

Individual Entry Form
Manhattan Racing Trials 2008
Saturday March 22, 2008 at Asphalt Green
Enter YARD times for all events. Please print neatly.
Warmup 10am Meet Start 11am

Event	Time	Event	Time
1. 200 Freestyle Relay	Deck entered by Coach	11. 200 Medley Relay	Deck entered by Coach
2. 200 Backstroke	_____	12. 200 Freestyle	_____
3. 50 Butterfly	_____	13. 100 Butterfly	_____
4. 100 Breaststroke	_____	14. 200 Breaststroke	_____
5. 50 Freestyle	_____	15. 100 Freestyle	_____
6. 200 Butterfly	_____	16. 50 Backstroke	_____
7. 100 Ind. Medley	_____	17. 200 Ind. Medley	_____
8. 100 Backstroke	_____	18. 400 Freestyle Relay	Deck entered by Coach
9. 50 Breaststroke	_____	19. 500 Freestyle	_____
10. 400 Ind. Medley	_____		

Entry Form must be RECEIVED by Monday March 17, 2008

Relays are DECK entered by Coach or Team Representative
You Must be entered in the Meet to Swim in A Relay
 Remember to enclose a copy of your 2008 USMS registration card

Pay with check or money order payable to ASPHALT GREEN

LIABILITY RELEASE: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature _____ Date _____

Gender (circle one) Female Male

Age (as of March 22, 2008) _____ Club Name _____

Tel # _____ email _____

MAIL entry to: Meet Director Patrick Cantrell, 1750 York Ave. 4th Floor, New York, NY 10128
Remember to enclose a legible copy of your 2008USMS registration card.
Entry must be RECEIVED (not postmarked) by Monday March 17, 2008