

Colonies Zone News

Winter 1999

USMS Colonies Zone Newsletter

Vol. 2 No. 1

Miscellaneous Info From Around the Colonies Zone

National Championships

At convention last fall, three locations from Colonies Zone successfully bid for national championships. The University of Maryland Baltimore County, Catonsville, MD will host the 2000 Long Course Nationals, May 11–14. The 3-Mile Open Water championship will be hosted by Mashpee Leisure Service in Mashpee, MA, June 24 and Virginia Masters will host the 2-Mile Cable Championship in Charlottesville, VA, July 8.

Don't forget the two National Championships held in-zone for this year. The 1-Hour Swim run by Metropolitan LMSC will be over by the time you receive this newsletter. Make sure you get your results in by the February 10 deadline. Virginia Masters will host the 2-Mile Cable Championships, July 10.

Congratulations to the winners and let's all take advantage of having national championships close to home. Entry information can be viewed on the enclosed Colonies Zone Calendar of Events starting on page 8.

Big Meet Guide

Tom Lyndon of New England Masters has been busy revising "The Big Meet

see ZONE INFO pg 2 col 1

Colonies Zone SCY Championship

April 30–May 2, 1999

Sponsored by
Terrapin Masters &
The University of Maryland

Entry Form Pg 3

State of the Zone Message

Zone Projects Set Up at Convention Showing Uneven Progress

At our convention meeting last fall, we defined several action items to work on during the coming year. Progress on these issues has been uneven. It's not too late to accomplish much in the next eight months, but it will take effort from everyone. Following is a summary of action items and tasks defined at the meeting and their current status.

POTPOURRI

Long Distance Packets Mailed to Meet Directors

In mid-January, I mailed the Long Distance bid packet and requests for listings for the Long Distance Calendar. If any long distance meet directors in your LMSC didn't receive a packet, let me know and I will mail one. Listings for the April publication of the Long Distance Calendar must be returned by March 1. You may also send me listings for the calendar at any time during the year.

For meet directors who wish to bid for a 2001 National Championship, please note that the deadline for timely bids is early this year—August 16. A PDF version of the bid form is on the web at www.usms.org/longdist/bidform.pdf.

Get Your Event Listed in the Next Issue of *Swim Magazine*

If you want to have your swim meet listed in *Swim* magazine, send me your meet information. Deadline for the May/June issue is February 20. Deadline for the July/August issue is April 25. I must have an exact date for the meet plus name, address, phone number, and email address

see POTPOURRI pg 2 col 1

Administrative Items

- 1) All swimmers registered in Colonies Zone will be voting members of the committee at zone meetings and during all other deliberations.—Anyone who wants to participate can be added to the zone mailing list so they will receive information on issues. This has already been done in several cases.
- 2) Historical items will be collected and deposited in a Zone Archive maintained by the Zone Rep.—Items such as old zone newsletters, SCM zone records, and results of some zone championships have been forwarded to me.
- 3) A list of Zone Policies will be developed and maintained by the Zone Rep.—This list is in process and will be presented in a later newsletter.
- 4) Issues unresolved during zone meetings will be completed by email, phone, snail-mail, etc.—We have already successfully done this in our deliberations on the 2000 SCY Zones in Ft. Lauderdale.

Zone Championships

- 1) Improved bidding procedures for Zone Championships will be developed. This will include taking bids two years in advance.—I will have a bid form for the 2001 championships in the next newsletter.
- 2) Zone championships will be expanded to include open water swims.—Not much progress has been made in this area. If anything is resolved in the next month, you will be notified by email.
- 3) Copies of "Colonies Zone—Big Meet Guide" will be distributed to all LMSC's.—Tom Lyndon is working on this (see story pg 1 col 1).
- 4) SCY Zone Championships were awarded to Terrapin Masters for 1999 and ISHOF for 2000.—The dates for the SCY zones have been firmed up. 1999

see STATE OF THE ZONE pg 2 col 3

Tom Lyndon Seeks Info for Revision of Big Meet Guide

ZONE INFO from pg 1 col 1

Guide." This is a guide to running large swimming meets such as zone championships. It can be useful for meet directors who are stepping up to a larger meet format.

At convention, the zone decided to distribute this manual to all the LMSC's. If

you have any ideas which you would like to have included in the guide, contact Tom and let him know.

SCM Champs Wanted

I sound like a broken record, but we're still looking for hosts for our 1999 and 2000 Short Course Meters championships. It's not too late to bid. Contact me if you're interested.

"The Shootout"

The date has been set for the 2000 Zone Champs in Ft. Lauderdale. The meet will be held April 21–23. As most of you know from prior emails, Easter is April 23. Much deliberation went into the decision. I regret that we couldn't find a better choice, but at this time of year we have to contend with USMS Nationals, Y Nationals, Easter, Pass-over, and major local meets.

The championships work group at convention suggested that we might put emphasis on the SCM championship because it is at a less contentious time of year. In light of the recent problems picking a date for this meet, it may be time to revisit this issue.

SCM Zone Champs 10/10-11

The results of the SCM Zone Championships held on October 10–11, 1998 can be viewed on the Garden State Masters web site at www.gsmswim.org/Scm98new.htm. Numerous zone and New Jersey state records were set during the meet.

New N & A Listing

An updated Colonies Zone Mailing List is included in this newsletter beginning on page 5. Please check the list for your LMSC and send me any corrections.

Colonies Web Sites

There are two revamped Colonies web sites and one new one on the internet these days. Maryland Masters and Virginia Masters have totally redone their web sites. You can see Maryland's new web site at www.mindspring.com/~marylandlmsc/. Virginia's address is www.vaswim.org/.

These are very attractive sites with a lot of good information about the LMSC's. Kudos to those who did the work!

Zone Projects

STATE OF THE ZONE from pg 1 col3

will be April 30–May 2 at the University of Maryland, College Park, MD. "The Shootout" at ISHOF will be April 21–23, 2000.

4) SCM Zone Championships 1999 and 2000 will be awarded during the year in an informal bidding process. It was the recommendation of the championships work group that we emphasize the SCM championships since they are held in the fall when there are fewer conflicts.—So far, no-one has bid for the SCM championships. New England Masters has expressed an interest in possibly bidding for the 2001 SCM.

In view of the problems we had setting the dates for the 2000 championships (see "The Shootout" pg 2 col 2), the idea of emphasizing the SCM championship may have to be revisited. Catch-22 is, teams are not exactly fighting to put on a SCM championship.

Communications

1) A zone web site will be developed and be fully implemented by the next convention.—Harry DeLong is working on the Colonies Zone web site. You can view the rough outlines of the Colonies site by going to Virginia Masters home page (www.vaswim.org/) and clicking on "Colonies Zone." Some of the pages are samplers and don't represent real information that will be there. Harry is asking for suggestions for additional pages to put on the site. He also could use some contributing editors to help with the workload. Still unresolved is where the web site will be located.

Funding

1) Develop funding strategies for expanded zone activities.—This will be done after funding needs are identified.

Next Zone Meeting

The next zone meeting will be held during the zone championships at Maryland. The location and timing of the meeting are to be determined. As we get closer to the event, we can decide this by email. Items on the agenda will be: 1) Wither zone championships, 2) Progress on the zone web site, and 3) financial issues.

Bring a USMS Clinic to Your Pool

POTPOURRI from pg 1 col 2

(optional) for the meet contact in order to have it listed.

USMS Clinics

The USMS Coaches Committee is offering a variety of educational opportunities this year for both coaches and swimmers. There will be six Mentor Coach and Swimmer clinics, several NIKE Champions clinics, and two Open Water clinics. Bringing a clinic to your area is a good way to expose your swimmers to expert coaching for a reasonable price.

If you want to host one of these clinics, get your application in now. For Mentor Coach and Swimmer Clinics, contact Lorie Gibson-Rick at 716-338-3209 or coachlorie@aol.com. For NIKE Champions Clinics, contact Rob Berry at 617-547-7667 or hydroberry@aol.com. For Open Water Clinics, contact Scott Rabalais at 225-766-5937 or coaches@usms.org.

English Channel Swim

On July 31, Virginia Masters swimmers Shirley Loftus, John Post, and John Shrum, along with Bob Lazarro of the Terrapin Masters and John Shrum's two older children, Mo (19) and Joseph (17), swam the English Channel in 10 hours and 24 minutes.

John Shrum has written an excellent article describing their accomplishment from early spring training to the swim itself. You can read about it on the USMS Long Distance web site at www.usms.org/longdist/englishchannel.shtml.

PLACE SCY CHAMPS ENTRY FORM

PLACE SCM CHAMPS ENTRY FORM

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KEY TO ABBREVIATIONS

USMS NATIONAL JOBS

UCAL - Editor Calendar of Events
 UCNSL - USMS Legal Counsel
 UPP - USMS Past President
 USEC - USMS Secretary
 UVP - USMS Vice President
 UPRES - USMS President
 UWEB - USMS Webmaster
 UXSEC - USMS Executive Secretary
 ZREP - Zone Representative
 DEL98 - 1998 Convention Delegate
 ATT98 - 1998 Convention Attendee

USMS COMMITTEE CHAIRS

UINSCH - Chair Insurance Committee
 ULGLCH - Chair Legal Counselors Cmte
 UOLCH - Chair Computer Online Committee
 UPLNCH - Chair Planning Committee
 USPMCH - Chair Sports Medicine Committee
 UZCH - Chair Zone Committee

USMS NATIONAL COMMITTEES

UBOOK - Rule Book Committee
 UCHMP - Championship Committee
 UCOA - Coaches Committee
 UCONV - Convention Committee
 UFIN - Finance Committee
 UFIT - Fitness Committee
 UINS - Insurance Committee
 UINT - International Committee
 ULD - Long Distance Committee
 ULEG - Legislation Committee
 UMKT - Marketing Committee
 UOFF - Officials Committee
 UOL - Computer Online Committee
 UPLN - Planning Committee
 UREC - Records & Tabulations Committee
 UREG - Registration Committee
 URUL - Rules Committee
 USPM - Sports Medicine Committee

USMS AD-HOC COMMITTEES

ISHOF - Swimming Hall of Fame
 UFUND - Endowment Fund Board
 ULGL - Legal Counselors Committee
 URA - Recognitions & Awards Committee

LMSC JOBS

LDIR - LMSC At Large Director
 LCHR - LMSC Chair
 LCCHR - LMSC Co-Chair
 LEDT - LMSC Editor
 LFIT - LMSC Fitness
 LLD - LMSC Long Distance
 LLGL - LMSC Legal
 LMKT - LMSC Marketing
 LOFF - LMSC Officials
 LREC - LMSC Records
 LREG - LMSC Registrar
 LSAF - LMSC Safety
 LSANC - LMSC Sanctions
 LSEC - LMSC Secretary
 LTRE - LMSC Treasurer
 LTT - LMSC Top Ten
 LVCHR - LMSC Vice Chair
 LWEB - LMSC Webmaster

COLONIES ZONE CALENDAR OF EVENTS

- 2/5/99; Swim for Cancer - Asphalt Green, New York, NY; SCY; Cheryl Silver, PO Box 1739, New York, NY 10021, 888-SWIM-USA, silvrevnt@aol.com
- 2/6/99 - 2/7/99; Winter Invitational - Richmond, VA; SCY; Nancy Miller, 60 Bellona Arsenal, Midlothian, VA 23113, 804-320-2143(h), 804-285-2758(o), planning@usms.org; James Wolfle, 540-574-2919, Wolfle@aol.com; Sanctioned by VA LMSC #129-0002; Pre-entry & Deck-entry - deadline 1/29/99
- 2/7/99; SC Meet - South Burlington, VT; SCY; Laurie Matuszak, 802-658-0002; Sanctioned by NE LMSC #028-033-SSCY
- 2/7/99; Winter Classic - Swarthmore, PA; SCY; Jim Mack, 215-448-5148; John McShane, 610-565-7436; www.bee.net/dcastell/VFMMetForm.htm; Sanctioned by DV LMSC; Entry deadline 1/29/99
- 2/7/99; Black Bears Meet - Orono, ME; SCY; Jeff Wren, 207-581-1076; Recognized by NE LMSC; Pre-entry & Deck-entry
- 2/7/99; SC Meet - Boston, MA; SCY; Bob Leonard, 617-353-2748; Sanctioned by NE LMSC #029-003-SSCY; Deck entries only
- 2/13/99 - 2/14/99; Total Immersion Freestyle Workshop - New York, NY; CLN; Total Immersion, 171 Main St, New Paltz, NY 12561, 800-609-SWIM, 914-256-9770, 914-256-0658(fax), info@totalimmersion.net
- 2/14/99; Canandaigua Masters Meet - Canandaigua, NY; SCY; Lynn Fuller, 3971 West Lake Rd, Canandaigua, NY 14424, 716-394-2949, niagtreasurer@usms.org; Sanctioned by NI LMSC #ND98/99 SCY 105
- 2/14/99; SC Meet - Kings Pt., NY; SCY; Steve Shtab, 86-22 248th St, Bellerose Manor, NY 11426, 718-347-5318; Sanctioned by MR LMSC #068-15; Entry deadline 2/9/99
- 2/20/99 - 2/21/99; Winter Meet - UMBC, Catonsville, MD; SCY; Barbara Protzman, 7919 Main Falls Circle, Catonsville, MD 21228, 410-788-2964, swimbarb@erols.com; Sanctioned by MD LMSC
- 2/21/99; Upper Main Line Y - Berwyn, PA; SCY; Dave Craven, Upper Main Line YMCA, 1416 Berwyn-Paoli Rd., Berwyn, PA 19312, 610-647-9622
- 2/21/99; SC Meet - Manchester, NH; SCY; David Grilli, 9 Wiley Hill Rd, Londonderry, NH 03053, 603-437-1375, Mushield@aol.com; Sanctioned by NE LMSC #029-002-SSCY; Deck entries only
- 3/6/99; SC Districts - Binghamton Univ, Vestal, NY; SCY; John West, 410 Foster Rd, Vestal, NY 13850, 607-748-5113; Dan Kornblatt, 607-692-7428, DKornblatt@aol.com; Sanctioned by NI LMSC #ND98/99SCY106; Entry deadline 2/26/99
- 3/7/99; Pentathlon - Fairless Hills, PA; SCY; Neal Conrad, 83 Forest Ct, Limerick, PA 19468, 610-878-6690, NDConrad@aol.com; Sprint, middle distance, and ironman pentathlons; www.bee.net/dcastell/PennsburyMeetForm.htm; Recognized by DV LMSC #089-01; Entry deadline 2/26/99
- 3/7/99; SC Meet - New York, NY; SCY; John H. Hutchins, City of NY Parks & Rec, Aquatics Division, Passerelle Building / Flushing Meadows Park, Corona, NY 11368, 718-445-2709, 718-699-4219(x10); Sanctioned by MR LMSC #068-14; Entry deadline 2/17/99
- 3/7/99; SCM Meet - Portsmouth, NH; SCM; Ed Gendreau, 432 Lilac Ln, Dover, NH 03820-5474, 603-337-1823(w), 603-742-7850(h), gendreau@nh.ultranet.com; Sanctioned by NE LMSC #029-004-SSCM
- 3/13/99; St. Patrick's Day Meet - Ellsworth, ME; SCY; Bill Reeve, RR 5 Box 304 K, Ellsworth, ME 04605, 207-667-3997; Recognized by NE LMSC; Entry deadline 3/10/99
- 3/13/99 - 3/14/99; Total Immersion Freestyle Workshop - NY Hudson Valley; CLN; Total Immersion, 171 Main St, New Paltz, NY 12561, 800-609-SWIM, 914-256-9770, 914-256-0658(fax), info@totalimmersion.net
- 3/20/99; VMST SC Champs - Newport News, VA; SCY; Mary Rebarchak, Ft Eustis Aquatic Center, Building 641, Tyler Ave, Fort Eustis, VA 23604-5105, 757-878-1090, 757-766-3554; Charles Cockrell, 757-865-6250, cockrell@vabch.com; Sanctioned by VA LMSC #129-003; Pre-entry & Deck-entry - deadline 3/12/99
- 3/21/99; Swim Power Swim Clinic - Laurel, MD; CLN; Steve Tarpinian, 78 New Hyde Park Rd, Franklin Square, NY 11010, 516-674-4477, 516-775-5164(fax), TTtalk@aol.com; Cheryl Wagner, 202-387-2361, cherylw@crosslink.net; www.crosslink.net/~cherylw/Steve.html
- 3/27/99 - 3/28/99; Total Immersion Freestyle Workshop - Virginia Beach, VA; CLN; Total Immersion, 171 Main St, New Paltz, NY 12561, 800-609-SWIM, 914-256-9770, 914-256-0658(fax), info@totalimmersion.net
- 3/28/99; SC Meet - Marblehead, MA; SCY; Bob Seltzer, 19 Maverick Ln, Marblehead, MA 01945, 888-SWIM-NEM, 617-661-2008(fax), 617-576-1203, seltzer@metasoft.com; Sanctioned by NE LMSC #029-006-SSCM
- 4/9/99 - 4/11/99; NE SCY Champs - Provident, RI; SCY; Bob Seltzer, 19 Maverick Ln, Marblehead, MA 01945, 888-SWIM-NEM, 617-661-2008(fax), 617-576-1203, seltzer@metasoft.com; Sanctioned by NE LMSC #029-007-SSCY
- 4/10/99 - 4/11/99; Total Immersion Freestyle Workshop - Boston, MA; CLN; Total Immersion, 171 Main St, New Paltz, NY 12561, 800-609-SWIM, 914-256-9770, 914-256-0658(fax), info@totalimmersion.net
- 4/10/99 - 4/11/99; NY State SC Champs - Hofstra Univ, Hempstead, L.I., NY; SCY; Bob Kolonkowski, 15 Dartmouth St, Rockville Ctr., NY 11570, 516-766-1264, rpk248@mindspring.com; An Empire State Games qualifier; Sanctioned by MR LMSC #068-16; Entry deadline 3/29/99
- 4/11/99; 1000/1650 Meet - UMBC, Catonsville, MD; SCY; Barbara Protzman, 7919 Main Falls Circle, Catonsville, MD 21228, 410-788-2964, swimbarb@erols.com; Sanctioned by MD LMSC
- 4/30/99 - 5/2/99; Colonies SCY Champs - U of MD, College Park, MD; SCY; Dave Diehl, 12511 Littleton St, Silver Spring, MD 20906-4253, 301-946-0649(h), 301-314-5372(w), 301-314-9094(fax), ddiehl@umdacc.umd.edu; Sanctioned by PV LMSC
- 5/1/99 - 5/2/99; Total Immersion Freestyle Workshop - Fairfield, CT; CLN; Total Immersion, 171 Main St, New Paltz, NY 12561, 800-609-SWIM, 914-256-9770, 914-256-0658(fax), info@totalimmersion.net
- 5/22/99; 12 Mi Eastern Shore Marathon Swim - Wye Island, MD; OW; Joe Stewart, 3212 Avon Ave, Baltimore, MD 21218, 410-243-4418; Fund raising event with solo & relay swims to benefit the Eastern Shore Land Conservancy & Eastern Shore AIDS Foundation.
- 5/29/99; Annual Seashore Meet - Ocean City, NJ; SCM; Cecilia McCloskey, 5503 Atlantic Ave, Ventnor, NJ 08406, 609-822-0455

Colonies Zone Calendar of Events (cont'd)

- Jun 99; Nickle City Splash - Buffalo, NY; LCM; Dana White, University at Buffalo, 93 Alumni Arena, Buffalo, NY 14260, 716-645-3628, danawhite99@hotmail.com
- 6/5/99; 7.5-Mi Potomac River - Swim for Environment; OW; Joe Stewart, 3212 Avon Ave, Baltimore, MD 21218, 410-243-4418; Accompanied swim with limited entries. Pledged swim to benefit the environment.
- 6/6/99; Jim McDonnell Memorial 2-Mile Swim - Lk Audubon, Reston, VA; OW; Phyllis Sickenberger, 1807 Post Oak Tr, Reston, VA 20191, 703-845-SWIM, PBERger@aol.com; Lynn Hazlewood, 703-845-SWIM, lynhzlwd@usms.org; Sanctioned by PV LMSC; Entry deadline 6/1/99
- 6/12/99; LC Meet - Syracuse, NY; LCM; Louise Hardcastle, 315-638-8245
- 6/12/99; 28.5 Mi Manhattan Island Swim - New York, NY; OW; Manhattan Island Foundation, PO Box 959 Ansonia Station, New York, NY 10023, 888-NYC-SWIM, 212-873-8311; Send 4 self-addressed mailing labels and a check for \$25. Indicate whether you are a solo or relay swimmer.; nycswim.org/MIS.htm; Entry deadline 4/1/99
- 6/13/99; 4.4 Mi Chesapeake Bay Bridge Swim - Baltimore, MD; OW; GCBS, 211 E. Baltimore St, #6, Baltimore, MD 21202, 410-783-5482; Lin-Mark Computer Sports, 609-468-0010; www.lin-mark.com/gcbfyi.htm
- 6/19/99; 1.5 & 3 Mi Swims - Tred Avon River, Bellevue, MD; OW; Joe Stewart, 3212 Avon Ave, Baltimore, MD 21218, 410-243-4418; AIDS benefit formerly swum in the Gunpowder River
- 6/20/99; Jack King 1-Mi Ocean Swim - Virginia Beach, VA; OW; Betsy Durrant, 211 66th St, Virginia Beach, VA 23451, 804-422-6811, durrantb@aol.com; Sanctioned by VA LMSC
- 6/20/99; Nickel City Splash - Buffalo, NY; LCM; Dana White, University at Buffalo, 93 Alumni Arena, Buffalo, NY 14260, 716-645-3628, danawhite99@hotmail.com
- 6/26/99; 1 Mi & 3 Mi Ocean Swims - Wildwood, NJ; OW; Viki Altomonte, 209 Embleton Rd, Owings Mills, MD 21117, 410-502-5305, altomvi@jhmi.edu; Web site available April 99; www.med.jhu.edu/cancerctr/plunge
- 6/26/99; 1 Mi & 3 Mi John's Pond Swims - Mashpee, MA; OW; Gus Frederick, Mashpee Leisure Services, 16 Great Neck Rd, N, Mashpee, MA 02649, 508-539-1447, 508-539-1400(x519), leisure@cape.com; www.vsc.cape.com/~leisure; Pre-entry & Deck-entry
- 7/10/99; 1, 2, & 4 Mi swims - Chester River, Chestertown, MD; OW; Joe Stewart, 3212 Avon Ave, Baltimore, MD 21218, 410-243-4418; AIDS benefit formerly swum in the Gunpowder River
- 7/10/99; 1999 USMS 2-Mile Cable Championship - Charlottesville, VA; OW; Joyce Mullins, 3104 Waterton Dr, Midlothian, VA 23113, 804-323-0483, 804-323-9020(fax), mullpost@ix.netcom.com; Sanctioned by VA LMSC
- 7/11/99; Metropolitan 5K Championship - Huntington Bay, NY; OW; Bea Hartigan, 27 Huntington Rd, Huntington, NY 11743, 516-271-3349; Sanctioned by MR LMSC #990701; Entry deadline 7/2/99
- 7/11/99; 1 Mi Ocean Swim - Seaside Heights, NJ; OW; Seaside Heights Recreation, 800 Ocean Terrace, Seaside Heights, NJ 08751, 732-830-7260; Lin-Mark Computer Sports, 609-468-0010; Deck entries only
- 7/17/99; 2.4 Mi Race for the River - New York, NY; OW; Manhattan Island Foundation, PO Box 959 Ansonia Station, New York, NY 10023, 888-NYC-SWIM, 212-873-8311; nycswim.org/WW.htm; Pre-entry
- 7/24/99 - 7/25/99; Empire State Games - Long Island, NY; LCM; George McVey, 477 Antlers Dr, Rochester, NY 14618, 716-271-2323, macswim@usms.org
- 7/31/99; 1 & 2 Mi Lake Swims - Canandaigua, NY; OW; Vern Hecker, 3452 Gehan Rd, Canandaigua, NY 14424, 716-394-4075
- 8/1/99; 2.8 Mi Great Hudson River Swim - New York, NY; OW; Manhattan Island Foundation, PO Box 959 Ansonia Station, New York, NY 10023, 888-NYC-SWIM, 212-873-8311; nycswim.org/GHRS.htm; Pre-entry
- 8/7/99; 22.5 Mi Swim Around Absecon Is. - Atlantic City, NJ; OW; Sid Cassidy, Room 108, City Hall, Atlantic City, NJ 08401, 609-343-3794, 609-347-5211(fax), qcass@aol.com; Limited entry fund raiser for 3-member & 6-member relays (alternate legs every 30 minutes) plus selected solo swimmers. Entry fee for solo & 3-person relays \$300, 6-person relays \$600.
- 8/15/99; 1 Mi Ocean Swim - Seaside Heights, NJ; OW; Seaside Heights Recreation, 800 Ocean Terrace, Seaside Heights, NJ 08751, 732-830-7260; Lin-Mark Computer Sports, 609-468-0010; Deck entries only
- 9/5/99; 1.5 Mi Pageant Ocean Swim - Atlantic City, NJ; OW; Bill Brooks, Atlantic City Beach Patrol, 3716 Boulevard Ave, Atlantic City, NJ 08041, 609-344-0809, hompie217@aol.com
- 9/11/99; 1.4 Mi Swim for Life - Provincetown Harbor, MA; OW; Jay Critchley, Swim for Life, PO Box 819, Provincetown, MA 02657, 508-487-3684, reroot@tiac.net; Aids benefit with minimum of \$100 in pledges required.; www.ptownlib.com/swim.html; Recognized by NE LMSC
- 9/18/99; 7.8 Mi Little Red Lighthouse Swim - New York, NY; OW; Manhattan Island Foundation, PO Box 959 Ansonia Station, New York, NY 10023, 888-NYC-SWIM, 212-873-8311; nycswim.org; Pre-entry
- 4/21/2000 - 4/23/2000; The "Shootout" Colonies/Dixie Zone SCY Champs - Ft. Lauderdale, FL; SCY; Stu Marvin, International Swimming Hall of Fame, 501 Seabreeze Blvd, Ft. Lauderdale, FL 33316, 954-468-1580(w), 954-474-7010(h), stum@ci.ftlaud.fl.us; Sanctioned by FG LMSC
- 6/24/2000; 2000 USMS 3-Mile Open Water Championship - Mashpee (Cape Cod), MA; OW; Gus Frederick, Mashpee Leisure Services, 16 Great Neck Rd, N, Mashpee, MA 02649, 508-539-1446; Sanctioned by NE LMSC
- 7/8/2000; 2000 USMS 2-Mile Cable Championship - Charlottesville, VA; OW; Joyce Mullins, 3104 Waterton Dr, Midlothian, VA 23113, 804-323-0483, 804-323-9020(fax), mullpost@ix.netcom.com; Sanctioned by VA LMSC
- 8/17/2000 - 8/20/2000; 2000 USMS LC Nationals - Baltimore, MD; LCM; Barbara Protzman, 7919 Main Falls Circle, Catonsville, MD 21228, 410-788-2964, swimbarb@erols.com; Sanctioned by MD LMSC

Working Calendar

Feb

- 1 LMSC Registrars send reports to National Registrar
- 2 1-Hour Swim "postmark" entry deadline
- 10 1-Hour Swim entry deadline
- 20 *Swim* Magazine listings due to Zone Rep for May/June issue

Mar

- 1 LMSC Registrars send reports to National Registrar
Listings for April Long Distance Calendar deadline

Apr

- 1 LMSC Registrars send reports to National Registrar
SCY Nationals "postmark" entry deadline
- 8 SCY Nationals entry deadline
- 19 Colonies Zone SCY Champs entry deadline
- 22–25 Y Nationals
- 25 *Swim* Magazine listings due to Zone Rep for July/August issue
- 30-5/2 Colonies Zone SCY Champs at University of Maryland, College Park, MD

May

- 1 Zone Meeting at SC Champs (time and location TBD)
LMSC Registrars send reports to National Registrar
Articles due to Zone Rep for May Zone Newsletter
- 13–16 USMS SCY Nationals
- 15 Begin 5K/10K LD National Postal Championship

April 2000

- 21–23 Colonies Zone SCY Champs at ISHOF, Ft. Lauderdale, FL

WINTER 1999

Colonies Zone News

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