

2012 Maine Masters SCY Championships

February 12th – Kennebec Valley YMCA in Augusta, Maine

Sunday 2/12, 11:30 AM Warm up / 1:00 PM Start

Print seed times clearly! Use a colon between minutes and seconds.

Circle the event number you wish to enter and enter a seed time (select up to 5 individual events). Seeding will be from slow to fast regardless of age. ENTRIES WITH NO SEED TIMES WILL BE CONSIDERED INCOMPLETE. Heat sheets will be posted. Separate results by age group will be posted after each event.

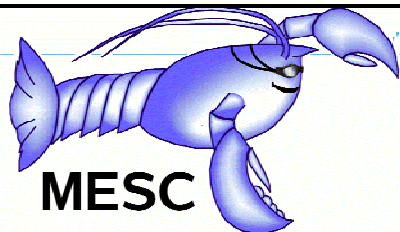
Event No.	Entry Time Women	Event	Entry Time Men	Event No.
1		400 Medley Relay*		2
3		50 Fly		4
5		200 Free		6
7		200 IM		8
9		50 Free		10
11		200 Back		12
13		100 Fly		14
15		200 Breast		16
17		50 Back		18
19		100 Free		20
21		400 IM		22
23		500 or 1000 Free**		24
25		50 Breast		26
27		100 Back		28
29		200 Fly		30
31		100 Breast		32
33		400 Free Relay*		34

**Relays will be deck seeded.*

***Pick either the 500 or 1000 free.*

Swimmers are responsible for their own counters.

Make sure to sign up for the meet. If you are a non masters member and swim at the meet, you could win a free Maine Masters Membership.



Participant Information

Name _____

Address _____

E-Mail _____

Home Phone _____ USMS# _____

Age _____ DOB _____ Gender **M** **F**

Emergency Contact (name/phone) _____

Maine Masters (MESC) New England Masters (NEM) Non-USMS swimmer

Other Masters Club (please indicate club _____)

Club members outside the New England LMSC **must attach a copy** of their current USMS membership card

Meet Details

All Maine Masters sponsored meets will be governed by the current USMS rules. All properly timed personal performances by Registered Masters swimmers, at an official meet are eligible for record consideration in Maine, New England, and Nationally.

This is a recognized meet (pending). The meet is a fund raiser for the KV YMCA Stingrays swim team. To register as a Maine Master contact: Son Nguyen, 6 Libby Street, Scarborough, ME 04074 (207) 615-1299. Or go to www.usms.org/reg/ and pick MESC

Directions: From the South: Take I-295 to I-95N to Merge onto WESTERN AVE / US-202 E / ME-17 E / ME-100 E / ME-11 E via **EXIT 109** toward ME-3 / US-201 / AUGUST, enter the Rotary, take the first exit off the rotary. At the second set of lights, take a left on Union St. The YMCA is located on the right. From the North: Take I-95S Merge onto WESTERN AVE / US-202 E / ME-17 E / ME-100 E / ME-11 E via **EXIT 109A** toward ME-3 / US-201 / AUGUSTA, enter the Rotary, take the first exit off the rotary. At the second set of lights, take a left on Union St. The YMCA is located on the right.

Facility: 8 lanes, 25 yard competition pool with electronic timing

Awards: Time cards with individual results will be available for participants

Meet Director: Bob Johnston, raj51@roadrunner.com

Fees: The meet fee is \$20 for registered Maine masters member and \$25 for people not registered with a masters club. The \$5 fee from the non masters swimmers will be pooled and given out at the meet as scholarships to join Maine Masters. Late entries and deck entries will be accepted until 12noon for an additional \$5 fee. Early entries must be received by Wednesday Feb 8th.

Make checks payable to KVYMCA.

**Send Entries To: Maine Masters SCY Championship,
c/o Bob Johnston, 31 Union Street Augusta, ME 04330.**

Waiver (must be signed by all participants)

"I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM AND ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES INCLUDING THOSE CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS"

Signature of the Participant

Date