRI-2	3:12.90	NS

**Event 11 Women 75-79 200 SC Meter Backstroke****WORLD: 3:22.68 W 2/7/2015 CHRISTEL SCHULZ GER****NATL: 3:34.09 N 3/19/2011 NANCY BROWN**

---	Olson, Jeannine E	77	Rinconada Masters-38	5:42.88	NS
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 12 Men 18-24 200 SC Meter Backstroke****NATL: 2:01.17 N 12/4/2009 LOUIS VAYO**

1	Chen, George S	23	Charles River Masters-2	2:31.80	2:31.44
	36.00	1:14.37 (38.37)	1:53.53 (39.16)	2:31.44 (37.91)	
2	Hsieh, Alan	23	Boston University Masters	2:26.99	2:39.69
	34.98	1:13.95 (38.97)	1:56.17 (42.22)	2:39.69 (43.52)	

**Event 12 Men 25-29 200 SC Meter Backstroke****WORLD: 1:56.22 W 12/16/2006 STEFAN HERBST****GER****NATL: 2:01.34 N 11/13/2016 JAN KONARZEWSKI**

1	Stiles, David E	26	St Pete Masters Inc-14	2:30.57	2:26.52
	35.22	1:12.47 (37.25)	1:49.43 (36.96)	2:26.52 (37.09)	
2	Pope, Ryan	27	Uc02-2	2:39.95	2:33.52
	35.08	1:13.97 (38.89)	1:54.14 (40.17)	2:33.52 (39.38)	
3	Jaroszewicz, Matthew J	26	SwimRI-2	2:30.86	2:35.33
	37.46	1:16.56 (39.10)	1:56.20 (39.64)	2:35.33 (39.13)	
4	Jelaska, Duje	25	SwimRI-2	2:30.00	2:45.74
	38.05	1:38.25 (1:00.20)	2:02.84 (24.59)	2:45.74 (42.90)	
5	Hyland, David J	28	Nutmeg Masters Swim Club-2	2:53.00	2:50.41
	41.11	1:24.14 (43.03)	2:08.59 (44.45)	2:50.41 (41.82)	
6	Wild, Mark	25	Worcester Area Masters-2	3:15.99	3:13.17
	46.45	1:36.30 (49.85)	2:25.95 (49.65)	3:13.17 (47.22)	

**Event 12 Men 30-34 200 SC Meter Backstroke****WORLD: 1:55.46 W 11/1/2009 DERYA BUYUKUNCU****USA****NATL: 1:55.46 N 11/1/2009 DERYA BUYUKUNCU**

1	Musiak, Matthew	34	Greater Holyoke YMCA Masters-	2:30.00	2:23.37
	33.75	1:09.62 (35.87)	1:46.65 (37.03)	2:23.37 (36.72)	

**Event 12 Men 35-39 200 SC Meter Backstroke****WORLD: 2:00.34 W 12/8/2002 RON KARNAUGH****USA****NATL: 2:00.34 N 12/8/2002 RON KARNAUGH**

1	Lawson, William J	36	Boston Lanes (Liquid Assets Ne-2	2:45.00	2:45.78
	39.06	1:20.84 (41.78)	2:03.81 (42.97)	2:45.78 (41.97)	
---	Shepherd, Jeremy	37	Rockwall Aquatics Masters-26	2:40.00	NS
---	Wright, Brendan C	38	Granite State Penguins (Nh)-2	2:40.75	NS

**Event 12 Men 40-44 200 SC Meter Backstroke****WORLD: 2:03.84 W 12/14/2008 MICHAEL ROSS****USA****NATL: 2:03.84 N 12/14/2008 MICHAEL ROSS**

1	Harker, Travis	43	Great Bay Masters Swimming, In-	2:24.01	2:23.03
	34.03	1:10.25 (36.22)	1:47.45 (37.20)	2:23.03 (35.58)	
2	Sharon, Gil	42	Worcester Area Masters-2	2:45.00	2:45.23
	39.97	1:21.26 (41.29)	2:02.94 (41.68)	2:45.23 (42.29)	
3	Graham, David C	42	Greenwood Masters-2	2:46.00	3:07.18
	43.47	1:29.43 (45.96)	2:18.00 (48.57)	3:07.18 (49.18)	
4	Sluter, Steven D	42	SwimRI-2	2:56.00	3:13.23
	46.32	1:35.51 (49.19)	2:24.98 (49.47)	3:13.23 (48.25)	
5	Trainor, Brendan F	40	Maine Masters Swim Club-2	3:45.00	3:37.61
	50.57	1:46.33 (55.76)	2:43.74 (57.41)	3:37.61 (53.87)	
6	Kwa, Ken K	43	Charles River Masters-2	3:50.44	3:44.56
	55.56	1:55.00 (59.44)	2:51.89 (56.89)	3:44.56 (52.67)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 12 Men 45-49 200 SC Meter Backstroke****WORLD: 2:05.54 W 12/12/2009 CHRIS STEVENSON USA****NATL: 2:05.54 N 12/12/2009 CHRIS STEVENSON**

1	Theroux, Trent	49	SwimRI-2	2:29.50	2:27.42
	35.38	1:12.78 (37.40)	1:50.95 (38.17)	2:27.42 (36.47)	
2	Sayles, Douglas	49	SwimRI-2	2:41.67	2:39.38
	38.30	1:20.36 (42.06)	2:00.75 (40.39)	2:39.38 (38.63)	
3	Gerber, Robert	49	Nutmeg Masters Swim Club-2	2:45.00	2:48.48
	39.99	1:22.22 (42.23)	2:05.24 (43.02)	2:48.48 (43.24)	
4	Prescott, Al	48	Minuteman Masters Swim Club-2	3:35.69	3:33.23
	50.24	1:45.03 (54.79)	2:40.03 (55.00)	3:33.23 (53.20)	

**Event 12 Men 50-54 200 SC Meter Backstroke****WORLD: 2:11.84 W 12/4/2009 JAMIE FOWLER USA****NATL: 2:11.84 N 12/4/2009 JAMIE FOWLER**

1	Kimble, Kip	53	Minuteman Masters Swim Club-2	2:50.00	2:47.24
	39.98	1:22.06 (42.08)	2:05.28 (43.22)	2:47.24 (41.96)	
2	Stundtner, Matthew R	53	Greenwood Masters-2	3:18.00	3:13.77
	46.15	1:34.69 (48.54)	2:24.85 (50.16)	3:13.77 (48.92)	
---	Sargent, Jeff	52	Connecticut Masters-5	2:32.00	NS
---	French, Chris A	54	Granite State Penguins (Nh)-2	2:40.00	NS

**Event 12 Men 55-59 200 SC Meter Backstroke****WORLD: 2:15.79 W 12/5/2014 JAMIE FOWLER USA****NATL: 2:15.79 N 12/5/2014 JAMIE FOWLER**

1	Alexander, Mark E	58	Charles River Masters-2	2:36.14	2:36.69
	37.71	1:17.54 (39.83)	1:57.31 (39.77)	2:36.69 (39.38)	
2	Scannell, Dennis J	56	Charles River Masters-2	2:59.99	2:46.27
	41.22	1:23.44 (42.22)	2:05.40 (41.96)	2:46.27 (40.87)	
3	Burks, Vincent P	56	SwimRI-2	3:00.00	2:57.96
	42.22	1:27.12 (44.90)	2:13.18 (46.06)	2:57.96 (44.78)	
4	Purdy, Neil D	56	Simon's Rock PaceMakers-2	3:10.00	2:59.30
	41.52	1:27.03 (45.51)	2:13.81 (46.78)	2:59.30 (45.49)	
5	Roth, Douglas M	55	Maine Masters Swim Club-2	3:25.54	3:06.08
	46.52	1:33.77 (47.25)	2:21.16 (47.39)	3:06.08 (44.92)	
6	Kim, Robert Y	56	Waltham Masters Swimmers-2	3:30.00	3:06.09
	46.77	1:34.01 (47.24)	2:20.29 (46.28)	3:06.09 (45.80)	
7	Frackleton, John J	57	Minuteman Masters Swim Club-2	3:50.00	4:02.69
8	Canning, Peter	58	Connecticut Masters-5	4:15.00	4:07.63
	58.62		3:06.20 ( )	4:07.63 (1:01.43)	

**Event 12 Men 60-64 200 SC Meter Backstroke****WORLD: 2:26.30 W 3/30/2014 PHILIPP DJANG USA****NATL: 2:20.38 N 11/12/2016 TOM BARTON**

1	McCombs, Michael P	60	Worcester Area Masters-2	2:38.73	2:40.14
	38.22	1:19.32 (41.10)	2:00.72 (41.40)	2:40.14 (39.42)	
2	Judelson, David S	60	North Suburban YMCA Masters-2	2:54.00	2:45.80
	39.86	1:21.91 (42.05)	2:04.97 (43.06)	2:45.80 (40.83)	
3	Mockler, Frank C	61	Boston Lanes (Liquid Assets Ne-2	2:53.36	2:52.05
	40.11	1:22.79 (42.68)	2:07.34 (44.55)	2:52.05 (44.71)	
4	Bright, David	63	New England Masters Swim Club	2:54.50	2:53.25
	41.04	1:25.42 (44.38)	2:10.31 (44.89)	2:53.25 (42.94)	
5	Keil, Mark A	63	Minuteman Masters Swim Club-2	3:06.51	3:11.94
	44.49	1:33.06 (48.57)	2:22.86 (49.80)	3:11.94 (49.08)	
6	RyanMann, Duncan P	63	Pittsfield YMCA Polar Bear Mas-	3:10.00	3:14.07
	45.15	1:33.76 (48.61)	2:24.55 (50.79)	3:14.07 (49.52)	

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7	Kerkhove, Johan C	64	Great Bay Masters Swimming, In-	3:20.50	3:24.03
	43.86	1:32.90 (49.04)	2:26.87 (53.97)	3:24.03 (57.16)	
8	Renwick, John C	63	Greenwood Masters-2	3:45.00	3:45.38
	55.81	1:54.43 (58.62)	2:52.75 (58.32)	3:45.38 (52.63)	
9	Garr, Michael T	63	SwimRI-2	3:37.72	3:51.21
	53.95	1:53.08 (59.13)	2:53.35 (1:00.27)	3:51.21 (57.86)	

**Event 12 Men 65-69 200 SC Meter Backstroke****WORLD: 2:34.93 W 10/12/2014 ALEK SHESTAKOV USA****NATL: 2:34.93 N 10/12/2014 ALEK SHESTAKOV**

1	Ryan, Bill	66	Pinehills Masters-2	2:55.00	2:55.31
	43.05	1:28.13 (45.08)	2:13.18 (45.05)	2:55.31 (42.13)	
2	Geoghegan, William J	66	Connecticut Masters-5	3:23.55	3:20.37
	49.27	1:40.29 (51.02)	2:30.94 (50.65)	3:20.37 (49.43)	

**Event 12 Men 70-74 200 SC Meter Backstroke****WORLD: 2:38.01 W 12/6/2013 RICHARD BURNS USA****NATL: 2:38.01 N 12/6/2013 RICHARD BURNS**

1	Rupert, Bill	73	Maine Masters Swim Club-2	3:12.00	3:27.97
	47.45	1:39.17 (51.72)	2:34.50 (55.33)	3:27.97 (53.47)	
2	Pope, James A	74	Lowell YMCA Flippers Masters S	3:35.00	3:44.78
	51.18	1:46.65 (55.47)	2:45.86 (59.21)	3:44.78 (58.92)	

**Event 12 Men 75-79 200 SC Meter Backstroke****WORLD: 2:49.20 W 11/22/2009 BURWELL JONES USA****NATL: 2:49.20 N 11/22/2009 BURWELL JONES**

1	Jones, William I	79	Maine Masters Swim Club-2	4:20.00	4:15.70
	58.97	2:06.71 (1:07.74)	3:13.77 (1:07.06)	4:15.70 (1:01.93)	
2	Mitchell, Jack	77	Sarasota Y Sharks-14	5:39.15	5:45.69
	1:22.43	2:51.10 (1:28.67)	5:45.69 (2:54.59)		
---	Hutchings, Dick	75	Greenwood Masters-2	3:37.88	NS

**Event 12 Men 80-84 200 SC Meter Backstroke****WORLD: 3:10.06 W 5/25/2003 KEIJIRO NAKAMURA JPN****NATL: 3:12.01 N 5/20/2016 MARTY MENNEN**

---	Head, Brian F	83	Adirondack Masters-3	5:06.53	NS
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 13 Women 18-24 50 SC Meter Freestyle****NATL: 25.58 N 11/20/2010 J BECKBERGER**

1	Finati, Sara K	24	SwimRI-2	30.50	30.25
2	Swalec, Caitlin M	22	Greenwood Masters-2	34.43	32.86

**Event 13 Women 25-29 50 SC Meter Freestyle****WORLD: 25.42 W 3/12/2006 SUMIKA KOMATSU JPN****NATL: 25.97 N 10/25/2014 MADISON KENNEDY**

1	Byron, Caroline	29	Charles River Masters-2	27.75	27.90
2	Gryglewska, Anna C	26	Connecticut Masters-5	28.90	27.91
3	Trutor, Kristine	28	Great Bay Masters Swimming, In-	30.15	29.48
4	Aubin, Alana M	26	Charles River Masters-2	29.82	29.64
5	Sullivan, Elizabeth	26	Charles River Masters-2	31.16	29.87
6	Caron, Danielle M	25	Worcester Area Masters-2	33.00	32.52
7	Deady, Kathleen R	29	Greater Holyoke YMCA Masters-	33.00	34.20
8	Levenstein, Katherine E	26	Charles River Masters-2	35.00	34.63
9	Day, Lindsay T	26	University Club of Boston-2	36.13	35.60
10	Roberts, Bethany A	28	Greater Holyoke YMCA Masters-	50.00	41.14
11	White, Jessica L	25	Worcester Area Masters-2	1:03.00	57.67

**Event 13 Women 30-34 50 SC Meter Freestyle****WORLD: 25.17 W 11/29/2014 S.KNIAGININA RUS****NATL: 25.69 N 11/10/2012 ERIKA ERNDL**

1	Byron, Liz V	32	Charles River Masters-2	28.75	28.77
2	McKenna Gray, Lindsay	31	Great Bay Masters Swimming, In-	31.00	30.30
3	Bernstein, Heather M	31	Connecticut Masters-5	33.00	32.82
4	Guglielmo, Nicole	33	Connecticut Masters-5	35.99	37.21
5	Antolik, Carrie	30	Tech Masters-2	36.66	37.87
6	Wellman, Meghan A	30	Minuteman Masters Swim Club-2	40.00	38.28
7	Dennison, Laura M	32	Charles River Masters-2	59.00	1:07.42

**Event 13 Women 35-39 50 SC Meter Freestyle****WORLD: 25.10 W 12/3/2006 DARA TORRES USA****NATL: 25.10 N 12/3/2006 DARA TORRES**

1	Alcaide, Katrine	35	Maine Masters Swim Club-2	26.51	26.91
2	Dowgiert, Angela	37	Granite State Penguins (Nh)-2	28.54	28.03
3	Grover, Mollie K	35	Umac-Terrapin Masters-10	28.42	29.08
4	Nappi, Keri	38	SwimRI-2	31.00	30.87
5	Lorang, Janet R	35	Minuteman Masters Swim Club-2	36.00	32.14
6	Bradley, Katherine R	37	University Club of Boston-2	35.85	39.21
7	Scott, Elizabeth A	35	Minuteman Masters Swim Club-2	40.91	40.48
8	Larsen, Alicia J	35	Great Bay Masters Swimming, In-	56.00	49.73

**Event 13 Women 40-44 50 SC Meter Freestyle****WORLD: 26.02 W 12/14/2014 ERIKA BRAUN USA****NATL: 26.02 N 12/14/2014 ERIKA BRAUN**

1	Lancaster, Jill	43	SwimRI-2	30.00	29.77
2	Crusco, Kysa M	40	Granite State Penguins (Nh)-2	30.28	30.53
3	Hindle, Lori D	41	Weymouth Club Masters Swimm	30.66	30.78
4	Samson, Vivian L	40	North Suburban YMCA Masters-2	32.50	31.92
5	Stewart, Jennifer L	40	West Suburban YMCA Masters-2	41.00	33.25
6	Ryder, Heather	40	Worcester Area Masters-2	35.52	34.20
7	Dinsmore, Sharon M	43	Waltham Masters Swimmers-2	33.75	34.71
8	Oppenheim, Justine	41	Minuteman Masters Swim Club-2	55.00	36.99
9	Spitz, Lisa	40	Minuteman Masters Swim Club-2	40.41	40.13

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10	Sega, Ally	43	Connecticut Masters-5	38.57	40.39
---	Kavanagh, Hillary	43	Abc Masters - Gray Sharks-2	35.54	NS
---	Friedman, Hadley J	43	Maine Masters Swim Club-2	47.12	NS
---	Krier, Kira J	42	Stowe Masters-2	39.00	NS

**Event 13 Women 45-49 50 SC Meter Freestyle**

**WORLD: 26.37 W 5/18/2013 M.THERESE FUZZATI FRA**  
**NATL: 26.59 N 12/8/2013 FALL WILLEBOORDSE**

1	Leveroni, Amy S	46	YMCA of the North Shore SwimF	30.80	30.50
2	Neuendorf, Donna M	48	SwimRI-2	30.78	30.66
3	Ryan, Jodi	46	Maine Masters Swim Club-2	31.00	30.90
4	McTaggart, Laura J	46	West Suburban YMCA Masters-2	36.00	35.94
5	Rex, Sybille	48	Uc02-2	40.86	38.77
6	Veenstra, Denise L	47	Minuteman Masters Swim Club-2	38.88	39.14
7	Magovern, Kathy E	48	Minuteman Masters Swim Club-2	40.22	39.52
8	Orender, Kirsten F	48	Newburyport Breakers-2	45.50	41.92
9	Acevedo, Kristine	45	Boston Lanes (Liquid Assets Ne-2)	54.00	49.13
---	Roskoz, Bry	47	University Club of Boston-2	39.00	NS

**Event 13 Women 50-54 50 SC Meter Freestyle**

**WORLD: 26.27 W 3/27/2015 M.THERESE FUZZATI FRA**  
**NATL: 27.67 N 3/15/2014 SUE WALSH**

1	Weiderman, Jennifer	50	Conejo Valley Masters-33	32.56	32.33
2	Crans, Mara	50	Maine Masters Swim Club-2	33.30	32.72
3	Grant, Karen M	53	Great Bay Masters Swimming, In-	33.00	32.76
4	O'Donnell, Sonja K	50	Uc02-2	35.00	33.07
5	KielyKilpatrick, Carolyn	52	SwimRI-2	35.50	35.05
6	McCallum, Joy	50	Waltham Masters Swimmers-2	43.00	36.39
7	Goldsmith, Louise E	53	Simon's Rock PaceMakers-2	37.74	36.89
8	Terry, Roz	53	Uc02-2	37.00	38.63
9	Flynn, Sandra P	51	Greenwood Masters-2	45.31	41.80
10	Holland Sparages, Margaret M	53	University Club of Boston-2	41.75	45.39
11	Beconi, Maria G	53	Minuteman Masters Swim Club-2	58.00	47.86
12	Quinan, Sharon B	53	Minuteman Masters Swim Club-2	1:17.00	1:04.64
---	Barlow, Jennifer	50	Abc Masters - Gray Sharks-2	36.18	NS
---	Francis, Cindi L	52	Uc02-2	35.00	NS

**Event 13 Women 55-59 50 SC Meter Freestyle**

**WORLD: 27.81 W 3/5/2016 LESLIE LIVINGSTON USA**  
**NATL: 27.81 N 3/5/2016 LESLIE LIVINGSTON**

1	Cady-Fernandes, Louise	55	Minuteman Masters Swim Club-2	29.53	29.53
2	Mareb, Karen M	58	Granite State Penguins (Nh)-2	32.00	30.41
3	Wettach, Gayle M	59	North Suburban YMCA Masters-2	33.00	30.74
4	Carow, Amy S	55	Granite State Penguins (Nh)-2	32.50	32.36
*5	Grilli, Tracy L	59	Granite State Penguins (Nh)-2	32.42	32.47
*5	Stokes, Karin E	55	Granite State Penguins (Nh)-2	32.94	32.47
7	Gallagher, Sally L	55	Great Bay Masters Swimming, In-	36.00	36.02
8	Uecker, Anne	56	Maine Masters Swim Club-2	36.00	36.10
9	St.Pierre-Sleboda, Cheryl M	57	Simon's Rock PaceMakers-2	37.21	36.26
10	Halliday, Renee Z	56	OakSquare YMCA-2	41.07	38.15
11	Fleming, Jill M	55	Simon's Rock PaceMakers-2	53.53	38.78
12	Florio-Jefferys, Joanna M	58	Pittsfield YMCA Polar Bear Mas-	40.91	40.84
13	Delacruz, Rosie S	56	Charles River Masters-2	1:00.00	46.06

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14	Rapa, Mary	55	New England Masters Swim Club	1:15.00	51.45
---	Olesin, Nancy E	58	Worcester Area Masters-2	45.85	NS
---	Lamb, Carolyn C	55	West Suburban YMCA Masters-2	44.00	NS
---	Hallett, Connie	57	Maine Masters Swim Club-2	32.22	NS

**Event 13 Women 60-64 50 SC Meter Freestyle**

**WORLD: 29.23 W 12/7/2013 LAURA VAL USA**  
**NATL: 29.23 N 12/7/2013 LAURA VAL**

1	Hibben, Veronica	60	UCLA Bruin Masters-33	29.57	29.65
2	Estel, Beth A	60	Granite State Penguins (Nh)-2	33.00	32.65
3	Dumont, Leslie S	60	Andover North Andover YMCA-2	38.50	34.29
4	Magna, Holly	61	Nutmeg Masters Swim Club-2	35.00	34.86
5	Holbrook, Nikki J	63	Connecticut Masters-5	33.85	35.07
6	Twomey, Maura	60	Charles River Masters-2	44.81	42.30

**Event 13 Women 65-69 50 SC Meter Freestyle**

**WORLD: 30.79 W 11/21/2015 CHARLOTTE DAVIS USA**  
**NATL: 29.99 N 10/2/2016 LAURA VAL**

1	Feldmann, Joel T	65	Keene Swim Masters-2	33.35	32.37
2	Hayes, Christie M	68	Nutmeg Masters Swim Club-2	35.90	35.19
3	Greulick-Byron, Joan E	66	Charles River Masters-2	38.95	38.95
4	West, Barbara A	68	Pittsfield YMCA Polar Bear Mas-	45.00	41.49
5	Mitchell, Carol	67	Sarasota Y Sharks-14	44.29	44.62
6	Kraus, Rozann	66	Simon's Rock PaceMakers-2	1:00.00	47.23
7	Safran, Marjorie	67	Pittsfield YMCA Polar Bear Mas-	1:02.50	54.09
8	Needham, Cynthia	68	Stowe Masters-2	1:01.80	1:00.27
9	Barleon, Claudia K	68	University Club of Boston-2	1:30.00	1:26.20
10	Shenouda, Baheya	68	Charles River Masters-2	1:30.64	1:40.49
---	Goulder, Alison	65	Charles River Masters-2	1:15.00	NS

**Event 13 Women 70-74 50 SC Meter Freestyle**

**WORLD: 32.79 W 5/22/2016 DIANN UUSTAL USA**  
**NATL: 32.79 N 5/21/2016 DIANN UUSTAL**

1	Uustal, Diann	70	SwimRI-2	33.34	32.38W
2	Stephen, Mary	74	Simon's Rock PaceMakers-2	52.00	48.35
3	Birch, Beryl B	74	Simon's Rock PaceMakers-2	1:02.00	58.83
4	Onton, Ann Louise	73	Connecticut Masters-5	55.00	59.40



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 14 Men 18-24 50 SC Meter Freestyle****NATL: 21.38 N 12/11/2005 NICK BRUNELLI**

1	Morris, Justin	22	King Fins Aquatic Club-2	25.25	24.90
2	Terrio, Sergey	23	Maine Masters Swim Club-2	26.20	25.25
3	Tracy, Mark	23	Minuteman Masters Swim Club-2	28.00	25.40
4	Chen, Roy F	21	Charles River Masters-2	26.84	26.26
5	Richardson, Paul R	19	Worcester Area Masters-2	26.00	27.11
6	Wiens, Matthew R	24	Charles River Masters-2	27.36	27.27
7	Gerard, William H	24	Connecticut Masters-5	28.95	28.96
8	Hsieh, Adam	24	Boston University Masters	33.00	29.37
9	Getchell, Jackson H	24	Granite State Penguins (Nh)-2	32.50	30.06
10	Hsieh, Alan	23	Boston University Masters	26.99	30.10
11	Mesirow, Benjamin S	24	Boston Lanes (Liquid Assets Ne-2)	34.37	38.63

**Event 14 Men 25-29 50 SC Meter Freestyle****WORLD: 21.37 W 11/15/2014 CESAR CIELO USA****NATL: 21.37 N 11/15/2014 CESAR CIELO**

1	Chance, Joseph C	25	Charles River Masters-2	24.50	24.10
2	Card, Mathew C	29	SwimRI-2	25.00	25.90
3	Eaton, William K	29	Charles River Masters-2	26.97	26.36
4	Vanier, Jason F	29	Great Bay Masters Swimming, In-	27.88	27.26
5	Seaman, Arthur E	25	Great Bay Masters Swimming, In-	26.10	27.62
6	Mather, Wesley A	25	OakSquare YMCA-2	26.30	28.01
7	Mitchell, Craig	26	Worcester Area Masters-2	28.87	28.77
8	Beahn, Brian A	29	Nutmeg Masters Swim Club-2	28.50	28.82
9	Wraight, Thomas E	29	Great Bay Masters Swimming, In-	29.12	28.89
10	Poirot, Cedric	29	Boston University Masters	28.90	29.20
11	Morette, Kyle	26	Worcester Area Masters-2	30.06	29.26
12	Jelaska, Duje	25	SwimRI-2	30.00	29.32
13	Vanacore, Mark	27	Worcester Area Masters-2	31.00	30.69
14	Hyland, David J	28	Nutmeg Masters Swim Club-2	32.00	31.85
15	Dillon, Sean	26	Worcester Area Masters-2	32.60	34.40
---	Reed, Matthew D	25	Maine Masters Swim Club-2	27.83	NS

**Event 14 Men 30-34 50 SC Meter Freestyle****WORLD: 21.59 W 11/28/2015 EVGENIY LAGUNOV RUS****NATL: 21.91 N 11/13/2016 DARIAN TOWNSEND**

1	Wallace, Connor	30	SwimRI-2	26.50	26.73
2	Freve, Daniel B	31	Charles River Masters-2	26.60	27.09
3	Oloughlin, Jonathan	33	Umac-Terrapin Masters-10	28.16	27.54
4	Mueller, Joshua M	34	Tech Masters-2	29.13	28.60
5	Shaw, Chris	34	Umac-Terrapin Masters-10	30.00	29.09
6	Krill, Andrew D	34	Uc02-2	30.00	29.29
---	Jonas, Tzvi	32	Worcester Area Masters-2	31.62	NS

**Event 14 Men 35-39 50 SC Meter Freestyle****WORLD: 21.53 W 10/27/2007 MARK FOSTER GBR****NATL: 22.73 N 12/5/2009 FELIPE DELGADO**

1	Walker, Joshua S	37	Charles River Masters-2	22.75	24.83
2	Nikander, Robert C	39	Minuteman Masters Swim Club-2	28.00	26.68
3	Gillis, John R	35	Maine Masters Swim Club-2	28.50	27.95
4	Johnson, Stephen C	37	SwimRI-2	28.00	28.05
5	Westgeest, Bart J	37	Great Bay Masters Swimming, In-	29.00	28.77
6	Teague, Neal	38	North Suburban YMCA Masters-2	38.00	29.36

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7	Parsons, Steve E	36	Great Bay Masters Swimming, In-	31.70	33.90
---	Giddens, Lance	38	University Club of Boston-2	32.00	NS
---	Boynton, Adam B	37	Maine Masters Swim Club-2	27.88	NS

**Event 14 Men 40-44 50 SC Meter Freestyle****WORLD: 22.75 W 5/8/2016 HIDEAKI HARA JPN****NATL: 23.13 N 8/15/2013 BRIAN JACOBSON**

1	Ohman, Niclas K	42	Granite State Penguins (Nh)-2	24.92	24.99
2	Phillips, Tom	42	Michigan Masters-19	24.98	25.29
3	Lecrone, Timothy J	44	Maine Masters Swim Club-2	26.00	25.92
4	Doucet, Douglas C	41	Minuteman Masters Swim Club-2	26.50	26.28
5	Whitford, Matthew T	41	Great Bay Masters Swimming, In-	26.30	26.42
6	Hammond, Ben W	41	Worcester Area Masters-2	28.00	27.09
7	Dornaus, David R	42	University Club of Boston-2	27.06	27.16
8	Higgins, Erik	41	Connecticut Masters-5	28.99	28.15
9	Banovic, Brendan	42	Newburyport Breakers-2	29.87	28.93
10	Cloitre, Christophe	41	Great Bay Masters Swimming, In-	29.99	29.34
11	Chicoski, James	43	West Suburban YMCA Masters-2	30.00	30.50
12	Kishchenko, Roman	43	Uc02-2	31.00	30.59
13	Lebro, Ryan J	42	Team New York Aquatics-6	30.36	31.11
14	Sullivan Jr., John E	42	YMCA of the North Shore SwimF	31.62	32.10
15	Danielson, Kurt R	41	Great Bay Masters Swimming, In-	31.20	32.41
---	Le, Quang	42	Boston Lanes (Liquid Assets Ne-2	44.00	NS

**Event 14 Men 45-49 50 SC Meter Freestyle****WORLD: 23.29 W 5/7/2016 JOAKIM HOLMQUIST SWE****NATL: 23.58 N 11/13/2016 SIPHIWE BALEKA**

1	O'Leary, Shawn B	46	Maine Masters Swim Club-2	27.28	26.02
2	Van Greuning, Len	49	Charles River Masters-2	27.03	27.39
3	Carroll, Stephen R	47	Granite State Penguins (Nh)-2	27.52	27.92
4	Theroux, Trent	49	SwimRI-2	28.05	28.00
5	Gerber, Robert	49	Nutmeg Masters Swim Club-2	32.00	31.38
6	Prescott, Al	48	Minuteman Masters Swim Club-2	35.69	33.31
7	White, Alan G	45	Boston Lanes (Liquid Assets Ne-2	37.00	37.05
---	Carter, Seanbaker	48	Abc Masters - Gray Sharks-2	29.58	NS
---	Elizondo, Bill	49	Rockwall Aquatics Masters-26	29.33	NS

**Event 14 Men 50-54 50 SC Meter Freestyle****WORLD: 23.38 W 10/18/2009 ROWDY GAINES USA****NATL: 23.38 N 10/18/2009 ROWDY GAINES**

1	Hiltabiddle, Steve	50	Colonials 1776-8	24.88	25.20
2	Pride, Douglas M	53	Maine Masters Swim Club-2	26.00	26.76
3	Blood, Jonathan K	51	Weymouth Club Masters Swimmu	27.24	27.89
4	Plate, Bruce T	50	Greater Holyoke YMCA Masters-2	28.25	28.28
5	Levy, Dan	51	Westchester Masters-6	29.95	28.78
6	Kimble, Kip	53	Minuteman Masters Swim Club-2	31.50	29.47
7	Schultz, Richard J	50	Great Bay Masters Swimming, In-	29.85	29.50
8	Ray, Christopher	53	Maine Masters Swim Club-2	29.50	29.82
9	Schmuhl, Frederick C	52	Great Bay Masters Swimming, In-	31.98	29.98
10	Johnson, Eric	53	Simon's Rock PaceMakers-2	31.00	30.00
11	DeLew, Christopher D	54	Granite State Penguins (Nh)-2	30.30	30.62
12	Grady, Seth A	52	Flaherty Masters-2	32.32	31.57
13	Moore, Jack F	53	Pittsfield YMCA Polar Bear Mas-	41.75	33.48

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 14 Men 50-54 50 SC Meter Freestyle)**

14	Colbert, Joseph P	53	New England Masters Swim Club	33.46	33.55
15	Kobs, Ray	52	Minuteman Masters Swim Club-2	50.00	36.44
16	Ramirez, Francisco A	54	Simon's Rock PaceMakers-2	38.00	36.73
17	Fernandes, Thomas	53	Minuteman Masters Swim Club-2	38.49	38.05
18	Robinson, Allan	52	Boston Lanes (Liquid Assets Ne-2	38.30	38.77
---	Coombs, John J	54	Boston Lanes (Liquid Assets Ne-2	33.00	NS
---	McMorrow, Rob	50	Abc Masters - Gray Sharks-2	30.00	NS
---	Rudman, Frederic C	52	Simon's Rock PaceMakers-2	33.00	NS

**Event 14 Men 55-59 50 SC Meter Freestyle**

**WORLD: 24.51 W 4/19/2015 BRENT BARNES JPN**

**NATL: 24.66 N 10/10/2015 STEVE WOOD**

1	Sullivan, Kevin S	56	Lowell YMCA Flippers Masters S	29.00	28.49
2	Brown, Phil	55	Weymouth Club Masters Swimmii	28.90	29.02
3	Totten, Mark A	55	Minuteman Masters Swim Club-2	28.82	29.12
4	Alexander, Mark E	58	Charles River Masters-2	29.67	29.78
5	Lane, Tom	57	Uc02-2	32.08	29.87
6	Meier, Bill R	55	Simon's Rock PaceMakers-2	29.40	29.94
7	Shapiro, Charles	57	Connecticut Masters-5	32.00	30.03
8	Wallace, Thomas F	57	Charles River Masters-2	29.44	30.22
9	Taylor, Giles	57	OakSquare YMCA-2	32.50	30.79
10	Mack, Tom	58	Great Bay Masters Swimming, In-	30.50	31.01
11	Foster, Walter M	55	Minuteman Masters Swim Club-2	32.66	31.06
12	Gilbert, Rick	55	Minuteman Masters Swim Club-2	31.35	31.18
13	Canning, Peter	58	Connecticut Masters-5	33.00	32.38
14	Arsenault, Paul	55	Worcester Area Masters-2	32.73	33.09
15	Seligman, James R	57	Boston Lanes (Liquid Assets Ne-2	33.00	33.31
16	Gallagher, Glenn R	58	Great Bay Masters Swimming, In-	33.00	33.51
17	Armstrong, Barry G	57	Uc02-2	35.00	33.79
18	Carroll, Marcus R	56	Minuteman Masters Swim Club-2	34.00	33.84
19	Walls, Mark	57	University Club of Boston-2	34.92	34.23
20	McDonald, Dave	56	Uc02-2	35.00	35.73
21	Geist, Dan	59	Abc Masters - Gray Sharks-2	38.50	37.47
22	Walker, David E	56	Charles River Masters-2	50.00	38.25
23	Frackleton, John J	57	Minuteman Masters Swim Club-2	39.21	38.85
24	Goran, Steven Z	58	Team New York Aquatics-6	49.65	1:01.44
25	Scott, Michael K	56	SwimRI-2	1:15.00	1:06.81
---	Sandt, Mark	56	YMCA of the North Shore SwimF	32.00	NS
---	Estabrook, Todd H	57	University Club of Boston-2	33.33	NS

**Event 14 Men 60-64 50 SC Meter Freestyle**

**WORLD: 24.90 W 12/3/2006 RICH ABRAHAMS USA**

**NATL: 24.90 N 12/3/2006 RICHARD ABRAHAMS**

1	O'Brien, David P	60	Boston Lanes (Liquid Assets Ne-2	30.00	30.31
2	Syphers, Dale A	60	Maine Masters Swim Club-2	32.50	30.96
3	Ceckler, Jack	60	Great Bay Masters Swimming, In-	34.00	31.01
4	Fisher, J Kevin	61	New England Masters Swim Club	32.60	31.51
5	Plencner, Bob R	64	Granite State Penguins (Nh)-2	30.30	31.76
6	Elturkmani, Majed	62	SwimRI-2	34.00	31.86
7	McLaughlin, Brian J	61	Abc Masters - Gray Sharks-2	32.98	32.73
8	Mockler, Frank C	61	Boston Lanes (Liquid Assets Ne-2	31.85	32.81
9	Skolnick, Stewart R	62	New England Masters Swim Club	32.39	33.29

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 14 Men 60-64 50 SC Meter Freestyle)**

10	Kolis, Steve	61	Pittsfield YMCA Polar Bear Mas-	34.31	33.42
11	RyanMann, Duncan P	63	Pittsfield YMCA Polar Bear Mas-	34.00	34.97
12	Thayer, Sam	62	University Club of Boston-2	30.30	35.16
13	Ehrsam, Fred	61	University Club of Boston-2	42.00	35.20
14	Gottsegen, David N	62	Greater Holyoke YMCA Masters-	55.00	44.94

**Event 14 Men 65-69 50 SC Meter Freestyle**

**WORLD: 25.62 W 10/14/2012 RICHARD ABRAHAMS USA**

**NATL: 25.62 N 10/14/2012 RICHARD ABRAHAMS**

1	Oates, David R	66	Worcester Area Masters-2	29.86	30.13
2	Epstein, Daniel	66	Simon's Rock PaceMakers-2	33.00	31.59
3	Pot, Eugene T	66	Binghamton Univ Masters-4	32.05	32.11
4	Ryan, Bill	66	Pinehills Masters-2	31.40	32.27
5	Newkirk, Thomas R	68	Great Bay Masters Swimming, In-	33.00	32.35
6	Olander, John R	66	Simon's Rock PaceMakers-2	32.09	32.87
7	Henderson, Harold A	66	Charles River Masters-2	32.00	33.09
8	Schiller, Rob	65	Charles River Masters-2	34.00	34.65
9	McQuiggan, Frank	68	SwimRI-2	36.00	35.55
10	Hassey, James	68	Uc02-2	38.00	37.28

**Event 14 Men 70-74 50 SC Meter Freestyle**

**WORLD: 26.88 W 10/10/2015 RICHARD ABRAHAMS USA**

**NATL: 26.88 N 10/10/2015 RICHARD ABRAHAMS**

1	Manfredi, Thomas G	73	SwimRI-2	34.00	34.04
2	Bernstein, Rich	70	Asphalt Green Masters-6	39.00	37.23
3	Rupert, Bill	73	Maine Masters Swim Club-2	39.02	39.69
4	Read, Philip E	74	Great Bay Masters Swimming, In-	39.54	39.76
5	Smith, Starbuck	73	Simon's Rock PaceMakers-2	45.97	44.78
6	Roccabello, John J	73	SwimRI-2	56.78	1:02.64

**Event 14 Men 75-79 50 SC Meter Freestyle**

**WORLD: 30.13 W 5/22/2016 IAN SMITH CAN**

**NATL: 29.93 N 9/25/2016 MIKE FRESHLEY**

1	Coupe, George J	76	Granite State Penguins (Nh)-2	37.00	36.85
2	Mitchell, Jack	77	Sarasota Y Sharks-14	59.00	59.71
---	Hutchings, Dick	75	Greenwood Masters-2	35.31	NS

**Event 14 Men 80-84 50 SC Meter Freestyle**

**WORLD: 32.14 W 2/9/2013 ROBERTO ALBERICHE ESP**

**NATL: 32.80 N 12/4/2005 FRANK PIEMME**

1	Alkoff, Howard	83	Connecticut Masters-5	50.00	48.77
2	Martin, Charles A	80	Charles River Masters-2	1:12.00	1:12.28
3	Arnold, Richard	84	Great Bay Masters Swimming, In-	59.73	1:14.80

**Event 14 Men 85-89 50 SC Meter Freestyle**

**WORLD: 32.23 W 1/29/2016 ROBERTO ALBERICHE ESP**

**NATL: 36.26 N 12/4/2010 FRANK PIEMME**

1	Kraus, Gerald J	85	Simon's Rock PaceMakers-2	50.15	52.45
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 15 Women 18-24 100 SC Meter Breaststroke****NATL: 1:08.89 N 12/10/1995 BEATA KASZUBA**

1	Finati, Sara K	24	SwimRI-2	1:22.50	1:20.79
	38.75	1:20.79	(42.04)		

**Event 15 Women 25-29 100 SC Meter Breaststroke****WORLD: 1:06.83 W 6/7/2014 PETRA CHOCOVA CZE****NATL: 1:10.04 N 4/15/2012 MEGAN JENDRICK**

1	Randolph, Courtney M	25	Umac-Terrapin Masters-10	1:21.00	1:17.36
	37.29	1:17.36	(40.07)		
2	Sullivan, Elizabeth	26	Charles River Masters-2	1:35.16	1:21.65
	39.40	1:21.65	(42.25)		
3	Dombrowski, Sarah B	28	Nutmeg Masters Swim Club-2	1:26.33	1:24.01
	39.49	1:24.01	(44.52)		
4	Courbron, Yanghee	28	Greenwood Masters-2	1:30.67	1:31.64
	44.02	1:31.64	(47.62)		
5	Fairbanks, Christine	25	Worcester Area Masters-2	1:40.00	1:44.51
	49.30	1:44.51	(55.21)		
6	Levenstein, Katherine E	26	Charles River Masters-2	1:30.00	1:46.40
	48.37	1:46.40	(58.03)		
7	Amico, Victoria	27	Minuteman Masters Swim Club-2	2:15.00	2:16.74
	1:04.69	2:16.74	(1:12.05)		

**Event 15 Women 30-34 100 SC Meter Breaststroke****WORLD: 1:06.98 W 4/17/2010 HITOMI MATSUDA JPN****NATL: 1:10.00 N 12/10/2000 WENKE HANSEN**

1	Mancuso, Elizabeth	31	Boston University Masters	1:20.00	1:17.73
	37.08	1:17.73	(40.65)		
2	Bonin, Angelina	31	SwimRI-2	1:29.39	1:28.04
	42.17	1:28.04	(45.87)		
3	Bey, Madeline	30	Connecticut Masters-5	1:58.13	1:51.35
	53.00	1:51.35	(58.35)		
4	Afanasewicz, Elizabeth A	33	Minuteman Masters Swim Club-2	1:53.00	1:53.54
	54.03	1:53.54	(59.51)		
5	Wellman, Meghan A	30	Minuteman Masters Swim Club-2	2:30.00	1:59.85
	56.35	1:59.85	(1:03.50)		
6	Dennison, Laura M	32	Charles River Masters-2	2:48.00	2:36.65

**Event 15 Women 35-39 100 SC Meter Breaststroke****WORLD: 1:09.20 W 4/29/2012 HITOMI MATSUDA JPN****NATL: 1:09.41 N 12/6/2014 CYNTHIA LEWIS**

1	Downing, Jennifer	38	Charles River Masters-2	1:20.31	1:22.74
	39.29	1:22.74	(43.45)		
2	Lorang, Janet R	35	Minuteman Masters Swim Club-2	1:43.00	1:28.90
	43.51	1:28.90	(45.39)		
3	Toner, Michelle A	36	Greater Holyoke YMCA Masters-2	1:36.35	1:33.34
	45.41	1:33.34	(47.93)		
4	Larsen, Alicia J	35	Great Bay Masters Swimming, In-	2:10.00	2:13.07
	1:02.17	2:13.07	(1:10.90)		

**Event 15 Women 40-44 100 SC Meter Breaststroke****WORLD: 1:09.95 W 12/5/2015 CYNTHIA LEWIS USA****NATL: 1:09.95 N 12/5/2015 CYNTHIA LEWIS**

1	Ryder, Heather	40	Worcester Area Masters-2	1:24.00	1:27.23
	45.85	1:27.23	(41.38)		

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 15 Women 40-44 100 SC Meter Breaststroke)**

2	Samson, Vivian L	40	North Suburban YMCA Masters-2	1:29.00	1:27.46
	41.63			1:27.46 (45.83)	
3	Matarese, Christine A	41	Connecticut Masters-5	1:32.00	1:32.25
	43.93			1:32.25 (48.32)	
4	Stewart, Jennifer L	40	West Suburban YMCA Masters-2	1:48.00	1:37.88
	45.13			1:37.88 (52.75)	
5	Spitz, Lisa	40	Minuteman Masters Swim Club-2	1:50.00	1:51.05
	53.61			1:51.05 (57.44)	
---	Hammond, Shannon A	40	Worcester Area Masters-2	1:55.00	NS
---	Saltojanas, Denise I	43	North Suburban YMCA Masters-2	1:45.00	NS
---	Krier, Kira J	42	Stowe Masters-2	1:58.00	NS

**Event 15 Women 45-49 100 SC Meter Breaststroke****WORLD: 1:12.64 W 3/16/2013 ANNA HAMMER SWE****NATL: 1:13.30 N 10/10/2010 S VON DER LIPPE**

1	Goodale, Rainy M	46	Martha's Vineyard Masters-2	1:19.73	1:20.81
	37.70			1:20.81 (43.11)	
2	Killoran, Katherine A	48	Maine Masters Swim Club-2	1:35.00	1:33.01
	43.81			1:33.01 (49.20)	
3	Prokofjeva, Ksenia	46	New England Masters Swim Club	1:44.00	1:37.13
	46.54			1:37.13 (50.59)	
4	Garland, Sue C	47	Charles River Masters-2	1:42.17	1:42.92
	48.09			1:42.92 (54.83)	
5	Roskoz, Bry	47	University Club of Boston-2	1:43.00	1:45.91
	47.24			1:45.91 (58.67)	
6	Schaal, Shlomit	46	Worcester Area Masters-2	1:50.00	1:48.44
	52.37			1:48.44 (56.07)	
7	Rex, Sybille	48	Uc02-2	1:49.07	1:48.47
	49.62			1:48.47 (58.85)	

**Event 15 Women 50-54 100 SC Meter Breaststroke****WORLD: 1:15.02 W 3/21/2015 UTE HASSE ESP****NATL: 1:19.23 N 5/18/2014 CORRIN POPPS**

1	Weiderman, Jennifer	50	Conejo Valley Masters-33	1:24.26	1:25.74
	40.55			1:25.74 (45.19)	
2	McCallum, Joy	50	Waltham Masters Swimmers-2	1:34.56	1:29.23
	42.62			1:29.23 (46.61)	
3	Grant, Karen M	53	Great Bay Masters Swimming, In-	1:45.00	1:35.35
	45.59			1:35.35 (49.76)	
4	Brynn, Charlotte J	50	Stowe Masters-2	1:36.83	1:36.99
	46.12			1:36.99 (50.87)	
5	KielyKilpatrick, Carolyn	52	SwimRI-2	1:45.18	1:40.94
	48.59			1:40.94 (52.35)	
6	Crans, Mara	50	Maine Masters Swim Club-2	1:37.00	1:41.20
	47.65			1:41.20 (53.55)	
7	Kim, Elizabeth S	53	Waltham Masters Swimmers-2	2:00.00	1:47.41
	52.49			1:47.41 (54.92)	
8	Thomas, Kay K	50	Kingsbury Club Masters-2	2:00.00	1:49.77
	52.95			1:49.77 (56.82)	
9	Hamel, Maureen M	53	Uc02-2	1:49.89	1:51.10
10	Kripke, Liz	54	Abc Masters - Gray Sharks-2	1:50.00	1:53.77
	53.66			1:53.77 (1:00.11)	
11	Flynn, Sandra P	51	Greenwood Masters-2	2:05.00	2:05.39
	58.98			2:05.39 (1:06.41)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 15 Women 50-54 100 SC Meter Breaststroke)**

12	Quinan, Sharon B	53	Minuteman Masters Swim Club-2	2:52.00	2:12.27
	1:03.39				2:12.27 (1:08.88)
13	Beconi, Maria G	53	Minuteman Masters Swim Club-2	2:20.00	2:12.67
	1:05.67				2:12.67 (1:07.00)

**Event 15 Women 55-59 100 SC Meter Breaststroke****WORLD: 1:18.45 W 5/11/2013 JENNY WHITELEY AUS****NATL: 1:23.22 N 12/13/2014 CHRIS WENZEL**

1	Mareb, Karen M	58	Granite State Penguins (Nh)-2	1:27.00	1:26.32
	41.59				1:26.32 (44.73)
2	Gallagher, Sally L	55	Great Bay Masters Swimming, In-	1:50.00	1:46.14
	51.11				1:46.14 (55.03)
3	Rapa, Mary	55	New England Masters Swim Club	3:06.00	2:14.25
	1:02.77				2:14.25 (1:11.48)
4	Olesin, Nancy E	58	Worcester Area Masters-2	2:05.00	2:18.18
5	Delacruz, Rosie S	56	Charles River Masters-2	2:15.00	2:20.92
	1:05.25				2:20.92 (1:15.67)

**Event 15 Women 60-64 100 SC Meter Breaststroke****WORLD: 1:25.89 W 1/10/2016 DAGMAR FRESE GER****NATL: 1:27.07 N 11/13/2011 DEB WALKER**

1	Estel, Beth A	60	Granite State Penguins (Nh)-2	1:27.00	1:27.11
	40.02				1:27.11 (47.09)
2	Bierwert, Karen	64	New England Masters Swim Club	1:38.28	1:35.81
	45.19				1:35.81 (50.62)
3	Holbrook, Nikki J	63	Connecticut Masters-5	1:33.91	1:36.56
	45.88				1:36.56 (50.68)
---	Nisley-Black, Karla	61	Granite State Penguins (Nh)-2	2:40.00	NS

**Event 15 Women 65-69 100 SC Meter Breaststroke****WORLD: 1:28.73 W 1/24/2010 NOBUKO YASUDA JPN****NATL: 1:32.37 N 3/20/2004 JOANN LEILICH**

1	Hayes, Christie M	68	Nutmeg Masters Swim Club-2	1:45.23	1:40.12
	46.85				1:40.12 (53.27)
2	West, Barbara A	68	Pittsfield YMCA Polar Bear Mas-	1:50.00	2:02.32
	58.47				2:02.32 (1:03.85)
3	Mitchell, Carol	67	Sarasota Y Sharks-14	2:04.04	2:04.89
	59.89				2:04.89 (1:05.00)
4	Needham, Cynthia	68	Stowe Masters-2	2:30.04	2:15.39
	1:05.43				2:15.39 (1:09.96)
5	Shenouda, Baheya	68	Charles River Masters-2	4:41.82	5:13.89
	2:33.48				5:13.89 (2:40.41)
---	Safran, Marjorie	67	Pittsfield YMCA Polar Bear Mas-	2:40.10	DQ

**Event 15 Women 70-74 100 SC Meter Breaststroke****WORLD: 1:33.92 W 4/12/2015 NOBUKO YASUDA JPN****NATL: 1:37.20 N 3/21/2009 JOANN LEILICH**

1	Romayko, Janit P	71	Connecticut Masters-5	1:56.69	1:59.65
	56.79				1:59.65 (1:02.86)
2	Onton, Ann Louise	73	Connecticut Masters-5	2:20.00	2:53.38

**Event 15 Women 75-79 100 SC Meter Breaststroke****WORLD: 1:36.48 W 3/21/2010 SHOKO YONEZAWA JPN****NATL: 1:40.82 N 3/15/2014 JOANN LEILICH**

---	Olson, Jeannine E	77	Rinconada Masters-38	3:03.00	NS
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 16 Men 18-24 100 SC Meter Breaststroke****NATL: 1:00.89 N 12/5/2015 NICHOLAS KORTH**

1	Hsieh, Alan	23	Boston University Masters	1:11.99	1:15.86
	35.83				1:15.86 (40.03)
2	Chen, Roy F	21	Charles River Masters-2	1:16.78	1:18.15
	36.98				1:18.15 (41.17)
3	Chen, George S	23	Charles River Masters-2	1:21.27	1:20.99
	38.45				1:20.99 (42.54)
4	Hsieh, Adam	24	Boston University Masters	1:26.00	1:26.65
	39.32				1:26.65 (47.33)
---	Garcia, Mike	24	Long Island Masters Swimming-6	1:14.50	NS
---	Mesirow, Benjamin S	24	Boston Lanes (Liquid Assets Ne-2	1:30.00	NS

**Event 16 Men 25-29 100 SC Meter Breaststroke****WORLD: 59.21 W 11/23/2013 EETU KARVONEN USA****NATL: 59.21 N 11/23/2013 EETU KARVONEN**

1	Pope, Ryan	27	Uc02-2	1:13.99	1:14.64
	34.66				1:14.64 (39.98)
2	Stiles, David E	26	St Pete Masters Inc-14	1:22.38	1:19.49
	37.54				1:19.49 (41.95)
3	Poirot, Cedric	29	Boston University Masters	1:20.31	1:19.97
	38.00				1:19.97 (41.97)
4	Jaroszewicz, Matthew J	26	SwimRI-2	1:15.65	1:20.99
	38.12				1:20.99 (42.87)
5	Morette, Kyle	26	Worcester Area Masters-2	1:33.00	1:25.32
	40.41				1:25.32 (44.91)
6	Hyland, David J	28	Nutmeg Masters Swim Club-2	1:26.00	1:25.57
	41.06				1:25.57 (44.51)
7	Wraight, Thomas E	29	Great Bay Masters Swimming, In-	1:30.55	1:27.18
	40.74				1:27.18 (46.44)
8	Seaman, Arthur E	25	Great Bay Masters Swimming, In-	1:13.00	1:28.35
	40.96				1:28.35 (47.39)
9	Wild, Mark	25	Worcester Area Masters-2	1:28.40	1:32.23
	44.05				1:32.23 (48.18)
10	Vanacore, Mark	27	Worcester Area Masters-2	1:33.00	1:32.70
	43.14				1:32.70 (49.56)

**Event 16 Men 30-34 100 SC Meter Breaststroke****WORLD: 59.71 W 3/20/2016 RYO KOBAYASHI JPN****NATL: 1:00.81 N 10/8/2011 ED MOSES**

1	Derse, Michael T	34	Uc02-2	1:11.00	1:11.88
	34.03				1:11.88 (37.85)
2	Sarwat, Ahmed S	33	Weymouth Club Masters Swimmin	1:15.00	1:18.88
	35.35				1:18.88 (43.53)
3	Mueller, Joshua M	34	Tech Masters-2	1:21.91	1:22.59
	39.25				1:22.59 (43.34)
4	Duguay, Robert E	31	Connecticut Masters-5	1:38.69	1:31.31
	44.26				1:31.31 (47.05)
5	Mulcahy, Seann P	34	SwimRI-2	1:31.00	1:32.75
	44.77				1:32.75 (47.98)
6	Moynihan, Brian P	34	Boston Lanes (Liquid Assets Ne-2	1:35.00	1:34.78
	45.22				1:34.78 (49.56)
7	Marquez, Cristobal	34	Boston Lanes (Liquid Assets Ne-2	2:24.15	1:54.96
	55.33				1:54.96 (59.63)
---	Jonas, Tzvi	32	Worcester Area Masters-2	1:47.51	NS



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 16 Men 35-39 100 SC Meter Breaststroke****WORLD: 1:01.18 W 9/15/2013 RYOSUKE IMAI JPN****NATL: 1:01.47 N 12/20/2009 JEFF COMMINGS**

1	Larsen, Kirk K	39	Great Bay Masters Swimming, In-	1:17.00	1:18.88
	37.13	1:18.88 (41.75)			
2	Sampat, Anuj	39	Charles River Masters-2	1:30.41	1:30.87
	43.76	1:30.87 (47.11)			
---	Clark, Garrett L	38	Uc02-2	1:20.11	NS
---	Wright, Brendan C	38	Granite State Penguins (Nh)-2	1:16.77	NS

**Event 16 Men 40-44 100 SC Meter Breaststroke****WORLD: 1:01.42 W 12/6/2014 STEVE WEST USA****NATL: 1:01.42 N 12/6/2014 STEVE WEST**

1	Goodison, Michael R	44	Umac-Terrapin Masters-10	1:14.49	1:15.01
	35.57	1:15.01 (39.44)			
2	Morse, Benjamin M	44	Maine Masters Swim Club-2	1:22.00	1:22.34
	38.95	1:22.34 (43.39)			
3	Sharon, Gil	42	Worcester Area Masters-2	1:23.00	1:22.76
	38.67	1:22.76 (44.09)			
4	Graham, David C	42	Greenwood Masters-2	1:28.00	1:26.74
	41.38	1:26.74 (45.36)			
5	Kwa, Ken K	43	Charles River Masters-2	1:33.20	1:32.64
	44.59	1:32.64 (48.05)			
6	Sluter, Steven D	42	SwimRI-2	1:24.18	1:33.85
	42.22	1:33.85 (51.63)			
7	Danielson, Kurt R	41	Great Bay Masters Swimming, In-	1:37.17	1:37.48
	46.57	1:37.48 (50.91)			
8	Trainor, Brendan F	40	Maine Masters Swim Club-2	1:34.00	1:38.18
	45.07	1:38.18 (53.11)			

**Event 16 Men 45-49 100 SC Meter Breaststroke****WORLD: 1:03.23 W 3/28/2015 NICOLAS GRANGER FRA****NATL: 1:04.39 N 10/12/2013 TODD TORRES**

1	Crawford, Craig	46	Pittsfield YMCA Polar Bear Mas-	1:07.98	1:11.52
	34.01	1:11.52 (37.51)			
2	Ellis, Andrew F	48	Umac-Terrapin Masters-10	1:22.04	1:20.49
	38.40	1:20.49 (42.09)			
3	Hurd, Michael R	48	Maine Masters Swim Club-2	1:20.90	1:20.98
	38.61	1:20.98 (42.37)			
4	Prescott, Al	48	Minuteman Masters Swim Club-2	1:35.69	1:36.19
	46.53	1:36.19 (49.66)			
---	Mugford, Stephen A	49	Charles River Masters-2	1:12.60	NS

**Event 16 Men 50-54 100 SC Meter Breaststroke****WORLD: 1:04.54 W 12/7/2013 DAVID GUTHRIE USA****NATL: 1:04.54 N 12/7/2013 DAVID GUTHRIE**

1	Wyckoff, Benjamin W	52	Connecticut Masters-5	1:21.24	1:20.13
	39.24	1:20.13 (40.89)			
2	Levy, Dan	51	Westchester Masters-6	1:25.80	1:22.31
	39.05	1:22.31 (43.26)			
3	Grady, Seth A	52	Flaherty Masters-2	1:27.26	1:23.87
	39.40	1:23.87 (44.47)			
4	Schultz, Richard J	50	Great Bay Masters Swimming, In-	1:24.00	1:26.54
	41.38	1:26.54 (45.16)			
5	Dymek, Timothy J	53	Greenwood Masters-2	1:32.85	1:34.18
	44.41	1:34.18 (49.77)			

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 16 Men 50-54 100 SC Meter Breaststroke)**

6	Devlin, Mark A	53	Minuteman Masters Swim Club-2	1:35.00	1:38.22
	47.58			1:38.22 (50.64)	
7	Robinson, Allan	52	Boston Lanes (Liquid Assets Ne-2	1:33.00	1:39.32
	46.59			1:39.32 (52.73)	
8	Kobs, Ray	52	Minuteman Masters Swim Club-2	1:55.00	1:41.75
	49.50			1:41.75 (52.25)	
9	Fernandes, Thomas	53	Minuteman Masters Swim Club-2	1:40.00	1:47.07
	49.83			1:47.07 (57.24)	
---	Games, Brett C	50	Great Bay Masters Swimming, In-	1:22.57	NS

**Event 16 Men 55-59 100 SC Meter Breaststroke****WORLD: 1:07.25 W 11/7/2015 DAVID GUTHRIE USA****NATL: 1:07.25 N 11/7/2015 DAVID GUTHRIE**

1	Sullivan, Kevin S	56	Lowell YMCA Flippers Masters S	1:25.00	1:22.25
	39.48			1:22.25 (42.77)	
2	Olson, Bob	56	Newburyport Breakers-2	1:23.56	1:22.63
	38.17			1:22.63 (44.46)	
3	Brown, Phil	55	Weymouth Club Masters Swimmi	1:23.67	1:23.79
	39.83			1:23.79 (43.96)	
4	Lamontagne, Robert J	58	Connecticut Masters-5	1:28.00	1:28.52
	42.16			1:28.52 (46.36)	
5	Carroll, Marcus R	56	Minuteman Masters Swim Club-2	1:33.00	1:32.80
	43.21			1:32.80 (49.59)	
6	Kim, Robert Y	56	Waltham Masters Swimmers-2	1:35.00	1:33.09
	45.04			1:33.09 (48.05)	
7	Armstrong, Barry G	57	Uc02-2	1:45.00	1:34.44
	44.17			1:34.44 (50.27)	
8	Walls, Mark	57	University Club of Boston-2	1:34.00	1:40.97
	45.98			1:40.97 (54.99)	
9	Canning, Peter	58	Connecticut Masters-5	1:46.00	1:41.71
	46.37			1:41.71 (55.34)	
10	Roth, Douglas M	55	Maine Masters Swim Club-2	1:53.63	1:46.80
	51.52			1:46.80 (55.28)	
11	Frackleton, John J	57	Minuteman Masters Swim Club-2	1:52.00	1:48.77
	52.14			1:48.77 (56.63)	
12	Walker, David E	56	Charles River Masters-2	2:00.00	1:50.05
	53.57			1:50.05 (56.48)	
---	Sandt, Mark	56	YMCA of the North Shore SwimF	1:30.00	NS
---	Estabrook, Todd H	57	University Club of Boston-2	1:30.00	NS
---	Naylor, Jeff G	58	Granite State Penguins (Nh)-2	1:16.00	NS

**Event 16 Men 60-64 100 SC Meter Breaststroke****WORLD: 1:09.92 W 11/21/2015 RICK COLELLA USA****NATL: 1:09.92 N 11/21/2015 RICK COLELLA**

1	Schonholz, Steven	60	Uc02-2	1:36.40	1:29.53
	42.31			1:29.53 (47.22)	
2	Cochrane, Scott	64	Greater Holyoke YMCA Masters-	1:35.06	1:34.86
	45.19			1:34.86 (49.67)	
3	Miller, Steve J	62	Great Bay Masters Swimming, In-	1:38.22	1:38.55
	47.76			1:38.55 (50.79)	
4	McLaughlin, Brian J	61	Abc Masters - Gray Sharks-2	1:38.64	1:38.77
	47.61			1:38.77 (51.16)	
5	Fuerman, Ross	63	Waltham Masters Swimmers-2	1:37.73	1:39.84
	47.51			1:39.84 (52.33)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 16 Men 60-64 100 SC Meter Breaststroke)**

6	Keil, Mark A	63	Minuteman Masters Swim Club-2	1:38.10	1:42.04
	47.35			1:42.04 (54.69)	
7	Garr, Michael T	63	SwimRI-2	1:42.18	1:46.27
	49.07			1:46.27 (57.20)	
8	Gottsegen, David N	62	Greater Holyoke YMCA Masters-2	2:10.00	1:55.88
	55.27			1:55.88 (1:00.61)	

**Event 16 Men 65-69 100 SC Meter Breaststroke****WORLD: 1:15.84 W 12/1/2012 ROBERT STRAND USA****NATL: 1:15.84 N 12/1/2012 ROBERT STRAND**

1	Rogacki, Daniel J	69	Pittsfield YMCA Polar Bear Mas-2	1:27.93	1:26.71
	41.48			1:26.71 (45.23)	
2	Olander, John R	66	Simon's Rock PaceMakers-2	1:38.00	1:39.18
	46.62			1:39.18 (52.56)	
3	Henderson, Harold A	66	Charles River Masters-2	1:38.00	1:44.28
	50.20			1:44.28 (54.08)	
4	Nelson, Robert H	69	SwimRI-2	1:37.45	1:54.71
	53.47			1:54.71 (1:01.24)	

**Event 16 Men 70-74 100 SC Meter Breaststroke****WORLD: 1:20.76 W 3/6/2016 ROBERT STRAND USA****NATL: 1:19.04 N 5/21/2016 DOUGLAS SPRINGER**

1	Manfredi, Thomas G	73	SwimRI-2	1:45.00	1:43.23
	49.32			1:43.23 (53.91)	
2	Searle, Ryan S	70	Uc02-2	1:46.80	1:43.58
	47.58			1:43.58 (56.00)	
3	Bernstein, Rich	70	Asphalt Green Masters-6	1:42.00	1:45.45
4	Epstein, Paul M	70	Connecticut Masters-5	1:46.00	1:47.70
	48.63			1:47.70 (59.07)	
5	Pope, James A	74	Lowell YMCA Flippers Masters S	1:59.00	1:57.91
	54.18			1:57.91 (1:03.73)	
6	Roccabello, John J	73	SwimRI-2	4:06.11	4:39.20
	2:22.77			4:39.20 (2:16.43)	

**Event 16 Men 75-79 100 SC Meter Breaststroke****WORLD: 1:25.92 W 3/6/2016 MIKE FRESHLEY USA****NATL: 1:25.38 N 7/22/2016 MIKE FRESHLEY**

1	Laux, Michael A	75	Connecticut Masters-5	1:55.00	1:41.21
	49.02			1:41.21 (52.19)	
2	Coupe, George J	76	Granite State Penguins (Nh)-2	2:15.00	2:15.54
	1:02.00			2:15.54 (1:13.54)	

**Event 16 Men 80-84 100 SC Meter Breaststroke****WORLD: 1:35.96 W 9/14/2008 ZENJI NAKAHARI JPN****NATL: 1:36.79 N 10/1/2016 DAVID COSTILL**

1	Martin, Charles A	80	Charles River Masters-2	2:55.00	2:58.21
	1:21.78			2:58.21 (1:36.43)	
---	Head, Brian F	83	Adirondack Masters-3	3:02.01	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 17 Women 18-24 100 SC Meter Butterfly****NATL: 1:01.22 N 10/29/2011 KATHERINE MILLS**

1	Swalec, Caitlin M	22	Greenwood Masters-2	1:30.00	1:26.67
	38.21		1:26.67 (48.46)		
2	Ondeck, Olivia A	22	Charles River Masters-2	1:25.00	1:32.15

**Event 17 Women 25-29 100 SC Meter Butterfly****WORLD: 58.11 W 12/12/2015 CLAIRE DONAHUE USA****NATL: 58.11 N 12/12/2015 CLAIRE DONAHUE**

1	Aubin, Alana M	26	Charles River Masters-2	1:07.67	1:07.76
	31.91		1:07.76 (35.85)		
2	Trumbull, Meredith	28	Nutmeg Masters Swim Club-2	1:18.00	1:10.91
	32.70		1:10.91 (38.21)		

**Event 17 Women 30-34 100 SC Meter Butterfly****WORLD: 1:00.11 W 3/25/2006 METTE JACOBSEN DEN****NATL: 1:00.34 N 10/13/2012 ERIKA ERNDL**

1	Braniecki, Ashley L	31	Ohio Masters Swim Club-18	1:14.20	1:10.80
	33.23		1:10.80 (37.57)		
2	Byron, Liz V	32	Charles River Masters-2	1:14.32	1:12.72
	17.55		1:12.72 (55.17)		
3	Howell, Ginger B	31	Waltham Masters Swimmers-2	1:17.86	1:18.41
	36.06		1:18.41 (42.35)		

**Event 17 Women 35-39 100 SC Meter Butterfly****WORLD: 1:01.88 W 5/4/2014 HITOMI MATSUDA JPN****NATL: 1:03.29 N 12/14/1997 K PIPES-NEILSEN**

1	Szekely, Ildiko	37	Boston University Masters	1:04.38	1:05.48
	31.62		1:05.48 (33.86)		
2	Williams, Melinda B	35	Granite State Penguins (Nh)-2	1:11.66	1:11.23
	34.37		1:11.23 (36.86)		
3	Nappi, Keri	38	SwimRI-2	1:14.00	1:15.98
	18.21		1:15.98 (57.77)		
4	Horton, Kali	37	Uc02-2	1:18.00	1:16.99
	36.54		1:16.99 (40.45)		
5	Scott, Elizabeth A	35	Minuteman Masters Swim Club-2	2:03.35	1:51.61
	51.56		1:51.61 (1:00.05)		

**Event 17 Women 40-44 100 SC Meter Butterfly****WORLD: 1:01.70 W 11/21/2009 S.VON DER LIPPE USA****NATL: 1:01.70 N 11/21/2009 S VON DER LIPPE**

1	Hindle, Lori D	41	Weymouth Club Masters Swimmir	1:19.72	1:19.66
	37.45		1:19.66 (42.21)		
2	Baudis, Christina	40	Granite State Penguins (Nh)-2	1:26.78	1:26.40
	41.32		1:26.40 (45.08)		
3	Sega, Ally	43	Connecticut Masters-5	1:42.56	1:46.22
	51.28		1:46.22 (54.94)		
4	Krangle, Jennifer B	43	Charles River Masters-2	1:50.00	1:53.44
---	Herold, Larissa V	42	Maine Masters Swim Club-2	1:13.00	NS

**Event 17 Women 45-49 100 SC Meter Butterfly****WORLD: 1:03.47 W 11/20/2010 S.VON DER LIPPE USA****NATL: 1:03.47 N 11/20/2010 S VON DER LIPPE**

1	Killoran, Katherine A	48	Maine Masters Swim Club-2	1:25.00	1:29.78
	40.33		1:29.78 (49.45)		

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 17 Women 50-54 100 SC Meter Butterfly****WORLD: 1:06.88 W 4/3/2016 DANIELA DE PONTI ITA****NATL: 1:07.82 N 11/8/2014 KARLYN PIPES**

1	Brynn, Charlotte J	50	Stowe Masters-2	1:27.87	1:27.20
	40.81	1:27.20	(46.39)		
2	Emblidge, Cecilia V	52	Nutmeg Masters Swim Club-2	1:24.50	1:27.69
	39.23	1:27.69	(48.46)		
3	KielyKilpatrick, Carolyn	52	SwimRI-2	1:34.62	1:40.13
	45.19	1:40.13	(54.94)		
4	Jakubowski, Beth F	52	Waltham Masters Swimmers-2	2:00.00	1:43.22
	49.68	1:43.22	(53.54)		
5	Edison, Cheryl S	54	Connecticut Masters-5	2:00.00	1:44.46
	47.97	1:44.46	(56.49)		
6	Barker, Joanne L	52	Charles River Masters-2	1:52.00	1:48.77
	50.34	1:48.77	(58.43)		
7	Quinan, Sharon B	53	Minuteman Masters Swim Club-2	3:03.00	2:40.59

**Event 17 Women 55-59 100 SC Meter Butterfly****WORLD: 1:09.23 W 12/6/2009 LAURA VAL USA****NATL: 1:09.23 N 12/6/2009 LAURA VAL**

1	Jensen, Sue	56	Charles River Masters-2	1:28.92	1:22.32
	39.06	1:22.32	(43.26)		
2	Uecker, Anne	56	Maine Masters Swim Club-2	1:26.71	1:29.39
	40.77	1:29.39	(48.62)		
3	Holland, Gail M	58	Worcester Area Masters-2	1:29.60	1:34.26
	44.12	1:34.26	(50.14)		
4	Galliher, Anne L	59	Nutmeg Masters Swim Club-2	1:32.20	1:34.45
	43.47	1:34.45	(50.98)		
5	Florio-Jefferys, Joanna M	58	Pittsfield YMCA Polar Bear Mas-	1:55.12	1:48.95
	51.60	1:48.95	(57.35)		
---	Torrey, Pamela P	55	Maine Masters Swim Club-2	1:17.50	NS

**Event 17 Women 60-64 100 SC Meter Butterfly****WORLD: 1:11.47 W 12/8/2013 LAURA VAL USA****NATL: 1:11.47 N 12/8/2013 LAURA VAL**

1	Hibben, Veronica	60	UCLA Bruin Masters-33	1:18.39	1:21.83
	33.13	1:21.83	(48.70)		
2	Johnston, Nancy	61	Keene Swim Masters-2	1:29.01	1:27.00
	39.21	1:27.00	(47.79)		
3	Bierwert, Karen	64	New England Masters Swim Club	1:35.77	1:34.41
	42.84	1:34.41	(51.57)		

**Event 17 Women 65-69 100 SC Meter Butterfly****WORLD: 1:18.80 W 10/11/2015 CHARLOTTE DAVIS USA****NATL: 1:18.80 N 10/11/2015 CHARLOTTE DAVIS**

---	McCloskey, Cecilia D	66	Colonials 1776-8	1:27.00	NS
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 18 Men 18-24 100 SC Meter Butterfly****NATL: 52.25 N 10/29/2011 EUGENE GODSOE**

1	Terrio, Sergey	23	Maine Masters Swim Club-2	1:02.00	1:00.21
	27.74				1:00.21 (32.47)
2	Tracy, Mark	23	Minuteman Masters Swim Club-2	1:02.00	1:00.61
	28.88				1:00.61 (31.73)
3	Morris, Justin	22	King Fins Aquatic Club-2	1:03.00	1:01.84
	28.54				1:01.84 (33.30)
4	Polsi, Christopher	24	Minuteman Masters Swim Club-2	1:05.00	1:03.38
	30.04				1:03.38 (33.34)
5	Wiens, Matthew R	24	Charles River Masters-2	1:05.86	1:06.14
	31.04				1:06.14 (35.10)

**Event 18 Men 25-29 100 SC Meter Butterfly****WORLD: 52.45 W 11/3/2013 DARIAN TOWNSEND USA****NATL: 52.45 N 11/3/2013 DARIAN TOWNSEND**

1	Stiles, David E	26	St Pete Masters Inc-14	1:06.90	1:06.47
	30.99				1:06.47 (35.48)
2	Card, Mathew C	29	SwimRI-2	1:02.00	1:07.25
	30.58				1:07.25 (36.67)
---	Mitchell, Craig	26	Worcester Area Masters-2	1:20.02	NS

**Event 18 Men 30-34 100 SC Meter Butterfly****WORLD: 52.63 W 12/17/2011 STEFAN HERBST GER****NATL: 52.44 N 11/12/2016 DARIAN TOWNSEND**

1	Wallace, Connor	30	SwimRI-2	1:06.00	1:06.47
	31.41				1:06.47 (35.06)

**Event 18 Men 35-39 100 SC Meter Butterfly****WORLD: 54.27 W 12/4/2011 IGOR MARCHENKO USA****NATL: 54.27 N 12/4/2011 IGOR MARCHENKO**

1	Emmons, Michael J	35	Charles River Masters-2	58.86	1:01.56
	28.64				1:01.56 (32.92)
2	Walker, Joshua S	37	Charles River Masters-2	55.75	1:01.64
	28.94				1:01.64 (32.70)
3	Strahota, Jeffrey R	36	Umac-Terrapin Masters-10	1:05.01	1:05.18
	29.75				1:05.18 (35.43)
4	Westgeest, Bart J	37	Great Bay Masters Swimming, In-	1:15.00	1:18.19
	35.79				1:18.19 (42.40)
5	Parsons, Steve E	36	Great Bay Masters Swimming, In-	1:46.00	1:37.03
	45.06				1:37.03 (51.97)
---	Shepherd, Jeremy	37	Rockwall Aquatics Masters-26	1:02.00	NS

**Event 18 Men 40-44 100 SC Meter Butterfly****WORLD: 53.81 W 3/15/2014 LARS FROLANDER SWE****NATL: 55.82 N 12/14/2008 MICHAEL ROSS**

1	Ohman, Niclas K	42	Granite State Penguins (Nh)-2	1:02.84	1:01.96
	29.28				1:01.96 (32.68)
2	Lecrone, Timothy J	44	Maine Masters Swim Club-2	1:04.50	1:03.30
	29.63				1:03.30 (33.67)
3	Harker, Travis	43	Great Bay Masters Swimming, In-	1:05.01	1:05.66
	30.70				1:05.66 (34.96)
4	Kwa, Ken K	43	Charles River Masters-2	1:45.40	1:34.42
	45.89				1:34.42 (48.53)
---	Madonia, Marc P	42	Nyc Hydras-6	1:09.90	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 18 Men 45-49 100 SC Meter Butterfly**

<b>WORLD: 56.37 W 3/25/2016 NICOLAS GRANGER</b>		<b>FRA</b>		
<b>NATL: 57.17 N 12/14/2003 PAUL CARTER</b>				
1	Theroux, Trent 33.24	49 SwimRI-2 1:11.17 (37.93)	1:12.00	1:11.17
2	Sayles, Douglas 34.12	49 SwimRI-2 1:14.84 (40.72)	1:13.29	1:14.84
3	Schaal, Maor 27.40	48 Worcester Area Masters-2 1:22.46 (55.06)	1:30.00	1:22.46
4	Prescott, Al 44.48	48 Minuteman Masters Swim Club-2 1:34.90 (50.42)	1:35.69	1:34.90
---	Gerber, Robert	49 Nutmeg Masters Swim Club-2	1:12.00	NS
---	O'Leary, Shawn B	46 Maine Masters Swim Club-2	1:06.45	NS
---	Elizondo, Bill	49 Rockwall Aquatics Masters-26	1:10.12	NS

**Event 18 Men 50-54 100 SC Meter Butterfly**

<b>WORLD: 57.29 W 12/2/2007 PAUL CARTER</b>		<b>USA</b>		
<b>NATL: 57.29 N 12/2/2007 PAUL CARTER</b>				
1	Krafian, Ara 32.90	53 Uc02-2 1:11.31 (38.41)	1:14.10	1:11.31
2	Blood, Jonathan K 33.40	51 Weymouth Club Masters Swimm 1:12.03 (38.63)	1:11.45	1:12.03
3	Schmuhl, Frederick C 37.71	52 Great Bay Masters Swimming, In- 1:22.52 (44.81)	1:25.76	1:22.52
4	Devlin, Mark A 39.54	53 Minuteman Masters Swim Club-2 1:25.29 (45.75)	1:20.00	1:25.29
5	Kobs, Ray 43.78	52 Minuteman Masters Swim Club-2 1:32.14 (48.36)	2:00.00	1:32.14
---	French, Chris A	54 Granite State Penguins (Nh)-2	1:10.30	NS

**Event 18 Men 55-59 100 SC Meter Butterfly**

<b>WORLD: 59.80 W 4/1/2013 DAN THOMPSON</b>		<b>CAN</b>		
<b>NATL: 1:00.35 N 12/17/2006 GREG SHAW</b>				
1	Palmer, Ray 35.17	57 New England Masters Swim Club 1:16.59 (41.42)	1:19.01	1:16.59
2	Burks, Vincent P 35.97	56 SwimRI-2 1:18.06 (42.09)	1:20.00	1:18.06
3	Kim, Robert Y 41.80	56 Waltham Masters Swimmers-2 1:21.25 (39.45)	1:25.00	1:21.25
4	Totten, Mark A 41.07	55 Minuteman Masters Swim Club-2 1:29.12 (48.05)	1:28.75	1:29.12
5	Canning, Peter 54.20	58 Connecticut Masters-5 2:00.46 (1:06.26)	2:05.00	2:00.46

**Event 18 Men 60-64 100 SC Meter Butterfly**

<b>WORLD: 1:00.20 W 5/23/2016 DAN THOMPSON</b>		<b>CAN</b>		
<b>NATL: 1:03.76 N 12/3/2006 RICH ABRAHAMS</b>				
1	McCombs, Michael P 33.67	60 Worcester Area Masters-2 1:11.82 (38.15)	1:10.94	1:11.82
2	Judelson, David S 37.23	60 North Suburban YMCA Masters-2 1:18.72 (41.49)	1:21.00	1:18.72
3	Ceckler, Jack 42.76	60 Great Bay Masters Swimming, In- 1:28.83 (46.07)	1:30.00	1:28.83
4	Keil, Mark A 46.87	63 Minuteman Masters Swim Club-2 1:46.52 (59.65)	1:42.94	1:46.52

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 18 Men 60-64 100 SC Meter Butterfly)**

5	Fuerman, Ross	63	Waltham Masters Swimmers-2	2:00.28	1:51.44
	50.10		1:51.44 (1:01.34)		
---	Fisher, J Kevin	61	New England Masters Swim Club	1:28.10	NS
---	Skolnick, Stewart R	62	New England Masters Swim Club	1:58.17	NS

**Event 18 Men 65-69 100 SC Meter Butterfly**

**WORLD: 1:05.90 W 3/21/2009 JOSEP CLARET ESP**

**NATL: 1:05.37 N 7/22/2016 LAWRENCE DAY**

1	Shaw, Greg J	65	Keene Swim Masters-2	1:10.40	1:10.31
	32.85		1:10.31 (37.46)		
2	Oates, David R	66	Worcester Area Masters-2	1:16.39	1:19.71
	37.65		1:19.71 (42.06)		

**Event 18 Men 70-74 100 SC Meter Butterfly**

**WORLD: 1:07.90 W 10/11/2015 RICHARD ABRAHAMS USA**

**NATL: 1:07.56 N 10/10/2015 RICHARD ABRAHAMS**

1	Epstein, Paul M	70	Connecticut Masters-5	2:05.00	2:05.96
	58.61		2:05.96 (1:07.35)		
---	Manfredi, Thomas G	73	SwimRI-2	1:45.00	NS

**Event 18 Men 75-79 100 SC Meter Butterfly**

**WORLD: 1:21.12 W 4/6/2014 TAISUKE MIYAZAKI JPN**

**NATL: 1:26.05 N 9/25/2016 MIKE FRESHLEY**

1	Jones, William I	79	Maine Masters Swim Club-2	2:01.00	1:58.60
	55.76		1:58.60 (1:02.84)		
2	Tapia-Perez, Santiago	77	Uc02-2	2:08.33	2:05.30
	1:00.52		2:05.30 (1:04.78)		

**Event 18 Men 80-84 100 SC Meter Butterfly**

**WORLD: 1:30.15 W 12/3/2011 GIULIO DIVANO ITA**

**NATL: 1:42.85 N 12/7/2014 WILLIAM LAUER**

---	Head, Brian F	83	Adirondack Masters-3	3:30.29	NS
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 19 Women 18-24 100 SC Meter IM****NATL: 1:01.74 N 12/6/2009 KARA DENBY**

1	Swalec, Caitlin M	22	Greenwood Masters-2	1:30.00	1:23.43
	39.53		1:23.43 (43.90)		
2	Ondeck, Olivia A	22	Charles River Masters-2	1:20.00	1:29.41
	40.73		1:29.41 (48.68)		

**Event 19 Women 25-29 100 SC Meter IM****WORLD: 1:02.29 W 6/8/2014 PETRA CHOCOVA CZE****NATL: 1:03.41 N 1/23/2011 MEGAN JENDRICK**

1	Randolph, Courtney M	25	Umac-Terrapin Masters-10	1:13.00	1:08.46
	31.89		1:08.46 (36.57)		
2	Trutor, Kristine	28	Great Bay Masters Swimming, In-	1:12.15	1:11.70
	31.73		1:11.70 (39.97)		
3	Byron, Caroline	29	Charles River Masters-2	1:17.50	1:14.74
	33.89		1:14.74 (40.85)		
4	Sullivan, Elizabeth	26	Charles River Masters-2	1:25.16	1:15.57
	35.96		1:15.57 (39.61)		
5	Dombrowski, Sarah B	28	Nutmeg Masters Swim Club-2	1:19.23	1:20.32
	38.95		1:20.32 (41.37)		
6	Caron, Danielle M	25	Worcester Area Masters-2	1:30.00	1:22.83
	37.55		1:22.83 (45.28)		
7	Deady, Kathleen R	29	Greater Holyoke YMCA Masters-	1:28.00	1:27.60
	39.22		1:27.60 (48.38)		
8	Fairbanks, Christine	25	Worcester Area Masters-2	1:35.00	1:35.40
	45.78		1:35.40 (49.62)		
9	Levenstein, Katherine E	26	Charles River Masters-2	1:30.00	1:39.43
	47.85		1:39.43 (51.58)		
10	Day, Lindsay T	26	University Club of Boston-2	2:00.00	1:40.13
	46.05		1:40.13 (54.08)		
11	Amico, Victoria	27	Minuteman Masters Swim Club-2	2:07.55	2:00.43
	56.71		2:00.43 (1:03.72)		

**Event 19 Women 30-34 100 SC Meter IM****WORLD: 1:02.52 W 10/13/2012 ERIKA ERNDL USA****NATL: 1:02.52 N 10/13/2012 ERIKA ERNDL**

1	Byron, Liz V	32	Charles River Masters-2	1:14.51	1:15.25
	33.77		1:15.25 (41.48)		
2	McGrail, Crystie	32	Great Bay Masters Swimming, In-	1:16.18	1:16.41
	34.36		1:16.41 (42.05)		
3	McKenna Gray, Lindsay	31	Great Bay Masters Swimming, In-	1:18.00	1:17.06
	35.16		1:17.06 (41.90)		
4	Braniecki, Ashley L	31	Ohio Masters Swim Club-18	1:18.43	1:18.11
	35.71		1:18.11 (42.40)		
5	Howell, Ginger B	31	Waltham Masters Swimmers-2	1:21.65	1:21.10
	38.63		1:21.10 (42.47)		
6	Bernstein, Heather M	31	Connecticut Masters-5	1:31.00	1:22.44
	37.67		1:22.44 (44.77)		
7	Bonin, Angelina	31	SwimRI-2	1:21.00	1:22.73
	39.29		1:22.73 (43.44)		
8	Afanasewicz, Elizabeth A	33	Minuteman Masters Swim Club-2	1:40.00	1:37.92
	46.58		1:37.92 (51.34)		
9	Bey, Madeline	30	Connecticut Masters-5	1:44.60	1:44.93
	49.03		1:44.93 (55.90)		

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 19 Women 30-34 100 SC Meter IM)**

10	King, Sarah C	33	Adirondack Masters-3	2:30.00	2:33.88
	1:18.35				2:33.88 (1:15.53)
11	Dennison, Laura M	32	Charles River Masters-2	4:00.00	2:43.33
	1:21.20				2:43.33 (1:22.13)

**Event 19 Women 35-39 100 SC Meter IM****WORLD: 1:03.17 W 3/10/2012 HITOMI MATSUDA JPN****NATL: 1:04.61 N 11/22/2009 SHERI HART**

1	Dowgiert, Angela	37	Granite State Penguins (Nh)-2	1:10.74	1:10.84
	32.59				1:10.84 (38.25)
2	Williams, Melinda B	35	Granite State Penguins (Nh)-2	1:13.43	1:14.37
	35.29				1:14.37 (39.08)
3	Downing, Jennifer	38	Charles River Masters-2	1:15.32	1:15.23
	35.14				1:15.23 (40.09)
4	Horton, Kali	37	Uc02-2	1:18.94	1:17.89
	36.40				1:17.89 (41.49)
5	Lorang, Janet R	35	Minuteman Masters Swim Club-2	1:40.00	1:21.75
	37.59				1:21.75 (44.16)
6	DeRoche, Erika	36	Charles River Masters-2	1:26.36	1:25.11
	38.45				1:25.11 (46.66)
7	Toner, Michelle A	36	Greater Holyoke YMCA Masters-	1:27.29	1:25.54
	41.41				1:25.54 (44.13)
8	Bradley, Katherine R	37	University Club of Boston-2	1:41.16	1:39.07
	47.35				1:39.07 (51.72)
---	Alcaide, Katrine	35	Maine Masters Swim Club-2	1:07.13	NS

**Event 19 Women 40-44 100 SC Meter IM****WORLD: 1:04.19 W 10/10/2015 LISA BLACKBURN USA****NATL: 1:04.19 N 10/10/2015 LISA BLACKBURN**

1	Crusco, Kysa M	40	Granite State Penguins (Nh)-2	1:19.06	1:18.65
	35.50				1:18.65 (43.15)
2	Samson, Vivian L	40	North Suburban YMCA Masters-2	1:21.40	1:19.76
	37.85				1:19.76 (41.91)
3	Hindle, Lori D	41	Weymouth Club Masters Swimmii	1:25.37	1:25.28
	39.07				1:25.28 (46.21)
4	Baudis, Christina	40	Granite State Penguins (Nh)-2	1:24.34	1:26.76
	41.45				1:26.76 (45.31)
5	Matarese, Christine A	41	Connecticut Masters-5	1:30.08	1:30.08
	44.65				1:30.08 (45.43)
6	Stewart, Jennifer L	40	West Suburban YMCA Masters-2	1:39.00	1:30.11
	42.58				1:30.11 (47.53)
7	Dinsmore, Sharon M	43	Waltham Masters Swimmers-2	1:30.00	1:30.48
	43.97				1:30.48 (46.51)
8	O'Connor, Brooke M	42	North Suburban YMCA Masters-2	1:28.57	1:30.61
	44.64				1:30.61 (45.97)
9	Ryder, Heather	40	Worcester Area Masters-2	1:32.00	1:34.89
	44.21				1:34.89 (50.68)
10	Spitz, Lisa	40	Minuteman Masters Swim Club-2	1:40.00	1:41.21
	49.59				1:41.21 (51.62)
11	Sega, Ally	43	Connecticut Masters-5	1:41.76	1:45.63
	49.39				1:45.63 (56.24)
12	Krangle, Jennifer B	43	Charles River Masters-2	1:55.00	1:55.96
	54.89				1:55.96 (1:01.07)
---	Herold, Larissa V	42	Maine Masters Swim Club-2	1:12.00	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 19 Women 40-44 100 SC Meter IM)**

--- Krier, Kira J 42 Stowe Masters-2 1:45.00 NS

**Event 19 Women 45-49 100 SC Meter IM**

**WORLD: 1:05.61 W 2/26/2009 K.PIPES-NEILSEN FRA**

**NATL: 1:05.75 N 12/12/2009 K PIPES-NEILSEN**

1	Goodale, Rainy M	46	Martha's Vineyard Masters-2	1:15.87	1:15.29
	34.84				1:15.29 (40.45)
2	Ryan, Jodi	46	Maine Masters Swim Club-2	1:20.00	1:20.29
	19.84				1:20.29 (1:00.45)
3	Leveroni, Amy S	46	YMCA of the North Shore SwimF	1:20.03	1:20.32
	37.23				1:20.32 (43.09)
4	FitzGerald, Mary P	49	Greater Holyoke YMCA Masters-	1:21.00	1:24.23
	38.47				1:24.23 (45.76)
5	Killoran, Katherine A	48	Maine Masters Swim Club-2	1:25.00	1:25.69
	41.63				1:25.69 (44.06)
6	Garland, Sue C	47	Charles River Masters-2	1:28.81	1:30.88
	42.22				1:30.88 (48.66)
7	McTaggart, Laura J	46	West Suburban YMCA Masters-2	1:40.00	1:37.33
	44.60				1:37.33 (52.73)
8	Schaal, Shlomit	46	Worcester Area Masters-2	1:45.00	1:38.82
	46.27				1:38.82 (52.55)
9	Magovern, Kathy E	48	Minuteman Masters Swim Club-2	1:43.00	1:41.76
	47.66				1:41.76 (54.10)
10	Prokofjeva, Ksenia	46	New England Masters Swim Club-	1:50.00	1:43.73
	49.50				1:43.73 (54.23)
11	Veenstra, Denise L	47	Minuteman Masters Swim Club-2	1:40.69	1:47.90
	53.13				1:47.90 (54.77)
12	Acevedo, Kristine	45	Boston Lanes (Liquid Assets Ne-2	1:56.00	1:52.82
	47.96				1:52.82 (1:04.86)
13	Orender, Kirsten F	48	Newburyport Breakers-2	2:20.00	2:09.34
	57.06				2:09.34 (1:12.28)

**Event 19 Women 50-54 100 SC Meter IM**

**WORLD: 1:07.85 W 11/7/2015 ANETTE PHILIPSSON SWE**

**NATL: 1:09.68 N 2/18/2012 KARLYN PIPES**

1	Weiderman, Jennifer	50	Conejo Valley Masters-33	1:22.50	1:20.21
	38.92				1:20.21 (41.29)
2	Delorey, Laura E	54	Greenwood Masters-2	1:24.60	1:20.28
	37.32				1:20.28 (42.96)
3	Grant, Karen M	53	Great Bay Masters Swimming, In-	1:25.00	1:24.88
	41.09				1:24.88 (43.79)
4	Brynn, Charlotte J	50	Stowe Masters-2	1:35.00	1:25.94
	41.46				1:25.94 (44.48)
5	Crans, Mara	50	Maine Masters Swim Club-2	1:35.20	1:28.01
	42.69				1:28.01 (45.32)
6	McCallum, Joy	50	Waltham Masters Swimmers-2	1:34.71	1:30.58
	45.53				1:30.58 (45.05)
7	Meyers, Kimberly A	52	Simon's Rock PaceMakers-2	1:33.00	1:31.73
	42.99				1:31.73 (48.74)
8	Kim, Elizabeth S	53	Waltham Masters Swimmers-2	1:50.00	1:33.04
	45.84				1:33.04 (47.20)
9	Edison, Cheryl S	54	Connecticut Masters-5	2:00.00	1:34.97
	46.49				1:34.97 (48.48)

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10	KielyKilpatrick, Carolyn	52	SwimRI-2	1:35.28	1:35.23
	47.19				1:35.23 (48.04)
11	Harvey, Lori	51	Kingsbury Club Masters-2	1:43.00	1:39.18
	46.73				1:39.18 (52.45)
12	Thomas, Kay K	50	Kingsbury Club Masters-2	2:00.00	1:44.11
	52.55				1:44.11 (51.56)
13	Kripke, Liz	54	Abc Masters - Gray Sharks-2	1:45.00	1:46.00
	52.82				1:46.00 (53.18)
14	Barker, Joanne L	52	Charles River Masters-2	1:50.00	1:47.17
	49.70				1:47.17 (57.47)
15	Hamel, Maureen M	53	Uc02-2	1:43.32	1:47.62
	48.93				1:47.62 (58.69)
16	Terry, Roz	53	Uc02-2	1:50.00	1:56.96
	54.21				1:56.96 (1:02.75)
17	Beconi, Maria G	53	Minuteman Masters Swim Club-2	2:15.00	1:59.15
	56.61				1:59.15 (1:02.54)
---	Pasterczyk, Christine	50	Charles River Masters-2	1:34.75	NS
---	O'Donnell, Sonja K	50	Uc02-2	1:32.40	NS

**Event 19 Women 55-59 100 SC Meter IM****WORLD: 1:10.66 W 6/23/2013 JENNY WHITELEY AUS****NATL: 1:12.90 N 10/11/2009 LAURA VAL**

1	Mareb, Karen M	58	Granite State Penguins (Nh)-2	1:21.00	1:18.19
	37.34				1:18.19 (40.85)
2	Wettach, Gayle M	59	North Suburban YMCA Masters-2	1:25.00	1:19.53
	36.95				1:19.53 (42.58)
3	Cady-Fernandes, Louise	55	Minuteman Masters Swim Club-2	1:22.25	1:21.38
	37.88				1:21.38 (43.50)
4	Carow, Amy S	55	Granite State Penguins (Nh)-2	1:29.40	1:23.70
	39.29				1:23.70 (44.41)
5	Stokes, Karin E	55	Granite State Penguins (Nh)-2	1:27.16	1:25.43
	39.21				1:25.43 (46.22)
6	Holland, Gail M	58	Worcester Area Masters-2	1:31.42	1:30.52
	42.20				1:30.52 (48.32)
7	Gallagher, Sally L	55	Great Bay Masters Swimming, In-	1:40.00	1:36.31
	46.50				1:36.31 (49.81)
8	Marshall, Jenny S	59	North Suburban YMCA Masters-2	1:36.00	1:36.38
	43.67				1:36.38 (52.71)
9	St.Pierre-Sleboda, Cheryl M	57	Simon's Rock PaceMakers-2	1:36.62	1:37.56
	44.72				1:37.56 (52.84)
10	Halliday, Renee Z	56	OakSquare YMCA-2	3:45.10	1:41.07
	46.96				1:41.07 (54.11)
11	Renwick, Jacque A	55	Greenwood Masters-2	1:45.00	1:47.02
	48.25				1:47.02 (58.77)
12	Florio-Jefferys, Joanna M	58	Pittsfield YMCA Polar Bear Mas-	1:55.00	1:54.78
	54.62				1:54.78 (1:00.16)
13	Delacruz, Rosie S	56	Charles River Masters-2	2:00.00	1:59.41
	54.23				1:59.41 (1:05.18)
14	Olesin, Nancy E	58	Worcester Area Masters-2	2:01.75	2:02.36
	53.04				2:02.36 (1:09.32)
---	Hallett, Connie	57	Maine Masters Swim Club-2	1:28.22	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 19 Women 60-64 100 SC Meter IM****WORLD: 1:15.07 W 10/6/2013 LAURA VAL USA****NATL: 1:15.07 N 10/6/2013 LAURA VAL**

1	Hibben, Veronica	60	UCLA Bruin Masters-33	1:21.68	1:19.63
	36.30		1:19.63 (43.33)		
2	Estel, Beth A	60	Granite State Penguins (Nh)-2	1:20.00	1:20.92
	38.96		1:20.92 (41.96)		
3	Twomey, Maura	60	Charles River Masters-2	1:54.08	1:50.41
	52.09		1:50.41 (58.32)		
4	McGavin, Jean P	63	Connecticut Masters-5	1:55.00	1:55.74
	53.90		1:55.74 (1:01.84)		
---	Holbrook, Nikki J	63	Connecticut Masters-5	1:28.37	NS
---	Nisley-Black, Karla	61	Granite State Penguins (Nh)-2	2:30.00	NS

**Event 19 Women 65-69 100 SC Meter IM****WORLD: 1:19.10 W 2/15/2015 CHARLOTTE DAVIS USA****NATL: 1:17.85 N 10/2/2016 LAURA VAL**

1	Feldmann, Joel T	65	Keene Swim Masters-2	1:27.90	1:27.88
	40.59		1:27.88 (47.29)		
2	Hayes, Christie M	68	Nutmeg Masters Swim Club-2	1:34.13	1:31.07
	44.36		1:31.07 (46.71)		
3	West, Barbara A	68	Pittsfield YMCA Polar Bear Mas-	1:48.00	1:47.10
	51.99		1:47.10 (55.11)		
4	Greulick-Byron, Joan E	66	Charles River Masters-2	1:48.11	1:47.60
	51.60		1:47.60 (56.00)		
5	Mitchell, Carol	67	Sarasota Y Sharks-14	2:10.00	2:00.23
	1:02.23		2:00.23 (58.00)		
6	Shenouda, Baheya	68	Charles River Masters-2	4:22.72	4:50.29
---	Needham, Cynthia	68	Stowe Masters-2	2:20.53	DQ
	1:02.13		DQ (1:12.40)		
---	Safran, Marjorie	67	Pittsfield YMCA Polar Bear Mas-	2:29.50	NS

**Event 19 Women 70-74 100 SC Meter IM****WORLD: 1:23.42 W 4/2/2016 BRIGITTE MERTEN GER****NATL: 1:24.16 N 11/19/2016 DIANN UUSTAL**

1	Uustal, Diann	70	SwimRI-2	1:24.70	1:23.23 W
	36.45		1:23.23 (46.78)		
2	Onton, Ann Louise	73	Connecticut Masters-5	2:13.77	2:45.49

**Event 19 Women 75-79 100 SC Meter IM****WORLD: 1:31.38 W 5/26/2013 YOSHIKO OSAKI JPN****NATL: 1:38.11 N 12/12/2004 GAIL ROPER**

---	Olson, Jeannine E	77	Rinconada Masters-38	2:47.11	NS
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 20 Men 18-24 100 SC Meter IM****NATL: 55.71 N 10/29/2011 EUGENE GODSOE**

1	Morris, Justin	22	King Fins Aquatic Club-2	1:05.55	1:04.40
	30.17				1:04.40 (34.23)
2	Chen, Roy F	21	Charles River Masters-2	1:09.12	1:07.77
	31.38				1:07.77 (36.39)
3	Polsi, Christopher	24	Minuteman Masters Swim Club-2	1:10.00	1:08.49
	30.57				1:08.49 (37.92)
4	Hsieh, Alan	23	Boston University Masters	1:05.49	1:09.94
	32.30				1:09.94 (37.64)
5	Chen, George S	23	Charles River Masters-2	1:09.56	1:10.00
	33.12				1:10.00 (36.88)
6	Richardson, Paul R	19	Worcester Area Masters-2	1:07.00	1:10.14
	31.94				1:10.14 (38.20)
7	Hsieh, Adam	24	Boston University Masters	1:20.00	1:17.52
	34.91				1:17.52 (42.61)
8	Mesirow, Benjamin S	24	Boston Lanes (Liquid Assets Ne-2	1:30.00	1:34.13
	41.16				1:34.13 (52.97)
---	Garcia, Mike	24	Long Island Masters Swimming-6	1:10.00	NS

**Event 20 Men 25-29 100 SC Meter IM****WORLD: 53.47 W 11/3/2013 DARIAN TOWNSEND USA****NATL: 53.47 N 11/3/2013 DARIAN TOWNSEND**

1	Eaton, William K	29	Charles River Masters-2	1:15.00	1:06.24
	30.03				1:06.24 (36.21)
2	Pope, Ryan	27	Uc02-2	1:07.42	1:06.97
	31.38				1:06.97 (35.59)
3	Schuster, Kevin	29	Great Bay Masters Swimming, In-	1:08.72	1:09.16
	30.83				1:09.16 (38.33)
4	Jaroszewicz, Matthew J	26	SwimRI-2	1:09.39	1:11.71
	32.65				1:11.71 (39.06)
5	Poirot, Cedric	29	Boston University Masters	1:12.98	1:13.72
	35.20				1:13.72 (38.52)
6	Seaman, Arthur E	25	Great Bay Masters Swimming, In-	1:04.00	1:14.39
	33.69				1:14.39 (40.70)
7	Mather, Wesley A	25	OakSquare YMCA-2	1:08.00	1:15.21
	34.31				1:15.21 (40.90)
8	Jelaska, Duje	25	SwimRI-2	1:15.00	1:15.64
	34.16				1:15.64 (41.48)
9	Hyland, David J	28	Nutmeg Masters Swim Club-2	1:18.00	1:16.94
	37.08				1:16.94 (39.86)
10	Mitchell, Craig	26	Worcester Area Masters-2	1:30.69	1:17.45
	36.33				1:17.45 (41.12)
11	Vanier, Jason F	29	Great Bay Masters Swimming, In-	1:23.78	1:19.30
	35.33				1:19.30 (43.97)
12	Beahn, Brian A	29	Nutmeg Masters Swim Club-2	1:12.00	1:20.24
	37.67				1:20.24 (42.57)
13	Wraight, Thomas E	29	Great Bay Masters Swimming, In-	1:31.69	1:21.28
	37.39				1:21.28 (43.89)
14	Morette, Kyle	26	Worcester Area Masters-2	1:23.36	1:23.13
15	Vanacore, Mark	27	Worcester Area Masters-2	1:25.00	1:24.88
	40.30				1:24.88 (44.58)
16	Hurley, Brian M	25	Great Bay Masters Swimming, In-	1:29.80	1:28.48
	39.16				1:28.48 (49.32)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 20 Men 25-29 100 SC Meter IM)**

17	Dillon, Sean	26	Worcester Area Masters-2	2:48.30	1:42.41
	48.61				1:42.41 (53.80)
---	Reed, Matthew D	25	Maine Masters Swim Club-2	1:11.65	NS

**Event 20 Men 30-34 100 SC Meter IM****WORLD: 53.75 W 9/27/2014 DARIAN TOWNSEND USA****NATL: 53.28 N 11/13/2016 DARIAN TOWNSEND**

1	Sarwat, Ahmed S	33	Weymouth Club Masters Swimmii	1:04.06	1:06.18
	30.10				1:06.18 (36.08)
2	Musiak, Matthew	34	Greater Holyoke YMCA Masters-2	1:10.00	1:08.71
	30.76				1:08.71 (37.95)
3	Oloughlin, Jonathan	33	Umac-Terrapin Masters-10	1:11.63	1:09.18
	33.00				1:09.18 (36.18)
4	Hui, Christopher D	32	Greenwood Masters-2	1:15.00	1:17.58
	36.63				1:17.58 (40.95)
5	Krill, Andrew D	34	Uc02-2	1:15.00	1:19.12
	35.91				1:19.12 (43.21)
6	Shaw, Chris	34	Umac-Terrapin Masters-10	1:45.00	1:23.40
	22.84				1:23.40 (1:00.56)
7	Mulcahy, Seann P	34	SwimRI-2	1:21.00	1:26.52
	42.41				1:26.52 (44.11)
8	Moynihan, Brian P	34	Boston Lanes (Liquid Assets Ne-2	1:25.00	1:28.32
	43.48				1:28.32 (44.84)
9	Marquez, Cristobal	34	Boston Lanes (Liquid Assets Ne-2	2:13.00	1:55.65
	54.60				1:55.65 (1:01.05)
---	Jonas, Tzvi	32	Worcester Area Masters-2	1:32.42	NS
---	Derse, Michael T	34	Uc02-2	1:06.50	NS

**Event 20 Men 35-39 100 SC Meter IM****WORLD: 56.36 W 12/2/2012 GLENN COUNTS USA****NATL: 56.36 N 12/2/2012 GLENN COUNTS**

1	Emmons, Michael J	35	Charles River Masters-2	1:01.00	1:03.46
	29.65				1:03.46 (33.81)
2	Walker, Joshua S	37	Charles River Masters-2	57.75	1:04.11
	30.09				1:04.11 (34.02)
3	Strahota, Jeffrey R	36	Umac-Terrapin Masters-10	1:12.11	1:07.31
	30.94				1:07.31 (36.37)
4	Larsen, Kirk K	39	Great Bay Masters Swimming, In-	1:08.00	1:07.50
	31.09				1:07.50 (36.41)
5	Delgado, Alejandro A	39	Boston University Masters	1:13.00	1:10.94
	33.46				1:10.94 (37.48)
6	Nikander, Robert C	39	Minuteman Masters Swim Club-2	1:15.00	1:16.60
	36.28				1:16.60 (40.32)
7	Lawson, William J	36	Boston Lanes (Liquid Assets Ne-2	1:14.36	1:17.77
	35.00				1:17.77 (42.77)
8	Gillis, John R	35	Maine Masters Swim Club-2	1:21.00	1:18.60
	35.16				1:18.60 (43.44)
9	Johnson, Stephen C	37	SwimRI-2	1:13.00	1:19.07
	33.89				1:19.07 (45.18)
10	Parsons, Steve E	36	Great Bay Masters Swimming, In-	1:27.88	1:35.45
---	Wright, Brendan C	38	Granite State Penguins (Nh)-2	1:08.27	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 20 Men 40-44 100 SC Meter IM**

<b>WORLD: 57.19 W 11/16/2014 JEFF COMMINGS</b>		<b>USA</b>	
<b>NATL: 57.19 N 11/16/2014 JEFF COMMINGS</b>			
1	Ohman, Niclas K 29.38	42 Granite State Penguins (Nh)-2 1:03.77 (34.39)	1:03.16 1:03.77
2	Harker, Travis 31.04	43 Great Bay Masters Swimming, In- 1:07.56 (36.52)	1:07.71 1:07.56
3	Doucet, Douglas C 31.91	41 Minuteman Masters Swim Club-2 1:08.81 (36.90)	1:10.50 1:08.81
4	Sharon, Gil 35.06	42 Worcester Area Masters-2 1:13.98 (38.92)	1:12.00 1:13.98
5	Higgins, Erik 36.30	41 Connecticut Masters-5 1:18.77 (42.47)	1:30.00 1:18.77
6	Chicoski, James 36.33	43 West Suburban YMCA Masters-2 1:19.78 (43.45)	1:30.00 1:19.78
7	Cloitre, Christophe 40.79	41 Great Bay Masters Swimming, In- 1:22.55 (41.76)	1:24.81 1:22.55
8	Danielson, Kurt R 38.26	41 Great Bay Masters Swimming, In- 1:23.64 (45.38)	1:19.79 1:23.64
9	Sluter, Steven D 39.86	42 SwimRI-2 1:25.25 (45.39)	1:22.00 1:25.25
10	Trainor, Brendan F 44.54	40 Maine Masters Swim Club-2 1:31.34 (46.80)	1:33.00 1:31.34
---	Kishchenko, Roman 35.94	43 Uc02-2 DQ (43.13)	1:16.00 DQ
---	Whitford, Matthew T	41 Great Bay Masters Swimming, In-	1:09.03 NS

**Event 20 Men 45-49 100 SC Meter IM**

<b>WORLD: 57.68 W 3/9/2012 NICOLAS GRANGER</b>		<b>FRA</b>	
<b>NATL: 1:00.09 N 11/13/2016 SIPHIWE BALEKA</b>			
1	Crawford, Craig 32.06	46 Pittsfield YMCA Polar Bear Mas- 1:07.66 (35.60)	1:01.55 1:07.66
2	Carroll, Stephen R 31.76	47 Granite State Penguins (Nh)-2 1:11.26 (39.50)	1:16.92 1:11.26
3	Van Greuning, Len 34.63	49 Charles River Masters-2 1:11.52 (36.89)	1:10.05 1:11.52
4	Hurd, Michael R 35.83	48 Maine Masters Swim Club-2 1:14.33 (38.50)	1:11.45 1:14.33
5	Prescott, Al 44.80	48 Minuteman Masters Swim Club-2 1:29.13 (44.33)	1:29.69 1:29.13
---	Carter, Seanbaker	48 Abc Masters - Gray Sharks-2	1:18.00 NS
---	Duru, Kaan	46 SwimRI-2	1:12.00 NS
---	Mugford, Stephen A	49 Charles River Masters-2	1:05.73 NS

**Event 20 Men 50-54 100 SC Meter IM**

<b>WORLD: 1:00.96 W 12/8/2012 DAVID SIMS</b>		<b>USA</b>	
<b>NATL: 1:00.96 N 12/8/2012 DAVID SIMS</b>			
1	Heber, Scott 28.54	50 Rockwall Aquatics Masters-26 1:00.57 (32.03)	1:00.56 1:00.57 W
2	Hiltabiddle, Steve 29.91	50 Colonials 1776-8 1:04.91 (35.00)	1:04.35 1:04.91
3	Blood, Jonathan K 33.90	51 Weymouth Club Masters Swimmin 1:12.29 (38.39)	1:10.40 1:12.29
4	Wyckoff, Benjamin W 35.93	52 Connecticut Masters-5 1:12.46 (36.53)	1:12.47 1:12.46



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 20 Men 50-54 100 SC Meter IM)**

5	Plate, Bruce T	50	Greater Holyoke YMCA Masters-2	1:15.10	1:15.75
	33.88			1:15.75 (41.87)	
6	Kimble, Kip	53	Minuteman Masters Swim Club-2	1:17.00	1:17.03
	35.98			1:17.03 (41.05)	
7	DeLew, Christopher D	54	Granite State Penguins (Nh)-2	1:15.00	1:17.31
	34.80			1:17.31 (42.51)	
8	Ray, Christopher	53	Maine Masters Swim Club-2	1:17.00	1:17.36
	36.57			1:17.36 (40.79)	
9	Schmuhl, Frederick C	52	Great Bay Masters Swimming, In-	1:31.50	1:20.19
	36.83			1:20.19 (43.36)	
10	Schultz, Richard J	50	Great Bay Masters Swimming, In-	1:21.35	1:20.39
	38.40			1:20.39 (41.99)	
11	Johnson, Eric	53	Simon's Rock PaceMakers-2	1:25.00	1:27.27
	41.17			1:27.27 (46.10)	
12	Moore, Jack F	53	Pittsfield YMCA Polar Bear Mas-	1:57.82	1:32.50
	44.01			1:32.50 (48.49)	
13	Robinson, Allan	52	Boston Lanes (Liquid Assets Ne-2	1:30.00	1:40.49
	49.86			1:40.49 (50.63)	
---	Sargent, Jeff	52	Connecticut Masters-5	1:10.00	NS
---	Games, Brett C	50	Great Bay Masters Swimming, In-	1:16.99	NS
---	McMorrow, Rob	50	Abc Masters - Gray Sharks-2	1:15.00	NS
---	Stundtner, Matthew R	53	Greenwood Masters-2	1:28.00	NS
---	Dymek, Timothy J	53	Greenwood Masters-2	1:30.25	NS

**Event 20 Men 55-59 100 SC Meter IM****WORLD: 1:01.76 W 10/10/2015 STEVE WOOD USA****NATL: 1:01.76 N 10/10/2015 STEVE WOOD**

1	Sullivan, Kevin S	56	Lowell YMCA Flippers Masters S	1:14.00	1:13.13
	34.94			1:13.13 (38.19)	
2	Brown, Phil	55	Weymouth Club Masters Swimmii	1:13.94	1:14.94
	35.49			1:14.94 (39.45)	
3	Shipp, Bill	56	Umac-Terrapin Masters-10	1:19.00	1:17.06
	37.53			1:17.06 (39.53)	
4	Purdy, Neil D	56	Simon's Rock PaceMakers-2	1:20.00	1:18.22
	37.57			1:18.22 (40.65)	
5	Scannell, Dennis J	56	Charles River Masters-2	1:18.84	1:18.94
	36.86			1:18.94 (42.08)	
6	Lane, Tom	57	Uc02-2	1:20.83	1:19.49
	37.64			1:19.49 (41.85)	
7	Kim, Robert Y	56	Waltham Masters Swimmers-2	1:30.00	1:19.81
	38.31			1:19.81 (41.50)	
8	Shapiro, Charles	57	Connecticut Masters-5	1:25.00	1:20.33
	37.10			1:20.33 (43.23)	
9	Olson, Bob	56	Newburyport Breakers-2	1:22.00	1:20.36
	37.96			1:20.36 (42.40)	
10	Foster, Walter M	55	Minuteman Masters Swim Club-2	1:22.00	1:22.29
	38.43			1:22.29 (43.86)	
11	Gilbert, Rick	55	Minuteman Masters Swim Club-2	1:22.82	1:22.41
	39.34			1:22.41 (43.07)	
12	Taylor, Giles	57	OakSquare YMCA-2	1:14.00	1:22.85
	37.92			1:22.85 (44.93)	
13	Seligman, James R	57	Boston Lanes (Liquid Assets Ne-2	1:24.00	1:24.81
	40.49			1:24.81 (44.32)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 20 Men 55-59 100 SC Meter IM)**

*14	Meier, Bill R	55	Simon's Rock PaceMakers-2	1:25.23	1:25.92
	41.08			1:25.92 (44.84)	
*14	Roth, Douglas M	55	Maine Masters Swim Club-2	1:31.84	1:25.92
	40.55			1:25.92 (45.37)	
16	Mack, Tom	58	Great Bay Masters Swimming, In-	1:30.00	1:26.58
	41.37			1:26.58 (45.21)	
17	Totten, Mark A	55	Minuteman Masters Swim Club-2	1:27.49	1:26.61
	39.17			1:26.61 (47.44)	
18	Gallagher, Glenn R	58	Great Bay Masters Swimming, In-	1:35.00	1:31.92
	43.87			1:31.92 (48.05)	
19	Carroll, Marcus R	56	Minuteman Masters Swim Club-2	1:45.00	1:34.40
	46.64			1:34.40 (47.76)	
20	Arsenault, Paul	55	Worcester Area Masters-2	1:36.15	1:37.00
	47.21			1:37.00 (49.79)	
21	Walls, Mark	57	University Club of Boston-2	1:55.00	1:37.51
	45.05			1:37.51 (52.46)	
22	Mcdonald, Dave	56	Uc02-2	1:20.00	1:38.78
	43.90			1:38.78 (54.88)	
23	Geist, Dan	59	Abc Masters - Gray Sharks-2	1:45.00	1:42.91
	48.73			1:42.91 (54.18)	
24	Frackleton, John J	57	Minuteman Masters Swim Club-2	1:42.00	1:44.72
	21.81			1:44.72 (1:22.91)	
25	Goran, Steven Z	58	Team New York Aquatics-6	2:21.85	2:57.97
	1:25.09			2:57.97 (1:32.88)	
---	Sandt, Mark	56	YMCA of the North Shore SwimF	2:12.00	NS
---	Estabrook, Todd H	57	University Club of Boston-2	1:24.14	NS
---	Naylor, Jeff G	58	Granite State Penguins (Nh)-2	1:11.00	NS

**Event 20 Men 60-64 100 SC Meter IM****WORLD: 1:04.23 W 3/21/2015 RICK COLELLA USA****NATL: 1:04.23 N 3/21/2015 RICK COLELLA**

1	Bright, David	63	New England Masters Swim Club	1:24.00	1:21.12
	36.95			1:21.12 (44.17)	
2	Fisher, J Kevin	61	New England Masters Swim Club	1:26.50	1:22.00
	37.50			1:22.00 (44.50)	
3	Syphers, Dale A	60	Maine Masters Swim Club-2	1:24.80	1:22.11
	37.21			1:22.11 (44.90)	
4	Miller, Steve J	62	Great Bay Masters Swimming, In-	1:25.64	1:25.80
	41.51			1:25.80 (44.29)	
5	Mockler, Frank C	61	Boston Lanes (Liquid Assets Ne-2	1:25.00	1:25.88
	37.93			1:25.88 (47.95)	
6	Keil, Mark A	63	Minuteman Masters Swim Club-2	1:26.67	1:26.85
	41.08			1:26.85 (45.77)	
7	Kolis, Steve	61	Pittsfield YMCA Polar Bear Mas-	1:35.00	1:28.62
	41.58			1:28.62 (47.04)	
8	Cochrane, Scott	64	Greater Holyoke YMCA Masters-	1:27.20	1:29.03
	42.62			1:29.03 (46.41)	
9	Ceckler, Jack	60	Great Bay Masters Swimming, In-	1:35.00	1:30.01
	42.56			1:30.01 (47.45)	
10	Kerkhove, Johan C	64	Great Bay Masters Swimming, In-	1:32.05	1:30.89
	42.37			1:30.89 (48.52)	
11	O'Brien, David P	60	Boston Lanes (Liquid Assets Ne-2	1:28.00	1:31.00
	43.14			1:31.00 (47.86)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 20 Men 60-64 100 SC Meter IM)**

12	Fuerman, Ross	63	Waltham Masters Swimmers-2	1:27.93	1:31.44
	43.75				1:31.44 (47.69)
13	RyanMann, Duncan P	63	Pittsfield YMCA Polar Bear Mas-	1:32.00	1:32.51
	43.42				1:32.51 (49.09)
14	Elturkmani, Majed	62	SwimRI-2	1:40.00	1:33.30
	42.94				1:33.30 (50.36)
---	Skolnick, Stewart R	62	New England Masters Swim Club	1:48.64	NS
---	Thayer, Sam	62	University Club of Boston-2	1:30.30	NS

**Event 20 Men 65-69 100 SC Meter IM****WORLD: 1:09.77 W 4/9/2016 A.WILSON MILLS NOR****NATL: 1:09.90 N 5/18/2014 HUBIE KERNS**

1	Shaw, Greg J	65	Keene Swim Masters-2	1:14.00	1:15.43
	34.90				1:15.43 (40.53)
2	Rogacki, Daniel J	69	Pittsfield YMCA Polar Bear Mas-	1:17.94	1:18.21
	36.61				1:18.21 (41.60)
3	Oates, David R	66	Worcester Area Masters-2	1:20.00	1:20.77
	38.33				1:20.77 (42.44)
4	Ryan, Bill	66	Pinehills Masters-2	1:23.90	1:22.06
	38.29				1:22.06 (43.77)
5	Pot, Eugene T	66	Binghamton Univ Masters-4	1:28.25	1:25.04
	40.69				1:25.04 (44.35)
6	Epstein, Daniel	66	Simon's Rock PaceMakers-2	1:26.38	1:25.55
	38.71				1:25.55 (46.84)
7	Newkirk, Thomas R	68	Great Bay Masters Swimming, In-	1:29.00	1:28.41
	41.48				1:28.41 (46.93)
8	Schiller, Rob	65	Charles River Masters-2	1:30.00	1:35.48
	45.39				1:35.48 (50.09)
9	Zelehoski, Raymond J	68	Simon's Rock PaceMakers-2	1:35.81	1:37.01
	17.50				1:37.01 (1:19.51)
10	Henderson, Harold A	66	Charles River Masters-2	1:30.00	1:37.65
	49.19				1:37.65 (48.46)
11	Nelson, Robert H	69	SwimRI-2	1:30.05	1:42.94
	48.95				1:42.94 (53.99)
---	McQuiggan, Frank	68	SwimRI-2	1:38.00	NS

**Event 20 Men 70-74 100 SC Meter IM****WORLD: 1:13.09 W 10/10/2015 RICHARD ABRAHAMS USA****NATL: 1:13.09 N 10/10/2015 RICHARD ABRAHAMS**

1	Pope, James A	74	Lowell YMCA Flippers Masters S	1:45.00	1:44.31
	49.26				1:44.31 (55.05)
2	Rupert, Bill	73	Maine Masters Swim Club-2	1:40.00	1:46.35
	46.53				1:46.35 (59.82)
3	Epstein, Paul M	70	Connecticut Masters-5	1:47.00	1:48.74
	57.05				1:48.74 (51.69)
4	Read, Philip E	74	Great Bay Masters Swimming, In-	2:01.28	2:03.30
	56.79				2:03.30 (1:06.51)
---	Manfredi, Thomas G	73	SwimRI-2	1:28.00	NS
---	Smith, Starbuck	73	Simon's Rock PaceMakers-2	2:07.43	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 20 Men 75-79 100 SC Meter IM****WORLD: 1:18.80 W 12/6/2009 BURWELL JONES USA****NATL: 1:17.58 N 7/23/2016 MIKE FRESHLEY**

1	Laux, Michael A	75	Connecticut Masters-5	1:50.00	1:38.62
	49.36				1:38.62 (49.26)
2	Jones, William I	79	Maine Masters Swim Club-2	1:57.00	1:48.72
	55.79				1:48.72 (52.93)
3	Coupe, George J	76	Granite State Penguins (Nh)-2	2:00.00	2:01.00
	58.78				2:01.00 (1:02.22)
---	Hutchings, Dick	75	Greenwood Masters-2	1:47.61	NS

**Event 20 Men 80-84 100 SC Meter IM****WORLD: 1:28.47 W 1/18/2015 GERHARD HOLE GER****NATL: 1:24.78 N 10/1/2016 DAVID COSTILL**

1	Arnold, Richard	84	Great Bay Masters Swimming, In-	2:55.82	3:26.01
	1:32.51				3:26.01 (1:53.50)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 21 Women 100-119 400 SC Meter Medley Relay****WORLD: 4:14.24 W 9/23/2015 RENAISSANCE -JPN****A WATANABE, Y YAMAGUCHI, M HIRANO, M MITA****NATL: 4:34.40 N 11/21/2010 ARIZONA MASTERS****K HARRIGAN, H CALDAS, L URBATCHKA, W WARMAN**

- |   |                         |                          |                       |                            |
|---|-------------------------|--------------------------|-----------------------|----------------------------|
| 1 | Charles River Masters-2 | A                        | 4:45.00               | 4:51.97                    |
|   | 1) Lee, Alexandra K W29 | 2) Downing, Jennifer W38 | 3) Aubin, Alana M W26 | 4) Sullivan, Elizabeth W26 |
|   | 35.25                   | 1:12.31 (1:12.31)        | 1:51.18 (38.87)       | 2:35.25 (1:22.94)          |
|   | 3:07.00 (31.75)         | 3:44.53 (1:09.28)        | 4:16.65 (32.12)       | 4:51.97 (1:07.44)          |
| 2 | Charles River Masters-2 | B                        | 6:00.00               | 6:35.14                    |
|   | 1) Byron, Caroline W29  | 2) Ondeck, Olivia A W22  | 3) Byron, Liz V W32   | 4) Dennison, Laura M W32   |
|   | 36.72                   | 1:15.66 (1:15.66)        | 2:03.82 (48.16)       | 2:59.92 (1:44.26)          |
|   | 3:34.11 (34.19)         | 4:16.61 (1:16.69)        | 5:23.80 (1:07.19)     | 6:35.14 (2:18.53)          |

**Event 21 Women 120-159 400 SC Meter Medley Relay****WORLD: 4:26.65 W 4/4/2015 RYOGOKU KINGYO -JPN****M AZEYANAGI, M MATSUDA, M TSUKIOKA, M IWASHITA****NATL: 4:33.44 N 12/6/2009 MISSION VIEJO MASTERS****A SUE OSBORN, C LEWIS, R OLSEN, K FRITH**

- |   |                            |                         |                              |                               |
|---|----------------------------|-------------------------|------------------------------|-------------------------------|
| 1 | New England Masters Swim C | A                       | 4:36.00                      | 4:33.70                       |
|   | 1) Carroll, Erica M W36    | 2) Goodale, Rainy M W46 | 3) Szekely, Ildiko W37       | 4) Mancuso, Elizabeth W31     |
|   | 33.97                      | 1:09.78 (1:09.78)       | 1:46.89 (37.11)              | 2:29.77 (1:19.99)             |
|   | 3:34.88 (1:05.11)          | 4:02.61 (27.73)         | 4:33.70 (58.82)              |                               |
| 2 | Great Bay Masters Swimming | A                       | 6:00.00                      | 5:10.05                       |
|   | 1) Trutor, Kristine W28    | 2) McGrail, Crystie W32 | 3) McKenna Gray, Lindsay W34 | 4) Grant, Karen M W53         |
|   | 33.50                      | 1:10.40 (1:10.40)       | 1:52.63 (42.23)              | 2:40.40 (1:30.00)             |
|   | 3:15.91 (35.51)            | 3:57.35 (1:16.95)       | 4:32.05 (34.70)              | 5:10.05 (1:12.70)             |
| 3 | Minuteman Masters Swim Clu | A                       | 6:25.99                      | 6:34.63                       |
|   | 1) Lorang, Janet R W35     | 2) Spitz, Lisa W40      | 3) Scott, Elizabeth A W35    | 4) Afanasewicz, Elizabeth A W |
|   | 42.13                      | 1:24.26 (1:24.26)       | 2:16.44 (52.18)              | 3:13.40 (1:49.14)             |
|   | 4:08.14 (54.74)            | 5:09.75 (1:56.35)       | 5:50.18 (40.43)              | 6:34.63 (1:24.88)             |

**Event 21 Women 160-199 400 SC Meter Medley Relay****WORLD: 4:42.41 W 10/26/2012 TRAFFORD METRO -GBR****T GORST, G BOLTON, L LLOYD-ROACH, H SADLER****NATL: 4:43.31 N 12/15/1998 SAN DIEGO SWIM MASTERS****K PIPES-NEILSEN, C KRATTLI, B DUNBAR, B KNIGHT**

- |   |                           |                              |                         |                            |
|---|---------------------------|------------------------------|-------------------------|----------------------------|
| 1 | SwimRI-2                  | C                            | 5:11.05                 | 5:16.07                    |
|   | 1) Lancaster, Jill W43    | 2) Bonin, Angelina W31       | 3) Nappi, Keri W38      | 4) Neuendorf, Donna M W48  |
|   | 38.74                     | 1:19.02 (1:19.02)            | 2:01.62 (42.60)         | 2:49.31 (1:30.29)          |
|   | 3:24.03 (34.72)           | 4:07.67 (1:18.36)            | 4:24.14 (16.47)         | 5:16.07 (1:08.40)          |
| 2 | Waltham Masters Swimmers- | A                            | 5:58.00                 | 5:54.55                    |
|   | 1) Jakubowski, Beth F W52 | 2) Dinsmore, Sharon M W43    | 3) Howell, Ginger B W31 | 4) Marquis, Lisa W54       |
|   | 46.72                     | 1:36.37 (1:36.37)            | 2:04.82 (28.45)         | 3:12.44 (1:36.07)          |
|   | 3:30.73 (18.29)           | 4:31.25 (1:18.81)            | 5:10.40 (39.15)         | 5:54.55 (1:23.30)          |
| 3 | Connecticut Masters-5     | B                            | 5:45.95                 | 6:18.88                    |
|   | 1) Edison, Cheryl S W54   | 2) Matarese, Christine A W41 | 3) Bey, Madeline W30    | 4) Madonia, Jennifer R W44 |
|   | 47.18                     | 1:36.73 (1:36.73)            | 2:22.23 (45.50)         | 3:10.43 (1:33.70)          |
|   | 3:28.44 (18.01)           | 4:00.16 (49.73)              | 5:15.77 (1:15.61)       | 6:18.88 (2:18.72)          |
| 4 | Worcester Area Masters-2  | A                            | 6:00.99                 | 6:49.15                    |
|   | 1) Dickson, CJ W53        | 2) Olesin, Nancy E W58       | 3) Schaal, Shlomit W46  | 4) Ryder, Heather W40      |
|   | 42.51                     | 1:28.28 (1:28.28)            | 2:30.70 (1:02.42)       |                            |
|   | 4:31.61 (2:00.91)         | 5:28.80 (2:58.10)            | 6:49.15 (1:20.35)       |                            |

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 21 Women 160-199 400 SC Meter Medley Relay)**

5	Charles River Masters-2	C	6:15.00	6:53.37
	1) DeRoche, Erika W36	2) Levenstein, Katherine E W23	3) Krangle, Jennifer B W43	4) Delacruz, Rosie S W56
	41.54	1:24.70 (1:24.70)	2:14.40 (49.70)	3:13.19 (1:48.49)
	4:05.86 (52.67)	5:07.68 (1:54.49)	5:57.96 (50.28)	6:53.37 (1:45.69)
6	University Club of Boston-2	A	6:45.00	7:07.81
	1) Bradley, Katherine R W37	2) Roskoz, Bry W47	3) Holland Sparages, Margaret	4) Day, Lindsay T W26
	51.91	1:48.00 (1:48.00)	2:36.99 (48.99)	3:34.44 (1:46.44)
	4:32.09 (57.65)	5:41.48 (2:07.04)	6:20.74 (39.26)	7:07.81 (1:26.33)

**Event 21 Women 200-239 400 SC Meter Medley Relay**

**WORLD: 4:48.61 W 11/8/2015 NORTH TEXAS MASTERS -USA**  
**S STONE, M REA, L MIZE, L MORRISON**  
**NATL: 4:48.61 N 11/8/2015 North Texas Lonestars**  
**S STONE, M REA, L MIZE, L MORRISON**

1	Granite State Penguins (Nh)-2	A	5:10.50	5:15.27
	1) Estel, Beth A W60	2) Mareb, Karen M W58	3) Williams, Melinda B W35	4) Grilli, Tracy L W59
	41.39	1:24.75 (1:24.75)	1:44.25 (19.50)	2:50.61 (1:25.86)
	3:24.78 (34.17)	4:02.64 (1:12.03)	4:36.90 (34.26)	5:15.27 (1:12.63)

**Event 21 Women 240-279 400 SC Meter Medley Relay**

**WORLD: 5:20.01 W 3/5/2016 UCLA -USA**  
**V HIBBEN, J COOK, C CIRAULO, J HIRSTY**  
**NATL: 5:20.01 N 3/5/2016 UCLA**  
**V HIBBEN, J COOK, C CIRAULO, J HIRSTY**

1	Nutmeg Masters Swim Club-2	A	5:50.50	6:05.47
	1) Galliher, Anne L W59	2) Hayes, Christie M W68	3) Emblidge, Cecilia V W52	4) Magna, Holly W61
	43.70	1:30.72 (1:30.72)	1:49.11 (18.39)	3:17.04 (1:46.32)
	3:40.14 (23.10)	4:46.91 (1:29.87)	5:04.63 (17.72)	6:05.47 (1:18.56)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 22 Men 120-159 400 SC Meter Medley Relay****WORLD: 3:45.25 W 5/10/2014 GOLDEN AGE -JPN****S MITA, R KOBAYASHI, Y MATSUMOTO, H SAKURAI****NATL: 3:57.49 N 12/6/2009****SOUTHERN CAL AQUATIC MASTER****E HOCHSTEIN, D SCHLESINGER, E TOLMACHOFF, M CORNUE**

- |   |                            |                               |                         |                           |
|---|----------------------------|-------------------------------|-------------------------|---------------------------|
| 1 | Charles River Masters-2    | A                             | 4:15.01                 | 4:28.38                   |
|   | 1) Emmons, Michael J M35   | 2) Eaton, William K M29       | 3) Wiens, Matthew R M24 | 4) Chen, Roy F M21        |
|   | 31.87 1:05.99 (1:05.99)    | 1:41.44 (35.45)               | 2:23.06 (1:17.07)       |                           |
|   | 2:53.47 (30.41)            | 3:29.81 (1:06.75)             | 3:57.25 (27.44)         | 4:28.38 (58.57)           |
| 2 | SwimRI-2                   | B                             | 4:37.27                 | 4:41.68                   |
|   | 1) Card, Mathew C M29      | 2) Jaroszewicz, Matthew J M26 | 3) Wallace, Connor M30  | 4) Johnson, Stephen C M37 |
|   | 33.30 1:08.29 (1:08.29)    | 1:45.89 (37.60)               | 2:28.75 (1:20.46)       |                           |
|   | 2:59.90 (31.15)            | 3:36.47 (1:07.72)             | 4:06.93 (30.46)         | 4:41.68 (1:05.21)         |
| 3 | Great Bay Masters Swimming | A                             | 5:15.00                 | 4:57.36                   |
|   | 1) Westgeest, Bart J M37   | 2) Seaman, Arthur E M25       | 3) Schuster, Kevin M29  | 4) Vanier, Jason F M29    |
|   | 35.84 1:12.95 (1:12.95)    | 1:55.51 (42.56)               | 2:44.16 (1:31.21)       |                           |
|   | 3:14.38 (30.22)            | 3:49.90 (1:05.74)             | 4:20.71 (30.81)         | 4:57.36 (1:07.46)         |
| 4 | Maine Masters Swim Club-2  | A                             | 5:05.00                 | 5:10.26                   |
|   | 1) Lecrone, Timothy J M44  | 2) Trainor, Brendan F M40     | 3) Terrio, Sergey M23   | 4) Gillis, John R M35     |
|   | 40.16 1:21.97 (1:21.97)    | 2:05.64 (43.67)               | 2:58.70 (1:36.73)       |                           |
|   | 3:28.02 (29.32)            | 4:03.25 (1:04.55)             | 4:34.11 (30.86)         | 5:10.26 (1:07.01)         |
| 5 | Charles River Masters-2    | B                             | 5:25.00                 | 5:27.60                   |
|   | 1) Freve, Daniel B M31     | 2) Kwa, Ken K M43             | 3) Rifai, Sami A M24    | 4) Sampat, Anuj M39       |
|   | 35.99 1:10.44 (1:10.44)    | 1:53.78 (43.34)               | 2:41.72 (1:31.28)       |                           |
|   | 3:22.85 (41.13)            | 4:14.64 (1:32.92)             | 4:49.46 (34.82)         | 5:27.60 (1:12.96)         |
| 6 | Worcester Area Masters-2   | C                             | 5:38.99                 | 5:53.25                   |
|   | 1) Arsenaault, Paul M55    | 2) Vanacore, Mark M27         | 3) Schaal, Maor M48     | 4) Richardson, Paul R M19 |
|   | 52.43 1:47.26 (1:47.26)    | 2:33.48 (46.22)               | 3:25.81 (1:38.55)       |                           |
|   | 4:04.70 (38.89)            | 4:51.24 (1:25.43)             | 5:20.47 (29.23)         | 5:53.25 (1:02.01)         |
| 7 | Great Bay Masters Swimming | B                             | 6:15.00                 | 5:53.77                   |
|   | 1) Parsons, Steve E M36    | 2) Wraight, Thomas E M29      | 3) Hurley, Brian M M25  | 4) Danielson, Kurt R M41  |
|   | 45.59 1:34.28 (1:34.28)    | 2:16.01 (41.73)               | 3:05.19 (1:30.91)       |                           |
|   | 3:44.12 (38.93)            | 4:41.17 (1:35.98)             | 5:16.01 (34.84)         | 5:53.77 (1:12.60)         |

**Event 22 Men 160-199 400 SC Meter Medley Relay****WORLD: 3:53.09 W 12/6/2009 LONGHORN AQUATICS -USA****A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA****NATL: 3:50.93 N 11/15/2008****LONGHORN AQUATICS****A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA**

- |   |                               |                            |                            |                           |
|---|-------------------------------|----------------------------|----------------------------|---------------------------|
| 1 | Great Bay Masters Swimming    | C                          | 4:50.00                    | 4:52.30                   |
|   | 1) Harker, Travis M43         | 2) Whitford, Matthew T M41 | 3) Cloitre, Christophe M41 | 4) Larsen, Kirk K M39     |
|   | 33.94 1:08.76 (1:08.76)       | 1:44.39 (35.63)            | 2:26.01 (1:17.25)          |                           |
|   | 3:05.52 (39.51)               | 3:53.20 (1:27.19)          | 4:20.61 (27.41)            | 4:52.30 (59.10)           |
| 2 | Worcester Area Masters-2      | B                          | 5:10.99                    | 4:54.35                   |
|   | 1) McCombs, Michael P M60     | 2) Morette, Kyle M26       | 3) Sharon, Gil M42         | 4) Oates, David R M66     |
|   | 36.28 1:13.27 (1:13.27)       | 1:53.68 (40.41)            | 2:39.16 (1:25.89)          |                           |
|   | 3:11.26 (32.10)               | 3:49.27 (1:10.11)          | 4:20.29 (31.02)            | 4:54.35 (1:05.08)         |
| 3 | Boston Lanes (Liquid Assets I | A                          | NT                         | 5:42.43                   |
|   | 1) Lawson, William J M36      | 2) Robinson, Allan M52     | 3) Moynihan, Brian P M34   | 4) O'Brien, David P M60   |
|   | 37.00 1:16.52 (1:16.52)       | 2:05.54 (49.02)            | 2:59.27 (1:42.75)          |                           |
|   | 3:39.67 (40.40)               | 4:29.09 (1:29.82)          | 5:03.20 (34.11)            | 5:42.43 (1:13.34)         |
| 4 | Boston Lanes (Liquid Assets I | B                          | 6:35.00                    | 6:56.51                   |
|   | 1) Mockler, Frank C M61       | 2) Mesirow, Benjamin S M24 | 3) White, Alan G M45       | 4) Marquez, Cristobal M34 |
|   | 39.32 1:19.99 (1:19.99)       | 1:38.36 (18.37)            | 2:59.90 (1:39.91)          |                           |
|   | 4:03.95 (1:04.05)             | 5:29.68 (2:29.78)          | 6:56.51 (1:26.83)          |                           |

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 22 Men 160-199 400 SC Meter Medley Relay)**

--- Granite State Penguins (Nh)-2 A 4:37.00 NS  
 1) French, Chris A M54 2) Wright, Brendan C M38 3) Ohman, Niclas K M42 4) Carroll, Stephen R M47

**Event 22 Men 200-239 400 SC Meter Medley Relay**

**WORLD: 3:59.68 W 12/2/2012 LONGHORN AQUATICS -USA**  
**A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA**

**NATL: 3:59.68 N 12/2/2012 LONGHORN AQUATICS**  
**A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA**

1 SwimRI-2 D 5:11.64 5:20.49  
 1) Theroux, Trent M49 2) Sluter, Steven D M42 3) Burks, Vincent P M56 4) Elturkmani, Majed M62  
 34.37 1:09.53 (1:09.53) 1:52.38 (42.85) 2:42.78 (1:33.25)  
 3:18.80 (36.02) 4:01.41 (1:18.63) 4:36.60 (35.19) 5:20.49 (1:19.08)

2 Connecticut Masters-5 C 5:25.32 5:20.50  
 1) Higgens, Erik M41 2) Lamontagne, Robert J M58 3) Wyckoff, Benjamin W M52 4) Canning, Peter M58  
 39.96 1:21.79 (1:21.79) 2:03.01 (41.22) 2:54.28 (1:32.49)  
 3:24.26 (29.98) 4:00.82 (1:06.54) 4:37.40 (36.58) 5:20.50 (1:19.68)

3 Minuteman Masters Swim Clu B 5:21.99 5:29.20  
 1) Kimble, Kip M53 2) Prescott, Al M48 3) Devlin, Mark A M53 4) Foster, Walter M M55  
 39.26 1:18.20 (1:18.20) 2:04.65 (46.45) 2:55.17 (1:36.97)  
 3:32.54 (37.37) 4:18.31 (1:23.14) 4:51.72 (33.41) 5:29.20 (1:10.89)

4 Pittsfield YMCA Polar Bear N A 5:31.00 5:31.57  
 1) Carter, Michael J M49 2) Crawford, Craig M46 3) Kolis, Steve M61 4) Moore, Jack F M53  
 40.23 1:19.39 (1:19.39) 1:38.29 (18.90) 2:33.22 (1:13.83)  
 3:20.36 (47.14) 4:14.45 (1:41.23) 4:49.93 (35.48) 5:31.57 (1:17.12)

5 Great Bay Masters Swimming D 6:10.00 5:43.74  
 1) Schmuhl, Frederick C M52 2) Schultz, Richard J M50 3) Ceckler, Jack M60 4) Gallagher, Glenn R M58  
 42.80 1:25.63 (1:25.63) 2:06.18 (40.55) 2:52.43 (1:26.80)  
 3:33.39 (40.96) 4:20.92 (1:28.49) 4:59.77 (38.85) 5:43.74 (1:22.82)

6 Charles River Masters-2 C 5:55.00 5:52.43  
 1) Alexander, Mark E M58 2) Henderson, Harold A M66 3) Scannell, Dennis J M56 4) Walker, David E M56  
 35.44 1:12.47 (1:12.47) 2:03.27 (50.80) 3:01.61 (1:49.14)  
 3:39.21 (37.60) 4:22.88 (1:21.27) 5:03.49 (40.61) 5:52.43 (1:29.55)

7 Minuteman Masters Swim Clu C 5:34.99 6:04.85  
 1) Totten, Mark A M55 2) Gilbert, Rick M55 3) Kobs, Ray M52 4) Fernandes, Thomas M53  
 43.31 1:32.36 (1:32.36) 2:16.29 (43.93) 3:04.24 (1:31.88)  
 3:46.61 (42.37) 4:34.91 (1:30.67) 5:16.51 (41.60) 6:04.85 (1:29.94)

**Event 22 Men 240-279 400 SC Meter Medley Relay**

**WORLD: 4:29.34 W 12/6/2015 VENTURA COUNTY MASTERS -USA**  
**J MCCONICA, H KERNS, M SHAFFER, M BLATT**

**NATL: 4:29.34 N 12/6/2015 VENTURA COUNTY MASTERS**  
**J MC CONICA, H KERNS, M SHAFFER, M BLATT**

--- Great Bay Masters Swimming E 8:30.00 DQ  
 1) Arnold, Richard M84 2) Read, Philip E M74 3) Miller, Steve J M62 4) Mack, Tom M58  
 1:26.83 2:33.84 (2:33.84) 4:38.50 (2:04.66) 5:32.77 (2:58.93)  
 6:10.55 (37.78) DQ (1:19.11)



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 23 Mixed 72-99 400 SC Meter Medley Relay**

**NATL: 4:20.54 N 12/6/2009 ORANGE COAST MASTERS SWIMM  
K RYAN, K MILLER, A AMR, K COLESEN**

1 Worcester Area Masters-2	D	5:20.99	5:13.27
1) Caron, Danielle M W25	2) Wild, Mark M25	3) Chen, Tiffany W22	4) Mitchell, Craig M26
38.99	1:20.77 (1:20.77)	2:03.29 (42.52)	2:51.36 (1:30.59)
3:27.22 (35.86)	4:07.33 (1:15.97)	4:38.95 (31.62)	5:13.27 (1:05.94)

**Event 23 Mixed 100-119 400 SC Meter Medley Relay**

**WORLD: 4:05.65 W 1/25/2014 DWK -NED  
M ELLENKAMP, N VAN GEMERT, P GOUWENS, M VAN DEN BE  
NATL: 4:16.58 N 12/15/2002 NEW ENGLAND MASTERS  
B LO-PINTO, S MORAWSKI, J EADDY, J STOKES**

1 Connecticut Masters-5	A	5:02.69	5:00.98
1) Gryglewska, Anna C W26	2) Duguay, Robert E M31	3) Bernstein, Heather M W31	4) Gerard, William H M24
36.00	1:12.18 (1:12.18)	1:55.70 (43.52)	2:42.70 (1:30.52)
3:19.20 (36.50)	3:58.76 (1:16.06)	4:27.75 (28.99)	5:00.98 (1:02.22)
2 SwimRI-2	A	4:52.30	5:27.81
1) Jelaska, Duje M25	2) Mulcahy, Seann P M34	3) Finati, Sara K W24	4) Winslow, Stephanie J W35
37.11	1:16.58 (1:16.58)	2:00.94 (44.36)	2:50.62 (1:34.04)
3:25.54 (34.92)	4:13.66 (1:23.04)	4:48.18 (34.52)	5:27.81 (1:14.15)
3 Minuteman Masters Swim Clt	D	5:31.99	5:49.90
1) Polsi, Christopher M24	2) Amico, Victoria W27	3) Tracy, Mark M23	4) Wellman, Meghan A W30
32.84	1:09.52 (1:09.52)	2:09.84 (1:00.32)	3:22.64 (2:13.12)
3:50.14 (27.50)	4:22.53 (59.89)	5:02.74 (40.21)	5:49.90 (1:27.37)

**Event 23 Mixed 120-159 400 SC Meter Medley Relay**

**WORLD: 3:56.24 W 11/24/2013 PHOENIX SWIM CLUB -USA  
N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI  
NATL: 3:56.24 N 11/24/2013 PHOENIX SWIM CLUB  
N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI**

1 Nutmeg Masters Swim Club-2	A	4:55.50	4:57.01
1) Gerber, Robert M49	2) Dombrowski, Sarah B W28	3) Trumbull, Meredith W28	4) Beahn, Brian A M29
36.93	1:17.65 (1:17.65)	1:57.24 (39.59)	2:42.19 (1:24.54)
3:14.92 (32.73)	3:53.11 (1:10.92)	4:22.53 (29.42)	4:57.01 (1:03.90)

**Event 23 Mixed 160-199 400 SC Meter Medley Relay**

**WORLD: 4:10.32 W 11/22/2009 COLORADO MASTERS SWIMMING-  
S HART, S VON DER LIPPE, C O'SULLIVAN, R ABRAHAMS  
NATL: 4:10.32 N 11/22/2009 COLORADO MASTERS SWIMMING  
S HART, S VON DER LIPPE, C O'SULLIVAN, R ABRAHAMS**

1 Greater Holyoke YMCA Mast	A	5:12.00	5:15.77
1) Plate, Bruce T M50	2) Musiak, Matthew M34	3) FitzGerald, Mary P W49	4) Toner, Michelle A W36
37.26	1:16.59 (1:16.59)	1:53.38 (36.79)	2:35.78 (1:19.19)
3:15.81 (40.03)	4:03.53 (1:27.75)	4:38.23 (34.70)	5:15.77 (1:12.24)
2 Charles River Masters-2	A	6:10.00	5:23.24
1) Twomey, Maura W60	2) Walker, Joshua S M37	3) Van Greuning, Len M49	4) Garland, Sue C W47
50.78	1:45.31 (1:45.31)	2:22.18 (36.87)	3:06.07 (1:20.76)
3:34.38 (28.31)	4:07.79 (1:01.72)	4:24.45 (16.66)	5:23.24 (1:15.45)
3 Minuteman Masters Swim Clt	E	5:40.99	5:57.72
1) Doucet, Douglas C M41	2) Magovern, Kathy E W48	3) Nikander, Robert C M39	4) Oppenheim, Justine W41
34.94	1:13.15 (1:13.15)	2:07.12 (53.97)	3:10.16 (1:57.01)
3:48.22 (38.06)	4:31.97 (1:21.81)	5:11.75 (39.78)	5:57.72 (1:25.75)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 23 Mixed 200-239 400 SC Meter Medley Relay**

**WORLD: 4:23.63 W 10/11/2015 ILLINOIS MASTERS -USA**  
**J TUCHLER, D SIMS, A BLOCK, L DILLMANN**

**NATL: 4:23.63 N 10/11/2015 ILLINOIS MASTERS**  
**J TUCHLER, D SIMS, A BLOCK, L DILLMANN**

1	Maine Masters Swim Club-2	A		5:10.00	5:29.18
	1) Ryan, Jodi W46	2) Hurd, Michael R M48	3) Uecker, Anne W56	4) Ray, Christopher M53	
	37.86 1:17.81 (1:17.81)	1:57.80 (39.99)	2:41.28 (1:23.47)		
	3:27.40 (46.12)	4:22.08 (1:40.80)	4:54.07 (31.99)	5:29.18 (1:07.10)	
2	Waltham Masters Swimmers-	A		6:00.00	5:46.99
	1) Kim, Elizabeth S W53	2) McCallum, Joy W50	3) Kim, Robert Y M56	4) Fuerman, Ross M63	
	47.69 1:37.16 (1:37.16)	2:20.52 (43.36)	3:08.40 (1:31.24)		
	3:46.75 (38.35)	4:26.04 (1:17.64)	5:04.44 (38.40)	5:46.99 (1:20.95)	
3	Simon's Rock PaceMakers-2	B		NT	6:28.30
	1) Purdy, Neil D M56	2) Fleming, Jill M W55	3) Johnson, Eric M53	4) Goldsmith, Louise E W53	
	50.96 1:44.37 (1:44.37)	2:30.03 (45.66)	3:24.71 (1:40.34)		
	4:14.70 (49.99)	5:06.15 (1:41.44)	5:45.62 (39.47)	6:28.30 (1:22.15)	
4	Great Bay Masters Swimming	A		8:00.00	6:54.88
	1) Kerkhove, Johan C M64	2) Larsen, Alicia J W35	3) Newkirk, Thomas R M68	4) Gallagher, Sally L W55	
	42.99 1:29.42 (1:29.42)	2:31.19 (1:01.77)	3:44.65 (2:15.23)		
	4:34.98 (50.33)	5:29.45 (1:44.80)	6:08.90 (39.45)	6:54.88 (1:25.43)	
5	Minuteman Masters Swim Cl	F		NT	7:22.80
	1) Keil, Mark A M63	2) Cady-Fernandes, Louise W53	3) Quinan, Sharon B W53	4) Frackleton, John J M57	
	48.06 1:38.86 (1:38.86)	2:24.03 (45.17)	3:15.58 (1:36.72)		
	4:25.06 (1:09.48)	5:49.01 (2:33.43)	7:22.80 (1:33.79)	7:22.80 (1:33.79)	

**Event 23 Mixed 240-279 400 SC Meter Medley Relay**

**WORLD: 4:43.20 W 12/13/2009 OREGON -USA**  
**K ANDRUS-HUGHES, A STARK, C CRABBE, D RADCLIFF**

**NATL: 4:43.20 N 12/13/2009 OREGON MASTERS**  
**K ANDRUS-HUGHES, A STARK, C CRABBE, D RADCLIFF**

1	SwimRI-2	E		5:48.72	5:49.32
	1) Uustal, Diann W70	2) KielyKilpatrick, Carolyn W53	3) Sayles, Douglas M49	4) Nelson, Robert H M69	
	40.54 1:24.22 (1:24.22)	2:14.17 (49.95)	3:07.14 (1:42.92)		
	3:23.03 (15.89)	4:23.52 (1:16.38)	5:03.23 (39.71)	5:49.32 (1:25.80)	
2	Simon's Rock PaceMakers-2	A		NT	6:21.82
	1) Epstein, Daniel M66	2) Olander, John R M66	3) St.Pierre-Sleboda, Cheryl M4	4) Meyers, Kimberly A W52	
	39.17 1:21.75 (1:21.75)	2:19.30 (57.55)			
		5:36.22 ( )	6:21.82 ( )		
3	Pittsfield YMCA Polar Bear M	A		6:49.00	7:14.01
	1) RyanMann, Duncan P M63	2) West, Barbara A W68	3) Rogacki, Daniel J M69	4) Safran, Marjorie W67	
	43.52 1:27.56 (1:27.56)	2:24.75 (57.19)	3:30.57 (2:03.01)		
	4:11.93 (41.36)	5:01.30 (1:30.73)	6:02.29 (1:00.99)	7:14.01 (2:12.71)	
4	Connecticut Masters-5	D		7:39.73	8:07.93
	1) Onton, Ann Louise W73	2) Epstein, Paul M M70	3) Sega, Ally W43	4) Laux, Michael A M75	
	1:22.28 2:50.82 (2:50.82)	3:42.62 (51.80)	4:43.41 (1:52.59)		
	5:10.74 (27.33)	5:33.64 (50.23)	6:38.65 (1:05.01)	8:07.93 (2:34.29)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 25 Women 240-279 800 SC Meter Freestyle Relay**

**WORLD: 10:25.22 W 11/8/2015 NORTH TEXAS MASTERS -USA**  
**K HENDERSON, L MORRISON, H ERNST, J HIRSTY**  
**NATL: 10:25.22 N 11/8/2015 North Texas Lonestars**  
**K HENDERSON, L MORRISON, H ERNST, J HIRSTY**

1	Nutmeg Masters Swim Club-2	A	10:10.50	11:23.02
	1) Magna, Holly W61	2) Galliher, Anne L W59	3) Hayes, Christie M W68	4) Emblidge, Cecilia V W52
	38.68	1:22.88 (1:22.88)	2:10.03 (2:10.03)	2:57.39 (2:57.39)
	3:36.64 (39.25)	4:22.59 (1:25.20)	5:10.03 (2:12.64)	5:55.75 (2:58.36)
	6:34.02 (38.27)	7:17.17 (1:21.42)	8:01.54 (2:05.79)	8:45.94 (2:50.19)
	9:22.33 (36.39)	10:01.89 (1:15.95)	10:43.09 (1:57.15)	11:23.02 (2:37.08)

**Event 29 Women 18-24 400 SC Meter Freestyle**

**NATL: 4:19.91 N 12/4/2010 MARINA FALCONE**

1	Kent, Sonja	24	Uc02-2	5:15.00	4:58.33
	34.34	1:11.07 (36.73)	1:48.56 (37.49)	2:26.67 (38.11)	
	3:04.65 (37.98)	3:42.84 (38.19)	4:20.96 (38.12)	4:58.33 (37.37)	
2	Swalec, Caitlin M	22	Greenwood Masters-2	5:45.00	5:32.47
	36.99	1:17.24 (40.25)	1:58.64 (41.40)	2:41.56 (42.92)	
	3:25.17 (43.61)	4:07.89 (42.72)	4:51.30 (43.41)	5:32.47 (41.17)	

**Event 29 Women 25-29 400 SC Meter Freestyle**

**WORLD: 4:15.74 W 10/27/2013 SOPHIE CASSON GBR**

**NATL: 4:24.18 N 3/31/1996 SHEILA TAORMINA**

1	Lee, Alexandra K	29	Charles River Masters-2	4:55.00	4:45.01
	32.58	1:08.19 (35.61)	1:44.48 (36.29)	2:20.37 (35.89)	
	2:56.58 (36.21)	3:32.98 (36.40)	4:08.82 (35.84)	4:45.01 (36.19)	
2	Aubin, Alana M	26	Charles River Masters-2	4:55.69	4:58.78
	33.52	1:10.95 (37.43)	1:49.30 (38.35)	2:27.91 (38.61)	
	3:06.36 (38.45)	3:44.40 (38.04)	4:22.15 (37.75)	4:58.78 (36.63)	
3	Amico, Victoria	27	Minuteman Masters Swim Club-2	7:42.00	7:37.25
	49.94	1:45.45 (55.51)	2:42.80 (57.35)	3:41.60 (58.80)	
	4:40.49 (58.89)	5:39.67 (59.18)	6:39.35 (59.68)	7:37.25 (57.90)	
---	Dombrowski, Sarah B	28	Nutmeg Masters Swim Club-2	5:18.58	NS

**Event 29 Women 30-34 400 SC Meter Freestyle**

**WORLD: 4:15.04 W 10/24/2015 SOPHIX CASSON GBR**

**NATL: 4:17.82 N 12/4/2011 DAWN HECKMAN**

1	Mancuso, Elizabeth	31	Boston University Masters	4:46.50	4:40.99
	32.66	1:08.08 (35.42)	1:44.15 (36.07)	2:20.27 (36.12)	
	2:56.35 (36.08)	3:32.51 (36.16)	4:07.48 (34.97)	4:40.99 (33.51)	
2	Bernstein, Heather M	31	Connecticut Masters-5	5:13.00	5:17.77
	36.99	1:17.44 (40.45)	1:58.25 (40.81)	2:38.56 (40.31)	
	3:18.98 (40.42)	3:59.40 (40.42)	4:39.29 (39.89)	5:17.77 (38.48)	
3	Howell, Ginger B	31	Waltham Masters Swimmers-2	5:29.68	5:25.76
	35.08	1:13.42 (38.34)	1:53.30 (39.88)	2:34.22 (40.92)	
	3:15.46 (41.24)	3:58.06 (42.60)	4:41.85 (43.79)	5:25.76 (43.91)	
4	Wolf, Jenny	34	Minuteman Masters Swim Club-2	6:00.00	5:35.22
	39.36	1:20.60 (41.24)	2:03.34 (42.74)	2:46.35 (43.01)	
	3:28.88 (42.53)	4:11.69 (42.81)	4:54.18 (42.49)	5:35.22 (41.04)	
5	Littee, Danielle E	34	Charles River Masters-2	6:11.99	6:12.51
	43.80	1:31.63 (47.83)	2:22.82 (51.19)	3:18.99 (56.17)	
	4:17.68 (58.69)	5:17.34 (59.66)	6:12.51 (55.17)	6:12.51 ( )	
6	Bey, Madeline	30	Connecticut Masters-5	7:04.00	6:23.67
	42.56	1:30.76 (48.20)	2:19.61 (48.85)	3:08.22 (48.61)	
	3:57.68 (49.46)	4:46.92 (49.24)	5:36.43 (49.51)	6:23.67 (47.24)	

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7	Afanasewicz, Elizabeth A	33	Minuteman Masters Swim Club-2	6:40.00	6:26.81
	43.39	1:31.14 (47.75)	2:21.14 (50.00)	3:10.37 (49.23)	
	3:59.19 (48.82)	4:48.87 (49.68)	5:38.64 (49.77)	6:26.81 (48.17)	
8	Guglielmo, Nicole	33	Connecticut Masters-5	7:04.00	6:40.10
	47.50	1:39.66 (52.16)	2:32.41 (52.75)	3:24.42 (52.01)	
	4:15.75 (51.33)	5:05.29 (49.54)	5:55.33 (50.04)	6:40.10 (44.77)	
9	King, Sarah C	33	Adirondack Masters-3	9:00.00	9:47.46
	1:00.01	2:09.67 (1:09.66)	3:24.95 (1:15.28)	4:40.92 (1:15.97)	
	5:58.02 (1:17.10)	7:15.42 (1:17.40)	8:32.50 (1:17.08)	9:47.46 (1:14.96)	

**Event 29 Women 35-39 400 SC Meter Freestyle****WORLD: 4:22.56 W 12/12/1999 K.PIPES-NEILSEN USA****NATL: 4:22.56 N 12/12/1999 K PIPES-NEILSEN**

1	Hunnewell, Becky	36	Charles River Masters-2	4:50.00	4:47.75
	33.52	1:09.80 (36.28)	1:46.63 (36.83)	2:23.19 (36.56)	
	2:59.29 (36.10)	3:34.88 (35.59)	4:11.45 (36.57)	4:47.75 (36.30)	
2	Williams, Melinda B	35	Granite State Penguins (Nh)-2	4:46.49	4:50.67
	33.42	1:09.83 (36.41)	1:47.16 (37.33)	2:24.31 (37.15)	
	3:01.38 (37.07)	3:38.12 (36.74)	4:14.85 (36.73)	4:50.67 (35.82)	
3	Downing, Jennifer	38	Charles River Masters-2	5:02.72	5:01.35
	34.58	1:12.82 (38.24)	1:51.39 (38.57)	2:29.98 (38.59)	
	3:08.38 (38.40)	3:46.80 (38.42)	4:24.72 (37.92)	5:01.35 (36.63)	
4	Doleski, Shannon N	35	Minuteman Masters Swim Club-2	5:35.01	5:34.94
	36.64	1:16.99 (40.35)	1:58.76 (41.77)	2:41.49 (42.73)	
	3:24.80 (43.31)	4:08.40 (43.60)	4:52.45 (44.05)	5:34.94 (42.49)	
5	Lorang, Janet R	35	Minuteman Masters Swim Club-2	5:42.00	5:35.39
	38.27	1:20.77 (42.50)	2:04.38 (43.61)	2:48.44 (44.06)	
	3:32.30 (43.86)	4:15.90 (43.60)	4:57.65 (41.75)	5:35.39 (37.74)	
6	Hettenbach, Maria S	36	Charles River Masters-2	5:33.46	5:36.98
	37.84	1:18.58 (40.74)	2:00.33 (41.75)	2:42.83 (42.50)	
	3:25.10 (42.27)	4:07.89 (42.79)	4:51.83 (43.94)	5:36.98 (45.15)	
7	Winslow, Stephanie J	35	SwimRI-2	6:20.00	6:14.03
	41.38	1:27.99 (46.61)	2:16.51 (48.52)	3:05.21 (48.70)	
	3:53.89 (48.68)	4:42.25 (48.36)	5:29.24 (46.99)	6:14.03 (44.79)	
8	Burns Gallagher, Kelly	36	Connecticut Masters-5	7:00.00	6:54.93
	44.99	1:36.10 (51.11)	2:29.28 (53.18)	3:22.78 (53.50)	
	4:16.31 (53.53)	5:09.82 (53.51)	6:02.94 (53.12)	6:54.93 (51.99)	
9	Scott, Elizabeth A	35	Minuteman Masters Swim Club-2	8:57.05	7:14.90
	48.77	1:41.36 (52.59)	2:37.18 (55.82)	3:33.89 (56.71)	
	4:29.63 (55.74)	5:26.27 (56.64)	6:21.26 (54.99)	7:14.90 (53.64)	
---	Beveridge, Jillian E	36	SwimRI-2	5:45.00	NS

**Event 29 Women 40-44 400 SC Meter Freestyle****WORLD: 4:21.75 W 12/14/2003 K.PIPES-NEILSEN USA****NATL: 4:21.75 N 12/14/2003 K PIPES-NEILSEN**

1	Crusco, Kysa M	40	Granite State Penguins (Nh)-2	4:57.81	5:00.83
	33.04	1:09.40 (36.36)	1:46.99 (37.59)	2:25.04 (38.05)	
	3:03.78 (38.74)	3:43.04 (39.26)	4:22.73 (39.69)	5:00.83 (38.10)	
2	Hindle, Lori D	41	Weymouth Club Masters Swimmir	5:10.00	5:15.80
	35.23	1:13.81 (38.58)	1:53.43 (39.62)	2:33.48 (40.05)	
	3:14.47 (40.99)	3:55.60 (41.13)	4:36.73 (41.13)	5:15.80 (39.07)	
3	Biskovich, Karin W	42	SweetWater Swim Studio-2	5:30.00	5:16.89
	34.93	1:12.93 (38.00)	1:53.30 (40.37)	2:33.99 (40.69)	
	3:14.89 (40.90)	3:55.48 (40.59)	4:36.32 (40.84)	5:16.89 (40.57)	

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4	Baudis, Christina	40	Granite State Penguins (Nh)-2	5:23.86	5:33.74
	38.65	1:19.81 (41.16)	2:01.98 (42.17)	2:44.74 (42.76)	
	3:27.17 (42.43)	4:09.83 (42.66)	4:52.41 (42.58)	5:33.74 (41.33)	
5	Madonia, Jennifer R	44	Connecticut Masters-5	5:31.72	5:39.09
	38.12	1:19.51 (41.39)	2:02.38 (42.87)	2:45.68 (43.30)	
	3:28.81 (43.13)	4:12.72 (43.91)	4:56.85 (44.13)	5:39.09 (42.24)	
6	Dinsmore, Sharon M	43	Waltham Masters Swimmers-2	6:10.50	6:23.42
	33.70	1:27.76 (54.06)	2:16.51 (48.75)	3:05.89 (49.38)	
	3:54.90 (49.01)	4:44.43 (49.53)	5:34.32 (49.89)	6:23.42 (49.10)	
7	Sega, Ally	43	Connecticut Masters-5	7:11.97	7:06.71
	50.95	1:44.18 (53.23)	2:37.82 (53.64)	3:32.74 (54.92)	
	4:26.94 (54.20)	5:21.73 (54.79)	6:15.75 (54.02)	7:06.71 (50.96)	
---	Bergeron, Victoria	41	Uc02-2	8:00.00	NS
---	Kavanagh, Hillary	43	Abc Masters - Gray Sharks-2	5:45.18	NS
---	Krier, Kira J	42	Stowe Masters-2	6:32.60	NS

**Event 29 Women 45-49 400 SC Meter Freestyle****WORLD: 4:25.34 W 5/16/2009 K.PIPES-NEILSEN USA****NATL: 4:25.34 N 5/16/2009 K PIPES-NEILSEN**

1	Garland, Sue C	47	Charles River Masters-2	5:53.99	5:46.57
	38.30	1:20.84 (42.54)	2:04.82 (43.98)	2:49.49 (44.67)	
	3:34.30 (44.81)	4:18.84 (44.54)	5:03.78 (44.94)	5:46.57 (42.79)	
2	Langlois, Claire	45	Pittsfield YMCA Polar Bear Mas-	6:20.00	6:02.01
	40.07	1:25.07 (45.00)	2:11.36 (46.29)	2:58.24 (46.88)	
	3:44.95 (46.71)	4:31.07 (46.12)	5:17.25 (46.18)	6:02.01 (44.76)	
3	Roccabruna, Amy M	46	Pittsfield YMCA Polar Bear Mas-	6:30.00	6:38.44
	43.74	1:32.39 (48.65)	2:22.64 (50.25)	3:13.25 (50.61)	
	4:04.72 (51.47)	4:56.92 (52.20)	5:48.59 (51.67)	6:38.44 (49.85)	
---	Olsen, Jennifer	45	Wayland Masters-2	5:06.51	NS

**Event 29 Women 50-54 400 SC Meter Freestyle****WORLD: 4:34.81 W 1/29/2011 LYNN MARSHALL CAN****NATL: 4:35.54 N 12/5/2009 S HEIM-BOWEN**

1	Brynn, Charlotte J	50	Stowe Masters-2	5:15.00	5:11.77
	35.47	1:14.42 (38.95)	1:53.86 (39.44)	2:33.76 (39.90)	
	3:13.69 (39.93)	3:53.45 (39.76)	4:33.09 (39.64)	5:11.77 (38.68)	
2	Weideman, Jennifer	50	Conejo Valley Masters-33	5:15.58	5:17.59
	35.78	1:14.44 (38.66)	1:54.28 (39.84)	2:34.50 (40.22)	
	3:15.11 (40.61)	3:55.90 (40.79)	4:37.09 (41.19)	5:17.59 (40.50)	
3	Delorey, Laura E	54	Greenwood Masters-2	5:25.89	5:18.94
	36.90	1:16.45 (39.55)	1:56.66 (40.21)	2:37.26 (40.60)	
	3:18.27 (41.01)	3:59.10 (40.83)	4:39.81 (40.71)	5:18.94 (39.13)	
4	Emblidge, Cecilia V	52	Nutmeg Masters Swim Club-2	5:16.50	5:27.56
	36.33	1:16.69 (40.36)	1:58.27 (41.58)	2:40.20 (41.93)	
	3:22.71 (42.51)	4:05.20 (42.49)	4:46.92 (41.72)	5:27.56 (40.64)	
5	Crans, Mara	50	Maine Masters Swim Club-2	6:45.03	6:00.64
	39.68	1:24.81 (45.13)	2:10.29 (45.48)	2:56.17 (45.88)	
	3:41.88 (45.71)	4:29.59 (47.71)	5:16.66 (47.07)	6:00.64 (43.98)	
6	Jakubowski, Beth F	52	Waltham Masters Swimmers-2	6:00.00	6:02.37
	41.10	1:26.04 (44.94)	2:12.07 (46.03)	2:58.62 (46.55)	
	3:45.29 (46.67)	4:31.84 (46.55)	5:17.84 (46.00)	6:02.37 (44.53)	
7	Dickson, CJ	53	Worcester Area Masters-2	6:00.95	6:03.91
	40.02	1:25.22 (45.20)	2:12.39 (47.17)	2:59.96 (47.57)	
	3:47.89 (47.93)	4:34.90 (47.01)	5:20.84 (45.94)	6:03.91 (43.07)	

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8	Pasterczyk, Christine	50	Charles River Masters-2	6:10.01	6:08.88
	40.94	1:26.53 (45.59)	2:13.36 (46.83)	3:00.27 (46.91)	
	3:47.70 (47.43)	4:34.63 (46.93)	5:22.39 (47.76)	6:08.88 (46.49)	
9	Meyers, Kimberly A	52	Simon's Rock PaceMakers-2	6:30.00	6:16.01
	43.04	1:30.18 (47.14)	2:16.90 (46.72)	3:05.02 (48.12)	
	3:52.94 (47.92)	4:40.88 (47.94)	5:29.52 (48.64)	6:16.01 (46.49)	
10	Barlow, Jennifer	50	Abc Masters - Gray Sharks-2	7:00.00	6:28.51
	43.84	1:31.97 (48.13)	2:21.27 (49.30)	3:10.61 (49.34)	
	4:01.35 (50.74)	4:51.72 (50.37)	5:41.64 (49.92)	6:28.51 (46.87)	
11	Marquis, Lisa	54	Waltham Masters Swimmers-2	7:30.00	6:34.66
	42.87	1:31.63 (48.76)	2:21.35 (49.72)	3:11.20 (49.85)	
	4:02.13 (50.93)	4:52.61 (50.48)	5:45.70 (53.09)	6:34.66 (48.96)	
12	Flynn, Sandra P	51	Greenwood Masters-2	8:04.00	7:25.74
	46.77	1:39.55 (52.78)	2:36.76 (57.21)	3:34.77 (58.01)	
	4:32.94 (58.17)	5:31.46 (58.52)	6:29.96 (58.50)	7:25.74 (55.78)	
13	Beconi, Maria G	53	Minuteman Masters Swim Club-2	8:20.00	7:48.22
	52.63	1:51.25 (58.62)	2:50.89 (59.64)	3:50.43 (59.54)	
	4:49.92 (59.49)	5:51.08 (1:01.16)	6:50.80 (59.72)	7:48.22 (57.42)	
14	Quinan, Sharon B	53	Minuteman Masters Swim Club-2	10:38.00	8:50.43
	57.83	2:03.32 (1:05.49)	3:11.88 (1:08.56)	4:20.34 (1:08.46)	
	5:29.21 (1:08.87)	6:37.71 (1:08.50)	7:46.34 (1:08.63)	8:50.43 (1:04.09)	
---	Goldsmith, Louise E	53	Simon's Rock PaceMakers-2	6:30.00	DQ
	1:08.23	2:00.37 (52.14)	2:52.42 (52.05)	3:42.17 (49.75)	
	4:32.09 (49.92)	5:22.07 (49.98)	6:12.69 (50.62)	DQ (48.77)	
---	Holland Sparages, Margaret M	53	University Club of Boston-2	7:17.00	NS
---	McLean, Meagan	51	New England Masters Swim Club	7:55.85	NS
---	Harvey, Lori	51	Kingsbury Club Masters-2	6:35.00	NS
---	KielyKilpatrick, Carolyn	52	SwimRI-2	28:00.00	NS

**Event 29 Women 55-59 400 SC Meter Freestyle****WORLD: 4:37.35 W 1/23/2016 LYNN MARSHALL****CAN****NATL: 4:42.97 N 10/4/2009 LAURA VAL**

1	Grilli, Tracy L	59	Granite State Penguins (Nh)-2	5:16.88	5:25.55
	35.89	1:16.04 (40.15)	1:57.25 (41.21)	2:38.52 (41.27)	
	3:20.49 (41.97)	4:02.42 (41.93)	4:44.83 (42.41)	5:25.55 (40.72)	
2	Stokes, Karin E	55	Granite State Penguins (Nh)-2	5:36.79	5:37.14
	38.61	1:20.58 (41.97)	2:03.71 (43.13)	2:46.74 (43.03)	
	3:29.48 (42.74)	4:12.38 (42.90)	4:55.27 (42.89)	5:37.14 (41.87)	
3	Cheney, Jane E	55	Greenwood Masters-2	5:51.64	5:49.58
	38.84	1:22.55 (43.71)	2:07.37 (44.82)	2:52.44 (45.07)	
	3:37.03 (44.59)	4:21.51 (44.48)	5:06.32 (44.81)	5:49.58 (43.26)	
4	Gallagher, Sally L	55	Great Bay Masters Swimming, In-	6:10.00	6:08.57
	39.83	1:25.00 (45.17)	2:13.11 (48.11)	3:01.21 (48.10)	
	3:48.26 (47.05)	4:36.04 (47.78)	5:23.26 (47.22)	6:08.57 (45.31)	
5	Randall, Romaine	59	Abc Masters - Gray Sharks-2	6:49.05	6:39.53
	43.20	1:30.89 (47.69)	2:21.83 (50.94)	3:13.08 (51.25)	
	4:04.63 (51.55)	4:56.56 (51.93)	5:50.43 (53.87)	6:39.53 (49.10)	
6	Fleming, Jill M	55	Simon's Rock PaceMakers-2	7:49.00	6:47.43
	43.34	1:33.09 (49.75)	2:24.72 (51.63)	3:17.52 (52.80)	
	4:10.50 (52.98)	5:04.32 (53.82)	5:57.15 (52.83)	6:47.43 (50.28)	
7	Florio-Jefferys, Joanna M	58	Pittsfield YMCA Polar Bear Mas-	6:50.84	6:59.74
	45.17	1:37.74 (52.57)	2:32.92 (55.18)	3:27.94 (55.02)	
	4:22.83 (54.89)	5:16.56 (53.73)	6:09.64 (53.08)	6:59.74 (50.10)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 29 Women 55-59 400 SC Meter Freestyle)**

---	Rappaport, Nancy	57	Charles River Masters-2	6:41.88	DQ
	1:00.77	1:52.29 (51.52)	2:46.94 (54.65)	3:42.55 (55.61)	
	4:36.20 (53.65)	5:30.94 (54.74)	DQ (1:43.04)		
---	Hallett, Connie	57	Maine Masters Swim Club-2	5:22.12	NS

**Event 29 Women 60-64 400 SC Meter Freestyle****WORLD: 4:53.24 W 8/24/2013 LAURA VAL USA****NATL: 4:53.24 N 8/24/2013 LAURA VAL**

1	Estel, Beth A	60	Granite State Penguins (Nh)-2	5:23.00	5:18.55
	36.83	1:16.69 (39.86)	1:57.69 (41.00)	2:38.77 (41.08)	
	3:20.13 (41.36)	3:59.47 (39.34)	4:39.69 (40.22)	5:18.55 (38.86)	
2	Johnston, Nancy	61	Keene Swim Masters-2	5:52.01	5:48.66
	38.37	1:21.00 (42.63)	2:05.19 (44.19)	2:50.15 (44.96)	
	3:35.00 (44.85)	4:20.14 (45.14)	5:05.02 (44.88)	5:48.66 (43.64)	
3	Dickson, Mary	64	Pittsfield YMCA Polar Bear Mas-	7:12.00	6:57.93
	45.54	1:35.79 (50.25)	2:28.07 (52.28)	3:22.46 (54.39)	
	4:16.91 (54.45)	5:11.90 (54.99)	6:06.34 (54.44)	6:57.93 (51.59)	

**Event 29 Women 65-69 400 SC Meter Freestyle****WORLD: 5:06.74 W 1/30/2016 LAURA VAL USA****NATL: 5:06.74 N 1/30/2016 LAURA VAL**

1	Hayes, Christie M	68	Nutmeg Masters Swim Club-2	6:08.03	5:50.12
	39.64	1:22.92 (43.28)	2:06.57 (43.65)	2:51.36 (44.79)	
	3:35.94 (44.58)	4:21.38 (45.44)	5:06.45 (45.07)	5:50.12 (43.67)	
2	West, Barbara A	68	Pittsfield YMCA Polar Bear Mas-	7:00.00	6:50.06
	45.99	1:37.23 (51.24)	2:30.19 (52.96)	3:23.82 (53.63)	
	4:16.47 (52.65)	5:08.73 (52.26)	6:01.26 (52.53)	6:50.06 (48.80)	
3	Mitchell, Carol	67	Sarasota Y Sharks-14	7:15.00	7:10.01
	49.01	1:43.20 (54.19)	2:37.69 (54.49)	3:32.92 (55.23)	
	4:27.34 (54.42)	5:22.11 (54.77)	6:16.53 (54.42)	7:10.01 (53.48)	
4	Needham, Cynthia	68	Stowe Masters-2	9:18.61	8:50.49
	1:00.19	2:05.09 (1:04.90)	3:12.99 (1:07.90)	4:19.95 (1:06.96)	
	5:28.03 (1:08.08)	6:36.03 (1:08.00)	7:44.07 (1:08.04)	8:50.49 (1:06.42)	
5	Shenouda, Baheya	68	Charles River Masters-2	13:12.66	14:23.71
	1:41.12	3:29.03 (1:47.91)	5:19.04 (1:50.01)	7:10.11 (1:51.07)	
	9:00.84 (1:50.73)	10:50.59 (1:49.75)	12:41.17 (1:50.58)	14:23.71 (1:42.54)	

**Event 29 Women 70-74 400 SC Meter Freestyle****WORLD: 5:50.41 W 11/15/2008 YOSHIKO OSAKI JPN****NATL: 5:56.79 N 11/12/2016 CAROLYN BOAK**

1	Slifer, Kathy M	71	YMCA of the North Shore SwimF	6:08.25	6:06.19
	40.79	1:25.56 (44.77)	2:11.79 (46.23)	2:58.85 (47.06)	
	3:46.28 (47.43)	4:33.76 (47.48)	5:21.07 (47.31)	6:06.19 (45.12)	
---	Onton, Ann Louise	73	Connecticut Masters-5	8:48.05	NS

**Event 31 Women 100-119 200 SC Meter Medley Relay****WORLD: 1:58.90 W 11/27/2015 NEVA STARS -RUS****E KARETINA, A POLIAKOVA, A KUZMICHEVA, E SHERSHEN****NATL: 2:02.98 N 12/1/2012 THE OLYMPIC CLUB****O'DONNELL-MCCARTH, K HOUSTON, E REILLY, C DAVIDOFF**

1	Charles River Masters-2	A	2:20.01	2:18.49
	1) Lee, Alexandra K W29	2) Downing, Jennifer W38	3) Aubin, Alana M W26	4) Levenstein, Katherine E W2
	36.06	1:14.06 (38.00)	1:44.85 (30.79)	2:18.49 (33.64)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 31 Women 120-159 200 SC Meter Medley Relay****WORLD: 1:56.67 W 11/28/2014 TSUNAMI -RUS****S KARPEEVA, S KNIAGININA, I SHLEMOVA, L YUDINA****NATL: 2:04.31 N 12/13/2009 RED TIDE OF NYC****K GARY, T SHPAIZER, F WILLEBOORDSE, S WAGER**

1	SwimRI-2	A	2:25.12	2:14.17
	1) Lancaster, Jill W43	2) Finati, Sara K W24	3) Nappi, Keri W38	4) Neuendorf, Donna M W48
	35.06	1:11.16 (36.10)	1:44.27 (33.11)	2:14.17 (29.90)
2	Connecticut Masters-5	D	3:40.25	2:51.50
	1) Burns Gallagher, Kelly W362) Zelek, Michelle W32	3) Bey, Madeline W30	4) Guglielmo, Nicole W33	
	48.45	1:29.06 (40.61)	2:15.56 (46.50)	2:51.50 (35.94)
3	Minuteman Masters Swim Clt	A	3:00.99	3:02.74
	1) Lorang, Janet R W35	2) Blake, Shannon E W36	3) Scott, Elizabeth A W35	4) Afanasewicz, Elizabeth A W
	38.31	1:38.73 (1:00.42)	3:02.74 (1:24.01)	
---	SwimRI-2	B	2:33.21	NS
	1) Winslow, Stephanie J W35	2) Bonin, Angelina W31	3) KielyKilpatrick, Carolyn W54)	Beveridge, Jillian E W36

**Event 31 Women 160-199 200 SC Meter Medley Relay****WORLD: 2:00.84 W 5/8/2016 HELSINGBERGS SIMSALLSKAP -SW****N WAHLBERG, L KARLSSON, J SJOBERG, H HABERG****NATL: 2:06.09 N 10/5/2003 SAN DIEGO SWIM MASTERS****K PIPES-NEILSEN, C KRATTLI, J COOVER, V DAVIDSON**

1	Waltham Masters Swimmers-	A	2:37.00	2:31.75
	1) Kim, Elizabeth S W53	2) Dinsmore, Sharon M W43	3) Howell, Ginger B W31	4) Pohl, Jessica L W49
	43.11	1:25.83 (42.72)	2:00.94 (35.11)	2:31.75 (30.81)
2	YMCA of the North Shore Sw	A	2:35.10	2:44.86
	1) Freedman, Andi W50	2) Zraket, Lisa W52	3) McNiff, Catherine A W46	4) Leveroni, Amy S W46
	47.72	1:39.05 (51.33)	2:15.32 (36.27)	2:44.86 (29.54)
3	Worcester Area Masters-2	A	2:55.00	2:51.60
	1) Olesin, Nancy E W58	2) Ryder, Heather W40	3) Dickson, CJ W53	4) Schaal, Shlomit W46
	48.19	1:33.68 (45.49)	2:13.41 (39.73)	2:51.60 (38.19)

**Event 31 Women 200-239 200 SC Meter Medley Relay****WORLD: 2:12.00 W 4/15/2015 VICTORIA MASTERS -CAN****C MABEE, B NIELSON, S MACDONALD, A MCGRATH****NATL: 2:13.25 N 11/7/2015 North Texas Lonestars****S STONE, L MIZE, M REA, L MORRISON**

1	Granite State Penguins (Nh)-2	A	2:15.30	2:20.91
	1) Estel, Beth A W60	2) Mareb, Karen M W58	3) Dowgiert, Angela W37	4) Grilli, Tracy L W59
	38.09	1:17.14 (39.05)	1:48.24 (31.10)	2:20.91 (32.67)
2	Charles River Masters-2	C	2:45.01	2:47.56
	1) Gaffey, Erin W31	2) Hettenbach, Maria S W36	3) Garland, Sue C W47	4) Pasterczyk, Christine W50
	44.89	1:27.24 (42.35)	2:08.07 (40.83)	2:47.56 (39.49)
3	Greenwood Masters-2	B	2:45.00	2:55.99
	1) Renwick, Jacque A W55	2) Cheney, Jane E W55	3) Delorey, Laura E W54	4) Flynn, Sandra P W51
	45.59	1:36.73 (51.14)	2:13.61 (36.88)	2:55.99 (42.38)
4	Simon's Rock PaceMakers-2	A	2:50.00	2:58.85
	1) St.Pierre-Sleboda, Cheryl M2) Fleming, Jill M W55	3) Meyers, Kimberly A W52	4) Goldsmith, Louise E W53	
	45.27	1:41.62 (56.35)	2:21.36 (39.74)	2:58.85 (37.49)



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**WORLD: 1:40.82 W 3/17/2013 SK NEPTUN -SWE**  
**S SJODIN, P FLODQVIST, C VIKSTROM, P STYMNE**  
**NATL: 1:40.44 N 12/5/2015 GOLDEN ROAD AQUATICS**  
**D COLUPAEV, N KORTH, M MARSHALL, N POPOV**

1	Charles River Masters-2	A	2:00.01	1:59.78
	1) Emmons, Michael J M35	2) Caputo, Matteo M26	3) Chen, Roy F M21	4) Chance, Joseph C M25
	31.02	1:08.39 (37.37)	1:35.83 (27.44)	1:59.78 (23.95)

**Event 32 Men 120-159 200 SC Meter Medley Relay**

**WORLD: 1:39.28 W 3/22/2015 SK NEPTUN -SWE**  
**D LONNBERG, N TOUR, A NYSTROM, P STYMNE**  
**NATL: 1:45.01 N 4/16/1994 BAYLOR / LONE STAR**  
**J YARID, G RHODENBAUGH, B PATTEN, M RHODENBAUGH**

1	Charles River Masters-2	B	2:05.00	2:04.40
	1) Freve, Daniel B M31	2) Van Greuning, Len M49	3) Wiens, Matthew R M24	4) Rifai, Sami A M24
	31.30	1:06.46 (35.16)	1:34.96 (28.50)	2:04.40 (29.44)
2	SwimRI-2	C	2:05.17	2:04.52
	1) Jaroszewicz, Matthew J M26	2) Gilson, Matthew R M49	3) Wallace, Connor M30	4) Duru, Kaan M46
	34.20	1:09.34 (35.14)	1:37.67 (28.33)	2:04.52 (26.85)

**Event 32 Men 160-199 200 SC Meter Medley Relay**

**WORLD: 1:44.50 W 11/27/2015 NEVA STARS -RUS**  
**A SHILIN, A MANZHULA, P LEBEDEV, V PREDKIN**  
**NATL: 1:45.13 N 11/16/2008 LONGHORN AQUATICS**  
**A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA**

1	Great Bay Masters Swimming	B	1:55.00	2:08.24
	1) Westgeest, Bart J M37	2) Whitford, Matthew T M41	3) Schultz, Richard J M50	4) Cloitre, Christophe M41
	31.95	1:06.45 (34.50)	1:39.19 (32.74)	2:08.24 (29.05)

**Event 32 Men 200-239 200 SC Meter Medley Relay**

**WORLD: 1:49.42 W 12/1/2012 LONGHORN AQUATICS -USA**  
**A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA**  
**NATL: 1:49.42 N 12/1/2012 LONGHORN AQUATICS**  
**A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA**

1	Granite State Penguins (Nh)-2	A	2:06.80	2:05.77
	1) French, Chris A M54	2) Tyler, Bob M54	3) Ohman, Niclas K M42	4) DeLew, Christopher D M54
	33.74	1:09.48 (35.74)	1:36.67 (27.19)	2:05.77 (29.10)
2	Worcester Area Masters-2	C	2:15.00	2:12.83
	1) McCombs, Michael P M60	2) McGahie, Ted M57	3) Sharon, Gil M42	4) Oates, David R M66
	33.12	1:11.13 (38.01)	1:42.93 (31.80)	2:12.83 (29.90)
3	Minuteman Masters Swim Cl	B	2:30.99	2:28.78
	1) Keil, Mark A M63	2) Gilbert, Rick M55	3) Totten, Mark A M55	4) Foster, Walter M M55
	41.54	1:23.05 (41.51)	1:57.94 (34.89)	2:28.78 (30.84)
4	SwimRI-2	D	2:31.52	2:33.50
	1) Burks, Vincent P M56	2) Nelson, Robert H M69	3) Elturkmani, Majed M62	4) Johnson, Stephen C M37
	39.02	1:28.33 (49.31)	2:04.87 (36.54)	2:33.50 (28.63)

**Event 32 Men 240-279 200 SC Meter Medley Relay**

**WORLD: 2:00.56 W 3/21/2015 NORTH CAROLINA MASTERS -USA**  
**J KLEIN, N VESTAL, D GILCHRIST, P TREVISAN**  
**NATL: 2:00.56 N 3/21/2015 NORTH CAROLINA MASTERS SWIM**  
**J KLEIN, N VESTAL, D GILCHRIST, P TREVISAN**

1	Connecticut Masters-5	A	3:50.51	2:30.31
	1) Geoghegan, William J M66	2) Lamontagne, Robert J M58	3) Laux, Michael A M75	4) Canning, Peter M58
	41.99	1:20.86 (38.87)	1:58.88 (38.02)	2:30.31 (31.43)

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2	Great Bay Masters Swimming	D	3:00.00	2:31.68
	1) Games, Brett C M50	2) Miller, Steve J M62	3) Newkirk, Thomas R M68	4) Kerkhove, Johan C M64
	35.60	1:18.76 (43.16)	1:57.24 (38.48)	2:31.68 (34.44)
3	Greenwood Masters-2	C	2:45.00	2:43.04
	1) Holt, Steve M65	2) Renwick, John C M63	3) Bartl, Roland M60	4) Stundtner, Matthew R M53
	38.29	1:26.53 (48.24)	2:09.90 (43.37)	2:43.04 (33.14)
4	Simon's Rock PaceMakers-2	B	2:40.00	2:58.74
	1) Kraus, Gerald J M85	2) Olander, John R M66	3) Thorp, Alexander R M46	4) Johnson, Eric M53
	1:14.80	1:58.36 (43.56)	2:30.43 (32.07)	2:58.74 (28.31)
5	Charles River Masters-2	C	2:20.00	3:07.40
	1) Alexander, Mark E M58	2) Henderson, Harold A M66	3) Wallace, Thomas F M57	4) Martin, Charles A M80
	33.53	1:18.28 (44.75)	1:53.68 (35.40)	3:07.40 (1:13.72)

**Event 32 Men 280-319 200 SC Meter Medley Relay****WORLD: 2:12.76 W 3/15/2015 PAINEIRAS DO MORUMBY -BRA****J ORLANDO LORO, A CARLOS ORSELLI, P MOTTA, G PAVET****NATL: 2:15.32 N 12/13/2015 GOLD COAST MASTERS****L CHILDS, G SCHMIDT, K LODWIG, C CAVANAUGH**

1	Simon's Rock PaceMakers-2	A	3:00.00	3:02.19
	1) Epstein, Daniel M66	2) Smith, Starbuck M73	3) Zelehoski, Raymond J M68	4) Hatchette, Michael A M75
	36.16	1:29.46 (53.30)	2:11.99 (42.53)	3:02.19 (50.20)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 33 Mixed 72-99 200 SC Meter Medley Relay****NATL: 1:52.26 N 12/4/2010 THE OLYMPIC CLUB****M SCANLAN, G LENTZ, M GILL, B BISHOP**

1 Worcester Area Masters-2	B	2:20.00	2:18.78
1) Chen, Tiffany W22	2) Wild, Mark M25	3) Mitchell, Craig M26	4) Caron, Danielle M W25
34.25	1:13.16 (38.91)	1:46.44 (33.28)	2:18.78 (32.34)

**Event 33 Mixed 100-119 200 SC Meter Medley Relay****WORLD: 1:48.48 W 11/30/2014 POSEIDON -RUS****O KLIUCHNIKOVA, A VYSOTSKIY, A MARKOVA, A ZATCEPIN****NATL: 1:51.60 N 12/4/2010 THE OLYMPIC CLUB****O'DONNELL-MCCARTH, G MARSHALL, E REILLY, S GREENWO**

1 Boston University Masters	A	2:00.00	2:06.23
1) Carroll, Erica M W36	2) Hsieh, Alan M23	3) Mancuso, Elizabeth W31	4) Poirot, Cedric M29
33.49	1:08.04 (34.55)	1:37.59 (29.55)	2:06.23 (28.64)
2 Connecticut Masters-5	A	2:45.91	2:17.27
1) Gryglewska, Anna C W26	2) Duguay, Robert E M31	3) Bernstein, Heather M W31	4) Gerard, William H M24
32.97	1:14.62 (41.65)	1:49.49 (34.87)	2:17.27 (27.78)
3 Minuteman Masters Swim Clu	C	2:39.99	2:38.42
1) Palsi, Christopher M24	2) Amico, Victoria W27	3) Tracy, Mark M23	4) Wellman, Meghan A W30
31.89	1:32.74 (1:00.85)	1:59.34 (26.60)	2:38.42 (39.08)
4 Worcester Area Masters-2	C	2:50.00	2:56.08
1) Morette, Kyle M26	2) Fairbanks, Christine W25	3) Vanacore, Mark M27	4) White, Jessica L W25
39.85	1:26.72 (46.87)	2:03.19 (36.47)	2:56.08 (52.89)

**Event 33 Mixed 120-159 200 SC Meter Medley Relay****WORLD: 1:47.51 W 11/23/2013 PHOENIX SWIM CLUB -USA****N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI****NATL: 1:47.51 N 11/23/2013 PHOENIX SWIM CLUB****N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI**

1 Greenwood Masters-2	A	2:36.00	2:18.15
1) Courbron, Yanghee W28	2) Graham, David C M42	3) Hui, Christopher D M32	4) Swalec, Caitlin M W22
35.74	1:12.56 (36.82)	1:45.74 (33.18)	2:18.15 (32.41)
2 Great Bay Masters Swimming	A	2:15.00	2:18.39
1) McGrail, Crystie W32	2) Heath, Lauren R W32	3) Schuster, Kevin M29	4) Wraight, Thomas E M29
34.72	1:21.98 (47.26)	1:50.07 (28.09)	2:18.39 (28.32)
3 Minuteman Masters Swim Clu	D	2:20.99	2:20.43
1) Littee, Yohann J M35	2) Wolf, Jenny W34	3) Doleski, Shannon N W35	4) Doucet, Douglas C M41
31.68	1:17.27 (45.59)	1:55.15 (37.88)	2:20.43 (25.28)

**Event 33 Mixed 160-199 200 SC Meter Medley Relay****WORLD: 1:52.95 W 11/29/2015 NEVA STARS -RUS****V PREDKIN, P LEBEDEV, A POLIAKOVA, O POZNIKOVA****NATL: 1:53.38 N 11/21/2009 COLORADO MASTERS SWIMMING****S HART, S VON DER LIPPE, C O'SULLIVAN, R ABRAHAMS**

1 Granite State Penguins (Nh)-2	A	2:13.84	2:15.20
1) Crusco, Kysa M W40	2) Wright, Brendan C M38	3) Williams, Melinda B W35	4) Plencner, Bob R M64
37.22	1:10.76 (33.54)	1:43.75 (32.99)	2:15.20 (31.45)
2 Granite State Penguins (Nh)-2	B	2:23.90	2:26.35
1) Getchell, Jackson H M24	2) Nisley-Black, Karla W61	3) Stokes, Karin E W55	4) Carroll, Stephen R M47
36.14	1:22.48 (46.34)	2:00.38 (37.90)	2:26.35 (25.97)
3 Connecticut Masters-5	B	3:15.69	2:33.28
1) Wyckoff, Benjamin W M52	2) Gugino, Douglas A M56	3) Sega, Ally W43	4) Madonia, Jennifer R W44
37.82	1:13.36 (35.54)	2:00.46 (47.10)	2:33.28 (32.82)

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4	Pittsfield YMCA Polar Bear N	B	2:46.00	2:36.62
	1) Carter, Michael J M49	2) Langlois, Claire W45	3) Roccabruna, Amy M W46	4) Foley, Stephen M44
	34.09	1:29.29 (55.20)	2:16.95 (47.66)	2:36.62 (19.67)
5	North Suburban YMCA Mast	A	2:35.00	2:40.40
	1) Hamilton, James E M56	2) Saltojanas, Denise I W43	3) Samson, Vivian L W40	4) Learned, David M M46
	41.77	1:29.76 (47.99)	2:05.81 (36.05)	2:40.40 (34.59)
6	Minuteman Masters Swim Cl	E	NT	3:24.04
	1) Parsons, Edward C M42	2) Prescott, Al M48	3) Quinan, Sharon B W53	4) Beconi, Maria G W53
	43.45	1:28.20 (44.75)	3:24.04 (1:55.84)	

**Event 33 Mixed 200-239 200 SC Meter Medley Relay**

**WORLD: 1:57.65 W 10/14/2012 BLU FROG TEAM -USA**  
**S HART, D CHANCE, M MIDDLETON, R ABRAHAMS**  
**NATL: 1:57.65 N 10/10/2012 BLU FROG TEAM**  
**S HART, D CHANCE, M MIDDLETON, R ABRAHAMS**

1	Waltham Masters Swimmers-	A	2:39.00	2:38.62
	1) Jakubowski, Beth F W52	2) McCallum, Joy W50	3) Fuerman, Ross M63	4) Kim, Robert Y M56
	44.42	1:26.74 (42.32)	2:07.26 (40.52)	2:38.62 (31.36)
2	Abc Masters - Gray Sharks-2	A	2:35.00	2:44.04
	1) Barlow, Jennifer W50	2) Randall, Romaine W59	3) Davis, William M58	4) McLaughlin, Brian J M61
	46.89	1:37.94 (51.05)	2:11.99 (34.05)	2:44.04 (32.05)
3	Great Bay Masters Swimming	C	2:40.00	2:52.38
	1) Gallagher, Sally L W55	2) Edin, Deborah E W54	3) Moran, Terence M56	4) Gallagher, Glenn R M58
	49.13	1:41.32 (52.19)	2:18.88 (37.56)	2:52.38 (33.50)
---	Connecticut Masters-5	E	4:20.51	NS
	1) Epstein, Paul M M70	2) Walton, Austin R M33	3) Matarese, Christine A W41	4) Onton, Ann Louise W73

**Event 33 Mixed 240-279 200 SC Meter Medley Relay**

**WORLD: 2:07.54 W 11/22/2015 PUGET SOUND MASTERS -USA**  
**D GRAHAM, R COLELLA, L DAHL, C DAVIS**  
**NATL: 2:07.54 N 11/22/2015 PUGET SOUND MASTERS**  
**D GRAHAM, R COLELLA, L DAHL, C DAVIS**

1	Pittsfield YMCA Polar Bear N	A	2:46.00	2:46.13
	1) RyanMann, Duncan P M63	2) Dickson, Mary W64	3) Kolis, Steve M61	4) West, Barbara A W68
	39.29	1:27.38 (48.09)	2:04.39 (37.01)	2:46.13 (41.74)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 35 Women 18-24 100 SC Meter Freestyle****NATL: 55.86 N 11/21/2010 J BECKBERGER**

1	Kent, Sonja	24	Uc02-2	1:07.00	1:07.73
	32.82	1:07.73	(34.91)		
2	Swalec, Caitlin M	22	Greenwood Masters-2	1:15.00	1:10.66
	34.29	1:10.66	(36.37)		

**Event 35 Women 25-29 100 SC Meter Freestyle****WORLD: 54.53 W 10/24/2015 EMMA GAGE****GBR****NATL: 56.30 N 3/31/1996 SHEILA TAORMINA**

1	Randolph, Courtney M	25	Umac-Terrapin Masters-10	1:01.50	1:00.69
	29.59	1:00.69	(31.10)		
2	Gryglewska, Anna C	26	Connecticut Masters-5	1:02.00	1:01.20
	29.74	1:01.20	(31.46)		
3	Aubin, Alana M	26	Charles River Masters-2	1:02.75	1:03.27
4	Lee, Alexandra K	29	Charles River Masters-2	1:01.50	1:03.68
	30.49	1:03.68	(33.19)		
5	Fuller, Sarah E	29	Waltham YMCA-2	1:10.00	1:10.21
	33.43	1:10.21	(36.78)		
6	Caron, Danielle M	25	Worcester Area Masters-2	1:15.00	1:11.54
	34.21	1:11.54	(37.33)		
7	Levenstein, Katherine E	26	Charles River Masters-2	1:17.00	1:19.61
	37.51	1:19.61	(42.10)		
8	White, Jessica L	25	Worcester Area Masters-2	2:10.00	2:09.46
	55.58	2:09.46	(1:13.88)		
---	Byron, Caroline	29	Charles River Masters-2	1:00.99	NS

**Event 35 Women 30-34 100 SC Meter Freestyle****WORLD: 54.75 W 10/13/2012 ERIKA ERNDL****USA****NATL: 54.75 N 10/13/2012 ERIKA ERNDL**

1	Bonin, Angelina	31	SwimRI-2	1:10.00	1:11.74
	34.00	1:11.74	(37.74)		
2	Rood, Jenny	31	Tech Masters-2	1:14.99	1:14.25
	35.58	1:14.25	(38.67)		
3	Gaffey, Erin	31	Charles River Masters-2	1:14.00	1:17.01
	37.03	1:17.01	(39.98)		
4	Heath, Lauren R	32	Great Bay Masters Swimming, In-	1:27.40	1:21.11
	37.87	1:21.11	(43.24)		
5	Wellman, Meghan A	30	Minuteman Masters Swim Club-2	1:30.00	1:27.46
	41.70	1:27.46	(45.76)		
---	Byron, Liz V	32	Charles River Masters-2	1:05.32	NS

**Event 35 Women 35-39 100 SC Meter Freestyle****WORLD: 54.95 W 12/3/2006 DARA TORRES****USA****NATL: 54.95 N 12/3/2006 DARA TORRES**

1	Grover, Mollie K	35	Umac-Terrapin Masters-10	1:01.96	1:01.80
	30.11	1:01.80	(31.69)		
2	Nappi, Keri	38	SwimRI-2	1:07.00	1:09.10
	32.49	1:09.10	(36.61)		
3	Winslow, Stephanie J	35	SwimRI-2	1:16.00	1:16.22
	36.05	1:16.22	(40.17)		
4	Burns Gallagher, Kelly	36	Connecticut Masters-5	1:29.00	1:32.81
	43.77	1:32.81	(49.04)		
5	Blake, Shannon E	36	Minuteman Masters Swim Club-2	1:29.74	1:33.45
	44.43	1:33.45	(49.02)		
---	Beveridge, Jillian E	36	SwimRI-2	1:17.00	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 35 Women 40-44 100 SC Meter Freestyle****WORLD: 57.08 W 12/14/2014 ERIKA BRAUN****USA****NATL: 57.08 N 12/14/2014 ERIKA BRAUN**

1	Lancaster, Jill	43	SwimRI-2	1:06.00	1:03.94
	31.32	1:03.94	(32.62)		
2	Crusco, Kysa M	40	Granite State Penguins (Nh)-2	1:05.96	1:06.32
	32.11	1:06.32	(34.21)		
3	Hindle, Lori D	41	Weymouth Club Masters Swimm	1:07.02	1:07.19
	32.97	1:07.19	(34.22)		
4	Biskovich, Karin W	42	SweetWater Swim Studio-2	1:13.00	1:07.32
	32.91	1:07.32	(34.41)		
5	Ryder, Heather	40	Worcester Area Masters-2	1:23.55	1:19.03
	36.70	1:19.03	(42.33)		
6	Saltojanas, Denise I	43	North Suburban YMCA Masters-2	1:26.00	1:29.27
	42.21	1:29.27	(47.06)		
7	Sega, Ally	43	Connecticut Masters-5	1:29.72	1:29.91
	43.78	1:29.91	(46.13)		
---	Krier, Kira J	42	Stowe Masters-2	1:34.01	NS
---	Bergeron, Victoria	41	Uc02-2	2:00.00	NS

**Event 35 Women 45-49 100 SC Meter Freestyle****WORLD: 58.43 W 3/29/2014 MARIE FUZZATI****FRA****NATL: 58.61 N 12/2/2007 K PIPES-NEILSEN**

1	Leveroni, Amy S	46	YMCA of the North Shore SwimF	1:08.14	1:06.94
	31.51	1:06.94	(35.43)		
2	Neuendorf, Donna M	48	SwimRI-2	1:07.65	1:07.20
	31.99	1:07.20	(35.21)		
3	Olsen, Jennifer	45	Wayland Masters-2	1:08.64	1:08.28
	32.80	1:08.28	(35.48)		
4	Pohl, Jessica L	49	Waltham Masters Swimmers-2	1:11.00	1:11.53
	34.57	1:11.53	(36.96)		
5	Garland, Sue C	47	Charles River Masters-2	1:16.42	1:16.02
	36.08	1:16.02	(39.94)		
6	McNiff, Catherine A	46	YMCA of the North Shore SwimF	1:15.00	1:16.35
	36.80	1:16.35	(39.55)		
7	Langlois, Claire	45	Pittsfield YMCA Polar Bear Mas-	1:30.00	1:19.74
	37.26	1:19.74	(42.48)		
8	Roccabruna, Amy M	46	Pittsfield YMCA Polar Bear Mas-	1:21.85	1:23.14
	38.49	1:23.14	(44.65)		
---	Ryan, Jodi	46	Maine Masters Swim Club-2	1:04.50	NS

**Event 35 Women 50-54 100 SC Meter Freestyle****WORLD: 58.60 W 1/25/2015 M.THERESE FUZZATI****FRA****NATL: 1:01.41 N 9/27/2014 ELLEN REYNOLDS**

1	Brynn, Charlotte J	50	Stowe Masters-2	1:10.74	1:11.65
	34.79	1:11.65	(36.86)		
2	O'Donnell, Sonja K	50	Uc02-2	1:25.00	1:13.34
	35.43	1:13.34	(37.91)		
3	Crans, Mara	50	Maine Masters Swim Club-2	1:12.85	1:13.63
	35.09	1:13.63	(38.54)		
4	Barlow, Jennifer	50	Abc Masters - Gray Sharks-2	1:22.00	1:20.66
	39.13	1:20.66	(41.53)		
5	Zraket, Lisa	52	YMCA of the North Shore SwimF	1:19.73	1:22.30
	38.54	1:22.30	(43.76)		

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6	Goldsmith, Louise E	53	Simon's Rock PaceMakers-2	1:25.47	1:23.17
	38.97				1:23.17 (44.20)
7	Marquis, Lisa	54	Waltham Masters Swimmers-2	1:40.00	1:25.87
	41.61				1:25.87 (44.26)
8	Freedman, Andi	50	YMCA of the North Shore SwimF	1:30.00	1:30.73
	42.86				1:30.73 (47.87)
9	Flynn, Sandra P	51	Greenwood Masters-2	1:45.00	1:35.54
10	Beconi, Maria G	53	Minuteman Masters Swim Club-2	1:59.00	1:44.36
	50.16				1:44.36 (54.20)
---	Weiderman, Jennifer	50	Conejo Valley Masters-33	1:11.30	NS
---	Cadigan, Leslie J	54	Minuteman Masters Swim Club-2	1:47.00	NS
---	Terry, Roz	53	Uc02-2	1:34.00	NS

**Event 35 Women 55-59 100 SC Meter Freestyle****WORLD: 1:01.33 W 12/4/2009 LAURA VAL USA****NATL: 1:01.33 N 12/4/2009 LAURA VAL**

1	Mareb, Karen M	58	Granite State Penguins (Nh)-2	1:10.00	1:08.61
	32.83				1:08.61 (35.78)
2	Grilli, Tracy L	59	Granite State Penguins (Nh)-2	1:10.52	1:11.18
	34.65				1:11.18 (36.53)
3	Stokes, Karin E	55	Granite State Penguins (Nh)-2	1:13.01	1:12.17
	35.09				1:12.17 (37.08)
4	Cheney, Jane E	55	Greenwood Masters-2	1:18.00	1:17.58
	36.74				1:17.58 (40.84)
5	Hallett, Connie	57	Maine Masters Swim Club-2	1:14.22	1:18.71
	37.37				1:18.71 (41.34)
6	St.Pierre-Sleboda, Cheryl M	57	Simon's Rock PaceMakers-2	1:22.53	1:21.51
	38.09				1:21.51 (43.42)
7	Randall, Romaine	59	Abc Masters - Gray Sharks-2	1:26.77	1:23.53
	40.30				1:23.53 (43.23)
8	Kulakova, Olga	55	Uc02-2	1:15.00	1:24.53
	39.04				1:24.53 (45.49)
9	Halliday, Renee Z	56	OakSquare YMCA-2	1:56.00	1:25.62
	39.89				1:25.62 (45.73)
10	Florio-Jefferys, Joanna M	58	Pittsfield YMCA Polar Bear Mas-	1:42.58	1:29.53
	42.14				1:29.53 (47.39)
11	Rappaport, Nancy	57	Charles River Masters-2	1:28.13	1:29.78
12	Olesin, Nancy E	58	Worcester Area Masters-2	1:46.60	1:49.59

**Event 35 Women 60-64 100 SC Meter Freestyle****WORLD: 1:03.48 W 12/5/2014 LAURA VAL USA****NATL: 1:03.48 N 12/5/2014 LAURA VAL**

1	Hibben, Veronica	60	UCLA Bruin Masters-33	1:05.25	1:04.76
	31.55				1:04.76 (33.21)
2	Johnston, Nancy	61	Keene Swim Masters-2	1:18.01	1:16.46
	36.75				1:16.46 (39.71)
3	Dumont, Leslie S	60	Andover North Andover YMCA-2	1:10.30	1:17.58
	36.49				1:17.58 (41.09)

**Event 35 Women 65-69 100 SC Meter Freestyle****WORLD: 1:06.90 W 11/22/2015 CHARLOTTE DAVIS USA****NATL: 1:06.86 N 10/8/2016 LAURA VAL**

1	McCloskey, Cecilia D	66	Colonials 1776-8	1:16.00	1:12.44
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 35 Women 65-69 100 SC Meter Freestyle)**

2	Hayes, Christie M	68	Nutmeg Masters Swim Club-2	1:20.08	1:17.22
	37.28		1:17.22 (39.94)		
3	Shenouda, Baheya	68	Charles River Masters-2	3:14.68	3:25.89
---	Kraus, Rozann	66	Simon's Rock PaceMakers-2	2:11.12	NS
---	Mitchell, Carol	67	Sarasota Y Sharks-14	1:36.44	NS
---	Feldmann, Joel T	65	Keene Swim Masters-2	1:16.27	NS

**Event 35 Women 70-74 100 SC Meter Freestyle****WORLD: 1:12.58 W 5/22/2016 DIANN UUSTAL USA****NATL: 1:12.58 N 5/22/2016 DIANN UUSTAL**

1	Uustal, Diann	70	SwimRI-2	1:13.05	1:13.48
	34.54		1:13.48 (38.94)		
2	Stephen, Mary	74	Simon's Rock PaceMakers-2	1:52.00	1:46.04
	51.35		1:46.04 (54.69)		
3	Onton, Ann Louise	73	Connecticut Masters-5	1:50.09	2:16.23
	1:02.78		2:16.23 (1:13.45)		
4	Birch, Beryl B	74	Simon's Rock PaceMakers-2	2:15.00	2:22.44
	1:06.65		2:22.44 (1:15.79)		



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 36 Men 18-24 100 SC Meter Freestyle****NATL: 48.00 N 12/11/2005 NICK BRUNELLI**

1	Morris, Justin	22	King Fins Aquatic Club-2	55.00	54.40
	26.30		54.40 (28.10)		
2	Terrio, Sergey	23	Maine Masters Swim Club-2	58.20	55.97
	26.64		55.97 (29.33)		
3	Tracy, Mark	23	Minuteman Masters Swim Club-2	1:00.00	56.55
	27.46		56.55 (29.09)		
4	Chen, Roy F	21	Charles River Masters-2	58.09	56.68
	27.51		56.68 (29.17)		
5	Wiens, Matthew R	24	Charles River Masters-2	59.09	59.40
	28.69		59.40 (30.71)		
6	Polsi, Christopher	24	Minuteman Masters Swim Club-2	1:05.00	59.47
	28.64		59.47 (30.83)		
7	Richardson, Paul R	19	Worcester Area Masters-2	1:04.00	1:01.43
	28.92		1:01.43 (32.51)		
8	Hsieh, Alan	23	Boston University Masters	58.99	1:02.70
	29.05		1:02.70 (33.65)		
9	Gerard, William H	24	Connecticut Masters-5	1:03.83	1:03.50
	26.94		1:03.50 (36.56)		
10	Rifai, Sami A	24	Charles River Masters-2	1:00.00	1:07.87
	32.43		1:07.87 (35.44)		
11	Getchell, Jackson H	24	Granite State Penguins (Nh)-2	1:25.00	1:07.98
	33.29		1:07.98 (34.69)		

**Event 36 Men 25-29 100 SC Meter Freestyle****WORLD: 47.43 W 11/16/2014 CESAR CIELO****USA****NATL: 47.43 N 11/16/2014 CESAR CIELO**

1	Chance, Joseph C	25	Charles River Masters-2	53.50	53.02
	25.93		53.02 (27.09)		
2	Schuster, Kevin	29	Great Bay Masters Swimming, In-	59.34	59.12
	28.22		59.12 (30.90)		
3	Eaton, William K	29	Charles River Masters-2	1:01.49	59.88
	28.72		59.88 (31.16)		
4	Pope, Ryan	27	Uc02-2	1:00.68	1:00.71
	28.32		1:00.71 (32.39)		
5	Caputo, Matteo	26	Charles River Masters-2	1:01.00	1:01.59
	29.42		1:01.59 (32.17)		
6	Jaroszewicz, Matthew J	26	SwimRI-2	1:01.13	1:02.61
	29.93		1:02.61 (32.68)		
7	Mitchell, Craig	26	Worcester Area Masters-2	1:04.60	1:03.44
	30.65		1:03.44 (32.79)		
8	Poirot, Cedric	29	Boston University Masters	1:03.80	1:03.72
	30.03		1:03.72 (33.69)		
9	Wraight, Thomas E	29	Great Bay Masters Swimming, In-	1:07.23	1:04.78
	30.61		1:04.78 (34.17)		
10	Morette, Kyle	26	Worcester Area Masters-2	1:08.76	1:06.99
	32.21		1:06.99 (34.78)		
11	Hyland, David J	28	Nutmeg Masters Swim Club-2	1:07.00	1:08.37
	33.29		1:08.37 (35.08)		
12	Vanacore, Mark	27	Worcester Area Masters-2	1:10.00	1:09.08
	32.61		1:09.08 (36.47)		
13	Dillon, Sean	26	Worcester Area Masters-2	1:12.68	1:24.04
	37.46		1:24.04 (46.58)		
---	Reed, Matthew D	25	Maine Masters Swim Club-2	1:01.74	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 36 Men 30-34 100 SC Meter Freestyle****WORLD: 47.29 W 11/27/2015 EVGENIY LAGUNOV RUS****NATL: 48.08 N 9/27/2014 DARIAN TOWNSEND**

1	Wallace, Connor	30	SwimRI-2	58.75	58.21
	27.95	58.21	(30.26)		
2	Oloughlin, Jonathan	33	Umac-Terrapin Masters-10	1:01.53	59.74
	28.60	59.74	(31.14)		
3	Freve, Daniel B	31	Charles River Masters-2	1:01.00	1:00.47
	29.36	1:00.47	(31.11)		
4	Hui, Christopher D	32	Greenwood Masters-2	1:10.00	1:04.26
	30.71	1:04.26	(33.55)		
5	Shaw, Chris	34	Umac-Terrapin Masters-10	1:10.00	1:05.65
	29.92	1:05.65	(35.73)		
6	Duguay, Robert E	31	Connecticut Masters-5	1:08.25	1:06.78
	32.85	1:06.78	(33.93)		

**Event 36 Men 35-39 100 SC Meter Freestyle****WORLD: 49.53 W 3/19/2000 JOHN MIRANDA SWE****NATL: 50.72 N 11/6/2009 MICHAEL PICOTTE**

1	Emmons, Michael J	35	Charles River Masters-2	54.98	56.02
	26.80	56.02	(29.22)		
2	Strahota, Jeffrey R	36	Umac-Terrapin Masters-10	57.75	58.14
	27.77	58.14	(30.37)		
3	Wright, Brendan C	38	Granite State Penguins (Nh)-2	1:01.01	1:02.69
	29.82	1:02.69	(32.87)		
4	Johnson, Stephen C	37	SwimRI-2	1:04.00	1:04.24
5	Westgeest, Bart J	37	Great Bay Masters Swimming, In-	1:05.00	1:04.55
	30.72	1:04.55	(33.83)		
6	Gillis, John R	35	Maine Masters Swim Club-2	59.00	1:04.63
	29.85	1:04.63	(34.78)		
---	Shepherd, Jeremy	37	Rockwall Aquatics Masters-26	57.50	NS

**Event 36 Men 40-44 100 SC Meter Freestyle****WORLD: 49.81 W 5/8/2016 HIDEAKI HARA JPN****NATL: 50.43 N 12/6/2008 MICHAEL ROSS**

1	Ohman, Niclas K	42	Granite State Penguins (Nh)-2	53.80	54.68
	26.94	54.68	(27.74)		
2	Phillips, Tom	42	Michigan Masters-19	55.74	56.02
	26.33	56.02	(29.69)		
3	Lecrone, Timothy J	44	Maine Masters Swim Club-2	57.50	58.04
	28.17	58.04	(29.87)		
4	Doucet, Douglas C	41	Minuteman Masters Swim Club-2	58.75	59.49
	28.47	59.49	(31.02)		
5	Cloitre, Christophe	41	Great Bay Masters Swimming, In-	1:08.43	1:07.02
6	Sullivan Jr., John E	42	YMCA of the North Shore SwimF	1:13.26	1:12.14
	33.88	1:12.14	(38.26)		
7	Foley, Stephen	44	Pittsfield YMCA Polar Bear Mas-	1:16.83	1:15.53
	35.68	1:15.53	(39.85)		
8	Le, Quang	42	Boston Lanes (Liquid Assets Ne-2	1:28.00	1:27.14
	40.31	1:27.14	(46.83)		
---	Dornaus, David R	42	University Club of Boston-2	1:00.43	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 36 Men 45-49 100 SC Meter Freestyle**

	<b>WORLD:</b>	<b>51.30</b>	<b>W</b>	<b>3/10/2012</b>	<b>NICOLAS GRANGER</b>		<b>FRA</b>
	<b>NATL:</b>	<b>52.54</b>	<b>N</b>	<b>12/2/2007</b>	<b>PAUL SMITH</b>		
1	Carroll, Stephen R	47	Granite State Penguins (Nh)-2	1:06.97	58.84		
	27.35	58.84	(31.49)				
2	Van Greuning, Len	49	Charles River Masters-2	59.51	59.70		
	28.39	59.70	(31.31)				
3	Duru, Kaan	46	SwimRI-2	1:00.00	59.82		
	28.94	59.82	(30.88)				
4	Gilson, Matthew R	49	SwimRI-2	59.39	1:00.74		
	29.05	1:00.74	(31.69)				
5	Ellis, Andrew F	48	Umac-Terrapin Masters-10	1:01.00	1:03.59		
	29.94	1:03.59	(33.65)				
6	Thorp, Alexander R	46	Simon's Rock PaceMakers-2	1:20.00	1:06.47		
	33.44	1:06.47	(33.03)				
7	Schaal, Maor	48	Worcester Area Masters-2	1:16.00	1:16.41		
	35.92	1:16.41	(40.49)				
8	Learned, David M	46	North Suburban YMCA Masters-2	1:20.00	1:21.87		
	38.70	1:21.87	(43.17)				
---	O'Leary, Shawn B	46	Maine Masters Swim Club-2	1:02.03	NS		
---	Carroll, Stewart A	46	Rockwall Aquatics Masters-26	54.39	NS		

**Event 36 Men 50-54 100 SC Meter Freestyle**

	<b>WORLD:</b>	<b>51.61</b>	<b>W</b>	<b>10/17/2009</b>	<b>ROWDY GAINES</b>		<b>USA</b>
	<b>NATL:</b>	<b>51.61</b>	<b>N</b>	<b>10/17/2009</b>	<b>ROWDY GAINES</b>		
1	Tyler, Bob	54	Granite State Penguins (Nh)-2	58.27	58.65		
	28.16	58.65	(30.49)				
2	French, Chris A	54	Granite State Penguins (Nh)-2	1:01.36	1:00.37		
	28.74	1:00.37	(31.63)				
3	Wyckoff, Benjamin W	52	Connecticut Masters-5	1:05.78	1:03.04		
	30.96	1:03.04	(32.08)				
4	Levy, Dan	51	Westchester Masters-6	1:05.55	1:04.99		
	30.98	1:04.99	(34.01)				
5	DeLew, Christopher D	54	Granite State Penguins (Nh)-2	1:05.00	1:06.76		
	31.03	1:06.76	(35.73)				
6	Schultz, Richard J	50	Great Bay Masters Swimming, In-	1:08.15	1:07.45		
	31.97	1:07.45	(35.48)				
7	Games, Brett C	50	Great Bay Masters Swimming, In-	1:08.99	1:08.50		
	32.15	1:08.50	(36.35)				
8	Heber, Scott	50	Rockwall Aquatics Masters-26	55.75	1:09.49		
	30.77	1:09.49	(38.72)				
9	Devlin, Mark A	53	Minuteman Masters Swim Club-2	1:07.47	1:10.97		
	34.26	1:10.97	(36.71)				
10	Carll, Stephen J	51	SwimRI-2	1:06.00	1:12.95		
	33.37	1:12.95	(39.58)				
11	Colbert, Joseph P	53	New England Masters Swim Club	1:16.00	1:18.63		
	38.20	1:18.63	(40.43)				
12	Bell, Blake R	54	Adirondack Masters-3	1:22.04	1:19.34		
	38.13	1:19.34	(41.21)				
13	Ramirez, Francisco A	54	Simon's Rock PaceMakers-2	1:25.00	1:25.66		
	39.95	1:25.66	(45.71)				
---	Hiltabiddle, Steve	50	Colonials 1776-8	55.95	NS		
---	Rudman, Frederic C	52	Simon's Rock PaceMakers-2	1:10.00	NS		

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 36 Men 55-59 100 SC Meter Freestyle**

<b>WORLD: 54.50 W 4/5/2009 JACK GROSELLE</b>		<b>USA</b>	
<b>NATL: 54.50 N 4/5/2009 JACK GROSELLE</b>			
1	Gugino, Douglas A 31.35	56 Connecticut Masters-5 1:05.96 (34.61)	1:15.00 1:05.96
2	Shipp, Bill 32.18	56 Umac-Terrapin Masters-10 1:06.17 (33.99)	1:06.50 1:06.17
3	Palmer, Ray 31.99	57 New England Masters Swim Club 1:06.33 (34.34)	1:12.21 1:06.33
4	Davis, William 31.68	58 Abc Masters - Gray Sharks-2 1:06.66 (34.98)	1:12.45 1:06.66
5	Wallace, Thomas F 31.79	57 Charles River Masters-2 1:06.90 (35.11)	1:05.24 1:06.90
6	Totten, Mark A 31.50	55 Minuteman Masters Swim Club-2 1:07.00 (35.50)	1:02.00 1:07.00
7	McGahie, Ted 32.16	57 Worcester Area Masters-2 1:07.08 (34.92)	1:07.25 1:07.08
8	Alexander, Mark E 32.54	58 Charles River Masters-2 1:07.23 (34.69)	1:06.12 1:07.23
9	Lane, Tom 32.41	57 Uc02-2 1:07.84 (35.43)	1:08.37 1:07.84
10	Meier, Bill R 32.63	55 Simon's Rock PaceMakers-2 1:08.83 (36.20)	1:08.73 1:08.83
11	Foster, Walter M 32.77	55 Minuteman Masters Swim Club-2 1:09.17 (36.40)	1:11.00 1:09.17
12	Taylor, Giles 32.29	57 OakSquare YMCA-2 1:09.30 (37.01)	1:08.00 1:09.30
13	Roth, Douglas M 34.15	55 Maine Masters Swim Club-2 1:10.37 (36.22)	1:13.57 1:10.37
14	Arsenault, Paul 34.41	55 Worcester Area Masters-2 1:11.84 (37.43)	1:13.44 1:11.84
15	Gilbert, Rick 34.60	55 Minuteman Masters Swim Club-2 1:13.06 (38.46)	1:13.92 1:13.06
16	Moran, Terence 34.36	56 Great Bay Masters Swimming, In- 1:15.47 (41.11)	1:08.76 1:15.47
17	Mcdonald, Dave 37.35	56 Uc02-2 1:19.68 (42.33)	1:07.00 1:19.68
18	Gallagher, Glenn R 37.39	58 Great Bay Masters Swimming, In- 1:20.00 (42.61)	1:17.00 1:20.00
19	Canning, Peter 37.72	58 Connecticut Masters-5 1:20.42 (42.70)	1:19.00 1:20.42
20	Armstrong, Barry G 38.35	57 Uc02-2 1:20.80 (42.45)	1:30.00 1:20.80
21	Heyison, Michael R 38.12	59 Tech Masters-2 1:21.07 (42.95)	1:20.00 1:21.07
---	Lipkowitz, Robert D	56 YMCA of the North Shore SwimF	1:15.00 NS
---	Shea, William	55 Boston Lanes (Liquid Assets Ne-2	1:03.00 NS
---	Scott, Michael K	56 SwimRI-2	3:15.00 NS

**Event 36 Men 60-64 100 SC Meter Freestyle**

<b>WORLD: 55.87 W 5/17/2014 JACK GROSELLE</b>		<b>USA</b>	
<b>NATL: 55.87 N 5/17/2014 JACK GROSELLE</b>			
1	Syphers, Dale A 32.52	60 Maine Masters Swim Club-2 1:08.41 (35.89)	1:08.10 1:08.41

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 36 Men 60-64 100 SC Meter Freestyle)**

2	McLaughlin, Brian J	61	Abc Masters - Gray Sharks-2	1:12.61	1:11.28
	35.12		1:11.28 (36.16)		
3	Mockler, Frank C	61	Boston Lanes (Liquid Assets Ne-2	1:15.00	1:11.98
	33.98		1:11.98 (38.00)		
4	Miller, Steve J	62	Great Bay Masters Swimming, In-	1:11.98	1:13.62
	35.45		1:13.62 (38.17)		
5	Kolis, Steve	61	Pittsfield YMCA Polar Bear Mas-	1:17.80	1:14.87
	35.34		1:14.87 (39.53)		
6	RyanMann, Duncan P	63	Pittsfield YMCA Polar Bear Mas-	1:18.00	1:16.49
	37.71		1:16.49 (38.78)		
7	Elturkmani, Majed	62	SwimRI-2	1:20.00	1:17.41
	36.83		1:17.41 (40.58)		
8	Renwick, John C	63	Greenwood Masters-2	1:20.00	1:18.68
	38.83		1:18.68 (39.85)		
---	Bright, David	63	New England Masters Swim Club	1:15.00	NS

**Event 36 Men 65-69 100 SC Meter Freestyle****WORLD: 58.58 W 10/13/2012 RICHARD ABRAHAMS USA****NATL: 58.58 N 10/13/2012 RICHARD ABRAHAMS**

1	Oates, David R	66	Worcester Area Masters-2	1:04.58	1:05.31
	31.38		1:05.31 (33.93)		
2	Epstein, Daniel	66	Simon's Rock PaceMakers-2	1:13.50	1:11.48
	34.70		1:11.48 (36.78)		
3	Olander, John R	66	Simon's Rock PaceMakers-2	1:14.41	1:14.07
	34.81		1:14.07 (39.26)		
4	Pot, Eugene T	66	Binghamton Univ Masters-4	1:17.00	1:14.31
	35.14		1:14.31 (39.17)		
5	Newkirk, Thomas R	68	Great Bay Masters Swimming, In-	1:15.00	1:14.79
	36.29		1:14.79 (38.50)		
6	Schiller, Rob	65	Charles River Masters-2	1:13.50	1:17.99
7	Henderson, Harold A	66	Charles River Masters-2	1:15.00	1:20.88
	37.85		1:20.88 (43.03)		
8	Song, Mingjie	69	Abc Masters - Gray Sharks-2	1:30.01	1:26.62
	41.75		1:26.62 (44.87)		

**Event 36 Men 70-74 100 SC Meter Freestyle****WORLD: 1:01.70 W 5/17/2015 RICHARD ABRAHAMS USA****NATL: 1:01.70 N 5/17/2015 RICHARD ABRAHAMS**

1	Bernstein, Rich	70	Asphalt Green Masters-6	1:20.00	1:23.12
	41.26		1:23.12 (41.86)		
2	Pope, James A	74	Lowell YMCA Flippers Masters S	1:25.00	1:24.91
	41.01		1:24.91 (43.90)		
3	Epstein, Paul M	70	Connecticut Masters-5	1:34.00	1:29.31
	42.15		1:29.31 (47.16)		
4	Read, Philip E	74	Great Bay Masters Swimming, In-	1:40.28	1:39.48
	45.85		1:39.48 (53.63)		
5	Roccabello, John J	73	SwimRI-2	2:13.40	2:29.02
	1:09.05		2:29.02 (1:19.97)		

**Event 36 Men 75-79 100 SC Meter Freestyle****WORLD: 1:05.13 W 4/19/2009 DAVID RADCLIFF USA****NATL: 1:05.13 N 4/19/2009 DAVID RADCLIFF**

1	Coupe, George J	76	Granite State Penguins (Nh)-2	1:30.00	1:29.19
	40.93		1:29.19 (48.26)		

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2	Ribush, Nicholas	75	Abc Masters - Gray Sharks-2	1:45.00	1:48.14
	51.74		1:48.14 (56.40)		
3	Hatchette, Michael A	75	Simon's Rock PaceMakers-2	2:00.00	1:52.18
	50.48		1:52.18 (1:01.70)		
4	Mitchell, Jack	77	Sarasota Y Sharks-14	2:18.30	2:21.66
	1:03.52		2:21.66 (1:18.14)		

**Event 36 Men 80-84 100 SC Meter Freestyle****WORLD: 1:11.26 W 9/27/2014 DAVID RADCLIFF USA****NATL: 1:11.26 N 9/27/2014 DAVID RADCLIFF**

1	Alkoff, Howard	83	Connecticut Masters-5	1:50.00	1:48.17
	49.21		1:48.17 (58.96)		
2	Arnold, Richard	84	Great Bay Masters Swimming, In-	2:00.00	2:29.90
	1:11.19		2:29.90 (1:18.71)		
3	Martin, Charles A	80	Charles River Masters-2	2:54.00	2:54.85
	1:17.26		2:54.85 (1:37.59)		

**Event 36 Men 85-89 100 SC Meter Freestyle****WORLD: 1:14.68 W 1/31/2016 ROBERTO ALBERICHE ESP****NATL: 1:23.20 N 9/16/2000 JIM EUBANK**

1	Kraus, Gerald J	85	Simon's Rock PaceMakers-2	2:05.12	2:16.65
	1:02.36		2:16.65 (1:14.29)		

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 37 Women 25-29 200 SC Meter Breaststroke****WORLD: 2:29.80 W 4/14/2012 MEGAN JENDRICK USA****NATL: 2:29.80 N 4/14/2012 MEGAN JENDRICK**

1	Courbron, Yanghee	28	Greenwood Masters-2	3:18.63	3:18.52
	46.95	1:38.42 (51.47)	2:29.34 (50.92)	3:18.52 (49.18)	
---	Dombrowski, Sarah B	28	Nutmeg Masters Swim Club-2	3:05.00	NS

**Event 37 Women 30-34 200 SC Meter Breaststroke****WORLD: 2:26.96 W 4/18/2009 HITOMI MATSUDA JPN****NATL: 2:30.65 N 12/10/2000 WENKE HANSEN**

1	Mancuso, Elizabeth	31	Boston University Masters	2:55.50	2:49.09
	38.67	1:21.46 (42.79)	2:05.47 (44.01)	2:49.09 (43.62)	
2	Zepek, Michelle	32	Connecticut Masters-5	3:10.00	3:17.95
	43.93	1:34.12 (50.19)	2:25.06 (50.94)	3:17.95 (52.89)	
3	Howell, Ginger B	31	Waltham Masters Swimmers-2	3:40.00	3:26.07
	46.75	1:40.26 (53.51)	2:32.95 (52.69)	3:26.07 (53.12)	

**Event 37 Women 35-39 200 SC Meter Breaststroke****WORLD: 2:30.63 W 3/10/2012 HITOMI MATSUDA JPN****NATL: 2:33.73 N 11/23/2014 CYNTHIA LEWIS**

1	Downing, Jennifer	38	Charles River Masters-2	2:56.81	3:00.88
	41.25	1:27.19 (45.94)	2:14.22 (47.03)	3:00.88 (46.66)	
2	Williams, Melinda B	35	Granite State Penguins (Nh)-2	3:03.22	3:04.67
	42.69	1:30.44 (47.75)	2:17.97 (47.53)	3:04.67 (46.70)	
3	Lorang, Janet R	35	Minuteman Masters Swim Club-2	3:30.00	3:11.99
	44.47	1:32.76 (48.29)	2:22.21 (49.45)	3:11.99 (49.78)	
4	Hettenbach, Maria S	36	Charles River Masters-2	3:14.57	3:20.48
	44.52	1:33.42 (48.90)	2:25.98 (52.56)	3:20.48 (54.50)	

**Event 37 Women 40-44 200 SC Meter Breaststroke****WORLD: 2:32.37 W 11/16/2008 S.VON DER LIPPE USA****NATL: 2:32.37 N 11/16/2008 S VON DER LIPPE**

1	Samson, Vivian L	40	North Suburban YMCA Masters-2	3:16.50	3:14.18
	44.96	1:34.37 (49.41)	2:24.97 (50.60)	3:14.18 (49.21)	
2	Matarese, Christine A	41	Connecticut Masters-5	3:21.00	3:20.60
	45.55	1:37.28 (51.73)	2:30.05 (52.77)	3:20.60 (50.55)	

**Event 37 Women 45-49 200 SC Meter Breaststroke****WORLD: 2:38.00 W 11/21/2010 S.VON DER LIPPE USA****NATL: 2:38.00 N 11/21/2010 S VON DER LIPPE**

1	Goodale, Rainy M	46	Martha's Vineyard Masters-2	2:55.01	2:54.48
	39.63	1:23.20 (43.57)	2:08.07 (44.87)	2:54.48 (46.41)	
2	Schaal, Shlomit	46	Worcester Area Masters-2	3:48.00	3:53.42
	54.13	1:52.28 (58.15)	2:53.53 (1:01.25)	3:53.42 (59.89)	

**Event 37 Women 50-54 200 SC Meter Breaststroke****WORLD: 2:46.99 W 1/23/2016 MARZENA KULIS ITA****NATL: 2:52.57 N 5/19/2014 CORRIN POPPS**

1	Weiderman, Jennifer	50	Conejo Valley Masters-33	3:04.58	3:09.14
	41.24	1:28.12 (46.88)	2:17.92 (49.80)	3:09.14 (51.22)	
2	McCallum, Joy	50	Waltham Masters Swimmers-2	3:15.00	3:21.04
	45.65	1:37.21 (51.56)	2:29.52 (52.31)	3:21.04 (51.52)	
3	Crans, Mara	50	Maine Masters Swim Club-2	3:40.01	3:48.04
	51.46	1:49.35 (57.89)	2:49.51 (1:00.16)	3:48.04 (58.53)	
4	Kim, Elizabeth S	53	Waltham Masters Swimmers-2	4:00.00	3:49.68
	55.15	1:54.61 (59.46)	2:54.50 (59.89)	3:49.68 (55.18)	

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5	Edin, Deborah E	54	Great Bay Masters Swimming, In-	4:00.00	4:09.02
	52.62	1:54.66 (1:02.04)	3:01.07 (1:06.41)	4:09.02 (1:07.95)	
6	Quinan, Sharon B	53	Minuteman Masters Swim Club-2	5:45.00	4:42.41
	1:03.49	2:17.90 (1:14.41)	3:32.80 (1:14.90)	4:42.41 (1:09.61)	
7	Beconi, Maria G	53	Minuteman Masters Swim Club-2	4:50.00	4:43.05
	1:09.34	2:20.31 (1:10.97)	3:32.03 (1:11.72)	4:43.05 (1:11.02)	
---	McLean, Meagan	51	New England Masters Swim Club	4:07.79	NS

**Event 37 Women 55-59 200 SC Meter Breaststroke****WORLD: 2:55.48 W 5/11/2013 JENNY WHITELEY AUS****NATL: 3:02.37 N 10/31/2009 CATHERINE KOHN**

1	Mareb, Karen M	58	Granite State Penguins (Nh)-2	3:08.00	3:11.73
	41.77	1:28.79 (47.02)	2:18.97 (50.18)	3:11.73 (52.76)	
2	Holland, Gail M	58	Worcester Area Masters-2	3:35.87	3:42.02
	51.02	1:47.38 (56.36)	2:45.15 (57.77)	3:42.02 (56.87)	
3	Rappaport, Nancy	57	Charles River Masters-2	3:47.80	3:53.73
	56.01	1:57.20 (1:01.19)	2:56.67 (59.47)	3:53.73 (57.06)	
4	Randall, Romaine	59	Abc Masters - Gray Sharks-2	4:00.00	4:00.34
	55.72	1:56.84 (1:01.12)	2:59.20 (1:02.36)	4:00.34 (1:01.14)	

**Event 37 Women 60-64 200 SC Meter Breaststroke****WORLD: 3:06.48 W 3/16/2002 BONNIE PRONK CAN****NATL: 3:13.55 N 11/12/2011 DEB WALKER**

1	Estel, Beth A	60	Granite State Penguins (Nh)-2	3:13.00	3:13.70
	42.61	1:31.80 (49.19)	2:23.53 (51.73)	3:13.70 (50.17)	
2	Bierwert, Karen	64	New England Masters Swim Club	3:26.80	3:23.11
	45.55	1:37.27 (51.72)	2:31.12 (53.85)	3:23.11 (51.99)	
3	Dickson, Mary	64	Pittsfield YMCA Polar Bear Mas-	3:48.00	3:50.33
	51.30	1:48.68 (57.38)	3:50.33 (2:01.65)		
---	Glovsky, Eileen G	60	Charles River Masters-2	5:30.00	NS
---	Holbrook, Nikki J	63	Connecticut Masters-5	3:26.42	NS

**Event 37 Women 65-69 200 SC Meter Breaststroke****WORLD: 3:10.75 W 7/18/2015 JANETTE JEFFREY AUS****NATL: 3:17.44 N 3/20/2004 JOANN LEILICH**

1	Craffey, Eileen M	65	Bridgewater Area Masters-2	4:06.53	4:14.48
	59.09	2:05.07 (1:05.98)	3:11.46 (1:06.39)	4:14.48 (1:03.02)	
2	West, Barbara A	68	Pittsfield YMCA Polar Bear Mas-	4:05.50	4:17.40
	1:00.43	2:04.90 (1:04.47)	3:13.06 (1:08.16)	4:17.40 (1:04.34)	
3	Mitchell, Carol	67	Sarasota Y Sharks-14	4:21.80	4:23.08
	1:00.98	2:06.46 (1:05.48)	3:14.71 (1:08.25)	4:23.08 (1:08.37)	

**Event 37 Women 70-74 200 SC Meter Breaststroke****WORLD: 3:25.76 W 3/21/2009 JOANN LEILICH USA****NATL: 3:25.76 N 3/21/2009 JOANN LEILICH**

1	Romayko, Janit P	71	Connecticut Masters-5	4:14.01	4:25.13
	59.09	2:08.39 (1:09.30)	3:17.76 (1:09.37)	4:25.13 (1:07.37)	

**Event 37 Women 75-79 200 SC Meter Breaststroke****WORLD: 3:33.03 W 4/17/2010 SHOKO YONEZAWA JPN****NATL: 3:36.56 N 3/15/2014 JOANN LEILICH**

---	Olson, Jeannine E	77	Rinconada Masters-38	6:00.74	NS
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1	Chen, George S	23	Charles River Masters-2	3:01.00	2:52.64
	39.26	1:22.41 (43.15)	2:07.40 (44.99)	2:52.64 (45.24)	
2	Hsieh, Alan	23	Boston University Masters	2:44.49	2:55.40
	39.39	1:24.41 (45.02)	2:10.63 (46.22)	2:55.40 (44.77)	
---	Garcia, Mike	24	Long Island Masters Swimming-6	2:45.00	NS

**Event 38 Men 25-29 200 SC Meter Breaststroke****WORLD: 2:10.68 W 11/17/2013 RYO KOBAYASHI JPN****NATL: 2:11.26 N 1/17/2014 MARCUS TITUS**

1	Stiles, David E	26	St Pete Masters Inc-14	3:00.70	2:49.25
	38.36	1:21.59 (43.23)	2:04.99 (43.40)	2:49.25 (44.26)	
2	Jaroszewicz, Matthew J	26	SwimRI-2	2:51.09	2:57.67
	40.80	1:25.85 (45.05)	2:11.40 (45.55)	2:57.67 (46.27)	
3	Morette, Kyle	26	Worcester Area Masters-2	3:20.00	3:12.75
	43.93	1:34.03 (50.10)	2:25.23 (51.20)	3:12.75 (47.52)	
4	Wild, Mark	25	Worcester Area Masters-2	3:11.58	3:23.72
	46.09	1:37.48 (51.39)	2:30.61 (53.13)	3:23.72 (53.11)	
5	Vanacore, Mark	27	Worcester Area Masters-2	3:20.00	3:28.64
	45.87	1:38.27 (52.40)	2:33.98 (55.71)	3:28.64 (54.66)	

**Event 38 Men 30-34 200 SC Meter Breaststroke****WORLD: 2:12.54 W 12/6/2015 RYO KOBAYASHI JPN****NATL: 2:17.56 N 12/12/1999 ROQUE SANTOS**

1	Duguay, Robert E	31	Connecticut Masters-5	3:15.68	3:10.15
	43.85	1:31.69 (47.84)	2:20.97 (49.28)	3:10.15 (49.18)	

**Event 38 Men 35-39 200 SC Meter Breaststroke****WORLD: 2:15.42 W 3/16/2014 KAZUYA KOIKE JPN****NATL: 2:15.64 N 12/4/2011 STEVE WEST**

1	Emmons, Michael J	35	Charles River Masters-2	2:37.60	2:38.16
	35.96	1:15.93 (39.97)	1:56.79 (40.86)	2:38.16 (41.37)	
2	Wright, Brendan C	38	Granite State Penguins (Nh)-2	3:00.03	2:52.81
	38.06	1:22.23 (44.17)	2:07.47 (45.24)	2:52.81 (45.34)	
3	Littee, Yohann J	35	Minuteman Masters Swim Club-2	3:00.00	2:59.33
	40.17	1:26.60 (46.43)	2:13.39 (46.79)	2:59.33 (45.94)	
4	Sampat, Anuj	39	Charles River Masters-2	3:22.23	3:20.73
	46.96	1:37.38 (50.42)	2:29.30 (51.92)	3:20.73 (51.43)	
---	Clark, Garrett L	38	Uc02-2	3:05.11	NS

**Event 38 Men 40-44 200 SC Meter Breaststroke****WORLD: 2:13.72 W 12/7/2014 STEVE WEST USA****NATL: 2:13.72 N 12/7/2014 STEVE WEST**

1	Goodison, Michael R	44	Umac-Terrapin Masters-10	2:45.49	2:46.17
	37.65	1:20.47 (42.82)	2:03.79 (43.32)	2:46.17 (42.38)	
2	Sharon, Gil	42	Worcester Area Masters-2	2:59.00	2:58.58
	39.96	1:25.12 (45.16)	2:11.45 (46.33)	2:58.58 (47.13)	
3	Kwa, Ken K	43	Charles River Masters-2	3:15.30	3:11.66
	45.76	1:34.49 (48.73)	2:23.17 (48.68)	3:11.66 (48.49)	
4	Graham, David C	42	Greenwood Masters-2	3:15.00	3:17.02
	43.24	1:33.57 (50.33)	2:25.84 (52.27)	3:17.02 (51.18)	
5	Foley, Stephen	44	Pittsfield YMCA Polar Bear Mas-	3:25.00	3:17.99
	44.82	1:34.21 (49.39)	2:25.49 (51.28)	3:17.99 (52.50)	
6	Parsons, Edward C	42	Minuteman Masters Swim Club-2	3:45.00	3:39.93
	48.58	1:43.86 (55.28)	2:42.53 (58.67)	3:39.93 (57.40)	

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7	Trainor, Brendan F	40	Maine Masters Swim Club-2	3:50.00	3:41.55
	46.81	1:41.72 (54.91)	2:41.97 (1:00.25)	3:41.55 (59.58)	
8	Le, Quang	42	Boston Lanes (Liquid Assets Ne-2	4:15.00	3:43.36
	50.50	1:46.40 (55.90)	2:45.17 (58.77)	3:43.36 (58.19)	

**Event 38 Men 45-49 200 SC Meter Breaststroke****WORLD: 2:18.91 W 3/27/2015 NICOLAS GRANGER FRA****NATL: 2:22.68 N 6/22/2008 GLENN MILLS**

1	Crawford, Craig	46	Pittsfield YMCA Polar Bear Mas-	2:30.50	2:41.71
	37.48	1:20.02 (42.54)	2:00.94 (40.92)	2:41.71 (40.77)	
2	Hersh, Craig	45	Simmons Masters-2	2:41.24	2:43.47
	37.75	1:20.01 (42.26)	2:01.95 (41.94)	2:43.47 (41.52)	
3	Prescott, Al	48	Minuteman Masters Swim Club-2	3:25.69	3:27.76
	49.19	1:42.02 (52.83)	2:35.09 (53.07)	3:27.76 (52.67)	
---	Mugford, Stephen A	49	Charles River Masters-2	2:40.22	NS

**Event 38 Men 50-54 200 SC Meter Breaststroke****WORLD: 2:21.65 W 12/8/2013 DAVID GUTHRIE USA****NATL: 2:21.65 N 12/8/2013 DAVID GUTHRIE**

1	Games, Brett C	50	Great Bay Masters Swimming, In-	3:00.99	3:01.33
	16.05	38.99 (22.94)	2:13.81 (1:34.82)	3:01.33 (47.52)	
2	Grady, Seth A	52	Flaherty Masters-2	3:25.30	3:10.22
	41.29	1:27.97 (46.68)	2:18.96 (50.99)	3:10.22 (51.26)	
3	Tyler, Bob	54	Granite State Penguins (Nh)-2	3:05.45	3:17.80
	44.23	1:34.29 (50.06)	2:26.26 (51.97)	3:17.80 (51.54)	
4	Scanlon, Tom	50	Minuteman Masters Swim Club-2	3:45.00	3:50.24
	50.08	1:47.66 (57.58)	2:50.00 (1:02.34)	3:50.24 (1:00.24)	

**Event 38 Men 55-59 200 SC Meter Breaststroke****WORLD: 2:27.00 W 11/8/2015 DAVID GUTHRIE USA****NATL: 2:27.00 N 11/8/2015 DAVID GUTHRIE**

1	Brown, Phil	55	Weymouth Club Masters Swimmir	3:01.55	3:04.52
	42.75	1:30.14 (47.39)	2:17.97 (47.83)	3:04.52 (46.55)	
2	Lamontagne, Robert J	58	Connecticut Masters-5	3:21.00	3:14.11
	45.56	1:37.52 (51.96)	2:27.84 (50.32)	3:14.11 (46.27)	
3	Kim, Robert Y	56	Waltham Masters Swimmers-2	3:30.00	3:15.85
	49.69	1:40.00 (50.31)	2:29.34 (49.34)	3:15.85 (46.51)	
4	Gilbert, Rick	55	Minuteman Masters Swim Club-2	3:30.00	3:22.31
	45.22	1:36.58 (51.36)	2:29.30 (52.72)	3:22.31 (53.01)	
5	Burks, Vincent P	56	SwimRI-2	3:15.00	3:23.07
	45.52	1:35.83 (50.31)	2:28.34 (52.51)	3:23.07 (54.73)	
6	Armstrong, Barry G	57	Uc02-2	3:20.00	3:38.02
	46.77	1:41.21 (54.44)	2:39.22 (58.01)	3:38.02 (58.80)	
7	Canning, Peter	58	Connecticut Masters-5	4:00.00	4:00.06
	53.89	1:56.34 (1:02.45)	2:59.66 (1:03.32)	4:00.06 (1:00.40)	
8	Maldari, Frank S	59	Andover North Andover YMCA-2	3:49.28	4:10.00
	56.17	1:59.88 (1:03.71)	3:05.39 (1:05.51)	4:10.00 (1:04.61)	
---	Lipkowitz, Robert D	56	YMCA of the North Shore SwimF	3:32.00	NS
---	Shea, William	55	Boston Lanes (Liquid Assets Ne-2	3:10.00	NS
---	Naylor, Jeff G	58	Granite State Penguins (Nh)-2	2:52.00	NS
---	Heyison, Michael R	59	Tech Masters-2	3:20.00	NS
---	Olson, Bob	56	Newburyport Breakers-2	3:10.14	NS

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1	McLaughlin, Brian J	61	Abc Masters - Gray Sharks-2	3:24.84	3:26.01
	48.12	1:41.33 (53.21)	2:34.11 (52.78)	3:26.01 (51.90)	
2	Fuerman, Ross	63	Waltham Masters Swimmers-2	3:55.56	3:36.22
	48.93	1:44.04 (55.11)	2:40.84 (56.80)	3:36.22 (55.38)	
3	Keil, Mark A	63	Minuteman Masters Swim Club-2	3:37.70	3:42.03
	49.57	1:46.66 (57.09)	2:45.72 (59.06)	3:42.03 (56.31)	
4	Bartl, Roland	60	Greenwood Masters-2	3:51.55	3:50.21
	51.25	1:50.39 (59.14)	2:51.26 (1:00.87)	3:50.21 (58.95)	
5	Renwick, John C	63	Greenwood Masters-2	3:50.00	4:02.35
	58.84	1:59.36 (1:00.52)	3:02.17 (1:02.81)	4:02.35 (1:00.18)	

**Event 38 Men 65-69 200 SC Meter Breaststroke****WORLD: 2:49.05 W 12/2/2012 ROBERT STRAND USA****NATL: 2:49.05 N 12/2/2012 ROBERT STRAND**

1	Rogacki, Daniel J	69	Pittsfield YMCA Polar Bear Mas-	3:16.62	3:13.91
	43.11	1:33.33 (50.22)	2:25.58 (52.25)	3:13.91 (48.33)	
2	Myers, Richard H	69	Tech Masters-2	3:22.00	3:20.80
	45.21	1:37.32 (52.11)	2:30.51 (53.19)	3:20.80 (50.29)	
3	Holt, Steve	65	Greenwood Masters-2	3:17.58	3:26.15
	44.73	1:36.57 (51.84)	2:31.06 (54.49)	3:26.15 (55.09)	
4	Olander, John R	66	Simon's Rock PaceMakers-2	3:36.45	3:38.41
	48.58	1:44.77 (56.19)	2:42.27 (57.50)	3:38.41 (56.14)	
5	Nelson, Robert H	69	SwimRI-2	3:43.01	4:03.26
	53.76	1:54.79 (1:01.03)	2:57.98 (1:03.19)	4:03.26 (1:05.28)	

**Event 38 Men 70-74 200 SC Meter Breaststroke****WORLD: 2:55.87 W 3/5/2016 ROBERT STRAND USA****NATL: 2:55.87 N 3/5/2016 ROBERT STRAND**

1	Bernstein, Rich	70	Asphalt Green Masters-6	3:38.00	3:38.28
	49.57	1:45.06 (55.49)	2:41.91 (56.85)	3:38.28 (56.37)	
2	Epstein, Paul M	70	Connecticut Masters-5	4:00.00	3:56.72
	52.97	1:52.34 (59.37)	2:53.78 (1:01.44)	3:56.72 (1:02.94)	

**Event 38 Men 75-79 200 SC Meter Breaststroke****WORLD: 3:06.89 W 3/5/2016 MIKE FRESHLEY USA****NATL: 3:06.82 N 7/23/2016 MIKE FRESHLEY**

1	Laux, Michael A	75	Connecticut Masters-5	4:30.00	3:44.92
	52.16	1:51.30 (59.14)	2:51.58 (1:00.28)	3:44.92 (53.34)	
2	Jones, William I	79	Maine Masters Swim Club-2	5:01.00	4:37.46
	1:04.37	2:20.92 (1:16.55)	3:33.97 (1:13.05)	4:37.46 (1:03.49)	
3	Ribush, Nicholas	75	Abc Masters - Gray Sharks-2	4:47.00	4:52.44
	1:04.91	2:19.67 (1:14.76)	3:37.35 (1:17.68)	4:52.44 (1:15.09)	

**Event 38 Men 80-84 200 SC Meter Breaststroke****WORLD: 3:34.21 W 1/27/2008 ZENJI NAKAHARI JPN****NATL: 3:45.57 N 11/15/2009 ROBERT MACDONALD**

1	Martin, Charles A	80	Charles River Masters-2	6:48.00	6:43.71
	1:30.74	3:14.05 (1:43.31)	5:01.33 (1:47.28)	6:43.71 (1:42.38)	
---	Head, Brian F	83	Adirondack Masters-3	5:46.01	NS

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1	Aubin, Alana M	26	Charles River Masters-2	34.92	34.02
2	Courbron, Yanghee	28	Greenwood Masters-2	36.02	35.41
3	Caron, Danielle M	25	Worcester Area Masters-2	40.00	37.03
4	Fairbanks, Christine	25	Worcester Area Masters-2	42.00	42.64
5	Amico, Victoria	27	Minuteman Masters Swim Club-2	58.06	57.61
6	White, Jessica L	25	Worcester Area Masters-2	1:02.00	57.75

**Event 39 Women 30-34 50 SC Meter Backstroke****WORLD: 27.43 W 4/19/2009 MAI NAKAMURA JPN****NATL: 27.61 N 11/21/2009 NORIKO INADA**

1	Braniecki, Ashley L	31	Ohio Masters Swim Club-18	34.42	33.64
2	McGrail, Crystie	32	Great Bay Masters Swimming, In-	35.02	34.71
3	Guglielmo, Nicole	33	Connecticut Masters-5	45.00	46.86
4	Afanasewicz, Elizabeth A	33	Minuteman Masters Swim Club-2	51.00	47.15
5	Dennison, Laura M	32	Charles River Masters-2	1:00.00	1:11.74

**Event 39 Women 35-39 50 SC Meter Backstroke****WORLD: 27.81 W 11/1/2015 NORIKO INADA USA****NATL: 27.63 N 11/13/2016 NORIKO INADA**

1	Dowgiert, Angela	37	Granite State Penguins (Nh)-2	33.10	32.57
2	Carroll, Erica M	36	Boston University Masters	33.50	32.91
3	Grover, Mollie K	35	Umac-Terrapin Masters-10	33.23	33.07
4	Downing, Jennifer	38	Charles River Masters-2	35.08	35.37
5	Nappi, Keri	38	SwimRI-2	36.00	35.53
6	Burns Gallagher, Kelly	36	Connecticut Masters-5	48.00	48.65

**Event 39 Women 40-44 50 SC Meter Backstroke****WORLD: 29.84 W 10/4/2014 ZOE CRAY GBR****NATL: 30.02 N 10/14/2012 SHERI HART**

1	Lancaster, Jill	43	SwimRI-2	37.00	34.82
2	Crusco, Kysa M	40	Granite State Penguins (Nh)-2	37.14	38.45
3	Hindle, Lori D	41	Weymouth Club Masters Swimmin	39.58	39.34
4	Matarese, Christine A	41	Connecticut Masters-5	43.00	45.42
---	Krier, Kira J	42	Stowe Masters-2	43.00	NS
---	Kavanagh, Hillary	43	Abc Masters - Gray Sharks-2	45.00	NS

**Event 39 Women 45-49 50 SC Meter Backstroke****WORLD: 30.25 W 4/26/2014 CINDY MABEE CAN****NATL: 30.58 N 12/2/2007 K PIPES-NEILSEN**

1	Goodale, Rainy M	46	Martha's Vineyard Masters-2	37.00	36.11
2	Neuendorf, Donna M	48	SwimRI-2	39.00	38.35
3	Pohl, Jessica L	49	Waltham Masters Swimmers-2	45.00	43.60
4	McNiff, Catherine A	46	YMCA of the North Shore SwimF	44.00	43.92
---	Ryan, Jodi	46	Maine Masters Swim Club-2	34.00	NS

**Event 39 Women 50-54 50 SC Meter Backstroke****WORLD: 30.27 W 12/13/2015 LESLIE LIVINGSTON USA****NATL: 30.27 N 12/13/2015 LESLIE LIVINGSTON**

1	O'Donnell, Sonja K	50	Uc02-2	42.00	37.80
2	Rourke, Lisa	54	Charles River Masters-2	37.74	42.27
3	Pasterczyk, Christine	50	Charles River Masters-2	42.01	42.48
4	Zraket, Lisa	52	YMCA of the North Shore SwimF	45.02	45.22

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5	Barlow, Jennifer	50	Abc Masters - Gray Sharks-2	45.84	46.46
6	Freedman, Andi	50	YMCA of the North Shore SwimF	50.12	47.67
7	Flynn, Sandra P	51	Greenwood Masters-2	48.00	55.21
8	Quinan, Sharon B	53	Minuteman Masters Swim Club-2	1:35.00	1:04.79
---	Cadigan, Leslie J	54	Minuteman Masters Swim Club-2	54.00	NS

**Event 39 Women 55-59 50 SC Meter Backstroke**

**WORLD: 30.12 W 3/5/2016 LESLIE LIVINGSTON USA**

**NATL: 30.12 N 3/5/2016 LESLIE LIVINGSTON**

1	Stokes, Karin E	55	Granite State Penguins (Nh)-2	39.46	39.24
2	Uecker, Anne	56	Maine Masters Swim Club-2	41.36	40.25
3	Cheney, Jane E	55	Greenwood Masters-2	43.24	43.56
4	Halliday, Renee Z	56	OakSquare YMCA-2	1:03.20	45.63
5	St.Pierre-Sleboda, Cheryl M	57	Simon's Rock PaceMakers-2	44.98	46.11
6	Renwick, Jacque A	55	Greenwood Masters-2	46.00	46.37
7	Gallagher, Sally L	55	Great Bay Masters Swimming, In-	50.00	48.29
8	Olesin, Nancy E	58	Worcester Area Masters-2	49.65	49.30

**Event 39 Women 60-64 50 SC Meter Backstroke**

**WORLD: 33.01 W 12/8/2013 LAURA VAL USA**

**NATL: 33.01 N 12/8/2013 LAURA VAL**

1	Hibben, Veronica	60	UCLA Bruin Masters-33	37.99	37.12
2	Estel, Beth A	60	Granite State Penguins (Nh)-2	39.00	38.15
3	Nisley-Black, Karla	61	Granite State Penguins (Nh)-2	40.00	41.44
---	Glovsky, Eileen G	60	Charles River Masters-2	1:20.00	NS

**Event 39 Women 65-69 50 SC Meter Backstroke**

**WORLD: 35.58 W 3/19/2011 DIANN UUSTAL USA**

**NATL: 34.12 N 10/2/2016 LAURA VAL**

1	McCloskey, Cecilia D	66	Colonials 1776-8	38.50	35.86
2	Craffey, Eileen M	65	Bridgewater Area Masters-2	47.73	48.90
3	Needham, Cynthia	68	Stowe Masters-2	58.16	58.40
4	Shenouda, Baheya	68	Charles River Masters-2	2:10.99	2:08.47
---	Feldmann, Joel T	65	Keene Swim Masters-2	42.32	NS

**Event 39 Women 70-74 50 SC Meter Backstroke**

**WORLD: 37.50 W 3/21/2015 MARGIT OHLSSON SWE**

**NATL: 38.80 N 11/20/2016 DIANN UUSTAL**

1	Uustal, Diann	70	SwimRI-2	38.90	38.21 N
2	Onton, Ann Louise	73	Connecticut Masters-5	1:00.00	1:18.43
---	Birch, Beryl B	74	Simon's Rock PaceMakers-2	1:30.00	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 40 Men 18-24 50 SC Meter Backstroke****NATL: 25.38 N 3/17/2012 JOSH HAFKIN**

1	Chen, Roy F	21	Charles River Masters-2	32.01	31.56
2	Hsieh, Alan	23	Boston University Masters	29.98	31.86
		31.98	31.86 ( )		
3	Chen, George S	23	Charles River Masters-2	34.00	33.26
4	Gerard, William H	24	Connecticut Masters-5	33.88	33.42
5	Getchell, Jackson H	24	Granite State Penguins (Nh)-2	36.00	36.82

**Event 40 Men 25-29 50 SC Meter Backstroke****WORLD: 24.55 W 11/3/2013 DARIAN TOWNSEND USA****NATL: 24.55 N 11/3/2013 DARIAN TOWNSEND**

1	Pope, Ryan	27	Uc02-2	31.17	31.13
2	Poirot, Cedric	29	Boston University Masters	37.90	36.45
3	Hyland, David J	28	Nutmeg Masters Swim Club-2	38.00	38.60
4	Morette, Kyle	26	Worcester Area Masters-2	39.48	39.61
5	Wild, Mark	25	Worcester Area Masters-2	42.77	40.11
6	Dillon, Sean	26	Worcester Area Masters-2	50.00	51.71

**Event 40 Men 30-34 50 SC Meter Backstroke****WORLD: 24.81 W 10/24/2009 DERYA BUYUKUNCU USA****NATL: 24.75 N 11/12/2016 DARIAN TOWNSEND**

1	Oloughlin, Jonathan	33	Umac-Terrapin Masters-10	34.00	33.80
---	Sarwat, Ahmed S	33	Weymouth Club Masters Swimmi	30.19	NS

**Event 40 Men 35-39 50 SC Meter Backstroke****WORLD: 25.72 W 10/18/2009 EDILSON SILVA USA****NATL: 25.72 N 10/18/2009 EDILSON SILVA**

1	Littee, Yohann J	35	Minuteman Masters Swim Club-2	32.00	31.73
2	Westgeest, Bart J	37	Great Bay Masters Swimming, In-	33.50	32.68
3	Wright, Brendan C	38	Granite State Penguins (Nh)-2	32.00	34.89
4	Johnson, Stephen C	37	SwimRI-2	35.00	36.03
5	Gillis, John R	35	Maine Masters Swim Club-2	38.00	38.11

**Event 40 Men 40-44 50 SC Meter Backstroke****WORLD: 25.53 W 12/12/2009 MICHAEL ROSS USA****NATL: 25.53 N 12/12/2009 MICHAEL ROSS**

1	Whitford, Matthew T	41	Great Bay Masters Swimming, In-	31.66	31.41
		31.01	31.41 (0.40)		
2	Doucet, Douglas C	41	Minuteman Masters Swim Club-2	33.00	32.54
3	Lecrone, Timothy J	44	Maine Masters Swim Club-2	37.00	34.53
4	Graham, David C	42	Greenwood Masters-2	39.00	38.17
5	Sullivan Jr., John E	42	YMCA of the North Shore SwimF	1:40.00	42.44

**Event 40 Men 45-49 50 SC Meter Backstroke****WORLD: 26.62 W 9/19/2015 EDILSON SILVA JR BRA****NATL: 27.02 N 12/12/2009 CHRIS STEVENSON**

1	Duru, Kaan	46	SwimRI-2	33.00	32.39
2	Sayles, Douglas	49	SwimRI-2	34.49	34.24
3	Carter, Michael J	49	Pittsfield YMCA Polar Bear Mas-	35.00	34.25
4	Van Greuning, Len	49	Charles River Masters-2	35.01	35.36
5	Prescott, Al	48	Minuteman Masters Swim Club-2	47.69	49.15

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1	Hiltabiddle, Steve	50	Colonials 1776-8	32.00	30.13
		30.17	30.13 ( )		
2	Blood, Jonathan K	51	Weymouth Club Masters Swimm	32.86	32.84
3	Tyler, Bob	54	Granite State Penguins (Nh)-2	34.44	34.86
4	Wyckoff, Benjamin W	52	Connecticut Masters-5	38.00	36.87
5	Johnson, Eric	53	Simon's Rock PaceMakers-2	40.00	37.24
6	Levy, Dan	51	Westchester Masters-6	37.60	38.98
7	Stundtner, Matthew R	53	Greenwood Masters-2	42.00	42.64
8	Devlin, Mark A	53	Minuteman Masters Swim Club-2	42.25	43.33
9	Bell, Blake R	54	Adirondack Masters-3	44.13	43.63

**Event 40 Men 55-59 50 SC Meter Backstroke****WORLD: 28.12 W 10/10/2015 STEVE WOOD USA****NATL: 27.62 N 10/10/2015 STEVE WOOD**

1	McGahie, Ted	57	Worcester Area Masters-2	35.25	35.25
2	Alexander, Mark E	58	Charles River Masters-2	33.30	36.71
3	Totten, Mark A	55	Minuteman Masters Swim Club-2	41.71	39.40
4	Roth, Douglas M	55	Maine Masters Swim Club-2	40.24	39.43
5	Moran, Terence	56	Great Bay Masters Swimming, In-	36.51	39.66
6	Foster, Walter M	55	Minuteman Masters Swim Club-2	40.90	40.33
7	Gilbert, Rick	55	Minuteman Masters Swim Club-2	43.25	41.22
8	Meier, Bill R	55	Simon's Rock PaceMakers-2	45.00	43.50
9	Arsenault, Paul	55	Worcester Area Masters-2	42.36	44.27
10	Mcdonald, Dave	56	Uc02-2	50.00	45.35
---	Pierce, Andrew	55	Boston Y City Swimmers-2	45.00	NS
---	Shea, William	55	Boston Lanes (Liquid Assets Ne-2	37.00	NS

**Event 40 Men 60-64 50 SC Meter Backstroke****WORLD: 29.64 W 3/29/2014 PHILIPP DJANG USA****NATL: 29.64 N 3/29/2014 PHILIPP DJANG**

1	McCombs, Michael P	60	Worcester Area Masters-2	33.00	33.51
2	Fisher, J Kevin	61	New England Masters Swim Club	34.50	35.75
3	Mockler, Frank C	61	Boston Lanes (Liquid Assets Ne-2	36.14	36.32
4	RyanMann, Duncan P	63	Pittsfield YMCA Polar Bear Mas-	38.00	38.30
5	Kerkhove, Johan C	64	Great Bay Masters Swimming, In-	39.50	40.83
6	Keil, Mark A	63	Minuteman Masters Swim Club-2	41.69	41.53
7	Bartl, Roland	60	Greenwood Masters-2	44.75	47.10
---	Carvotta, Tom	61	Adirondack Masters-3	37.71	NS
---	Syphers, Dale A	60	Maine Masters Swim Club-2	40.00	NS
---	Gambrel, Patrick A	62	Granite State Penguins (Nh)-2	40.00	NS

**Event 40 Men 65-69 50 SC Meter Backstroke****WORLD: 30.34 W 12/2/2012 HUGH WILDER USA****NATL: 30.34 N 12/2/2012 HUGH WILDER**

1	Epstein, Daniel	66	Simon's Rock PaceMakers-2	37.67	36.25
2	Holt, Steve	65	Greenwood Masters-2	37.50	38.52
3	Pot, Eugene T	66	Binghamton Univ Masters-4	40.77	39.96
4	Song, Mingjie	69	Abc Masters - Gray Sharks-2	45.01	42.37
5	Hassey, James	68	Uc02-2	44.00	47.57

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 40 Men 70-74 50 SC Meter Backstroke****WORLD: 33.51 W 12/8/2013 RICHARD BURNS USA****NATL: 33.51 N 12/8/2013 RICHARD BURNS**

1	Rupert, Bill	73	Maine Masters Swim Club-2	39.00	42.48
2	Pope, James A	74	Lowell YMCA Flippers Masters S	48.00	48.76
3	Read, Philip E	74	Great Bay Masters Swimming, In-	53.48	55.10
4	Roccabello, John J	73	SwimRI-2	1:16.53	1:19.09

**Event 40 Men 75-79 50 SC Meter Backstroke****WORLD: 35.51 W 11/16/2008 YOSHI OYAKAWA USA****NATL: 35.51 N 11/16/2008 YOSHI OYAKAWA**

1	Coupe, George J	76	Granite State Penguins (Nh)-2	55.00	57.47
2	Hatchette, Michael A	75	Simon's Rock PaceMakers-2	1:10.34	1:12.57
3	Mitchell, Jack	77	Sarasota Y Sharks-14	1:15.89	1:19.33

**Event 40 Men 80-84 50 SC Meter Backstroke****WORLD: 37.82 W 11/15/2014 YOSHI OYAKAWA USA****NATL: 37.82 N 11/15/2014 YOSHI OYAKAWA**

1	Arnold, Richard	84	Great Bay Masters Swimming, In-	1:25.87	1:17.48
2	Martin, Charles A	80	Charles River Masters-2	1:17.00	1:17.83

**Event 40 Men 85-89 50 SC Meter Backstroke****WORLD: 40.59 W 4/19/2009 KEIJIRO NAKAMURA JPN****NATL: 47.34 N 10/13/2002 ALDO DA ROSA**

1	Kraus, Gerald J	85	Simon's Rock PaceMakers-2	1:05.15	1:12.70
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 41 Women 18-24 400 SC Meter IM****NATL: 4:50.84 N 10/29/2011 KATHERINE MILLS**

1	Chen, Tiffany	22	Worcester Area Masters-2	5:39.68	5:52.16
	37.82	1:20.80 (42.98)	2:04.60 (43.80)	2:47.71 (43.11)	
	3:40.35 (52.64)	4:31.29 (50.94)	5:12.62 (41.33)	5:52.16 (39.54)	

**Event 41 Women 25-29 400 SC Meter IM****WORLD: 4:44.98 W 9/27/2015 K.BARANOWSKA****GER****NATL: 5:02.54 N 12/13/1998 WENKE HANSEN**

1	Randolph, Courtney M	25	Umac-Terrapin Masters-10	5:30.00	5:08.66
	33.70	1:10.93 (37.23)	1:50.82 (39.89)	2:29.55 (38.73)	
	3:13.73 (44.18)	3:57.64 (43.91)	4:33.66 (36.02)	5:08.66 (35.00)	
2	Fuller, Sarah E	29	Waltham YMCA-2	6:26.00	6:17.35
	38.25	1:25.34 (47.09)	2:16.90 (51.56)	3:07.10 (50.20)	
	3:59.72 (52.62)	4:53.73 (54.01)	5:37.35 (43.62)	6:17.35 (40.00)	
3	Amico, Victoria	27	Minuteman Masters Swim Club-2	9:43.86	9:06.58
	1:04.74	2:21.79 (1:17.05)	3:28.75 (1:06.96)	4:34.53 (1:05.78)	
	5:51.18 (1:16.65)	7:09.39 (1:18.21)	8:09.61 (1:00.22)	9:06.58 (56.97)	

**Event 41 Women 30-34 400 SC Meter IM****WORLD: 4:45.07 W 4/17/2010 HITOMI MATSUDA****JPN****NATL: 4:53.85 N 12/15/1996 K PIPES-NEILSEN**

1	McGrail, Crystie	32	Great Bay Masters Swimming, In-	6:05.49	6:04.20
	38.98	1:24.37 (45.39)	2:11.39 (47.02)	2:58.68 (47.29)	
	3:49.45 (50.77)	4:40.49 (51.04)	5:23.15 (42.66)	6:04.20 (41.05)	
2	Howell, Ginger B	31	Waltham Masters Swimmers-2	6:15.61	6:04.57
	37.64	1:21.57 (43.93)	2:10.40 (48.83)	2:59.10 (48.70)	
	3:52.72 (53.62)	4:46.81 (54.09)	5:24.27 (37.46)	6:04.57 (40.30)	
3	Rood, Jenny	31	Tech Masters-2	6:19.91	6:14.14
	38.29	1:23.46 (45.17)	2:12.25 (48.79)	3:00.31 (48.06)	
	3:54.57 (54.26)	4:49.69 (55.12)	5:32.22 (42.53)	6:14.14 (41.92)	
4	Wolf, Jenny	34	Minuteman Masters Swim Club-2	6:45.00	6:19.56
	42.80	1:31.59 (48.79)	2:20.32 (48.73)	3:07.83 (47.51)	
	4:01.15 (53.32)	4:54.67 (53.52)	5:38.42 (43.75)	6:19.56 (41.14)	
5	Afanasewicz, Elizabeth A	33	Minuteman Masters Swim Club-2	8:40.00	7:36.00
	51.73	1:52.37 (1:00.64)	2:49.89 (57.52)	3:46.31 (56.42)	
	4:51.95 (1:05.64)	5:57.66 (1:05.71)	6:47.18 (49.52)	7:36.00 (48.82)	
6	King, Sarah C	33	Adirondack Masters-3	11:45.00	12:04.01
	1:18.86	3:04.49 (1:45.63)	4:44.31 (1:39.82)	6:26.57 (1:42.26)	
	7:59.39 (1:32.82)	9:37.12 (1:37.73)	10:48.50 (1:11.38)	12:04.01 (1:15.51)	

**Event 41 Women 35-39 400 SC Meter IM****WORLD: 4:52.85 W 12/14/1997 K.PIPES-NEILSEN****USA****NATL: 4:52.85 N 12/14/1997 K PIPES-NEILSEN**

1	Hunnell, Becky	36	Charles River Masters-2	5:26.00	5:25.62
	37.02	1:18.23 (41.21)	1:58.62 (40.39)	2:37.57 (38.95)	
	3:26.16 (48.59)	4:14.41 (48.25)	4:50.71 (36.30)	5:25.62 (34.91)	
2	Williams, Melinda B	35	Granite State Penguins (Nh)-2	5:30.22	5:26.21
	35.92	1:15.85 (39.93)	1:57.51 (41.66)	2:38.67 (41.16)	
	3:26.88 (48.21)	4:15.67 (48.79)	4:52.43 (36.76)	5:26.21 (33.78)	
3	Hettenbach, Maria S	36	Charles River Masters-2	6:25.00	6:26.59
	40.54	1:27.20 (46.66)	2:20.07 (52.87)	3:11.38 (51.31)	
	4:03.97 (52.59)	4:57.88 (53.91)	5:43.07 (45.19)	6:26.59 (43.52)	
4	Doleski, Shannon N	35	Minuteman Masters Swim Club-2	6:30.00	6:38.33
	42.56	1:35.05 (52.49)	2:27.11 (52.06)	3:18.30 (51.19)	
	4:13.91 (55.61)	5:10.67 (56.76)	5:54.92 (44.25)	6:38.33 (43.41)	

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5	Scott, Elizabeth A	35	Minuteman Masters Swim Club-2	9:05.53	8:30.99
	56.90	1:59.52 (1:02.62)	3:06.55 (1:07.03)	4:13.30 (1:06.75)	
	5:28.53 (1:15.23)	6:45.58 (1:17.05)	7:39.13 (53.55)	8:30.99 (51.86)	

**Event 41 Women 40-44 400 SC Meter IM****WORLD: 5:00.82 W 11/24/2002 K.PIPES-NEILSEN USA****NATL: 5:00.82 N 11/24/2002 K PIPES-NEILSEN**

1	Samson, Vivian L	40	North Suburban YMCA Masters-2	6:42.00	6:25.92
	43.67	1:34.46 (50.79)	2:26.69 (52.23)	3:17.86 (51.17)	
	4:10.36 (52.50)	5:02.12 (51.76)	5:46.41 (44.29)	6:25.92 (39.51)	
2	Sega, Ally	43	Connecticut Masters-5	8:08.02	8:04.25
	54.21	1:53.19 (58.98)	2:57.36 (1:04.17)	4:00.42 (1:03.06)	
	5:08.02 (1:07.60)	6:17.14 (1:09.12)	7:12.09 (54.95)	8:04.25 (52.16)	

**Event 41 Women 50-54 400 SC Meter IM****WORLD: 5:10.96 W 9/26/2014 ELLEN REYNOLDS USA****NATL: 5:10.96 N 9/26/2014 ELLEN REYNOLDS**

1	Delorey, Laura E	54	Greenwood Masters-2	6:16.22	6:15.54
	40.61	1:27.70 (47.09)	2:16.67 (48.97)	3:06.34 (49.67)	
	3:59.51 (53.17)	4:53.18 (53.67)	5:34.88 (41.70)	6:15.54 (40.66)	
2	Brynn, Charlotte J	50	Stowe Masters-2	6:32.31	6:26.50
	42.35	1:31.57 (49.22)	2:22.44 (50.87)	3:13.82 (51.38)	
	4:09.51 (55.69)	5:05.21 (55.70)	5:46.96 (41.75)	6:26.50 (39.54)	
3	Dickson, CJ	53	Worcester Area Masters-2	7:10.13	7:00.40
	46.71	1:40.20 (53.49)	2:29.62 (49.42)	3:19.91 (50.29)	
	4:22.79 (1:02.88)	5:26.13 (1:03.34)	6:14.60 (48.47)	7:00.40 (45.80)	
4	Crans, Mara	50	Maine Masters Swim Club-2	7:03.32	7:08.39
	48.80	1:49.66 (1:00.86)	2:41.46 (51.80)	3:35.28 (53.82)	
	4:36.30 (1:01.02)	5:38.71 (1:02.41)	6:24.07 (45.36)	7:08.39 (44.32)	
5	Pasterczyk, Christine	50	Charles River Masters-2	7:25.01	7:26.62
	53.46	1:52.94 (59.48)	2:47.91 (54.97)	3:41.64 (53.73)	
	4:44.55 (1:02.91)	5:47.91 (1:03.36)	6:37.98 (50.07)	7:26.62 (48.64)	
6	Edin, Deborah E	54	Great Bay Masters Swimming, In-	9:20.00	8:56.92
	59.83	2:11.77 (1:11.94)	4:35.79 (2:24.02)		
	5:40.76 ( )	6:47.66 (1:06.90)	7:55.09 (1:07.43)	8:56.92 (1:01.83)	

**Event 41 Women 55-59 400 SC Meter IM****WORLD: 5:23.08 W 4/1/2016 LYNN MARSHALL CAN****NATL: 5:39.30 N 11/21/2009 LAURA VAL**

1	Holland, Gail M	58	Worcester Area Masters-2	6:49.61	6:50.33
	46.35	1:39.69 (53.34)	2:29.12 (49.43)	3:18.70 (49.58)	
	4:18.17 (59.47)	5:18.20 (1:00.03)	6:04.90 (46.70)	6:50.33 (45.43)	
2	Florio-Jefferys, Joanna M	58	Pittsfield YMCA Polar Bear Mas-	8:23.91	8:34.42
	54.19	1:54.65 (1:00.46)	3:01.38 (1:06.73)	4:06.13 (1:04.75)	
	5:28.68 (1:22.55)	6:51.14 (1:22.46)	7:43.43 (52.29)	8:34.42 (50.99)	

**Event 41 Women 60-64 400 SC Meter IM****WORLD: 5:51.81 W 9/25/2011 LAURA VAL USA****NATL: 5:51.81 N 9/25/2011 LAURA VAL**

1	Estel, Beth A	60	Granite State Penguins (Nh)-2	6:20.00	6:20.35
	41.22	1:31.06 (49.84)	2:22.29 (51.23)	3:12.33 (50.04)	
	4:03.82 (51.49)	4:57.44 (53.62)	5:40.43 (42.99)	6:20.35 (39.92)	
2	Bierwert, Karen	64	New England Masters Swim Club-	6:47.71	6:35.50
	43.19	1:35.33 (52.14)	2:25.02 (49.69)	3:14.33 (49.31)	
	4:10.08 (55.75)	5:06.29 (56.21)	5:50.48 (44.19)	6:35.50 (45.02)	

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--- Holbrook, Nikki J 63 Connecticut Masters-5 7:25.00 NS

**Event 41 Women 70-74 400 SC Meter IM**

**WORLD: 6:47.91 W 1/16/2016 BRIGITTE MERTEN GER**

**NATL: 7:07.46 N 1/17/2016 MARGOT PETTIJOHN**

1 Slifer, Kathy M 71 YMCA of the North Shore SwimF 6:15.00 7:12.34

50.34 1:48.35 (58.01) 2:44.54 (56.19) 3:40.65 (56.11)

4:39.00 (58.35) 5:37.61 (58.61) 7:12.34 (1:34.73)

**Event 41 Women 75-79 400 SC Meter IM**

**WORLD: 7:11.33 W 5/11/2013 YOSHIKO OSAKI JPN**

**NATL: 7:52.71 N 10/7/2001 JUNE KRAUSER**

--- Olson, Jeannine E 77 Rinconada Masters-38 10:19.30 NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 42 Men 18-24 400 SC Meter IM****NATL: 4:28.54 N 11/14/1993 SERGEY MARINIUK**

1	Morris, Justin	22	King Fins Aquatic Club-2	5:00.00	5:12.66
	29.29	1:04.12 (34.83)	1:46.17 (42.05)	2:28.83 (42.66)	
	3:14.41 (45.58)	4:00.69 (46.28)	4:37.74 (37.05)	5:12.66 (34.92)	

**Event 42 Men 25-29 400 SC Meter IM****WORLD: 4:14.51 W 11/15/2009 IKUMI HASEGAWA JPN****NATL: 4:26.79 N 12/10/1995 JOHN KEPPELER**

1	Stiles, David E	26	St Pete Masters Inc-14	5:16.20	5:15.13
	31.77	1:08.98 (37.21)	1:50.98 (42.00)	2:32.16 (41.18)	
	3:17.57 (45.41)	4:03.25 (45.68)	4:39.81 (36.56)	5:15.13 (35.32)	
2	Wild, Mark	25	Worcester Area Masters-2	6:39.85	7:02.64
	46.31	1:44.22 (57.91)	2:40.18 (55.96)	3:35.30 (55.12)	
	4:29.90 (54.60)	5:26.47 (56.57)	6:14.37 (47.90)	7:02.64 (48.27)	

**Event 42 Men 35-39 400 SC Meter IM****WORLD: 4:24.36 W 12/7/2003 RON KARNAUGH USA****NATL: 4:24.36 N 12/7/2003 RONALD KARNAUGH**

1	Emmons, Michael J	35	Charles River Masters-2	4:48.11	4:54.72
	29.89	1:04.82 (34.93)	1:43.88 (39.06)	2:22.14 (38.26)	
	3:02.92 (40.78)	3:44.78 (41.86)	4:20.64 (35.86)	4:54.72 (34.08)	

**Event 42 Men 40-44 400 SC Meter IM****WORLD: 4:30.68 W 10/10/2014 ERIC CHRISTENSEN USA****NATL: 4:30.68 N 10/10/2014 ERIC CHRISTENSEN**

1	Sharon, Gil	42	Worcester Area Masters-2	5:30.00	5:33.64
	32.45	1:10.74 (38.29)	1:55.53 (44.79)	2:40.47 (44.94)	
	3:28.27 (47.80)	4:17.95 (49.68)	4:56.37 (38.42)	5:33.64 (37.27)	
2	Madonia, Marc P	42	Nyc Hydras-6	5:58.69	5:37.18
	34.59	1:13.02 (38.43)	1:57.55 (44.53)	2:41.74 (44.19)	
	3:30.19 (48.45)	4:19.49 (49.30)	4:59.54 (40.05)	5:37.18 (37.64)	
3	Kwa, Ken K	43	Charles River Masters-2	6:28.40	6:26.98
	46.20	1:35.93 (49.73)	2:29.01 (53.08)	3:23.86 (54.85)	
	4:11.05 (47.19)	5:00.53 (49.48)	5:45.26 (44.73)	6:26.98 (41.72)	
4	Parsons, Edward C	42	Minuteman Masters Swim Club-2	7:30.00	6:59.55
	47.61	1:40.72 (53.11)	2:37.82 (57.10)	3:33.56 (55.74)	
	4:33.46 (59.90)	5:32.79 (59.33)	6:17.05 (44.26)	6:59.55 (42.50)	
5	Trainor, Brendan F	40	Maine Masters Swim Club-2	7:20.00	7:29.21
	50.40	1:50.95 (1:00.55)	2:54.62 (1:03.67)	3:54.90 (1:00.28)	
	4:52.71 (57.81)	5:52.19 (59.48)	6:42.23 (50.04)	7:29.21 (46.98)	

**Event 42 Men 45-49 400 SC Meter IM****WORLD: 4:31.36 W 4/7/2012 NICOLAS GRANGER FRA****NATL: 4:43.64 N 9/26/2010 JEROME FRENTSOS**

1	Ellis, Andrew F	48	Umac-Terrapin Masters-10	7:00.00	5:22.03
	33.26	1:11.51 (38.25)	1:55.68 (44.17)	2:39.37 (43.69)	
	3:24.79 (45.42)	4:09.84 (45.05)	4:46.42 (36.58)	5:22.03 (35.61)	
2	Hersh, Craig	45	Simmons Masters-2	5:29.00	5:28.45
	34.32	1:13.49 (39.17)	1:57.22 (43.73)	2:41.03 (43.81)	
	3:25.76 (44.73)	4:11.45 (45.69)	4:49.98 (38.53)	5:28.45 (38.47)	
3	Garcia, Albert	46	SwimRI-2	5:29.95	5:30.40
	32.89	1:10.10 (37.21)	1:54.52 (44.42)	2:39.15 (44.63)	
	3:25.57 (46.42)	4:13.10 (47.53)	4:53.41 (40.31)	5:30.40 (36.99)	

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4	Sayles, Douglas	49	SwimRI-2	6:00.36	5:53.63
	36.28	1:19.30 (43.02)	2:05.07 (45.77)	2:48.48 (43.41)	
	3:41.93 (53.45)	4:35.27 (53.34)	5:15.86 (40.59)	5:53.63 (37.77)	
5	Prescott, Al	48	Minuteman Masters Swim Club-2	6:55.69	6:48.77
	47.72	1:42.35 (54.63)	2:38.34 (55.99)	3:35.34 (57.00)	
	4:29.61 (54.27)	5:24.20 (54.59)	6:07.56 (43.36)	6:48.77 (41.21)	
---	Elizondo, Bill	49	Rockwall Aquatics Masters-26	5:41.59	NS

**Event 42 Men 50-54 400 SC Meter IM****WORLD: 4:45.15 W 5/18/2015 JEROME FRENTSOS USA****NATL: 4:45.15 N 5/18/2015 JEROME FRENTSOS**

1	Blood, Jonathan K	51	Weymouth Club Masters Swimmir	5:38.00	5:46.46
	35.35	1:16.66 (41.31)	2:00.68 (44.02)	2:44.02 (43.34)	
	3:35.90 (51.88)	4:28.31 (52.41)	5:08.14 (39.83)	5:46.46 (38.32)	
2	Games, Brett C	50	Great Bay Masters Swimming, In-	6:10.55	6:02.10
	37.29	1:19.13 (41.84)	2:09.52 (50.39)	2:57.77 (48.25)	
	3:47.78 (50.01)	4:38.69 (50.91)	5:20.89 (42.20)	6:02.10 (41.21)	
3	Hiltabiddle, Steve	50	Colonials 1776-8	6:10.00	6:25.87
	27.77	1:00.38 (32.61)	2:02.70 (1:02.32)	3:00.50 (57.80)	
	3:54.56 (54.06)	4:49.93 (55.37)	5:36.55 (46.62)	6:25.87 (49.32)	
4	Devlin, Mark A	53	Minuteman Masters Swim Club-2	6:40.00	6:44.85
	41.51	1:32.42 (50.91)	2:28.07 (55.65)	3:25.60 (57.53)	
	4:23.59 (57.99)	5:20.54 (56.95)	6:04.70 (44.16)	6:44.85 (40.15)	
---	Scanlon, Tom	50	Minuteman Masters Swim Club-2	9:00.00	DQ

**Event 42 Men 55-59 400 SC Meter IM****WORLD: 4:51.97 W 11/21/2009 MICHAEL MANN USA****NATL: 4:51.97 N 11/21/2009 MICHAEL MANN**

1	Kim, Robert Y	56	Waltham Masters Swimmers-2	7:00.00	6:23.33
	46.74	1:36.57 (49.83)	2:25.84 (49.27)	3:14.08 (48.24)	
	4:05.47 (51.39)	4:57.51 (52.04)	5:40.55 (43.04)	6:23.33 (42.78)	
2	Burks, Vincent P	56	SwimRI-2	6:25.00	6:26.94
	38.09	1:23.30 (45.21)	2:14.37 (51.07)	3:08.37 (54.00)	
	4:08.13 (59.76)	5:06.44 (58.31)	5:48.67 (42.23)	6:26.94 (38.27)	
3	Roth, Douglas M	55	Maine Masters Swim Club-2	7:26.31	6:50.04
	53.00	1:47.80 (54.80)	2:39.84 (52.04)	3:30.05 (50.21)	
	4:28.70 (58.65)	5:27.23 (58.53)	6:09.73 (42.50)	6:50.04 (40.31)	
4	Canning, Peter	58	Connecticut Masters-5	8:30.00	8:13.79
	54.61	2:04.65 (1:10.04)	3:12.94 (1:08.29)	4:21.01 (1:08.07)	
	5:23.18 (1:02.17)	6:27.49 (1:04.31)	7:22.94 (55.45)	8:13.79 (50.85)	
---	Naylor, Jeff G	58	Granite State Penguins (Nh)-2	5:30.00	NS

**Event 42 Men 60-64 400 SC Meter IM****WORLD: 5:04.54 W 11/13/2011 RICK COLELLA USA****NATL: 5:04.54 N 11/13/2011 RICK COLELLA**

1	McCombs, Michael P	60	Worcester Area Masters-2	5:50.52	5:50.59
	35.51	1:17.34 (41.83)	2:02.64 (45.30)	2:45.89 (43.25)	
	3:40.19 (54.30)	4:33.16 (52.97)	5:12.91 (39.75)	5:50.59 (37.68)	
2	Miller, Steve J	62	Great Bay Masters Swimming, In-	6:27.82	6:37.84
	44.62	1:39.28 (54.66)	2:31.90 (52.62)	3:22.23 (50.33)	
	4:18.14 (55.91)	5:13.73 (55.59)	5:56.40 (42.67)	6:37.84 (41.44)	
3	Keil, Mark A	63	Minuteman Masters Swim Club-2	7:17.06	7:07.41
	46.08	1:46.43 (1:00.35)	2:39.86 (53.43)	3:31.78 (51.92)	
	4:30.06 (58.28)	5:31.94 (1:01.88)	6:22.02 (50.08)	7:07.41 (45.39)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 42 Men 60-64 400 SC Meter IM)**

4	Fuerman, Ross	63	Waltham Masters Swimmers-2	7:18.70	7:20.88
				52.62	1:57.64 (1:05.02)
				2:58.91 (1:01.27)	3:51.96 (53.05)
				4:48.22 (56.26)	5:45.79 (57.57)
				6:36.45 (50.66)	7:20.88 (44.43)
---	Bright, David	63	New England Masters Swim Club	6:25.00	NS

**Event 42 Men 65-69 400 SC Meter IM****WORLD: 5:34.78 W 5/19/2014 HUBIE KERNS USA****NATL: 5:34.78 N 5/19/2014 HUBIE KERNS**

1	Rogacki, Daniel J	69	Pittsfield YMCA Polar Bear Mas-	6:58.67	6:34.38
				43.84	1:37.69 (53.85)
				2:29.45 (51.76)	3:21.77 (52.32)
				4:14.74 (52.97)	5:08.48 (53.74)
				5:52.98 (44.50)	6:34.38 (41.40)
2	Geoghegan, William J	66	Connecticut Masters-5	7:00.46	6:48.19
				46.13	1:37.22 (51.09)
				2:30.91 (53.69)	3:24.30 (53.39)
				4:20.54 (56.24)	5:17.59 (57.05)
				6:03.91 (46.32)	6:48.19 (44.28)

**Event 42 Men 75-79 400 SC Meter IM****WORLD: 6:33.87 W 12/6/2009 BURWELL JONES USA****NATL: 6:29.29 N 7/22/2016 MIKE FRESHLEY**

1	Jones, William I	79	Maine Masters Swim Club-2	9:00.00	9:14.76
				1:08.02	2:20.62 (1:12.60)
				3:37.99 (1:17.37)	4:53.32 (1:15.33)
				6:09.65 (1:16.33)	7:26.98 (1:17.33)
				8:23.77 (56.79)	9:14.76 (50.99)

**Event 42 Men 80-84 400 SC Meter IM****WORLD: 7:26.06 W 10/9/2005 KARL HAUTER GER****NATL: 7:33.77 N 12/6/2014 WILLIAM LAUER**

---	Head, Brian F	83	Adirondack Masters-3	12:03.04	NS
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 43 Women 18-24 200 SC Meter Freestyle****NATL: 2:03.39 N 12/6/2009 ALEXANDRA LEE**

1	Swalec, Caitlin M	22	Greenwood Masters-2	2:45.45	2:36.01
	34.95	1:14.10 (39.15)	1:55.38 (41.28)	2:36.01 (40.63)	

**Event 43 Women 25-29 200 SC Meter Freestyle****WORLD: 1:59.78 W 3/31/1996 SHEILA TAORMINA USA****NATL: 1:59.78 N 3/31/1996 SHEILA TAORMINA**

1	Lee, Alexandra K	29	Charles River Masters-2	2:13.00	2:16.38
	32.12	1:06.55 (34.43)	1:41.39 (34.84)	2:16.38 (34.99)	
2	Aubin, Alana M	26	Charles River Masters-2	2:17.35	2:20.24
	32.41	1:08.35 (35.94)	1:44.61 (36.26)	2:20.24 (35.63)	
3	Fuller, Sarah E	29	Waltham YMCA-2	2:33.00	2:33.32
	34.48	1:13.85 (39.37)	1:54.04 (40.19)	2:33.32 (39.28)	
4	Levenstein, Katherine E	26	Charles River Masters-2	2:35.00	3:01.38
	40.59	1:27.07 (46.48)	2:15.57 (48.50)	3:01.38 (45.81)	

**Event 43 Women 30-34 200 SC Meter Freestyle****WORLD: 2:02.60 W 11/20/2010 HITOMI MATSUDA JPN****NATL: 2:04.64 N 12/15/1996 K PIPES-NEILSEN**

1	Bernstein, Heather M	31	Connecticut Masters-5	2:35.00	2:30.58
	35.24	1:13.84 (38.60)	1:53.02 (39.18)	2:30.58 (37.56)	
2	Howell, Ginger B	31	Waltham Masters Swimmers-2	2:33.60	2:30.72
	34.69	1:12.85 (38.16)	1:52.38 (39.53)	2:30.72 (38.34)	
3	Wolf, Jenny	34	Minuteman Masters Swim Club-2	3:00.00	2:47.91
	39.59	1:22.63 (43.04)	2:05.84 (43.21)	2:47.91 (42.07)	
4	Gaffey, Erin	31	Charles River Masters-2	2:36.00	2:57.90
	41.75	1:27.48 (45.73)	2:14.38 (46.90)	2:57.90 (43.52)	
5	Bey, Madeline	30	Connecticut Masters-5	3:05.24	3:04.43
	43.18	1:30.38 (47.20)	2:18.18 (47.80)	3:04.43 (46.25)	
6	Afanasewicz, Elizabeth A	33	Minuteman Masters Swim Club-2	3:15.00	3:06.05
	41.95	1:29.46 (47.51)	2:18.49 (49.03)	3:06.05 (47.56)	
7	Guglielmo, Nicole	33	Connecticut Masters-5	3:06.00	3:09.85
	45.82	1:34.49 (48.67)	2:22.55 (48.06)	3:09.85 (47.30)	
8	Wellman, Meghan A	30	Minuteman Masters Swim Club-2	3:30.00	3:11.11
	44.42	1:33.62 (49.20)	2:23.55 (49.93)	3:11.11 (47.56)	

**Event 43 Women 35-39 200 SC Meter Freestyle****WORLD: 2:03.12 W 3/25/2012 HITOMI MATSUDA JPN****NATL: 2:03.56 N 12/14/1997 K PIPES-NEILSEN**

1	Williams, Melinda B	35	Granite State Penguins (Nh)-2	2:17.34	2:17.71
	32.57	1:07.79 (35.22)	1:43.45 (35.66)	2:17.71 (34.26)	
2	Hunnewell, Becky	36	Charles River Masters-2	2:20.00	2:18.33
	33.10	1:08.22 (35.12)	1:43.60 (35.38)	2:18.33 (34.73)	
3	Horton, Kali	37	Uc02-2	2:30.00	2:32.20
	34.72	1:12.06 (37.34)	1:51.68 (39.62)	2:32.20 (40.52)	
4	Lorang, Janet R	35	Minuteman Masters Swim Club-2	2:40.00	2:38.17
	37.16	1:17.97 (40.81)	1:58.65 (40.68)	2:38.17 (39.52)	
5	Scott, Elizabeth A	35	Minuteman Masters Swim Club-2	3:59.07	3:24.04
	49.23	1:41.78 (52.55)	2:33.32 (51.54)	3:24.04 (50.72)	
6	Blake, Shannon E	36	Minuteman Masters Swim Club-2	3:33.65	3:33.93
	47.52	1:41.43 (53.91)	2:38.05 (56.62)	3:33.93 (55.88)	
---	Beveridge, Jillian E	36	SwimRI-2	2:39.00	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 43 Women 40-44 200 SC Meter Freestyle****WORLD: 2:05.26 W 12/14/2003 K.PIPES-NEILSEN USA****NATL: 2:05.26 N 12/14/2003 K PIPES-NEILSEN**

1	Crusco, Kysa M	40	Granite State Penguins (Nh)-2	2:20.98	2:22.71
	32.68	1:08.52 (35.84)	1:45.55 (37.03)	2:22.71 (37.16)	
2	Lancaster, Jill	43	SwimRI-2	2:21.00	2:23.24
	33.84	1:10.77 (36.93)	1:47.45 (36.68)	2:23.24 (35.79)	
3	Hindle, Lori D	41	Weymouth Club Masters Swimmi	2:24.94	2:28.61
	34.56	1:12.06 (37.50)	1:51.16 (39.10)	2:28.61 (37.45)	
4	Sega, Ally	43	Connecticut Masters-5	3:20.76	3:22.32
	48.09	1:38.89 (50.80)	2:31.52 (52.63)	3:22.32 (50.80)	
---	Bergeron, Victoria	41	Uc02-2	4:00.00	NS
---	Saltojanas, Denise I	43	North Suburban YMCA Masters-2	3:11.00	NS
---	Krier, Kira J	42	Stowe Masters-2	2:59.25	NS

**Event 43 Women 45-49 200 SC Meter Freestyle****WORLD: 2:05.94 W 12/2/2007 K.PIPES-NEILSEN USA****NATL: 2:05.94 N 12/2/2007 K PIPES-NEILSEN**

1	Olsen, Jennifer	45	Wayland Masters-2	2:27.65	2:28.18
	34.12	1:11.48 (37.36)	1:49.97 (38.49)	2:28.18 (38.21)	
2	Leveroni, Amy S	46	YMCA of the North Shore SwimF	2:37.17	2:35.79
	33.28	1:11.62 (38.34)	1:53.39 (41.77)	2:35.79 (42.40)	
3	Garland, Sue C	47	Charles River Masters-2	2:42.17	2:44.38
	36.84	1:17.94 (41.10)	2:01.32 (43.38)	2:44.38 (43.06)	
4	Roccabruna, Amy M	46	Pittsfield YMCA Polar Bear Mas-	3:30.00	3:11.48
	42.39	1:30.90 (48.51)	2:21.67 (50.77)	3:11.48 (49.81)	

**Event 43 Women 50-54 200 SC Meter Freestyle****WORLD: 2:10.72 W 12/6/2009 S.HEIM-BOWEN USA****NATL: 2:10.72 N 12/6/2009 S HEIM-BOWEN**

1	Brynn, Charlotte J	50	Stowe Masters-2	2:30.00	2:30.66
	35.23	1:13.73 (38.50)	1:52.70 (38.97)	2:30.66 (37.96)	
2	Emblidge, Cecilia V	52	Nutmeg Masters Swim Club-2	2:29.50	2:34.15
	35.67	1:14.64 (38.97)	1:55.03 (40.39)	2:34.15 (39.12)	
3	O'Donnell, Sonja K	50	Uc02-2	3:19.00	2:47.92
	37.68	1:18.90 (41.22)	2:03.31 (44.41)	2:47.92 (44.61)	
4	Edison, Cheryl S	54	Connecticut Masters-5	3:00.00	2:59.01
	40.91	1:25.45 (44.54)	2:11.82 (46.37)	2:59.01 (47.19)	
5	Barlow, Jennifer	50	Abc Masters - Gray Sharks-2	3:00.84	3:02.59
	43.04	1:29.83 (46.79)	2:18.22 (48.39)	3:02.59 (44.37)	
6	Zraket, Lisa	52	YMCA of the North Shore SwimF	3:01.19	3:04.49
	40.25	1:27.29 (47.04)	2:15.81 (48.52)	3:04.49 (48.68)	
7	Marquis, Lisa	54	Waltham Masters Swimmers-2	3:30.00	3:04.78
	41.15	1:28.20 (47.05)	2:17.36 (49.16)	3:04.78 (47.42)	
8	Goldsmith, Louise E	53	Simon's Rock PaceMakers-2	3:05.37	3:14.25
	43.37	1:32.90 (49.53)	2:26.13 (53.23)	3:14.25 (48.12)	
9	Beconi, Maria G	53	Minuteman Masters Swim Club-2	4:00.00	3:43.95
	51.16	1:49.01 (57.85)	2:48.49 (59.48)	3:43.95 (55.46)	
10	Edin, Deborah E	54	Great Bay Masters Swimming, In-	3:50.00	4:00.58
	50.38	1:52.58 (1:02.20)	4:00.58 (2:08.00)		
---	Cadigan, Leslie J	54	Minuteman Masters Swim Club-2	4:01.00	NS



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 43 Women 55-59 200 SC Meter Freestyle****WORLD: 2:13.58 W 2/28/2016 LYNN MARSHALL CAN****NATL: 2:14.45 N 11/21/2009 LAURA VAL**

1	Grilli, Tracy L	59	Granite State Penguins (Nh)-2	2:29.08	2:36.72
	35.94	1:15.93 (39.99)	1:57.13 (41.20)	2:36.72 (39.59)	
2	Stokes, Karin E	55	Granite State Penguins (Nh)-2	2:38.35	2:38.84
	37.22	1:17.61 (40.39)	1:58.75 (41.14)	2:38.84 (40.09)	
3	Gallagher, Sally L	55	Great Bay Masters Swimming, In-	3:00.00	2:54.79
	38.61	1:23.18 (44.57)	2:09.64 (46.46)	2:54.79 (45.15)	
4	Florio-Jefferys, Joanna M	58	Pittsfield YMCA Polar Bear Mas-	3:12.92	3:21.17
	45.50	1:37.05 (51.55)	2:30.16 (53.11)	3:21.17 (51.01)	
5	Rappaport, Nancy	57	Charles River Masters-2	3:20.00	3:23.77
	44.93	1:36.96 (52.03)	2:30.19 (53.23)	3:23.77 (53.58)	
---	Fleming, Jill M	55	Simon's Rock PaceMakers-2	3:17.00	NS
---	Kulakova, Olga	55	Uc02-2	2:45.00	NS
---	Hallett, Connie	57	Maine Masters Swim Club-2	2:32.22	NS

**Event 43 Women 60-64 200 SC Meter Freestyle****WORLD: 2:20.16 W 12/4/2011 LAURA VAL USA****NATL: 2:20.16 N 12/4/2011 LAURA VAL**

1	Hibben, Veronica	60	UCLA Bruin Masters-33	2:23.13	2:25.83
	33.66	1:10.00 (36.34)	1:46.99 (36.99)	2:25.83 (38.84)	
2	Johnston, Nancy	61	Keene Swim Masters-2	2:50.01	2:46.56
	37.77	1:19.43 (41.66)	2:03.20 (43.77)	2:46.56 (43.36)	
3	Dumont, Leslie S	60	Andover North Andover YMCA-2	3:22.30	3:04.23
	42.26	1:28.64 (46.38)	2:17.26 (48.62)	3:04.23 (46.97)	
---	Glovsky, Eileen G	60	Charles River Masters-2	4:50.00	NS

**Event 43 Women 65-69 200 SC Meter Freestyle****WORLD: 2:25.41 W 1/30/2016 LAURA VAL USA****NATL: 2:25.41 N 1/30/2016 LAURA VAL**

1	West, Barbara A	68	Pittsfield YMCA Polar Bear Mas-	3:12.00	3:16.98
	44.58	1:34.10 (49.52)	2:26.50 (52.40)	3:16.98 (50.48)	
2	Mitchell, Carol	67	Sarasota Y Sharks-14	3:19.77	3:30.76
	49.20	1:42.61 (53.41)	2:37.01 (54.40)	3:30.76 (53.75)	
3	Needham, Cynthia	68	Stowe Masters-2	4:35.83	4:20.26
	1:02.48	2:07.16 (1:04.68)	3:13.70 (1:06.54)	4:20.26 (1:06.56)	

**Event 43 Women 70-74 200 SC Meter Freestyle****WORLD: 2:44.70 W 2/17/2008 YOSHIKO OSAKI JPN****NATL: 2:43.60 N 11/20/2016 DIANN UUSTAL**

1	Slifer, Kathy M	71	YMCA of the North Shore SwimF	2:58.96	3:00.23
	42.03	1:27.61 (45.58)	2:14.53 (46.92)	3:00.23 (45.70)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 44 Men 18-24 200 SC Meter Freestyle****NATL: 1:47.32 N 12/11/2005 NICK BRUNELLI**

1	Morris, Justin	27.65	58.45 (30.80)	22	King Fins Aquatic Club-2	1:31.00 (32.55)	2:03.51 (32.51)	2:05.00	2:03.51
2	Tracy, Mark	28.79	1:00.60 (31.81)	23	Minuteman Masters Swim Club-2	1:33.18 (32.58)	2:05.07 (31.89)	2:10.00	2:05.07
3	Chen, Roy F	29.91	1:03.40 (33.49)	21	Charles River Masters-2	1:37.22 (33.82)	2:09.65 (32.43)	2:15.70	2:09.65
4	Wiens, Matthew R	30.46	1:03.21 (32.75)	24	Charles River Masters-2	1:37.19 (33.98)	2:10.95 (33.76)	2:08.23	2:10.95
5	Chen, George S	30.67	1:04.45 (33.78)	23	Charles River Masters-2	1:38.98 (34.53)	2:12.88 (33.90)	2:11.44	2:12.88
6	Gerard, William H	31.49	1:06.07 (34.58)	24	Connecticut Masters-5	1:42.19 (36.12)	2:16.86 (34.67)	2:22.70	2:16.86
7	Rifai, Sami A	35.57	1:15.50 (39.93)	24	Charles River Masters-2	1:56.32 (40.82)	2:35.90 (39.58)	2:22.00	2:35.90
---	Garcia, Mike			24	Long Island Masters Swimming-6			2:20.00	NS

**Event 44 Men 25-29 200 SC Meter Freestyle****WORLD: 1:44.90 W 11/3/2013 DARIAN TOWNSEND USA****NATL: 1:44.90 N 11/3/2013 DARIAN TOWNSEND**

1	Chance, Joseph C	26.78	56.42 (29.64)	25	Charles River Masters-2	1:26.49 (30.07)	1:55.62 (29.13)	1:57.00	1:55.62
2	Jaroszewicz, Matthew J	30.83	1:04.72 (33.89)	26	SwimRI-2	1:39.46 (34.74)	2:13.99 (34.53)	2:12.15	2:13.99
3	Caputo, Matteo	32.28	1:07.82 (35.54)	26	Charles River Masters-2	1:43.56 (35.74)	2:18.16 (34.60)	2:19.00	2:18.16
4	Mitchell, Craig	32.49	1:07.62 (35.13)	26	Worcester Area Masters-2	1:43.42 (35.80)	2:20.24 (36.82)	2:19.92	2:20.24
5	Stiles, David E	30.97	1:06.72 (35.75)	26	St Pete Masters Inc-14	1:43.98 (37.26)	2:21.23 (37.25)	2:16.58	2:21.23
6	Wraight, Thomas E	33.63	1:11.53 (37.90)	29	Great Bay Masters Swimming, In-	1:51.35 (39.82)	2:30.33 (38.98)	2:24.69	2:30.33
7	Vanacore, Mark	32.98	1:11.75 (38.77)	27	Worcester Area Masters-2	1:54.87 (43.12)	2:38.43 (43.56)	2:44.00	2:38.43
8	Dillon, Sean	39.66	1:29.56 (49.90)	26	Worcester Area Masters-2	2:22.80 (53.24)	3:16.22 (53.42)	2:48.30	3:16.22

**Event 44 Men 30-34 200 SC Meter Freestyle****WORLD: 1:46.12 W 9/27/2014 DARIAN TOWNSEND USA****NATL: 1:46.12 N 9/27/2014 DARIAN TOWNSEND**

1	Wallace, Connor	30.35	1:03.23 (32.88)	30	SwimRI-2	1:37.18 (33.95)	2:10.90 (33.72)	2:13.00	2:10.90
2	Hui, Christopher D	33.12	1:09.79 (36.67)	32	Greenwood Masters-2	1:46.84 (37.05)	2:22.52 (35.68)	2:30.00	2:22.52
3	Duguay, Robert E	34.34	1:11.35 (37.01)	31	Connecticut Masters-5	1:48.77 (37.42)	2:25.29 (36.52)	2:28.42	2:25.29
4	Shaw, Chris	31.89	1:10.22 (38.33)	34	Umac-Terrapin Masters-10	1:52.32 (42.10)	2:36.04 (43.72)	2:40.00	2:36.04
---	Walton, Austin R			33	Connecticut Masters-5			2:50.00	NS

**Event 44 Men 35-39 200 SC Meter Freestyle****WORLD: 1:51.31 W 12/14/2003 ERIK HOCHSTEIN USA****NATL: 1:51.31 N 12/14/2003 ERIK HOCHSTEIN**

1	Emmons, Michael J	28.11	1:00.14 (32.03)	35	Charles River Masters-2	1:32.72 (32.58)	2:04.70 (31.98)	1:59.55	2:04.70
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2	Strahota, Jeffrey R	36	Umac-Terrapin Masters-10	2:07.02	2:08.88
	29.33	1:02.05 (32.72)	1:35.43 (33.38)	2:08.88 (33.45)	
3	Wright, Brendan C	38	Granite State Penguins (Nh)-2	2:35.07	2:19.32
	31.88	1:06.99 (35.11)	1:43.62 (36.63)	2:19.32 (35.70)	
4	Sampat, Anuj	39	Charles River Masters-2	2:59.81	2:48.67
	38.56	1:21.41 (42.85)	2:05.90 (44.49)	2:48.67 (42.77)	
---	Poche, Justin D	38	Worcester Area Masters-2	2:30.00	NS
---	Shepherd, Jeremy	37	Rockwall Aquatics Masters-26	2:05.00	NS

**Event 44 Men 40-44 200 SC Meter Freestyle****WORLD: 1:50.08 W 12/6/2008 MICHAEL ROSS USA****NATL: 1:50.08 N 12/6/2008 MICHAEL ROSS**

1	Ohman, Niclas K	42	Granite State Penguins (Nh)-2	2:00.70	2:03.03
	28.37	1:00.57 (32.20)	1:32.46 (31.89)	2:03.03 (30.57)	
2	Goodison, Michael R	44	Umac-Terrapin Masters-10	2:18.49	2:20.09
	32.20	1:07.52 (35.32)	1:43.78 (36.26)	2:20.09 (36.31)	
3	Cloitre, Christophe	41	Great Bay Masters Swimming, In-	2:32.59	2:36.00
		1:18.17 ( )	1:58.89 (40.72)	2:36.00 (37.11)	
4	Phillips, Tom	42	Michigan Masters-19	2:10.00	2:39.02
	25.32	1:13.01 (47.69)	1:56.86 (43.85)	2:39.02 (42.16)	
5	Parsons, Edward C	42	Minuteman Masters Swim Club-2	3:10.00	2:45.56
	35.90	1:16.95 (41.05)	2:01.50 (44.55)	2:45.56 (44.06)	
6	Foley, Stephen	44	Pittsfield YMCA Polar Bear Mas-	2:55.00	2:53.48
	39.19	1:23.27 (44.08)	2:08.39 (45.12)	2:53.48 (45.09)	

**Event 44 Men 45-49 200 SC Meter Freestyle****WORLD: 1:52.87 W 3/9/2012 NICOLAS GRANGER FRA****NATL: 1:56.00 N 12/2/2007 PAUL SMITH**

1	Garcia, Albert	46	SwimRI-2	2:12.92	2:12.08
	31.08	1:04.96 (33.88)	1:38.68 (33.72)	2:12.08 (33.40)	
2	Hersh, Craig	45	Simmons Masters-2	2:10.59	2:15.00
	30.35	1:03.94 (33.59)	1:40.15 (36.21)	2:15.00 (34.85)	
3	Gilson, Matthew R	49	SwimRI-2	2:11.07	2:17.12
	31.17	1:05.77 (34.60)	1:41.22 (35.45)	2:17.12 (35.90)	
4	Carroll, Stephen R	47	Granite State Penguins (Nh)-2	2:40.00	2:20.79
	29.28	1:02.75 (33.47)	1:39.68 (36.93)	2:20.79 (41.11)	
5	Lacey, John S	49	Tech Masters-2	2:55.00	2:36.40
	34.89	1:14.59 (39.70)	1:56.05 (41.46)	2:36.40 (40.35)	
6	Thorp, Alexander R	46	Simon's Rock PaceMakers-2	2:50.00	2:40.51
	35.50	1:16.60 (41.10)	2:01.53 (44.93)	2:40.51 (38.98)	
7	Schaal, Maor	48	Worcester Area Masters-2	2:55.00	2:53.61
	38.36	1:20.82 (42.46)	2:06.75 (45.93)	2:53.61 (46.86)	
---	Carroll, Stewart A	46	Rockwall Aquatics Masters-26	1:59.11	NS
---	Elizondo, Bill	49	Rockwall Aquatics Masters-26	2:19.61	NS

**Event 44 Men 50-54 200 SC Meter Freestyle****WORLD: 1:54.61 W 10/14/2011 AMBROSE GAINES USA****NATL: 1:54.61 N 10/14/2011 ROWDY GAINES**

1	Blood, Jonathan K	51	Weymouth Club Masters Swimmin	2:11.49	2:13.63
	30.87	1:05.31 (34.44)	1:39.93 (34.62)	2:13.63 (33.70)	
2	French, Chris A	54	Granite State Penguins (Nh)-2	2:19.24	2:14.50
	31.32	1:05.96 (34.64)	1:40.73 (34.77)	2:14.50 (33.77)	
3	Wyckoff, Benjamin W	52	Connecticut Masters-5	2:25.78	2:22.75
	33.17	1:10.20 (37.03)	1:47.99 (37.79)	2:22.75 (34.76)	

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4	DeLew, Christopher D	54	Granite State Penguins (Nh)-2	2:20.00	2:28.98
	34.61	1:12.51 (37.90)	1:50.64 (38.13)	2:28.98 (38.34)	
5	Carll, Stephen J	51	SwimRI-2	2:40.00	2:35.72
	36.10	1:14.28 (38.18)	1:54.66 (40.38)	2:35.72 (41.06)	
6	Gisseman, Carl S	50	Maine Masters Swim Club-2	2:37.00	2:41.68
	36.11	1:17.11 (41.00)	1:59.88 (42.77)	2:41.68 (41.80)	
7	Bell, Blake R	54	Adirondack Masters-3	3:02.84	2:55.47
	44.00	1:29.45 (45.45)	2:14.29 (44.84)	2:55.47 (41.18)	
8	Scanlon, Tom	50	Minuteman Masters Swim Club-2	3:30.00	3:23.65
	45.87	1:37.21 (51.34)	2:30.85 (53.64)	3:23.65 (52.80)	
---	Colbert, Joseph P	53	New England Masters Swim Club	3:26.08	NS

**Event 44 Men 55-59 200 SC Meter Freestyle****WORLD: 1:59.08 W 11/21/2009 MICHAEL MANN USA****NATL: 1:59.08 N 11/21/2009 MICHAEL MANN**

1	Shipp, Bill	56	Umac-Terrapin Masters-10	2:23.00	2:23.95
	33.86	1:10.96 (37.10)	1:48.33 (37.37)	2:23.95 (35.62)	
2	McClellan, John	55	Abc Masters - Gray Sharks-2	2:23.00	2:24.27
	33.94	1:10.56 (36.62)	1:47.50 (36.94)	2:24.27 (36.77)	
3	Palmer, Ray	57	New England Masters Swim Club	2:33.48	2:28.85
	35.28	1:13.41 (38.13)	1:51.27 (37.86)	2:28.85 (37.58)	
4	Wallace, Thomas F	57	Charles River Masters-2	2:25.74	2:32.93
	32.90	1:11.87 (38.97)	1:52.55 (40.68)	2:32.93 (40.38)	
5	Taylor, Giles	57	OakSquare YMCA-2	3:00.00	2:36.65
	35.66	1:14.81 (39.15)	1:56.09 (41.28)	2:36.65 (40.56)	
*6	Roth, Douglas M	55	Maine Masters Swim Club-2	2:53.67	2:39.12
	37.51	1:18.12 (40.61)	1:59.20 (41.08)	2:39.12 (39.92)	
*6	Gugino, Douglas A	56	Connecticut Masters-5	2:50.00	2:39.12
	38.04	1:20.65 (42.61)	2:01.97 (41.32)	2:39.12 (37.15)	
8	Foster, Walter M	55	Minuteman Masters Swim Club-2	2:30.48	2:39.26
	34.69	1:15.19 (40.50)	1:57.50 (42.31)	2:39.26 (41.76)	
9	Hamilton, James E	56	North Suburban YMCA Masters-2	3:00.00	2:48.94
		1:16.97 ( )	2:01.61 (44.64)	2:48.94 (47.33)	
10	Arsenault, Paul	55	Worcester Area Masters-2	2:41.74	2:50.39
	39.29	1:22.82 (43.53)	2:07.37 (44.55)	2:50.39 (43.02)	
11	Heyison, Michael R	59	Tech Masters-2	3:00.25	2:58.02
	41.85	1:27.43 (45.58)	2:13.66 (46.23)	2:58.02 (44.36)	
12	Armstrong, Barry G	57	Uc02-2	2:55.00	3:05.14
	41.32	1:28.58 (47.26)	2:18.46 (49.88)	3:05.14 (46.68)	
13	Maldari, Frank S	59	Andover North Andover YMCA-2	3:38.18	3:55.85
	50.70	1:53.39 (1:02.69)	2:54.15 (1:00.76)	3:55.85 (1:01.70)	
---	Lipkowitz, Robert D	56	YMCA of the North Shore SwimF	3:00.00	NS
---	Lane, Tom	57	Uc02-2	2:48.00	NS
---	Alexander, Mark E	58	Charles River Masters-2	2:24.69	NS

**Event 44 Men 60-64 200 SC Meter Freestyle****WORLD: 2:01.65 W 11/21/2015 RICK COLELLA USA****NATL: 2:01.65 N 11/21/2015 RICK COLELLA**

1	McCombs, Michael P	60	Worcester Area Masters-2	2:20.34	2:22.48
	33.51	1:10.05 (36.54)	1:46.73 (36.68)	2:22.48 (35.75)	
2	Miller, Steve J	62	Great Bay Masters Swimming, In-	2:35.17	2:37.24
	36.14	1:16.07 (39.93)	1:57.01 (40.94)	2:37.24 (40.23)	
3	McLaughlin, Brian J	61	Abc Masters - Gray Sharks-2	2:42.10	2:39.77
	37.06	1:17.83 (40.77)	2:00.35 (42.52)	2:39.77 (39.42)	

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4	Kolis, Steve	61	Pittsfield YMCA Polar Bear Mas-	3:03.00	2:47.13
	37.58	1:19.98 (42.40)	2:03.51 (43.53)	2:47.13 (43.62)	
5	Fuerman, Ross	63	Waltham Masters Swimmers-2	2:49.03	2:54.56
	38.54	1:22.50 (43.96)	2:09.29 (46.79)	2:54.56 (45.27)	
6	Renwick, John C	63	Greenwood Masters-2	2:50.51	3:01.51
	43.14	1:28.41 (45.27)	2:15.80 (47.39)	3:01.51 (45.71)	
---	Gambrel, Patrick A	62	Granite State Penguins (Nh)-2	2:50.00	NS
---	Skolnick, Stewart R	62	New England Masters Swim Club	4:32.55	NS

**Event 44 Men 65-69 200 SC Meter Freestyle****WORLD: 2:15.39 W 10/17/2009 DAVID QUIGGIN USA****NATL: 2:14.82 N 9/18/2016 TIM BRODERICK**

1	Oates, David R	66	Worcester Area Masters-2	2:21.23	2:31.47
	34.99	1:13.61 (38.62)	1:52.69 (39.08)	2:31.47 (38.78)	
2	Olander, John R	66	Simon's Rock PaceMakers-2	2:48.81	2:47.58
	37.80	1:20.59 (42.79)	2:05.13 (44.54)	2:47.58 (42.45)	
3	Newkirk, Thomas R	68	Great Bay Masters Swimming, In-	3:00.00	2:57.63
	40.97	1:24.98 (44.01)	2:11.62 (46.64)	2:57.63 (46.01)	
4	Hassey, James	68	Uc02-2	3:30.00	3:34.39
	47.78	1:41.67 (53.89)	2:38.61 (56.94)	3:34.39 (55.78)	

**Event 44 Men 70-74 200 SC Meter Freestyle****WORLD: 2:22.60 W 10/12/2014 DAVID QUIGGIN USA****NATL: 2:22.60 N 10/12/2014 DAVID QUIGGIN**

1	Bernstein, Rich	70	Asphalt Green Masters-6	2:49.00	2:53.56
	39.90	1:24.41 (44.51)	2:09.06 (44.65)	2:53.56 (44.50)	
2	Pope, James A	74	Lowell YMCA Flippers Masters S	3:05.00	3:08.37
	43.42	1:31.32 (47.90)	2:20.38 (49.06)	3:08.37 (47.99)	
3	Epstein, Paul M	70	Connecticut Masters-5	3:15.00	3:10.84
	43.53	1:31.41 (47.88)	2:21.79 (50.38)	3:10.84 (49.05)	
4	Read, Philip E	74	Great Bay Masters Swimming, In-	3:37.83	3:50.88
	52.77	1:52.80 (1:00.03)	2:52.01 (59.21)	3:50.88 (58.87)	
5	Roccabello, John J	73	SwimRI-2	5:12.08	5:39.68
	1:12.83	2:50.97 (1:38.14)	5:39.68 (2:48.71)		

**Event 44 Men 75-79 200 SC Meter Freestyle****WORLD: 2:27.53 W 4/18/2009 DAVID RADCLIFF USA****NATL: 2:27.53 N 4/18/2009 DAVID RADCLIFF**

1	Laux, Michael A	75	Connecticut Masters-5	3:30.00	3:02.87
	45.77	1:35.57 (49.80)	2:20.93 (45.36)	3:02.87 (41.94)	
2	Jones, William I	79	Maine Masters Swim Club-2	3:34.50	3:35.14
	49.41	1:46.79 (57.38)	2:44.23 (57.44)	3:35.14 (50.91)	
3	Coupe, George J	76	Granite State Penguins (Nh)-2	3:26.00	3:41.88
	50.22	1:49.12 (58.90)	2:49.98 (1:00.86)	3:41.88 (51.90)	
4	Ribush, Nicholas	75	Abc Masters - Gray Sharks-2	4:00.00	4:04.35
	55.82	1:58.26 (1:02.44)	3:02.40 (1:04.14)	4:04.35 (1:01.95)	
5	Hatchette, Michael A	75	Simon's Rock PaceMakers-2	4:21.17	4:31.05
	56.93	2:06.21 (1:09.28)	3:17.08 (1:10.87)	4:31.05 (1:13.97)	
6	Mitchell, Jack	77	Sarasota Y Sharks-14	5:02.23	5:12.90
	1:13.92	2:40.11 (1:26.19)	3:58.04 (1:17.93)	5:12.90 (1:14.86)	

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1	Alkoff, Howard	83	Connecticut Masters-5	4:00.00	4:14.72
	53.48	1:57.16 (1:03.68)	3:06.05 (1:08.89)	4:14.72 (1:08.67)	
2	Arnold, Richard	84	Great Bay Masters Swimming, In-	4:59.93	5:50.90
	1:22.23	5:50.90 (4:28.67)			

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1	Randolph, Courtney M	25	Umac-Terrapin Masters-10	1:12.00	1:08.64
	34.26	1:08.64	(34.38)		
2	Gryglewska, Anna C	26	Connecticut Masters-5	1:15.50	1:10.79
	35.26	1:10.79	(35.53)		
3	Lee, Alexandra K	29	Charles River Masters-2	1:12.50	1:12.53
	35.95	1:12.53	(36.58)		
4	Courbron, Yanghee	28	Greenwood Masters-2	1:19.88	1:17.69
	37.58	1:17.69	(40.11)		
5	Caron, Danielle M	25	Worcester Area Masters-2	1:25.00	1:20.47
	38.95	1:20.47	(41.52)		
6	Amico, Victoria	27	Minuteman Masters Swim Club-2	2:05.00	2:04.46
7	White, Jessica L	25	Worcester Area Masters-2	2:20.00	2:13.25
	1:01.51	2:13.25	(1:11.74)		

**Event 45 Women 30-34 100 SC Meter Backstroke****WORLD: 1:00.90 W 3/7/2010 KANA YAMAGUCHI****JPN****NATL: 59.53 N 11/22/2009 NORIKO INADA**

1	Braniecki, Ashley L	31	Ohio Masters Swim Club-18	1:16.84	1:13.73
	35.85	1:13.73	(37.88)		
2	McGrail, Crystie	32	Great Bay Masters Swimming, In-	1:16.00	1:17.25
	37.00	1:17.25	(40.25)		
3	Bonin, Angelina	31	SwimRI-2	1:30.00	1:29.78
	43.80	1:29.78	(45.98)		
4	Wolf, Jenny	34	Minuteman Masters Swim Club-2	2:00.00	1:31.06
5	Dennison, Laura M	32	Charles River Masters-2	2:25.20	2:40.17
	1:13.67	2:40.17	(1:26.50)		
6	King, Sarah C	33	Adirondack Masters-3	2:40.00	2:44.56
	1:17.77	2:44.56	(1:26.79)		

**Event 45 Women 35-39 100 SC Meter Backstroke****WORLD: 1:00.56 W 10/31/2015 NORIKO INADA****USA****NATL: 1:00.56 N 10/31/2015 NORIKO INADA**

1	Grover, Mollie K	35	Umac-Terrapin Masters-10	1:10.38	1:08.60
	34.23	1:08.60	(34.37)		
2	Carroll, Erica M	36	Boston University Masters	1:11.00	1:10.95
	35.35	1:10.95	(35.60)		
3	Hunnewell, Becky	36	Charles River Masters-2	1:15.00	1:12.15
	35.99	1:12.15	(36.16)		
4	Nappi, Keri	38	SwimRI-2	1:16.00	1:18.10
	37.27	1:18.10	(40.83)		
5	Winslow, Stephanie J	35	SwimRI-2	1:26.50	1:29.33
	43.51	1:29.33	(45.82)		
6	Burns Gallagher, Kelly	36	Connecticut Masters-5	1:49.00	1:45.94
	51.94	1:45.94	(54.00)		
---	Dowgiert, Angela	37	Granite State Penguins (Nh)-2	1:12.55	NS

**Event 45 Women 40-44 100 SC Meter Backstroke****WORLD: 1:03.48 W 10/29/2011 SHERI HART****USA****NATL: 1:03.48 N 10/29/2011 SHERI HART**

1	Lancaster, Jill	43	SwimRI-2	1:17.00	1:17.38
	37.83	1:17.38	(39.55)		
---	Krier, Kira J	42	Stowe Masters-2	1:43.00	NS

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1	Neuendorf, Donna M	48	SwimRI-2	1:20.45	1:20.51
	38.94				1:20.51 (41.57)
2	McNiff, Catherine A	46	YMCA of the North Shore SwimF	1:35.00	1:33.79
	45.70				1:33.79 (48.09)
3	Garland, Sue C	47	Charles River Masters-2	1:32.54	1:34.31
	45.70				1:34.31 (48.61)
---	Ryan, Jodi	46	Maine Masters Swim Club-2	1:16.50	NS

**Event 45 Women 50-54 100 SC Meter Backstroke****WORLD: 1:05.89 W 3/8/2014 ELLEN REYNOLDS USA****NATL: 1:05.89 N 3/8/2014 ELLEN REYNOLDS**

1	O'Donnell, Sonja K	50	Uc02-2	1:30.00	1:23.68
	40.93				1:23.68 (42.75)
2	Dickson, CJ	53	Worcester Area Masters-2	1:25.99	1:26.44
	42.04				1:26.44 (44.40)
3	Rourke, Lisa	54	Charles River Masters-2	1:28.80	1:31.94
	43.85				1:31.94 (48.09)
4	Pasterczyk, Christine	50	Charles River Masters-2	1:31.01	1:34.57
	45.64				1:34.57 (48.93)
5	Kim, Elizabeth S	53	Waltham Masters Swimmers-2	2:00.00	1:38.42
	49.12				1:38.42 (49.30)
6	Barlow, Jennifer	50	Abc Masters - Gray Sharks-2	1:38.61	1:41.51
	50.96				1:41.51 (50.55)
7	Freedman, Andi	50	YMCA of the North Shore SwimF	1:45.00	1:43.37
	50.54				1:43.37 (52.83)
8	McCallum, Joy	50	Waltham Masters Swimmers-2	1:50.00	1:43.55
	49.42				1:43.55 (54.13)
9	Edin, Deborah E	54	Great Bay Masters Swimming, In-	2:10.00	2:08.16
	1:03.50				2:08.16 (1:04.66)
10	Quinan, Sharon B	53	Minuteman Masters Swim Club-2	2:57.00	2:23.86
	1:09.72				2:23.86 (1:14.14)
---	Flynn, Sandra P	51	Greenwood Masters-2	1:57.00	NS

**Event 45 Women 55-59 100 SC Meter Backstroke****WORLD: 1:10.08 W 3/5/2016 LESLIE LIVINGSTON USA****NATL: 1:10.08 N 3/5/2016 LESLIE LIVINGSTON**

1	Uecker, Anne	56	Maine Masters Swim Club-2	1:28.87	1:27.48
	42.24				1:27.48 (45.24)
2	Halliday, Renee Z	56	OakSquare YMCA-2	2:29.80	1:41.04
	48.34				1:41.04 (52.70)
3	Renwick, Jacque A	55	Greenwood Masters-2	1:51.00	1:45.55
	53.80				1:45.55 (51.75)
4	Rappaport, Nancy	57	Charles River Masters-2	1:52.06	1:54.96
	54.15				1:54.96 (1:00.81)
5	Olesin, Nancy E	58	Worcester Area Masters-2	1:51.12	1:57.30
	54.36				1:57.30 (1:02.94)
---	St.Pierre-Sleboda, Cheryl M	57	Simon's Rock PaceMakers-2	1:40.55	NS

**Event 45 Women 60-64 100 SC Meter Backstroke****WORLD: 1:12.72 W 12/7/2013 LAURA VAL USA****NATL: 1:12.72 N 12/7/2013 LAURA VAL**

1	Hibben, Veronica	60	UCLA Bruin Masters-33	1:21.03	1:20.45
	38.89				1:20.45 (41.56)



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 45 Women 60-64 100 SC Meter Backstroke)**

---	Glovsky, Eileen G	60	Charles River Masters-2	3:00.00	NS
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**Event 45 Women 65-69 100 SC Meter Backstroke**

<b>WORLD:</b>	<b>1:17.95</b>	<b>W</b>	<b>12/11/2011</b>	<b>DIANN UUSTAL</b>	<b>USA</b>
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<b>NATL:</b>	<b>1:15.71</b>	<b>N</b>	<b>10/8/2016</b>	<b>LAURA VAL</b>	
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1	Craffey, Eileen M	65	Bridgewater Area Masters-2	1:46.04	1:45.68
	51.83				1:45.68 (53.85)
2	Needham, Cynthia	68	Stowe Masters-2	2:06.29	2:03.35
	59.36				2:03.35 (1:03.99)
3	Shenouda, Baheya	68	Charles River Masters-2	4:41.10	4:31.05
---	McCloskey, Cecilia D	66	Colonials 1776-8	1:21.00	NS
---	Feldmann, Joel T	65	Keene Swim Masters-2	1:29.90	NS

**Event 45 Women 70-74 100 SC Meter Backstroke**

<b>WORLD:</b>	<b>1:22.15</b>	<b>W</b>	<b>3/22/2015</b>	<b>MARGIT OHLSSON</b>	<b>SWE</b>
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<b>NATL:</b>	<b>1:24.93</b>	<b>N</b>	<b>10/22/2016</b>	<b>DIANN UUSTAL</b>	
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1	Uustal, Diann	70	SwimRI-2	1:28.64	1:22.75 N
	40.00				1:22.75 (42.75)
2	Onton, Ann Louise	73	Connecticut Masters-5	2:14.82	2:49.08

**Event 45 Women 75-79 100 SC Meter Backstroke**

<b>WORLD:</b>	<b>1:33.68</b>	<b>W</b>	<b>6/20/2015</b>	<b>CHRISTEL SCHULZ</b>	<b>GER</b>
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<b>NATL:</b>	<b>1:36.90</b>	<b>N</b>	<b>3/19/2011</b>	<b>NANCY BROWN</b>	
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---	Olson, Jeannine E	77	Rinconada Masters-38	2:40.99	NS
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 46 Men 18-24 100 SC Meter Backstroke****NATL: 51.91 N 10/29/2011 EUGENE GODSOE**

1	Tracy, Mark	23	Minuteman Masters Swim Club-2	1:08.00	1:04.55
	31.95				1:04.55 (32.60)
2	Polsi, Christopher	24	Minuteman Masters Swim Club-2	1:10.00	1:08.65
	33.02				1:08.65 (35.63)
3	Chen, George S	23	Charles River Masters-2	1:08.76	1:09.31
	33.55				1:09.31 (35.76)
4	Hsieh, Alan	23	Boston University Masters	1:06.99	1:10.89
	33.81				1:10.89 (37.08)
5	Chen, Roy F	21	Charles River Masters-2	1:13.03	1:11.45
	34.70				1:11.45 (36.75)
6	Wiens, Matthew R	24	Charles River Masters-2	1:10.00	1:15.06
	36.30				1:15.06 (38.76)
7	Getchell, Jackson H	24	Granite State Penguins (Nh)-2	1:30.00	1:18.63
	38.42				1:18.63 (40.21)

**Event 46 Men 25-29 100 SC Meter Backstroke****WORLD: 53.38 W 12/13/2014 DAVID RUSSELL****USA****NATL: 53.38 N 12/13/2014 DAVID RUSSELL**

1	Pope, Ryan	27	Uc02-2	1:09.93	1:08.39
	33.42				1:08.39 (34.97)
2	Stiles, David E	26	St Pete Masters Inc-14	1:12.35	1:10.38
	34.26				1:10.38 (36.12)
3	Jaroszewicz, Matthew J	26	SwimRI-2	1:12.81	1:13.31
	36.22				1:13.31 (37.09)
4	Hyland, David J	28	Nutmeg Masters Swim Club-2	1:20.00	1:22.04
	40.61				1:22.04 (41.43)

**Event 46 Men 35-39 100 SC Meter Backstroke****WORLD: 55.95 W 12/5/2004 MICHAEL ROSS****USA****NATL: 55.95 N 12/5/2004 MICHAEL ROSS**

1	Littee, Yohann J	35	Minuteman Masters Swim Club-2	1:10.00	1:09.90
	34.10				1:09.90 (35.80)
2	Westgeest, Bart J	37	Great Bay Masters Swimming, In-	1:12.00	1:11.86
	35.11				1:11.86 (36.75)
3	Wright, Brendan C	38	Granite State Penguins (Nh)-2	1:10.11	1:13.77
	35.91				1:13.77 (37.86)

**Event 46 Men 40-44 100 SC Meter Backstroke****WORLD: 54.85 W 12/7/2008 MICHAEL ROSS****USA****NATL: 54.85 N 12/7/2008 MICHAEL ROSS**

1	Doucet, Douglas C	41	Minuteman Masters Swim Club-2	1:10.00	1:11.86
	34.64				1:11.86 (37.22)
2	Sharon, Gil	42	Worcester Area Masters-2	1:20.00	1:20.11
	39.30				1:20.11 (40.81)
3	Parsons, Edward C	42	Minuteman Masters Swim Club-2	1:50.00	1:35.27
	47.00				1:35.27 (48.27)
4	Kwa, Ken K	43	Charles River Masters-2	1:55.20	1:53.82
	56.73				1:53.82 (57.09)

**Event 46 Men 45-49 100 SC Meter Backstroke****WORLD: 57.00 W 12/13/2009 CHRIS STEVENSON****USA****NATL: 57.00 N 12/13/2009 CHRIS STEVENSON**

1	Duru, Kaan	46	SwimRI-2	1:10.99	1:12.22
	36.13				1:12.22 (36.09)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 46 Men 45-49 100 SC Meter Backstroke)**

2	Sayles, Douglas	49	SwimRI-2	1:14.90	1:15.48
	36.04	1:15.48	(39.44)		
3	Prescott, Al	48	Minuteman Masters Swim Club-2	1:43.69	1:44.87
	52.76	1:44.87	(52.11)		

**Event 46 Men 50-54 100 SC Meter Backstroke****WORLD: 58.47 W 10/24/2015 FRITZ BEDFORD USA****NATL: 58.47 N 10/24/2015 FRITZ BEDFORD**

1	Hiltabiddle, Steve	50	Colonials 1776-8	1:09.00	1:07.35
	32.33	1:07.35	(35.02)		
2	Blood, Jonathan K	51	Weymouth Club Masters Swimmir	1:10.00	1:12.95
	35.74	1:12.95	(37.21)		
3	Tyler, Bob	54	Granite State Penguins (Nh)-2	1:22.24	1:17.80
	38.97	1:17.80	(38.83)		
4	Games, Brett C	50	Great Bay Masters Swimming, In-	1:20.99	1:19.24
	37.67	1:19.24	(41.57)		
5	Stundtner, Matthew R	53	Greenwood Masters-2	1:30.00	1:30.58
	44.49	1:30.58	(46.09)		
6	Bell, Blake R	54	Adirondack Masters-3	1:35.08	1:32.72
	47.03	1:32.72	(45.69)		

**Event 46 Men 55-59 100 SC Meter Backstroke****WORLD: 1:02.26 W 3/15/2015 MARCO COLOMBO ITA****NATL: 1:00.84 N 10/10/2015 STEVE WOOD**

1	Alexander, Mark E	58	Charles River Masters-2	1:11.11	1:12.41
	35.38	1:12.41	(37.03)		
2	McGahie, Ted	57	Worcester Area Masters-2	1:14.25	1:15.63
	37.12	1:15.63	(38.51)		
3	Kim, Robert Y	56	Waltham Masters Swimmers-2	1:25.00	1:22.63
	41.86	1:22.63	(40.77)		
4	Burks, Vincent P	56	SwimRI-2	1:25.00	1:23.71
	40.76	1:23.71	(42.95)		
5	Roth, Douglas M	55	Maine Masters Swim Club-2	1:30.53	1:26.51
	42.97	1:26.51	(43.54)		
6	Moran, Terence	56	Great Bay Masters Swimming, In-	1:19.82	1:27.07
	42.49	1:27.07	(44.58)		
7	Totten, Mark A	55	Minuteman Masters Swim Club-2	1:32.67	1:29.41
	43.07	1:29.41	(46.34)		
8	Arsenault, Paul	55	Worcester Area Masters-2	1:34.33	1:44.50
	50.28	1:44.50	(54.22)		
9	Canning, Peter	58	Connecticut Masters-5	2:00.00	1:53.88
	57.88	1:53.88	(56.00)		
---	Pierce, Andrew	55	Boston Y City Swimmers-2	1:38.00	NS
---	Lipkowitz, Robert D	56	YMCA of the North Shore SwimF	1:40.00	NS
---	Shea, William	55	Boston Lanes (Liquid Assets Ne-2	1:20.00	NS

**Event 46 Men 60-64 100 SC Meter Backstroke****WORLD: 1:05.62 W 3/29/2014 PHILIPP DJANG USA****NATL: 1:04.13 N 11/13/2016 TOM BARTON**

1	McCombs, Michael P	60	Worcester Area Masters-2	1:12.56	1:12.93
	36.26	1:12.93	(36.67)		
2	Mockler, Frank C	61	Boston Lanes (Liquid Assets Ne-2	1:18.16	1:18.46
	38.08	1:18.46	(40.38)		

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 46 Men 60-64 100 SC Meter Backstroke)**

3	Fisher, J Kevin	61	New England Masters Swim Club	1:18.96	1:19.76
	38.41			1:19.76 (41.35)	
4	RyanMann, Duncan P	63	Pittsfield YMCA Polar Bear Mas-	1:24.00	1:27.29
	44.37			1:27.29 (42.92)	
5	Keil, Mark A	63	Minuteman Masters Swim Club-2	1:27.22	1:30.63
	43.71			1:30.63 (46.92)	
6	Bartl, Roland	60	Greenwood Masters-2	1:44.16	1:45.16
	52.06			1:45.16 (53.10)	
---	Gambrel, Patrick A	62	Granite State Penguins (Nh)-2	1:35.00	NS
---	Bright, David	63	New England Masters Swim Club	1:21.00	NS
---	Kerkhove, Johan C	64	Great Bay Masters Swimming, In-	1:29.02	NS

**Event 46 Men 65-69 100 SC Meter Backstroke****WORLD: 1:07.69 W 12/1/2012 HUGH WILDER USA****NATL: 1:07.69 N 12/1/2012 HUGH WILDER**

1	Epstein, Daniel	66	Simon's Rock PaceMakers-2	1:21.88	1:24.85
	40.53			1:24.85 (44.32)	
2	Holt, Steve	65	Greenwood Masters-2	1:23.00	1:27.02
	41.58			1:27.02 (45.44)	
3	Song, Mingjie	69	Abc Masters - Gray Sharks-2	1:36.01	1:34.49
	46.34			1:34.49 (48.15)	

**Event 46 Men 70-74 100 SC Meter Backstroke****WORLD: 1:12.09 W 12/7/2013 RICHARD BURNS USA****NATL: 1:12.09 N 12/7/2013 RICHARD BURNS**

1	Rupert, Bill	73	Maine Masters Swim Club-2	1:25.00	1:36.56
	46.05			1:36.56 (50.51)	
2	Pope, James A	74	Lowell YMCA Flippers Masters S	1:40.00	1:43.92
	51.76			1:43.92 (52.16)	
3	Roccabello, John J	73	SwimRI-2	2:52.70	2:49.53
	1:25.09			2:49.53 (1:24.44)	

**Event 46 Men 75-79 100 SC Meter Backstroke****WORLD: 1:18.47 W 12/6/2009 BURWELL JONES USA****NATL: 1:18.47 N 12/6/2009 BURWELL JONES**

1	Jones, William I	79	Maine Masters Swim Club-2	2:05.00	1:55.75
	57.58			1:55.75 (58.17)	
2	Coupe, George J	76	Granite State Penguins (Nh)-2	2:11.00	2:15.15
	1:04.38			2:15.15 (1:10.77)	
3	Mitchell, Jack	77	Sarasota Y Sharks-14	2:46.50	2:52.58
	1:26.36			2:52.58 (1:26.22)	

**Event 46 Men 80-84 100 SC Meter Backstroke****WORLD: 1:25.07 W 4/27/2013 S.SEKIKAWA JPN****NATL: 1:28.01 N 11/15/2014 MENNEN\OYAKAWA**

1	Martin, Charles A	80	Charles River Masters-2	2:55.00	2:55.97
	1:21.94			2:55.97 (1:34.03)	
---	Head, Brian F	83	Adirondack Masters-3	2:25.41	NS

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 47 Women 18-24 50 SC Meter Breaststroke****NATL: 32.09 N 12/10/1995 BEATA KASZUBA**

1	Finati, Sara K	24	SwimRI-2	37.30	37.08
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**Event 47 Women 25-29 50 SC Meter Breaststroke****WORLD: 30.50 W 6/8/2014 PETRA CHOCOVA CZE****NATL: 31.87 N 11/21/2010 MEGAN JENDRICK**

1	Caron, Danielle M	25	Worcester Area Masters-2	48.00	44.19
2	Fairbanks, Christine	25	Worcester Area Masters-2	49.00	47.10
3	Levenstein, Katherine E	26	Charles River Masters-2	44.00	48.13
4	Amico, Victoria	27	Minuteman Masters Swim Club-2	1:15.00	1:05.16

**Event 47 Women 30-34 50 SC Meter Breaststroke****WORLD: 31.35 W 11/29/2015 NICOLE HEIDEMANN GER****NATL: 32.17 N 12/4/2011 HANNAH CALDAS**

1	Zelek, Michelle	32	Connecticut Masters-5	42.00	40.83
2	Bonin, Angelina	31	SwimRI-2	40.40	41.71
3	Heath, Lauren R	32	Great Bay Masters Swimming, In-	55.00	47.65
4	Afanasewicz, Elizabeth A	33	Minuteman Masters Swim Club-2	51.00	52.39
5	Wellman, Meghan A	30	Minuteman Masters Swim Club-2	1:05.00	56.66
---	Dennison, Laura M	32	Charles River Masters-2	1:20.00	NS

**Event 47 Women 35-39 50 SC Meter Breaststroke****WORLD: 31.87 W 3/25/2012 HITOMI MATSUDA JPN****NATL: 32.48 N 10/10/2015 KATIE GLENN**

1	Downing, Jennifer	38	Charles River Masters-2	37.57	38.83
2	Horton, Kali	37	Uc02-2	42.00	40.91
3	Lorang, Janet R	35	Minuteman Masters Swim Club-2	42.00	41.37
4	Doleski, Shannon N	35	Minuteman Masters Swim Club-2	45.01	46.20
5	Winslow, Stephanie J	35	SwimRI-2	52.00	49.12
6	Blake, Shannon E	36	Minuteman Masters Swim Club-2	58.14	58.45

**Event 47 Women 40-44 50 SC Meter Breaststroke****WORLD: 32.20 W 8/5/2012 LINLEY FRAME AUS****NATL: 32.29 N 11/22/2009 S VON DER LIPPE**

1	Samson, Vivian L	40	North Suburban YMCA Masters-2	41.20	39.54
2	Matarese, Christine A	41	Connecticut Masters-5	42.00	41.85
3	Ryder, Heather	40	Worcester Area Masters-2	39.96	44.47
4	O'Connor, Brooke M	42	North Suburban YMCA Masters-2	44.13	44.55
5	Saltojanas, Denise I	43	North Suburban YMCA Masters-2	49.00	48.40

**Event 47 Women 45-49 50 SC Meter Breaststroke****WORLD: 33.81 W 3/17/2013 ANNA HAMMER SWE****NATL: 33.82 N 10/10/2010 S VON DER LIPPE**

1	Garland, Sue C	47	Charles River Masters-2	49.99	47.37
2	Schaal, Shlomit	46	Worcester Area Masters-2	52.00	47.93
3	Roccabruna, Amy M	46	Pittsfield YMCA Polar Bear Mas-	55.72	49.52
4	McNiff, Catherine A	46	YMCA of the North Shore SwimF	51.00	51.70
---	Goodale, Rainy M	46	Martha's Vineyard Masters-2	37.02	NS

**Event 47 Women 50-54 50 SC Meter Breaststroke****WORLD: 33.96 W 11/24/2012 MONICA CORO ITA****NATL: 36.31 N 11/22/2015 CAROLINE KRATTLI**

1	Weiderman, Jennifer	50	Conejo Valley Masters-33	38.86	39.61
2	McCallum, Joy	50	Waltham Masters Swimmers-2	46.00	42.52

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 47 Women 50-54 50 SC Meter Breaststroke)**

3	Zraket, Lisa	52	YMCA of the North Shore SwimF	45.38	46.21
4	Rourke, Lisa	54	Charles River Masters-2	44.40	47.95
5	Kim, Elizabeth S	53	Waltham Masters Swimmers-2	58.00	48.55
6	Edin, Deborah E	54	Great Bay Masters Swimming, In-	48.00	51.99
7	Flynn, Sandra P	51	Greenwood Masters-2	58.51	52.94
8	Freedman, Andi	50	YMCA of the North Shore SwimF	1:00.00	55.96
9	Marquis, Lisa	54	Waltham Masters Swimmers-2	1:00.00	56.17
10	Quinan, Sharon B	53	Minuteman Masters Swim Club-2	1:45.00	59.74
11	Beconi, Maria G	53	Minuteman Masters Swim Club-2	1:10.00	1:02.52
---	Terry, Roz	53	Uc02-2	51.00	NS

**Event 47 Women 55-59 50 SC Meter Breaststroke****WORLD: 36.29 W 5/11/2013 JENNY WHITELEY AUS****NATL: 38.30 N 12/14/2014 CHRIS WENZEL**

1	Mareb, Karen M	58	Granite State Penguins (Nh)-2	41.00	39.33
2	Halliday, Renee Z	56	OakSquare YMCA-2	1:02.00	49.76
3	Cheney, Jane E	55	Greenwood Masters-2	52.00	50.45
4	Olesin, Nancy E	58	Worcester Area Masters-2	56.04	1:00.42
---	St.Pierre-Sleboda, Cheryl M	57	Simon's Rock PaceMakers-2	51.23	NS

**Event 47 Women 60-64 50 SC Meter Breaststroke****WORLD: 38.38 W 1/10/2016 DAGMAR FRESE GER****NATL: 39.60 N 11/12/2011 DEB WALKER**

1	Estel, Beth A	60	Granite State Penguins (Nh)-2	39.00	38.97N
2	Dickson, Mary	64	Pittsfield YMCA Polar Bear Mas-	47.00	48.16
---	Nisley-Black, Karla	61	Granite State Penguins (Nh)-2	48.00	NS
---	Holbrook, Nikki J	63	Connecticut Masters-5	42.26	NS

**Event 47 Women 65-69 50 SC Meter Breaststroke****WORLD: 40.90 W 5/9/2010 NOBUKO YASUDA JPN****NATL: 42.02 N 11/12/2011 DIANN UUSTAL**

1	Craffey, Eileen M	65	Bridgewater Area Masters-2	53.90	52.80
2	West, Barbara A	68	Pittsfield YMCA Polar Bear Mas-	56.00	56.01
3	Mitchell, Carol	67	Sarasota Y Sharks-14	56.49	56.59
4	Needham, Cynthia	68	Stowe Masters-2	1:06.50	1:04.32
5	Shenouda, Baheya	68	Charles River Masters-2	2:15.08	2:33.11

**Event 47 Women 70-74 50 SC Meter Breaststroke****WORLD: 42.80 W 2/27/2005 SHOKO YONEZAWA JPN****NATL: 44.22 N 11/13/2011 JOANN LEILICH**

1	Uustal, Diann	70	SwimRI-2	45.67	45.38
2	Onton, Ann Louise	73	Connecticut Masters-5	1:10.00	1:21.26
---	Romayko, Janit P	71	Connecticut Masters-5	53.31	NS

**Event 47 Women 75-79 50 SC Meter Breaststroke****WORLD: 43.79 W 2/14/2010 SHOKO YONEZAWA JPN****NATL: 46.20 N 3/15/2014 JOANN LEILICH**

---	Olson, Jeannine E	77	Rinconada Masters-38	1:22.79	NS
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 48 Men 18-24 50 SC Meter Breaststroke****NATL: 27.83 N 11/21/2009 GREGOR PLEVELJ**

1	Hsieh, Alan	23	Boston University Masters	31.99	34.44
2	Chen, Roy F	21	Charles River Masters-2	36.55	36.76
3	Richardson, Paul R	19	Worcester Area Masters-2	34.00	36.81
4	Chen, George S	23	Charles River Masters-2	37.16	36.98
---	Garcia, Mike	24	Long Island Masters Swimming-6	32.50	NS

**Event 48 Men 25-29 50 SC Meter Breaststroke****WORLD: 27.31 W 11/23/2013 EETU KARVONEN USA****NATL: 27.31 N 11/23/2013 EETU KARVONEN**

1	Pope, Ryan	27	Uc02-2	33.50	33.73
2	Poirot, Cedric	29	Boston University Masters	38.06	37.10
3	Jaroszewicz, Matthew J	26	SwimRI-2	35.68	37.81
4	Morette, Kyle	26	Worcester Area Masters-2	41.00	38.11
5	Hyland, David J	28	Nutmeg Masters Swim Club-2	39.00	39.77
6	Wild, Mark	25	Worcester Area Masters-2	39.12	39.94
7	Wraight, Thomas E	29	Great Bay Masters Swimming, In-	41.83	40.11
8	Vanacore, Mark	27	Worcester Area Masters-2	41.00	41.48
---	Reed, Matthew D	25	Maine Masters Swim Club-2	36.63	NS
---	Dillon, Sean	26	Worcester Area Masters-2	50.00	NS

**Event 48 Men 30-34 50 SC Meter Breaststroke****WORLD: 27.11 W 9/26/2009 MARCELO TOMAZINI BRA****NATL: 28.01 N 12/7/2008 JEFF COMMINGS**

1	Oloughlin, Jonathan	33	Umac-Terrapin Masters-10	36.00	35.98
2	Wallace, Connor	30	SwimRI-2	38.85	39.36
---	Sarwat, Ahmed S	33	Weymouth Club Masters Swimmi	34.51	NS
---	Walton, Austin R	33	Connecticut Masters-5	1:10.00	NS

**Event 48 Men 35-39 50 SC Meter Breaststroke****WORLD: 27.79 W 12/6/2009 JEFF COMMINGS USA****NATL: 27.79 N 12/6/2009 JEFF COMMINGS**

1	Strahota, Jeffrey R	36	Umac-Terrapin Masters-10	34.43	35.60
2	Gillis, John R	35	Maine Masters Swim Club-2	41.00	38.37
---	Clark, Garrett L	38	Uc02-2	35.11	NS

**Event 48 Men 40-44 50 SC Meter Breaststroke****WORLD: 28.34 W 10/31/2015 JEFF COMMINGS USA****NATL: 28.22 N 11/12/2016 JEFF COMMINGS**

1	Whitford, Matthew T	41	Great Bay Masters Swimming, In-	35.36	34.80
2	Sharon, Gil	42	Worcester Area Masters-2	36.00	37.93
3	Graham, David C	42	Greenwood Masters-2	36.21	38.20
4	Foley, Stephen	44	Pittsfield YMCA Polar Bear Mas-	41.14	40.98
5	Cloitre, Christophe	41	Great Bay Masters Swimming, In-	41.54	43.09
6	Trainor, Brendan F	40	Maine Masters Swim Club-2	45.00	44.26
7	Kwa, Ken K	43	Charles River Masters-2	44.00	44.45
8	Le, Quang	42	Boston Lanes (Liquid Assets Ne-2	53.00	46.98
9	Sullivan Jr., John E	42	YMCA of the North Shore SwimF	50.00	48.24

**Event 48 Men 45-49 50 SC Meter Breaststroke****WORLD: 28.87 W 1/17/2010 RICO ROLLI ITA****NATL: 28.88 N 10/12/2013 TODD TORRES**

1	Crawford, Craig	46	Pittsfield YMCA Polar Bear Mas-	30.50	31.45
2	Hersh, Craig	45	Simmons Masters-2	32.86	33.52

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 48 Men 45-49 50 SC Meter Breaststroke)**

3	Carter, Michael J	49	Pittsfield YMCA Polar Bear Mas-	33.78	35.95
4	Duru, Kaan	46	SwimRI-2	40.00	36.91
5	Learned, David M	46	North Suburban YMCA Masters-2	50.00	50.60
---	O'Leary, Shawn B	46	Maine Masters Swim Club-2	34.71	NS

**Event 48 Men 50-54 50 SC Meter Breaststroke**

**WORLD: 29.84 W 12/8/2013 DAVID GUTHRIE USA**  
**NATL: 29.84 N 12/8/2013 DAVID GUTHRIE**

1	Heber, Scott	50	Rockwall Aquatics Masters-26	30.16	30.10
2	Games, Brett C	50	Great Bay Masters Swimming, In-	38.76	36.08
3	Wyckoff, Benjamin W	52	Connecticut Masters-5	37.29	36.30
4	Tyler, Bob	54	Granite State Penguins (Nh)-2	35.10	36.74
5	Grady, Seth A	52	Flaherty Masters-2	39.69	38.28
6	Schultz, Richard J	50	Great Bay Masters Swimming, In-	39.52	39.30
7	Scanlon, Tom	50	Minuteman Masters Swim Club-2	43.00	44.43
8	Bell, Blake R	54	Adirondack Masters-3	48.35	49.50
---	Levy, Dan	51	Westchester Masters-6	37.90	NS
---	Johnson, Eric	53	Simon's Rock PaceMakers-2	41.23	NS

**Event 48 Men 55-59 50 SC Meter Breaststroke**

**WORLD: 30.41 W 11/8/2015 DAVID GUTHRIE USA**  
**NATL: 30.41 N 11/8/2015 DAVID GUTHRIE**

1	Gugino, Douglas A	56	Connecticut Masters-5	37.00	36.63
2	Brown, Phil	55	Weymouth Club Masters Swimmii	37.97	37.51
3	Lamontagne, Robert J	58	Connecticut Masters-5	42.00	38.92
4	McGahie, Ted	57	Worcester Area Masters-2	39.25	39.06
5	Foster, Walter M	55	Minuteman Masters Swim Club-2	43.00	41.08
6	Gilbert, Rick	55	Minuteman Masters Swim Club-2	43.50	41.75
7	Kim, Robert Y	56	Waltham Masters Swimmers-2	48.00	41.90
8	Armstrong, Barry G	57	Uc02-2	45.00	42.12
9	Heyison, Michael R	59	Tech Masters-2	42.50	42.77
10	Canning, Peter	58	Connecticut Masters-5	46.00	44.02
11	Totten, Mark A	55	Minuteman Masters Swim Club-2	45.00	49.98
12	Arsenault, Paul	55	Worcester Area Masters-2	50.42	51.11
---	Shea, William	55	Boston Lanes (Liquid Assets Ne-2	36.00	NS
---	Naylor, Jeff G	58	Granite State Penguins (Nh)-2	35.00	NS
---	Olson, Bob	56	Newburyport Breakers-2	37.97	NS

**Event 48 Men 60-64 50 SC Meter Breaststroke**

**WORLD: 31.51 W 11/21/2015 RICK COLELLA USA**  
**NATL: 31.51 N 11/21/2015 RICK COLELLA**

1	Fuller, Paul W	63	New England Masters Swim Club	40.00	38.88
2	Schonholz, Steven	60	Uc02-2	41.60	39.67
3	Bartl, Roland	60	Greenwood Masters-2	44.43	43.38
4	Fuerman, Ross	63	Waltham Masters Swimmers-2	43.50	43.64
5	Fisher, J Kevin	61	New England Masters Swim Club	41.00	43.75
6	Kolis, Steve	61	Pittsfield YMCA Polar Bear Mas-	45.94	44.80
7	Miller, Steve J	62	Great Bay Masters Swimming, In-	45.11	45.65
8	McLaughlin, Brian J	61	Abc Masters - Gray Sharks-2	45.67	46.43
---	Carvotta, Tom	61	Adirondack Masters-3	36.81	NS



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 48 Men 65-69 50 SC Meter Breaststroke****WORLD: 33.86 W 5/9/2010 OSAMU MAEDA JPN****NATL: 34.19 N 12/2/2012 ROBERT STRAND**

1	Rogacki, Daniel J	69	Pittsfield YMCA Polar Bear Mas-	38.47	38.60
2	Myers, Richard H	69	Tech Masters-2	41.00	40.50
3	Pot, Eugene T	66	Binghamton Univ Masters-4	41.26	41.20
4	Holt, Steve	65	Greenwood Masters-2	42.50	42.84
5	Henderson, Harold A	66	Charles River Masters-2	42.00	44.33
6	Newkirk, Thomas R	68	Great Bay Masters Swimming, In-	45.00	46.74
7	Nelson, Robert H	69	SwimRI-2	46.00	47.37
---	Olander, John R	66	Simon's Rock PaceMakers-2	44.23	NS

**Event 48 Men 70-74 50 SC Meter Breaststroke****WORLD: 35.53 W 4/10/2016 DIETER HOFEL GER****NATL: 35.97 N 3/6/2016 ROBERT STRAND**

1	Searle, Ryan S	70	Uc02-2	44.92	44.04
2	Epstein, Paul M	70	Connecticut Masters-5	46.00	47.91
3	Pope, James A	74	Lowell YMCA Flippers Masters S	52.00	51.21
4	Read, Philip E	74	Great Bay Masters Swimming, In-	58.58	1:04.45
---	Smith, Starbuck	73	Simon's Rock PaceMakers-2	59.60	NS

**Event 48 Men 75-79 50 SC Meter Breaststroke****WORLD: 39.04 W 4/29/2010 TETSUO NAKAMARU JPN****NATL: 38.35 N 7/24/2016 MIKE FRESHLEY**

1	Laux, Michael A	75	Connecticut Masters-5	55.00	44.33
2	Coupe, George J	76	Granite State Penguins (Nh)-2	57.00	57.47
3	Hatchette, Michael A	75	Simon's Rock PaceMakers-2	1:13.00	1:13.34
---	Ribush, Nicholas	75	Abc Masters - Gray Sharks-2	1:00.00	NS

**Event 48 Men 80-84 50 SC Meter Breaststroke****WORLD: 41.42 W 5/15/2005 TOSHIO TAJIMA JPN****NATL: 42.90 N 11/12/2016 DAVID COSTILL**

1	Martin, Charles A	80	Charles River Masters-2	1:12.00	1:16.56
2	Arnold, Richard	84	Great Bay Masters Swimming, In-	1:38.02	1:55.49

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 49 Women 18-24 200 SC Meter Butterfly****NATL: 2:19.83 N 10/29/2011 ALEXANDRA YOUNG**

1	Chen, Tiffany	22	Worcester Area Masters-2	2:46.00	2:54.89
	38.91	1:22.93 (44.02)	2:09.17 (46.24)	2:54.89 (45.72)	

**Event 49 Women 25-29 200 SC Meter Butterfly****WORLD: 2:09.64 W 5/8/2010 YUKO NAKANISHI JPN****NATL: 2:17.83 N 10/10/2015 CLAIRE DONAHUE**

1	Aubin, Alana M	26	Charles River Masters-2	2:35.15	2:37.96
	33.70	1:13.23 (39.53)	1:55.22 (41.99)	2:37.96 (42.74)	

**Event 49 Women 30-34 200 SC Meter Butterfly****WORLD: 2:13.09 W 5/25/2008 HITOMI MATSUDA JPN****NATL: 2:19.34 N 10/5/2003 KATRINA RADKE**

1	Braniecki, Ashley L	31	Ohio Masters Swim Club-18	2:49.00	2:42.83
	37.27	1:18.38 (41.11)	2:00.89 (42.51)	2:42.83 (41.94)	
2	Bernstein, Heather M	31	Connecticut Masters-5	2:49.00	2:43.71
	38.33	1:20.08 (41.75)	2:02.34 (42.26)	2:43.71 (41.37)	
3	Howell, Ginger B	31	Waltham Masters Swimmers-2	2:55.36	2:54.97
	38.00	1:21.42 (43.42)	2:06.77 (45.35)	2:54.97 (48.20)	
4	Rood, Jenny	31	Tech Masters-2	3:01.95	2:59.76
	39.24	1:25.27 (46.03)	2:12.17 (46.90)	2:59.76 (47.59)	
5	King, Sarah C	33	Adirondack Masters-3	6:00.00	6:42.33
	1:20.04	3:01.43 (1:41.39)	4:49.32 (1:47.89)	6:42.33 (1:53.01)	

**Event 49 Women 35-39 200 SC Meter Butterfly****WORLD: 2:16.67 W 8/25/2012 HITOMI MATSUDA JPN****NATL: 2:18.41 N 12/14/1997 K PIPES-NEILSEN**

1	Szekely, Ildiko	37	Boston University Masters	2:22.52	2:23.77
	32.57	1:09.50 (36.93)	1:47.91 (38.41)	2:23.77 (35.86)	
2	Williams, Melinda B	35	Granite State Penguins (Nh)-2	2:36.31	2:38.74
	36.33	1:17.01 (40.68)	1:58.54 (41.53)	2:38.74 (40.20)	
3	Hettenbach, Maria S	36	Charles River Masters-2	2:59.20	3:08.71
	39.24	1:25.56 (46.32)	3:08.71 (1:43.15)		
4	Scott, Elizabeth A	35	Minuteman Masters Swim Club-2	4:05.15	4:10.45
	58.44	2:02.29 (1:03.85)	3:08.06 (1:05.77)	4:10.45 (1:02.39)	

**Event 49 Women 40-44 200 SC Meter Butterfly****WORLD: 2:20.66 W 11/19/2006 S.VON DER LIPPE USA****NATL: 2:20.66 N 11/19/2006 S VON DER LIPPE**

1	Hindle, Lori D	41	Weymouth Club Masters Swimmir	3:06.67	3:02.96
	39.98	1:25.91 (45.93)	2:15.12 (49.21)	3:02.96 (47.84)	
2	Crusco, Kysa M	40	Granite State Penguins (Nh)-2	3:00.90	3:19.00
	43.78	1:35.33 (51.55)	2:30.13 (54.80)	3:19.00 (48.87)	
3	Sega, Ally	43	Connecticut Masters-5	3:51.00	3:52.47
	54.91	1:53.51 (58.60)	2:54.32 (1:00.81)	3:52.47 (58.15)	

**Event 49 Women 50-54 200 SC Meter Butterfly****WORLD: 2:28.08 W 5/8/2011 LYNN MARSHALL CAN****NATL: 2:32.29 N 12/9/2012 KARLYN PIPES**

1	Weiderman, Jennifer	50	Conejo Valley Masters-33	3:08.49	3:12.94
	40.38	1:29.07 (48.69)	2:20.86 (51.79)	3:12.94 (52.08)	
2	Brynn, Charlotte J	50	Stowe Masters-2	3:30.00	3:14.79
	41.83	1:32.63 (50.80)	2:24.62 (51.99)	3:14.79 (50.17)	
3	Dickson, CJ	53	Worcester Area Masters-2	3:26.32	3:36.43
	49.11	1:45.16 (56.05)	2:41.03 (55.87)	3:36.43 (55.40)	

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 49 Women 50-54 200 SC Meter Butterfly)**

--- Emblidge, Cecilia V 52 Nutmeg Masters Swim Club-2 3:12.50 NS

**Event 49 Women 55-59 200 SC Meter Butterfly**

**WORLD: 2:31.13 W 9/14/2008 LAURA VAL USA**

**NATL: 2:31.13 N 9/14/2008 LAURA VAL**

1 Jensen, Sue 56 Charles River Masters-2 3:15.88 3:09.99

41.35 1:29.20 (47.85) 2:19.37 (50.17) 3:09.99 (50.62)

2 Holland, Gail M 58 Worcester Area Masters-2 3:28.92 3:35.13

47.07 1:41.40 (54.33) 2:39.31 (57.91) 3:35.13 (55.82)

3 Florio-Jefferys, Joanna M 58 Pittsfield YMCA Polar Bear Mas- 3:55.02 3:54.83

54.33 1:56.26 (1:01.93) 2:57.69 (1:01.43) 3:54.83 (57.14)

--- Uecker, Anne 56 Maine Masters Swim Club-2 3:19.97 NS

**Event 49 Women 60-64 200 SC Meter Butterfly**

**WORLD: 2:41.25 W 12/3/2011 LAURA VAL USA**

**NATL: 2:41.25 N 12/3/2011 LAURA VAL**

1 Johnston, Nancy 61 Keene Swim Masters-2 3:25.01 3:28.77

41.18 1:32.73 (51.55) 2:28.39 (55.66) 3:28.77 (1:00.38)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 50 Men 18-24 200 SC Meter Butterfly****NATL: 2:03.41 N 12/10/2011 ERIC NILSSON**

1	Tracy, Mark	23	Minuteman Masters Swim Club-2	2:20.00	2:20.19
	32.17	1:08.50 (36.33)	1:44.84 (36.34)	2:20.19 (35.35)	
2	Morris, Justin	22	King Fins Aquatic Club-2	2:20.00	2:20.76
	30.78	1:06.28 (35.50)	1:43.76 (37.48)	2:20.76 (37.00)	
3	Polsi, Christopher	24	Minuteman Masters Swim Club-2	2:15.00	2:22.33
	31.52	1:07.67 (36.15)	1:44.88 (37.21)	2:22.33 (37.45)	
4	Wiens, Matthew R	24	Charles River Masters-2	2:28.00	2:30.28
	33.13	1:10.66 (37.53)	1:49.42 (38.76)	2:30.28 (40.86)	

**Event 50 Men 25-29 200 SC Meter Butterfly****WORLD: 1:58.87 W 3/19/2016 TAKATSUGU OGA JPN****NATL: 2:03.59 N 12/14/2013 EADDY NILSSON**

1	Stiles, David E	26	St Pete Masters Inc-14	2:30.71	2:33.66
	32.80	1:11.83 (39.03)	1:52.41 (40.58)	2:33.66 (41.25)	
2	Green, Alford	26	Worcester Area Masters-2	2:49.40	2:59.78
	33.42	1:15.70 (42.28)	2:06.12 (50.42)	2:59.78 (53.66)	
3	Mitchell, Craig	26	Worcester Area Masters-2	3:07.70	3:08.56
	40.17	1:27.70 (47.53)	2:18.11 (50.41)	3:08.56 (50.45)	
4	Wild, Mark	25	Worcester Area Masters-2	3:32.99	3:42.97
	45.80	1:44.54 (58.74)	2:44.47 (59.93)	3:42.97 (58.50)	

**Event 50 Men 35-39 200 SC Meter Butterfly****WORLD: 2:02.98 W 11/15/2014 BRENT CREAGER USA****NATL: 2:02.98 N 11/15/2014 BRENT CREAGER**

1	Emmons, Michael J	35	Charles River Masters-2	2:13.32	2:24.32
	31.13	1:07.68 (36.55)	1:44.97 (37.29)	2:24.32 (39.35)	
---	Shepherd, Jeremy	37	Rockwall Aquatics Masters-26	2:25.00	NS

**Event 50 Men 40-44 200 SC Meter Butterfly****WORLD: 2:02.97 W 10/11/1998 WILLIAM SPECHT USA****NATL: 2:02.97 N 10/11/1998 WILLIAM SPECHT**

1	Sharon, Gil	42	Worcester Area Masters-2	2:40.00	2:37.07
	34.02	1:12.97 (38.95)	1:54.07 (41.10)	2:37.07 (43.00)	
2	Kwa, Ken K	43	Charles River Masters-2	3:23.20	3:05.81
	48.29	1:39.40 (51.11)	2:26.11 (46.71)	3:05.81 (39.70)	
3	Parsons, Edward C	42	Minuteman Masters Swim Club-2	4:00.00	3:44.14
	49.50	1:47.18 (57.68)	2:47.66 (1:00.48)	3:44.14 (56.48)	
---	Madonia, Marc P	42	Nyc Hydras-6	2:48.15	NS

**Event 50 Men 45-49 200 SC Meter Butterfly****WORLD: 2:06.40 W 11/19/2006 DENNIS BAKER USA****NATL: 2:06.40 N 11/19/2006 DENNIS BAKER**

1	Prescott, Al	48	Minuteman Masters Swim Club-2	3:29.69	3:34.26
	47.78	1:43.02 (55.24)	2:39.62 (56.60)	3:34.26 (54.64)	
---	Elizondo, Bill	49	Rockwall Aquatics Masters-26	2:41.97	NS

**Event 50 Men 50-54 200 SC Meter Butterfly****WORLD: 2:10.52 W 5/21/2016 MIKE SHAFFER USA****NATL: 2:10.52 N 5/21/2016 MIKE SHAFFER**

1	Devlin, Mark A	53	Minuteman Masters Swim Club-2	3:25.00	3:21.95
	42.24	1:33.45 (51.21)	2:26.82 (53.37)	3:21.95 (55.13)	
---	Hiltabiddle, Steve	50	Colonials 1776-8	3:30.00	DQ

## 2016 NE-LMSC &amp; Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016

## Results

**Event 50 Men 55-59 200 SC Meter Butterfly****WORLD: 2:15.97 W 1/26/2013 HUGO BREGMAN NED****NATL: 2:19.72 N 3/21/2009 JOHN CRAIG**

1	Palmer, Ray	57	New England Masters Swim Club	2:44.86	3:05.80
	36.94	1:22.29 (45.35)	2:12.40 (50.11)	3:05.80 (53.40)	
2	Kim, Robert Y	56	Waltham Masters Swimmers-2	3:30.00	3:11.32
	47.19	1:37.81 (50.62)	2:27.79 (49.98)	3:11.32 (43.53)	
3	Totten, Mark A	55	Minuteman Masters Swim Club-2	3:37.76	3:29.34
	41.17	1:33.83 (52.66)	2:31.61 (57.78)	3:29.34 (57.73)	

**Event 50 Men 60-64 200 SC Meter Butterfly****WORLD: 2:23.29 W 11/22/2015 RICK COLELLA USA****NATL: 2:23.29 N 11/22/2015 RICK COLELLA**

1	Keil, Mark A	63	Minuteman Masters Swim Club-2	3:38.55	3:50.79
	45.47	1:46.89 (1:01.42)	2:51.40 (1:04.51)	3:50.79 (59.39)	
2	Fuerman, Ross	63	Waltham Masters Swimmers-2	3:49.81	4:13.32
	54.14	2:00.33 (1:06.19)	3:09.14 (1:08.81)	4:13.32 (1:04.18)	
---	Skolnick, Stewart R	62	New England Masters Swim Club	4:32.55	NS
---	Chambers, John B	61	Chelsea Piers Masters-6	2:54.00	NS

**Event 50 Men 65-69 200 SC Meter Butterfly****WORLD: 2:33.77 W 2/7/2015 TAKEO HIRAMOTO JPN****NATL: 2:27.35 N 7/23/2016 LAWRENCE DAY**

1	Geoghegan, William J	66	Connecticut Masters-5	3:32.00	3:28.35
	47.06	1:39.02 (51.96)	2:32.62 (53.60)	3:28.35 (55.73)	
2	Myers, Richard H	69	Tech Masters-2	3:31.00	3:31.71
	48.69	1:42.24 (53.55)	2:38.66 (56.42)	3:31.71 (53.05)	
3	Rogacki, Daniel J	69	Pittsfield YMCA Polar Bear Mas-	3:41.65	3:32.26
	45.27	1:39.87 (54.60)	2:36.73 (56.86)	3:32.26 (55.53)	

**Event 50 Men 75-79 200 SC Meter Butterfly****WORLD: 3:16.99 W 1/24/2009 TAKASHI HAYASHI JPN****NATL: 3:31.15 N 7/23/2016 MIKE FRESHLEY**

1	Jones, William I	79	Maine Masters Swim Club-2	5:06.00	5:09.28
	1:12.37	2:29.52 (1:17.15)	3:59.23 (1:29.71)	5:09.28 (1:10.05)	

**Event 50 Men 80-84 200 SC Meter Butterfly****WORLD: 3:30.11 W 2/27/2011 DIVANO GIULIO ITA****NATL: 3:52.41 N 12/2/2007 THOMAS MAINE**

---	Head, Brian F	83	Adirondack Masters-3	8:30.03	NS
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**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 51 Women 100-119 400 SC Meter Freestyle Relay**

**WORLD: 4:05.61 W 10/28/2012 TRAFFORD METRO -GBR**  
**L LLOYD-ROACH, E ROSS, L BOWDEN, S HEALEY**

**NATL: 4:04.38 N 12/13/2014 BOSTON UNIVERSITY MASTERS**  
**K WILSON, K ROGGENSACK, I SZEKELY, E MANCUSO**

1	Charles River Masters-2	A	4:20.00	4:49.76
	1) Levenstein, Katherine E W22) Gaffey, Erin W31		3) Lee, Alexandra K W29	4) Aubin, Alana M W26
	38.41 1:20.27 (1:20.27)	1:58.05 (37.78)	2:40.70 (1:20.43)	
	3:11.53 (30.83)	3:45.67 (1:04.97)	4:01.01 (15.34)	4:49.76 (1:04.09)

**Event 51 Women 120-159 400 SC Meter Freestyle Relay**

**WORLD: 4:03.01 W 5/19/2013 EDMONTON MASTERS SWIM CLU-C**  
**S CHOLYK, C OSLAND, G MCGINNIS, M MACWHIRTER**

**NATL: 4:09.95 N 12/7/2008 RED TIDE OF NYC**  
**S WAGER, K MCPHERSON, T SHPAIZER, K GARY**

1	Charles River Masters-2	B	4:30.00	4:44.50
	1) Hunnewell, Becky W36	2) Downing, Jennifer W38	3) Hettenbach, Maria S W36	4) Garland, Sue C W47
	32.01 1:06.48 (1:06.48)	1:39.31 (32.83)	2:15.50 (1:09.02)	
	2:50.60 (35.10)	3:29.13 (1:13.63)	4:04.20 (35.07)	4:44.50 (1:15.37)
2	Minuteman Masters Swim Clt	A	4:53.99	5:11.76
	1) Doleski, Shannon N W35	2) Afanasewicz, Elizabeth A W3) Lorang, Janet R W35	4) Wolf, Jenny W34	
	34.92 1:13.98 (1:13.98)	1:54.04 (40.06)	2:38.71 (1:24.73)	
	3:14.61 (35.90)	3:53.02 (1:14.31)	4:31.01 (37.99)	5:11.76 (1:18.74)
3	Worcester Area Masters-2	A	5:30.99	5:32.97
	1) Ryder, Heather W40	2) Schaal, Shlomit W46	3) Holland, Gail M W58	4) Dickson, CJ W53
	38.09 1:21.68 (1:21.68)	2:03.87 (42.19)	2:50.73 (1:29.05)	
	3:28.93 (38.20)	4:09.86 (1:19.13)	4:49.61 (39.75)	5:32.97 (1:23.11)

**Event 51 Women 160-199 400 SC Meter Freestyle Relay**

**WORLD: 4:03.25 W 12/13/2009 RED TIDE OF NYC -USA**  
**F WILLEBOORDSE, J KELSEY, S WAGER, K GARY**

**NATL: 4:03.25 N 12/13/2009 RED TIDE OF NYC**  
**F WILLEBOORDSE, J KELSEY, S WAGER, K GARY**

1	Waltham Masters Swimmers-	A	5:27.00	5:20.13
	1) Kim, Elizabeth S W53	2) McCallum, Joy W50	3) Marquis, Lisa W54	4) Howell, Ginger B W31
	39.61 1:21.13 (1:21.13)	2:00.51 (39.38)	2:43.89 (1:22.76)	
	3:25.74 (41.85)	4:11.67 (1:27.78)	4:29.03 (17.36)	5:20.13 (1:08.46)

**Event 51 Women 200-239 400 SC Meter Freestyle Relay**

**WORLD: 4:24.64 W 10/20/2013 UCLA BRUIN MASTERS -USA**  
**V HIBBEN, J COOK, C CIRAULO, E STEBBINS**

**NATL: 4:21.32 N 11/22/2015 PUGET SOUND MASTERS**  
**C DAVIS, Z COURTNEY, L DOHERTY, A MOORHEAD**

1	Granite State Penguins (Nh)-2	A	4:42.00	4:47.69
	1) Grilli, Tracy L W59	2) Estel, Beth A W60	3) Stokes, Karin E W55	4) Mareb, Karen M W58
	34.87 1:12.89 (1:12.89)	1:48.34 (35.45)	2:26.46 (1:13.57)	
	3:00.41 (33.95)	3:38.48 (1:12.02)	4:47.84 (1:09.36)	4:47.69 (1:09.21)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 52 Men 72-99 400 SC Meter Freestyle Relay****NATL: 3:37.62 N 10/13/2013 SWIM FORT LAUDERDALE****V ANDRADE, K KERTESZ, J ANDRADE, E PAZOS**

1	Charles River Masters-2	A	4:00.00	4:11.71
	1) Chen, Roy F M21	2) Wiens, Matthew R M24	3) Chen, George S M23	4) Rifai, Sami A M24
	33.27	1:09.41 (1:09.41)	1:33.48 (24.07)	2:06.76 (57.35)
	2:35.84 (29.08)	3:09.02 (1:02.26)	3:37.78 (28.76)	4:11.71 (1:02.69)

**Event 52 Men 120-159 400 SC Meter Freestyle Relay****WORLD: 3:25.46 W 7/19/2014 BARDI SWIM AQUASPORT -BRA****R TRIVINO, R BARDI, D MARCHETTI, R LETTE****NATL: 3:23.69 N 12/5/2009 SOUTHERN CAL AQUATIC MASTER****D WEGNER, E HOCHSTEIN, E TOLMACHOFF, M MCGINNIS**

1	Worcester Area Masters-2	C	4:35.99	4:44.77
	1) Morette, Kyle M26	2) Vanacore, Mark M27	3) Arsenault, Paul M55	4) Mitchell, Craig M26
	33.48	1:09.32 (1:09.32)	1:42.96 (33.64)	2:19.98 (1:10.66)
	2:57.24 (37.26)	3:36.34 (1:16.36)	4:08.42 (32.08)	4:44.77 (1:08.43)

**Event 52 Men 160-199 400 SC Meter Freestyle Relay****WORLD: 3:32.44 W 12/5/2009 LONGHORN AQUATICS -USA****A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA****NATL: 3:32.44 N 12/5/2009 LONGHORN AQUATICS****A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA**

1	Great Bay Masters Swimming	A	4:45.00	4:26.13
	1) Whitford, Matthew T M41	2) Westgeest, Bart J M37	3) Cloitre, Christophe M41	4) Schultz, Richard J M50
	29.22	1:01.60 (1:01.60)	1:32.45 (30.85)	2:06.83 (1:05.23)
	3:17.16 (1:10.33)	3:49.79 (1:42.96)	4:26.13 (36.34)	

**Event 52 Men 200-239 400 SC Meter Freestyle Relay****WORLD: 3:40.26 W 10/15/2011 BLU FROG TEAM -USA****C LYDECKER, R BOHLKEN, K SWITZER, A GAINES****NATL: 3:40.26 N 10/15/2011 BLU FROG TEAM****C LYDECKER, R BOHLKEN, K SWITZER, A GAINES**

1	Granite State Penguins (Nh)-2	A	3:59.30	4:02.31
	1) Tyler, Bob M54	2) French, Chris A M54	3) DeLew, Christopher D M54	4) Ohman, Niclas K M42
	28.79	59.78 (59.78)	1:28.68 (28.90)	2:01.30 (1:01.52)
	2:32.62 (31.32)	3:08.04 (1:06.74)	3:34.59 (26.55)	4:02.31 (54.27)
2	Worcester Area Masters-2	B	4:30.99	4:37.39
	1) McGahie, Ted M57	2) Sharon, Gil M42	3) Schaal, Maor M48	4) McCombs, Michael P M60
	33.31	1:08.60 (1:08.60)	1:39.77 (31.17)	2:14.97 (1:06.37)
	2:51.16 (36.19)	3:32.84 (1:17.87)	4:03.55 (30.71)	4:37.39 (1:04.55)
3	Minuteman Masters Swim Cl	B	4:32.99	4:52.14
	1) Totten, Mark A M55	2) Devlin, Mark A M53	3) Foster, Walter M M55	4) Gilbert, Rick M55
	33.74	1:11.58 (1:11.58)	1:47.96 (36.38)	2:27.47 (1:15.89)
	3:00.40 (32.93)	3:38.56 (1:11.09)	3:54.71 (16.15)	4:52.14 (1:13.58)

**Event 52 Men 240-279 400 SC Meter Freestyle Relay****WORLD: 3:56.97 W 10/14/2012 BLU FROG TEAM -USA****R BOHLKEN, M MIDDLETON, L MEISENHEIMER, R ABRAHAMS****NATL: 3:56.97 N 10/14/2012 BLU FROG TEAM****R BOHLKEN, M MIDDLETON, L MEISENHEIMER, R ABRAHAMS**

1	Great Bay Masters Swimming	B	6:15.00	4:59.46
	1) Games, Brett C M50	2) Miller, Steve J M62	3) Kerkhove, Johan C M64	4) Newkirk, Thomas R M68
	33.20	1:10.45 (1:10.45)	1:46.28 (35.83)	2:25.16 (1:14.71)
	3:02.07 (36.91)	3:44.72 (1:19.56)	4:20.40 (35.68)	4:59.46 (1:14.74)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Event 52 Men 240-279 400 SC Meter Freestyle Relay)**

2	Connecticut Masters-5	C	6:10.92	5:50.03
	1) Canning, Peter M58	2) Epstein, Paul M M70	3) Lamontagne, Robert J M58	4) Geoghegan, William J M66
	40.17	1:28.58 (1:28.58)	2:14.20 (45.62)	3:08.75 (1:40.17)
	3:47.53 (38.78)	4:30.41 (1:21.66)	5:50.03 (1:19.62)	
3	Charles River Masters-2	C	5:10.00	6:58.86
	1) Alexander, Mark E M58	2) Kwa, Ken K M43	3) Henderson, Harold A M66	4) Martin, Charles A M80
	33.25	1:08.61 (1:08.61)	1:43.80 (35.19)	2:22.25 (1:13.64)
	3:03.82 (41.57)	3:48.70 (1:26.45)	6:58.86 (3:10.16)	



**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 53 Mixed 72-99 400 SC Meter Freestyle Relay****NATL: 3:53.00 N 12/11/2004 METRO MASTERS SWIM CLUB****PAUL BUREN, PAUL SCHNED, MEGAN GRIFFIS, ERIN ABBEY**

1 Worcester Area Masters-2	D	4:48.99	4:47.64
1) Richardson, Paul R M19	2) Wild, Mark M25	3) Caron, Danielle M W25	4) Chen, Tiffany W22
29.06	1:02.28 (1:02.28)	1:19.17 (16.89)	1:40.71 (38.43)
2:34.32 (53.61)	3:35.73 (1:55.02)	4:10.55 (34.82)	4:47.64 (1:11.91)

**Event 53 Mixed 100-119 400 SC Meter Freestyle Relay****WORLD: 3:42.99 W 10/29/2011 G.B.POLICE -GBR****B STEATHAM, H BIRD, A RAMM, N GASKIN****NATL: 3:44.84 N 12/3/2011 THE OLYMPIC CLUB****J DORR, E REILLY, B BISHOP, T HOLSMAN**

1 Minuteman Masters Swim Cl	C	4:55.99	5:10.40
1) Palsi, Christopher M24	2) Amico, Victoria W27	3) Wellman, Meghan A W30	4) Tracy, Mark M23
28.96	1:00.63 (1:00.63)	1:17.86 (17.23)	2:45.09 (1:44.46)
3:26.81 (41.72)	4:12.69 (1:27.60)	4:39.87 (27.18)	5:10.40 (57.71)
2 Connecticut Masters-5	A	5:15.96	5:15.30
1) Bey, Madeline W30	2) Guglielmo, Nicole W33	3) Duguay, Robert E M31	4) Gerard, William H M24
42.92	1:29.03 (1:29.03)	2:13.99 (44.96)	2:59.82 (1:30.79)
3:35.00 (35.18)	4:12.47 (1:12.65)	4:41.81 (29.34)	5:15.30 (1:02.83)

**Event 53 Mixed 120-159 400 SC Meter Freestyle Relay****WORLD: 3:45.99 W 10/30/2010 OTTER -GBR****D ROBERTS, D WARREN, G HODSON, L KELLEHER****NATL: 3:51.21 N 12/5/2009 THE OLYMPIC CLUB****C HESSLER, L WELTING, S GUZMAN, S GREENWOOD**

1 Minuteman Masters Swim Cl	D	5:05.98	5:35.97
1) Parsons, Edward C M42	2) Scott, Elizabeth A W35	3) Blake, Shannon E W36	4) Doucet, Douglas C M41
36.27	1:16.32 (1:16.32)	2:04.54 (48.22)	2:57.15 (1:40.83)
3:42.70 (45.55)	4:34.46 (1:37.31)	4:50.25 (15.79)	5:35.97 (1:01.51)

**Event 53 Mixed 160-199 400 SC Meter Freestyle Relay****WORLD: 3:46.01 W 11/21/2009 COLORADO MASTERS SWIMMING-****C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART****NATL: 3:46.01 N 11/21/2009 COLORADO MASTERS SWIMMING****C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART**

1 Granite State Penguins (Nh)-2	A	4:14.40	4:13.66
1) Carroll, Stephen R M47	2) Williams, Melinda B W35	3) Crusco, Kysa M W40	4) Wright, Brendan C M38
27.59	59.34 (59.34)	1:30.72 (31.38)	2:06.04 (1:06.70)
2:37.48 (31.44)	3:11.36 (1:05.32)	3:40.63 (29.27)	4:13.66 (1:02.30)
2 Great Bay Masters Swimming	B	4:45.00	4:43.86
1) McGrail, Crystie W32	2) Wraight, Thomas E M29	3) Heath, Lauren R W32	4) Schuster, Kevin M29
33.16	1:11.19 (1:11.19)	1:42.49 (31.30)	2:19.00 (1:07.81)
2:57.39 (38.39)	3:42.12 (1:23.12)	4:10.31 (28.19)	4:43.86 (1:01.74)
3 Connecticut Masters-5	B	5:45.21	5:08.69
1) Wyckoff, Benjamin W M52	2) Segal, Ally W43	3) Matarese, Christine A W41	4) Gugino, Douglas A M56
31.28	1:04.74 (1:04.74)	1:25.54 (20.80)	2:38.26 (1:33.52)
3:17.62 (39.36)	3:59.26 (1:21.00)	4:31.98 (32.72)	5:08.69 (1:09.43)
4 North Suburban YMCA Mast	A	5:48.00	5:18.08
1) Hamilton, James E M56	2) Saltojanas, Denise I W43	3) O'Connor, Brooke M W42	4) Learned, David M M46
32.94	1:10.64 (1:10.64)	1:51.93 (41.29)	2:40.06 (1:29.42)
3:02.07 (22.01)	3:53.98 (1:13.92)	4:33.16 (39.18)	5:18.08 (1:24.10)

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Event 53 Mixed 200-239 400 SC Meter Freestyle Relay**

**WORLD: 3:56.10 W 12/14/2014 NORTH CAROLINA MASTERS -USA**  
**E BRAUN, H STEWART, S WALSH, J KLEIN**  
**NATL: 3:56.10 N 12/14/2014 NORTH CAROLINA MASTERS**  
**E BRAUN, H STEWART, S WALSH, J KLEIN**

1	Pittsfield YMCA Polar Bear N	B	5:14.00	5:12.94
	1) Foley, Stephen M44	2) Roccabruna, Amy M W46	3) Langlois, Claire W45	4) Rogacki, Daniel J M69
	35.44	1:17.57 (1:17.57)	1:57.61 (40.04)	2:44.67 (1:27.10)
	3:07.47 (22.80)	4:04.24 (1:19.57)	4:25.74 (21.50)	5:12.94 (1:08.70)
2	Great Bay Masters Swimming	C	6:30.00	5:49.49
	1) Gallagher, Sally L W55	2) Edin, Deborah E W54	3) Gallagher, Glenn R M58	4) Moran, Terence M56
	38.70	1:22.47 (1:22.47)	2:13.16 (50.69)	3:12.76 (1:50.29)
	3:51.28 (38.52)	4:35.55 (1:22.79)	5:10.57 (35.02)	5:49.49 (1:13.94)
3	Minuteman Masters Swim Clu	E	6:23.99	6:35.20
	1) Scanlon, Tom M50	2) Beconi, Maria G W53	3) Quinan, Sharon B W53	4) Prescott, Al M48
	41.92	1:31.45 (1:31.45)	2:21.67 (50.22)	3:25.16 (1:53.71)
	4:13.15 (47.99)	5:14.40 (1:49.24)	5:52.75 (38.35)	6:35.20 (1:20.80)

**Event 53 Mixed 240-279 400 SC Meter Freestyle Relay**

**WORLD: 4:20.33 W 11/9/2014 SARASOTA YMCA SHARKS -USA**  
**J GROSELLE, L GROSELLE, N KRYKA, B COUCH**  
**NATL: 4:20.33 N 11/9/2014 SARASOTA YMCA SHARKS**  
**J GROSELLE, L GROSELLE, N KRYKA, B COUCH**

1	Pittsfield YMCA Polar Bear N	A	5:38.00	5:18.94
	1) Crawford, Craig M46	2) Dickson, Mary W64	3) West, Barbara A W68	4) RyanMann, Duncan P M63
	29.35	59.49 (59.49)	1:27.04 (27.55)	2:30.66 (1:31.17)
	3:12.42 (41.76)	3:59.97 (1:29.31)	4:37.62 (37.65)	5:18.94 (1:18.97)

**Combined Team Scores**Combined Team Scores - Through Event 504

1. Charles River Masters	3802	2. Minuteman Masters Swim Club	2775
3. Great Bay Masters Swimming, In	2477	4. SwimRI	2305
5. Connecticut Masters	2276.5	6. Worcester Area Masters	2206
7. Granite State Penguins (Nh)	1962	8. Maine Masters Swim Club	1438
9. Greenwood Masters	1061	10. Pittsfield YMCA Polar Bear Mas	994
11. Simon's Rock PaceMakers	957.5	12. Waltham Masters Swimmers	857
13. Uc02	799	14. Umac-Terrapin Masters	690
15. Nutmeg Masters Swim Club	554	16. Boston University Masters	514
17. Abc Masters - Gray Sharks	509	18. Weymouth Club Masters Swimming	441
19. New England Masters Swim Club	429	20. North Suburban YMCA Masters	426
21. Boston Lanes (Liquid Assets Ne	419	22. YMCA of the North Shore SwimFi	351
23. Greater Holyoke YMCA Masters	326	24. Stowe Masters	302
25. Lowell YMCA Flippers Masters S	231	26. Sarasota Y Sharks	230
27. University Club of Boston	224	28. Keene Swim Masters	211
29. Tech Masters	192	30. King Fins Aquatic Club	180
31. St Pete Masters Inc	176	31. Colonials 1776	176
33. OakSquare YMCA	147	34. UCLA Bruin Masters	136
35. Conejo Valley Masters	131	36. Ohio Masters Swim Club	125
37. Adirondack Masters	122	38. Asphalt Green Masters	114
39. West Suburban YMCA Masters	104	40. Martha's Vineyard Masters	85
41. Binghamton Univ Masters	84	42. Rockwall Aquatics Masters	77
43. Newburyport Breakers	73	44. Bridgewater Area Masters	66
<b>(Combined Team Scores)</b>			
45. Simmons Masters	60	45. Pinehills Masters	60
<b>(Combined Team Scores)</b>			
45. Westchester Masters	60	48. Michigan Masters	57
<b>(Combined Team Scores)</b>			
49. Andover North Andover YMCA	55	50. Kingsbury Club Masters	52

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****(Combined Team Scores)**

51. Wayland Masters	48	52. Flaherty Masters	46
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**(Combined Team Scores)**

53. Waltham YMCA	41	53. Nyc Hydras	41
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**(Combined Team Scores)**

55. SweetWater Swim Studio	40	56. Team New York Aquatics	30
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**(Combined Team Scores)**

57. The Thoreau Club	26		
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**Scores - Women**Women - Team Rankings - Through Event 504**(Scores - Women)**

1. Charles River Masters	1954	2. Granite State Penguins (Nh)	1114
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**(Scores - Women)**

3. Minuteman Masters Swim Club	1038	4. Connecticut Masters	993
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**(Scores - Women)**

5. Worcester Area Masters	810	6. SwimRI	791
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**(Scores - Women)**

7. Waltham Masters Swimmers	550	8. Great Bay Masters Swimming, In	529
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**(Scores - Women)**

9. Greenwood Masters	508	10. Maine Masters Swim Club	417
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**(Scores - Women)**

11. Pittsfield YMCA Polar Bear Mas	357	12. Nutmeg Masters Swim Club	351
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**(Scores - Women)**

13. YMCA of the North Shore SwimFi	317	14. Uc02	312
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**(Scores - Women)**

15. Stowe Masters	302	16. North Suburban YMCA Masters	250
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**(Scores - Women)**

17. Simon's Rock PaceMakers	231	18. Umac-Terrapin Masters	181
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**(Scores - Women)**

19. Boston University Masters	164	20. Abc Masters - Gray Sharks	162
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**(Scores - Women)**

21. New England Masters Swim Club	161	22. Weymouth Club Masters Swimming	148
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**(Scores - Women)**

23. Keene Swim Masters	143	24. UCLA Bruin Masters	136
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**(Scores - Women)**

25. Conejo Valley Masters	131	26. Greater Holyoke YMCA Masters	128
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**(Scores - Women)**

27. Ohio Masters Swim Club	125	28. Sarasota Y Sharks	123
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**(Scores - Women)**

29. University Club of Boston	91	30. Martha's Vineyard Masters	85
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**(Scores - Women)**

31. Adirondack Masters	79	32. OakSquare YMCA	76
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**(Scores - Women)**

33. West Suburban YMCA Masters	69	34. Colonials 1776	68
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**(Scores - Women)**

35. Bridgewater Area Masters	66	36. Tech Masters	65
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**(Scores - Women)**

37. Kingsbury Club Masters	52	38. Wayland Masters	48
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**(Scores - Women)**

39. Andover North Andover YMCA	42	40. Waltham YMCA	41
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**(Scores - Women)**

41. SweetWater Swim Studio	40	42. Boston Lanes (Liquid Assets Ne	18
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**(Scores - Women)**

43. Newburyport Breakers	17	43. King Fins Aquatic Club	17
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**Scores - Men**

**2016 NE-LMSC & Colonies Zone SCM Championship - 12/9/2016 to 12/11/2016****Results****Scores - Men**Men - Team Rankings - Through Event 504**(Scores - Men)**

1. Charles River Masters	1818	2. Great Bay Masters Swimming, In	1770
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**(Scores - Men)**

3. Minuteman Masters Swim Club	1425	4. SwimRI	1416
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**(Scores - Men)**

5. Worcester Area Masters	1268	6. Connecticut Masters	1077.5
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**(Scores - Men)**

7. Maine Masters Swim Club	953	8. Granite State Penguins (Nh)	722
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**(Scores - Men)**

9. Simon's Rock PaceMakers	576.5	10. Umac-Terrapin Masters	475
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**(Scores - Men)**

11. Greenwood Masters	469	12. Uc02	461
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**(Scores - Men)**

13. Pittsfield YMCA Polar Bear Mas	453	14. Boston Lanes (Liquid Assets Ne	401
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**(Scores - Men)**

15. Boston University Masters	316	16. Weymouth Club Masters Swimming	293
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**(Scores - Men)**

17. Abc Masters - Gray Sharks	287	18. New England Masters Swim Club	268
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**(Scores - Men)**

19. Waltham Masters Swimmers	243	20. Lowell YMCA Flippers Masters S	231
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**(Scores - Men)**

21. St Pete Masters Inc	176	22. King Fins Aquatic Club	163
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**(Scores - Men)**

23. Nutmeg Masters Swim Club	139	24. Greater Holyoke YMCA Masters	138
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**(Scores - Men)**

25. Tech Masters	127	26. Asphalt Green Masters	114
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**(Scores - Men)**

27. Colonials 1776	108	28. Sarasota Y Sharks	107
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**(Scores - Men)**

29. University Club of Boston	105	30. North Suburban YMCA Masters	92
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**(Scores - Men)**

31. Binghamton Univ Masters	84	32. Rockwall Aquatics Masters	77
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**(Scores - Men)**

33. OakSquare YMCA	71	34. Keene Swim Masters	68
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**(Scores - Men)**

35. Pinehills Masters	60	35. Westchester Masters	60
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**(Scores - Men)**

35. Simmons Masters	60	38. Michigan Masters	57
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**(Scores - Men)**

39. Newburyport Breakers	56	40. Flaherty Masters	46
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**(Scores - Men)**

41. Adirondack Masters	43	42. Nyc Hydras	41
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**(Scores - Men)**

43. West Suburban YMCA Masters	35	44. YMCA of the North Shore SwimFi	34
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**(Scores - Men)**

45. Team New York Aquatics	30	46. The Thoreau Club	26
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**(Scores - Men)**

47. Andover North Andover YMCA	13		
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